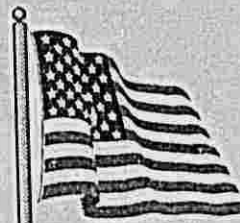
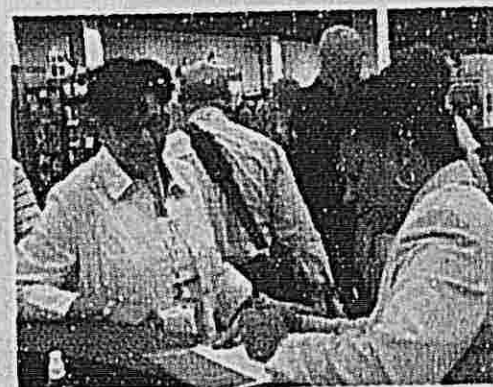


ANTIOCH JOURNAL

LAKELIFE

An
unforgettable
calling

PAGE C2



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LOCAL NEWS

U.S. Sen. Dick Durbin, D-IL, works to secure funding for runway expansion at Waukegan Regional Airport.

PAGE A3

COMMUNITY NEWS

A new ministry opened that is dedicated to making men more biblically masculine.

LAKE COUNTY

Methamphetamine has yet to hit Lake County hard, but experts say it is creeping into the area.

PAGE D3

SPORTS

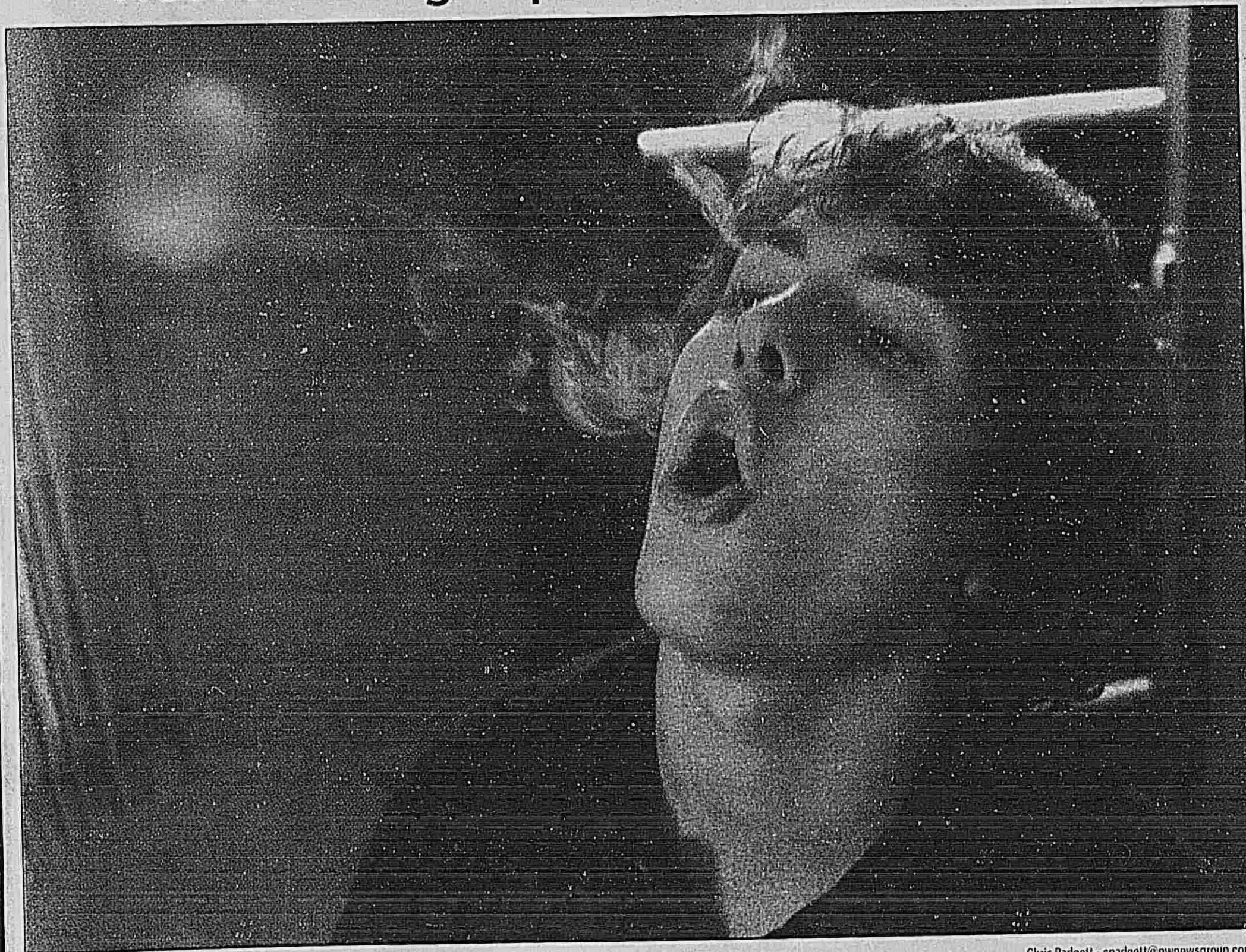
Carmel and Mundelein meet on the gridiron for the first time in 27 years.

PAGE A18

One wild ride

Hookah lounge opens in Lake Villa

/ Page A5



Chris Padgett - cpadgett@nwnewsgroup.com

Mike Hanley of Lindenhurst blows smoke rings at the hookah lounge, Swing State, in Lake Villa over the weekend. Hookah is a water pipe used at Swing State for smoking legal substances. Hookah, along with many other activities, can be enjoyed at Swing State on the corners of routes 45 and 132.

**The edition of
Sept. 8-14, 2006**

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No. 28



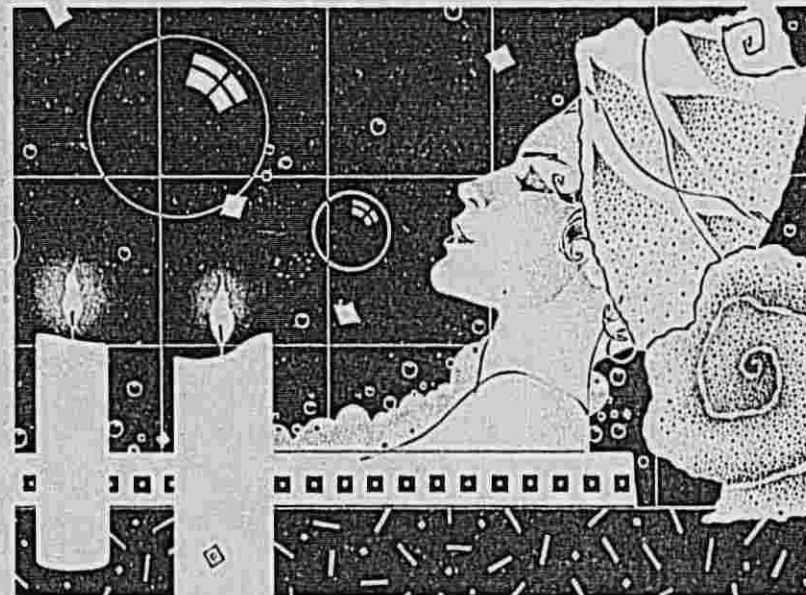
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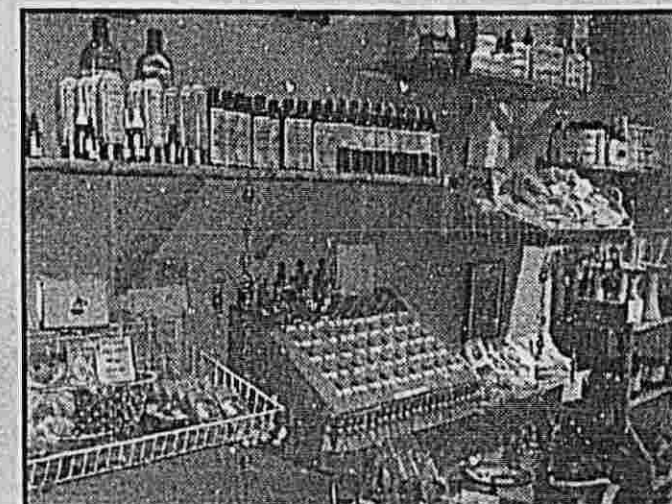
Denise Cornile (owner) makes her own body products. She uses vegetable glycerin as a base rather than tallow, which is animal fat. The soaps have no chemicals and glycerin adds moisture to the skin. She sells candles that are made of beeswax which burn cleaner, longer and hold a scent better.

The store also carries over 200 fragrant oils, some are for enjoyment and some will aid in healing. Denise and Paula want

to educate their clients about the benefits of aroma therapy and herbalists. Alexandra's Soap Opera also offers a large variety of different teas, jewelry, incense, aroma burners and home decor items. Denise has been a wholesaler for 7 years. All products are handmade in the shop, she can also custom label products for businesses, individuals and ship anywhere in the United States.



Denise Cornile (Owner) & Paula Freeman (Manager)



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Funding given for runway extension

Durbin: Project at Waukegan Regional Airport would help retain business in area

By MATT PERA

mpera@nwnewsgroup.com

WAUKEGAN – City officials have been discussing the need to extend the main runway at Waukegan Regional Airport since the mid-1980s, according to Waukegan Mayor Richard Hyde.

Back then, he said, it was merely "wishful thinking," and talking about it wasn't getting anything done.

"We're to the point now where we got to be done talking," Hyde said. "We have to be done with that. We've got to have action."

The extension may be one step closer to a reality, as Hyde and other officials gathered with U.S. Sen. Dick Durbin, D-Ill., at the airport Aug. 30. Durbin announced he had included \$1 million in federal funding in the Senate Transportation Appropriations Bill to help extend the main runway. The bill will be up for ap-

proval later this month.

If approved, the money will go toward an environmental study of the runway extension's feasibility and impact.

The runway currently measures 6,000 feet and does not have a 1,000-foot unobstructed safety area, as required by the Federal Aviation Administration. The Waukegan Regional Airport was granted an exemption to that requirement through a grandfather clause.

However, the FAA requirement will apply to the airport when it undergoes major repairs or resurfacing. The runway was last resurfaced in 1986, and will be due for that maintenance again in the next five years.

With the runway extension, the airport would gain the 1,000 feet necessary for the safety zone.

Waukegan Airport Manager Jim Stanczak said the runway, which runs from the northeast to

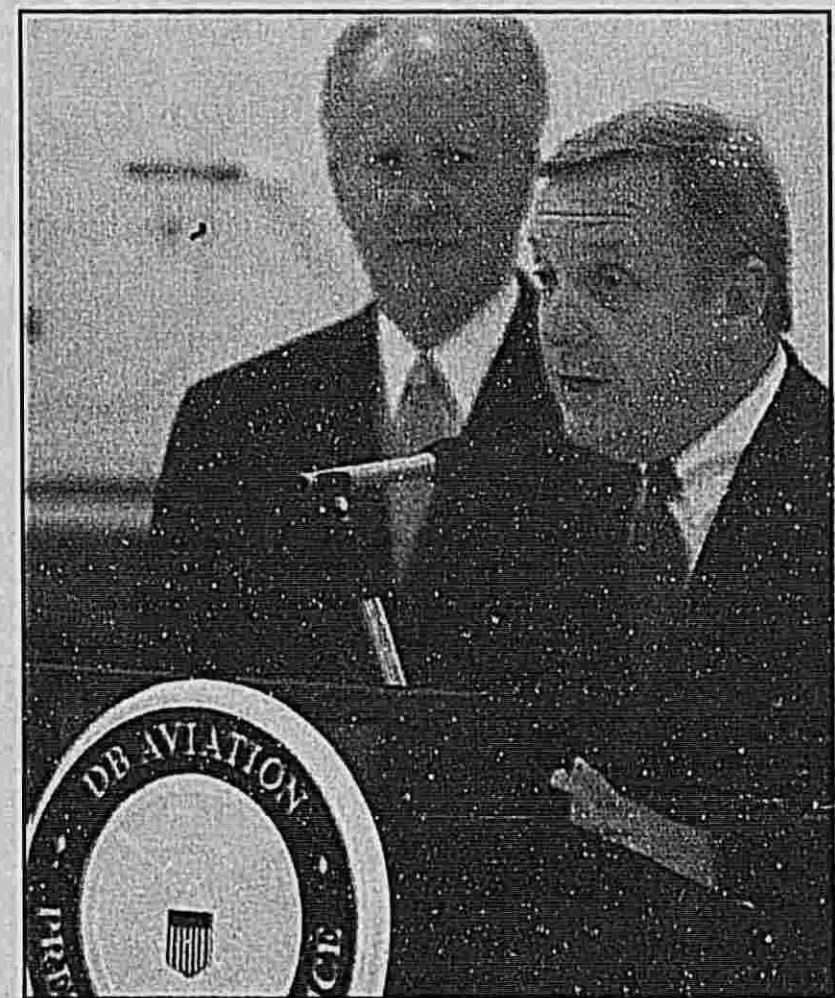
the southwest and supports about 80,000 takeoffs and landings each year, would increase to 7,100 feet in length.

Stanczak said the project, which includes the environmental study and land acquisition at the southwest end of the runway, as well as construction, could be completed in the next six to eight years. He added it is too early to predict what the overall cost of the extension would be.

Durbin said he was convinced of the project's importance when he met with State Sen. Terry Link in Waukegan earlier this summer.

The extension would allow planes to take off with more fuel, allowing corporate jets making international trips to fly non-stop without having to refuel.

"It's going to help the airport keep corporate aircraft, and their associated businesses right here in Illinois where we need them," Durbin said. "It's going to keep good-paying jobs in our state, and we desperately need those, as well. This airport is a vital part of the economy in northeastern Illinois."



Sandy Bressner - sbressner@nwnewsgroup.com

U.S. Sen. Dick Durbin, D-Ill., announces the \$1 million he secured in federal funding to help extend the main runway at Waukegan Regional Airport. State Sen. Terry Link, D-Waukegan, stands behind Durbin.

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WEEKLY JOURNALS

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● **Factual accuracy**
Did we get it right?

Accuracy is important to us at the Antioch Journal and we want to correct mistakes promptly. If you believe a factual error has been published, please bring it to our attention.

Call Larry Lough at 847-223-8161 or e-mail him at llough@nwnewsgroup.com

● **Editor's Choice** by Larry Lough

We've put some real life into LakeLife

Maybe you have noticed the transformation in recent months of LakeLife, the lifestyles section you get each week inside your Journal.

When this year started, LakeLife was basically an arts and entertainment section. The first several pages offered lots of "canned" news releases about events in the north suburbs and elsewhere in the Chicago area.

But then Kathy Gresey was put in charge of the section, and she rallied the rest of the Weekly Journals' staff to make it a locally focused lifestyles magazine.

What a great job they have done.

Check out Kathy's cover story this week, about the Chicago-area resident who has written a book about her experience on Sept. 11, 2001 - she the Verizon Airfone supervisor who took the call from United Airlines Flight 93 passenger Todd Beamer. Has it been five years since that awful day?

Inside LakeLife, read Tara Clifton's story about how local women, through acupuncture and chiropractic treatments in Lake Villa, found relief from the ill effects of pregnancy.

Or look into the article about the

Gurnee mother who has just published a children's book.

Of course, the usual features are there, too: Tom Witom lets you in on some secrets of a Jamaican kitchen; Pam and George Singleton review "Broken Bridges," a film with county music star Toby Keith; "Everymom" Jami Kunzer writes about "tummy time"; and Health beat columnist Linda DeFever addresses the question, "Is 60 too late to start strength training?"

Tell us what you like - or don't - at llough@nwnewsgroup.com.

Thanks for reading the Journal.

● **This Week's Highlights**



Bill Manley - bmanley@nwherald.com



Paperwork errors leads to
tax problem for
Lakemoor family

PAGE C1

Eastern medicinal
treatments help
with pregnancy

PAGE C3



● **Plus**

**CUT UTILITY BILLS WITH
VENT-FREE GAS APPLIANCES**

PAGE B3



"Serving our communities to make
them better places to live"

"The world tells you to go out and chase that gold ring. And the family has gone by the wayside."

—Bob Robinson, founder of a new men's ministry (see story on A6)

LAKE VILLA

New lounge for artists opens

Co-founders spend whirlwind month creating business

By TARA CLIFTON

tclifton@nwnewsgroup.com

LAKE VILLA – Mike Pollitt, 19, yelped happily when he received a white envelope in the mail last Friday at 19041 W. Grand Ave.

"It's a bill," he shouted. "And it has my name on it!"

Pollitt is not a freak of nature; he dislikes paying anybody money as much as the rest of us.

But this bill represented a month of intense work, and the beginning of a dream that he embarked upon with his friend Ian Meyer, 28.

Swing State, located at the corner of routes 45 and 132 west of Gurnee, is Meyer's brainchild. It's a hookah lounge, a place for bands to rock out, a coffee house, an art gallery, and a gathering place for friends. The white building, which used to be Mulligan's coffee house, also offers group meditation sessions, comedians, film appreciation nights and more.

Swing State opened Sept. 1. Almost one month ago, co-owners Pollitt and Meyer were in a very different place in their lives.

Pollitt said he moved shopping carts at a Butera grocery store until Aug. 1. Meyer's band, Swing State, had recently dissolved, and he was trying to find something else to fill his usually busy schedule.

Around the same time, Mulligan's coffee house, in Lake Villa was closing its doors.

Meyer said his old band used to play there often, and he was friends with the owner. So when the building was up for rent, the owner offered it to him.

From there, chaos ensued.

"We worked our [butts] off," Meyer said, moving a dreadlock wrapped in red pipe cleaner off his face.

Meyer's father loaned him money to start his business,

Check it out

Swing State, 19041 W. Grand Ave.
Tuesday through Friday: 8:30 p.m. to 3 a.m.

Saturday and Sunday: Noon to 3 a.m.

Tuesday, Wednesday and Thursday: 10 a.m. to 2 p.m.

and he quickly got to work.

The old coffee shop wasn't a wreck, Meyer and Pollitt said, but it did need some extra help. They scrubbed floors and countertops, ordered 15 hookahs, tacked up art work, moved in stools and chairs, and bought coffee makers and tea.

"It took everyday," Meyer said. "We were so excited we wanted it to happen."

Meyer said he originally intended to run the lounge himself, but his mind changed during a mock business day with family several weeks ago.

"He went about 1 hour before he said, 'Mike, I need help,'" Pollitt said, laughing.

So, the two worked together, like they had for years.

Meyer and Pollitt were roommates in Gages Lake and teach guitar at The Music



Chris Padgett - cpadgett@nwnewsgroup.com

Arthur Zdrinc (from the top), Bizzy Justus and Matt Brakel sit in one of the rooms at the hookah lounge, Swing State, in Lake Villa over the weekend. Swing State also is a coffee house and art gallery.

Source in Grayslake.

Now Meyer lives at Swing State, with everything but his bedroom in a public venue.

He resides on the upper level, his kitchen and bathroom next to lounge areas.

"I'd rather have it like this," said Meyer, who is used to having many visitors. "And I get to look at this beautiful art all the time."

Love of art is a huge reason why Meyer and Pollitt said they wanted to start this business.

When they were in high school, Meyer an Antioch student and Pollitt attending

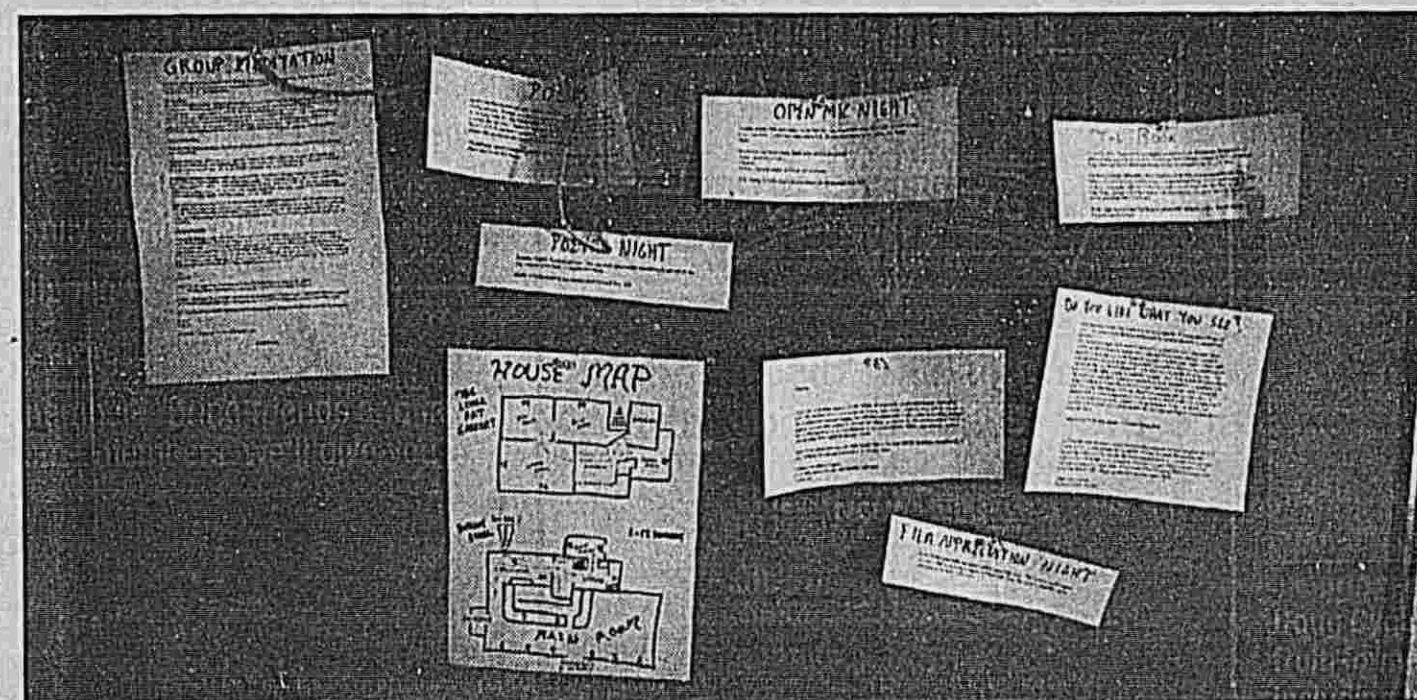
school in Mundelein, often traveled to Chicago for the music and hookah scenes.

Now Lake Villa residents, and those across the county, don't have to move too far from home to be exposed to local bands and art, they said.

"This place needed to be here," Meyer said.

And whether the business sticks around or not, Pollitt said the ride has been worth all the hard work.

"This has been an amazing journey that we've been through," he said. "I'm lucky to be here now."



Chris Padgett - cpadgett@nwnewsgroup.com

A house map and event bulletin board describe what patrons can do at Swing State, a hookah lounge, art gallery, recording studio and host for live music in Lake Villa.

Our Town

School surprise

The Open Arms Mission of Antioch gave the Avon Township Food Pantry a nice back to school present.

Open Arms recently donated 200 bags of school supplies to the pantry, which was running low on pens, pencils and paper as of last week.

The mission sponsored a drive for school supplies.

Families are invited to the Fire/Safety Expo 2006, hosted by the Lake County Fire Chief's Association.

The expo will take place from 10:30 a.m. to 4 p.m. Friday, Sept. 23 in the parking lot of Sears and Bed, Bath and Beyond at Gurnee Mills.



Tara Clifton

Two Antioch-area natives are serving their

country, one just starting out and one getting quite a serious assignment.

Rebecca A. Graham, a 2001 Antioch High graduate, just finished basic military training at Lackland Air Force Base in San Antonio, Texas. During six weeks, she studied Air Force organization, military customs, training exercises, drills and more.

Army National Guard Sgt. Christopher L. Moncrief is getting ready to serve overseas in support of Operation Iraqi Freedom.

Moncrief will soon travel to an undisclosed location to continue the country's efforts to stabilize the new Iraqi government.

Best of luck to both of you.

• If you have interesting information or anecdotes to submit for "Our Town," e-mail Tara Clifton at tclifton@nwnewsgroup.com

New ministry helps guys find their manhood

By TARA CLIFTON

tclifton@nwnewsgroup.com

ANTIOCH – Men are somewhat neglected, said Bob Robinson. At least their needs are.

The stereotypical definition of a man, Robinson said, is a guy who can dominate those at home and in the workplace. He can tackle any problem alone and never needs to ask for help.

But this idea is more harmful than helpful, Robinson said, and he and his friend Mike Estes are setting out to change it.

They hope to do so through a new, non-profit organization,

WildHeart Ministries. The group, which hasn't had an official meeting yet, aims to help men achieve true manhood and to pass it on to their sons.

Camping trips, paintball games, trap shooting and other outdoor activities will be used to create friendships among men, Robinson said, and study sessions will help them discover what the Bible says is real manhood.

"The world tells you to go out there and chase that gold ring,"

Robinson said. "And the family has gone by the wayside."

Estes and Robinson said they will use Jesus as the

WildHeart Ministries

A new non-profit organization dedicated to helping men become biblically masculine.

Call (847) 395-2823 for information and prayer requests and to donate.

model of what a man truly should be: Nurturing his family, supporting his friends and knowing when to ask for help, just to name a few traits.

"It's a tool where it gets guys together and it's a Christian focus," Estes, leader at The Chapel in Grayslake, said.

Right now WildHeart

Manly classes

Men's Fraternity, by Robert M. Lewis, is a curriculum that teaches men to model Christ.

Log onto www.mensfraternity.com for more information.

Ministries is in the fundraising stages, Estes said. He and Robinson also are working on creating a network with other churches, which includes Chain of Lakes Community Bible Church in Lake Villa.

The group's Web site will be the main channel of communication, Estes said, and will feature lessons and ways of contacting others in the organization.

Robinson said he realized the need for an entity such as WildHeart Ministries from reading "Wild at Heart" by John Eldredge. He also noticed the worldwide success of "Men's Fraternity," a three-year program by Robert M. Lewis that teaches Christian masculinity.

Crossview Church in Antioch, where Robinson is a leader, and other area churches will use the "Men's Fraternity" curriculum soon, he said.

WildHeart also will probably use it, Robinson said.

"This is the meat and potatoes that causes a man to ask what does it take to be a real man," Robinson said.

Each year of the three-year program focuses on different topics, and runs through the same seasons as a school year. Year 1 focuses on the concept of biblical masculinity and sheds light on past wounds. Year 2 advises men on their careers and families, and year 3 solidifies the first two years and sets a path for the future.

Robinson and Estes both have a passion for helping others, they said, and feel that by helping men, both women and children also will benefit.

"We really want to connect with men," Estes said. "We want to help them in their walk with Christ."

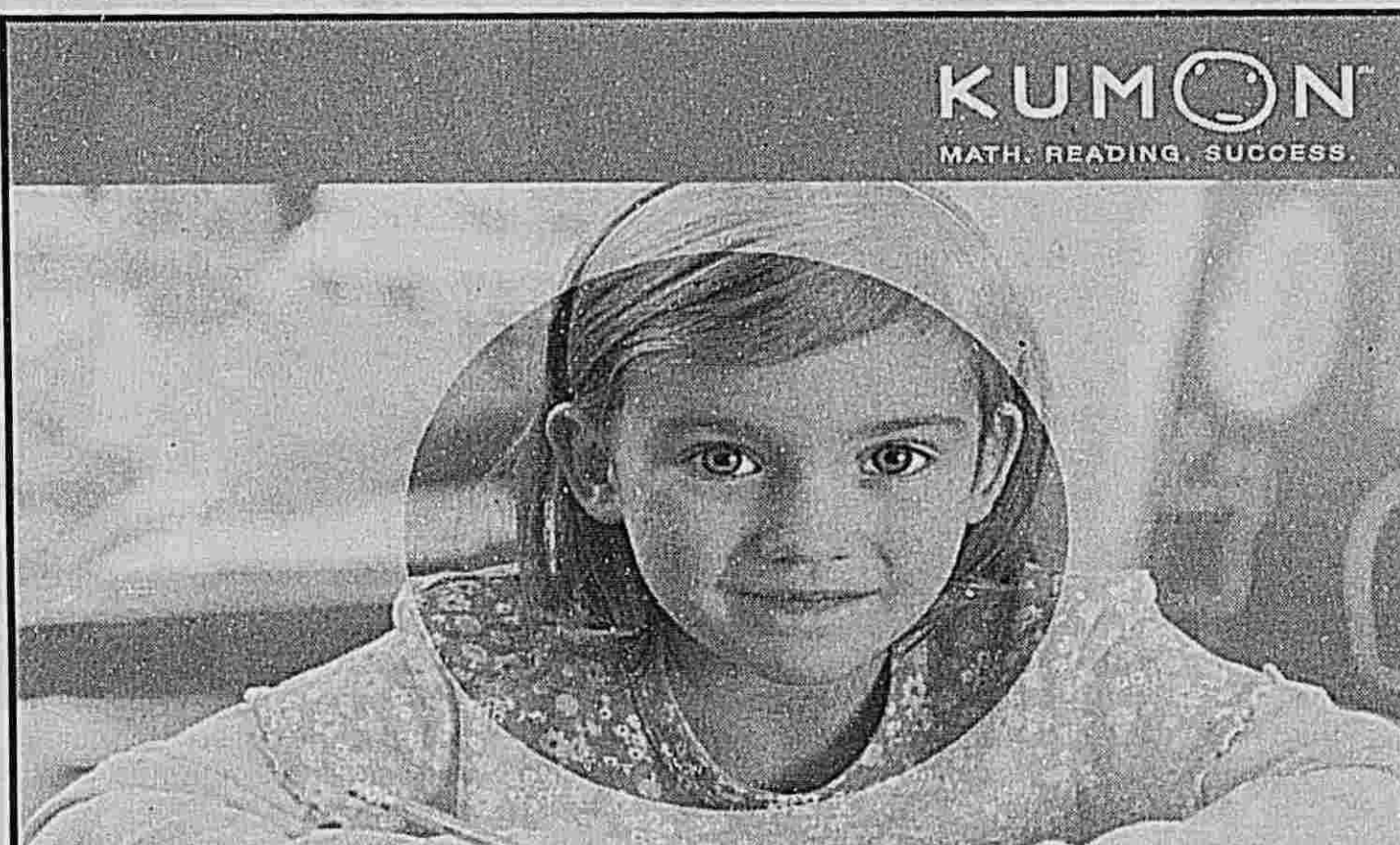
Births

Trent David Stephens, a son, was born Aug. 14 at Lake Forest Hospital to Nathan and Erin Stephens of Trevor, Wis. Grandparents are David and Ann Stephens of Vernon Hills; Paul and Serena Alleman of Gurnee and Gary Anderson of Lake in the Hills.

Adrienne Elizabeth Reeves, a daughter, was born July 12 at Lake Forest Hospital to Timothy and Deirdre Reeves of Salem, Wis. Her sisters are Abigail, 11, Angelica, 9 and Alexandria, 8. Grandparents are Nancy Wright of Burlington, Wis. Jim Roche of Mundelein and Jackie Roche of Island Lake.

Adam Gerald Gaus, a son, was born Aug. 4 at Condell Medical Center in Libertyville to Michael and April Gaus of Antioch. His brother is Jacob, 3. Grandparents are Gerald and Marlene Soulak of Wonder Lake and Anni Gaus of Arlington Heights. Great grandparent is Penny Soulak of Round Lake.

Lucas Robert Miller, a son, was born Aug. 3 at Condell Medical Center in Libertyville to Susan and Jason Miller of Antioch. Grandparents are Sandy and Robert Miller of Mundelein and Frank and Laura Kenny of Peoria. Great grandparent is John Suydam of Libertyville.



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● Neighbors



Jessica Retzke of Round Lake Beach

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Mundelein

My family:
Mom, Tammy; Dad, Bruce; and brother, Ryan

My pets:
Scooby Doo (Jack Russell), Daphney (Rat Terrier), Scrappy (Fox Terrier) and Dot (rabbit)

Occupation:
Elementary school student

I graduated from:
Currently go to Thompson Elementary in Lake Villa

Community involvement:
Was a Spartan cheerleader, now a Twister cheerleader

What I like most about my town:
The friendly neighbors

Hobbies:
Cheerleading and fishing

Favorite movie:
"High School Musical"

Favorite CD or music artist:
Mariah Carey

Favorite sports team:
The Spartans

Favorite local restaurant:
Olive Garden

Favorite home cooked meal:
Mac & cheese

Person I admire most:
My Mom

If I had \$1 million, I would:
Buy Disney World

If I had a plane ticket to anywhere, I'd go to:
Disney World

My pet peeve is:
I don't like it when my socks rub together.

My dream job would be:
To work at an animal shelter

• If you have a "Neighbor" whom we should profile in this column, call Weekly Journals at (847) 223-8161 or e-mail us at anti-och@weeklyjournals.com

Local musician hits musical milestone

Antioch High School graduate's solo CD released in online stores

By TARA CLIFTON
tclifton@nwnewsgroup.com

LINDENHURST — Robert Bock's first solo CD hit online stores Aug. 22.

And he's still having a hard time believing it.

"It's pretty surreal," Bock, 23, said. "It's been a long time coming."

Bock's one-man project, Of the Opera, began while he was still a member of the local band Monday's Hero. When the band split up, Bock's time was spent on his own music, giving birth to "Study Natural Law."

The CD was released through Lucid Records, an independent label based in Deerfield.

Bock, a 2001 Antioch High School graduate, is hopeful that this is the first step in a staircase of musical accom-

plishments. But he still worked hard to get to this point.

Darlene Bock, Robert's mom, said her son always had a soft spot for music while growing up in Lindenhurst.

He played trombone from fourth through eighth grades, she said, and began teaching himself guitar in seventh grade.

Actually, Darlene said that Antioch Upper Grade School's Band Director Earl Bush was a big inspiration.

"He really credits Mr. Bush . . . with giving him an outstanding musical foundation," Darlene said. "This understanding made teaching himself the guitar and writing songs possible."

Through high school and the years following, Robert was involved with several bands, the most recent being

Have a listen

Of the Opera "Study Natural Law"
www.myspace.com/oftheopera

the Firebird Band and Monday's Hero.

But once high school ended, Robert said he had to figure out what place music was going to have in his life.

"Trying to be a musician is the bleakest profession in the beginning," he said. "You can't really settle into a career."

Knowing that people usually don't make a decent living in the music field, Robert majored in physics engineering at Bradley University during his freshman year of college. In terms of interest level, physics was behind only his love of music.

When that year ended, however, Robert realized that he didn't want to major in physics anymore, or even attend Bradley. So he enrolled at the College of Lake County as a music major.

"But it was pretty point-

less," he said. "Eventually I realized that I needed to take a complete break from school."

And so he moved to Chicago to be closer to the music scene, and found a job at a clothing boutique that worked around his musical schedule.

Robert has trouble finding a routine schedule, though.

For example, he recorded "Study Natural Law" in Elgin, sometimes driving a round trip from Chicago in one day.

His bosses at work are "luckily forgiving" of his weeks-long disappearances, Robert said gratefully.

He also books shows constantly, playing his music with two friends, and traveling as far as Washington, D.C., and New York City.

But Robert sees it all as part of the process.

"Trying to book yourself and going to parties where you hear that big agents are going to be at," Robert said, trailing off. "It's exhausting."

"But you have to put it all out there."

● School Notes

SCHOOL DISTRICT 41 Entertaining fundraiser

Martin School PTO members are to remind students to bring home "Entertainment Books" for its fundraiser, which will take place through Sept. 18. For more information, call the school at (847) 245-6690.

SCHOOL DISTRICT 117 Top honors

Antioch High School's 2006 Finesse, a literary and art magazine, won a gold medal from the Columbia Scholastic Press Association. This is the third year in a row the publication has earned the highest award from the national organization.

● Correction

In the article "Taking a huge leap of faith," which ran in the Sept. 1 editions of the Weekly Journals, the picture caption incorrectly named Candice Smithyman as senior pastor of Christ's Cafe Church. Smithyman is co-pastor of the church. Her husband, Adam, is senior pastor. The Weekly Journals regret the error.

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Local Digest

Turkey!

St. Ignatius of Antioch Episcopal Church will have its 53rd Annual Turkey Dinner from 4 to 7 p.m. Oct. 14 in Hanley Hall at St. Peter's Church in Antioch. Besides turkey, guests can enjoy an open house featuring a bake sale, a silent auction, a 50/50 raffle, and more. Tickets cost \$10 for adults, and

\$5 for those 13 and under. For more information, call (847) 395-0652.

Women's meeting

The General Federation of Women's Clubs (GFWC) Illinois Tenth District, affiliated with the GFWC International, will have its opening meeting for all federated women's clubs in Lake and Cook

counties on Wednesday, Sept. 27, at Bonnie Brook Golf Course, 2800 Lewis Ave., Waukegan. Registration begins at 9:30 a.m., and the meeting starts at 10 a.m. A luncheon will take place at 12:30 p.m. After that, Phyllis Cossarek will be installed as the GFWC Illinois 10th District

President by past president Joyce Spencer. For more information, contact Cossarek at (847) 256-1177.

Senior Day

The Antioch Township Board will sponsor a Super Senior Day on Friday, Sept. 22.

The Rules of the Road Review Course will be offered from 10 a.m. to noon, a vision test from 9:30 a.m. to 2:30 p.m., and other services from the Mobile Drivers Facility from 9:30 a.m. to 2:20 p.m. Call (847) 395-3378 for more information.

Planning and zoning director leaves village

Architect served village for 15 years

By TARA CLIFTON
tclifton@nwnewsgroup.com

ANTIOCH – Bob Silhan will soon leave for warmer weather. Silhan, the village's director of planning and zoning for the past 15 years, will be a resident of Winter Haven, Fla., by the end of September.

He has already been hired, he said, to be the senior planner for the city, located between Tampa and Orlando.

Silhan, an Illinois-licensed architect, has 32 years of village government experience, working in McHenry and Lake counties.

Village Administrator Mike Haley said he accepted Silhan's resignation letter last week

with great reluctance.

"He has been the lifeblood of this department for the past 15 years," Haley said.



Bob Silhan
Will step down as Antioch's planning and zoning director.

Silhan, 60, and his wife have been planning the move for a while, said Mayor Dorothy Larson. He has family in Florida.

Village administrators and staffers are planning a large celebration for him before he leaves, the time and date not determined yet.

"It's a great place to be, I know, but we're all jealous," Larson said. "We're happy for him, but sad for us."

FALL LEAGUES

FALL LEAGUE SCHEDULE

MONDAY	
Mens Handicap	6:45 pm
Ladies Handicap	6:45 pm
Mixed Handicap	7:00 pm
Mixed Handicap	8:30 pm
TUESDAY	
Ladies Nonsmoking Handicap	9:00 am
Ladies Handicap	6:30 pm
Mixed Handicap	7:00 pm
Mixed Handicap Every Other Week	7:00 pm
WEDNESDAY	
Mens Handicap	6:30 pm
Mixed Handicap	6:30 pm
Seniors	1:00 pm
THURSDAY	
Mens Handicap	6:30 pm
Ladies Handicap	6:30 pm
FRIDAY	
Mixed Handicap	6:45 pm
Mixed Every Other Week	6:45 pm
Mixed Las Vegas	6:45 pm
SATURDAY	
Mixed Handicap Every Other Week	4:00 pm
Mixed Handicap Once a Month & Every Other Week	6:45 pm
SUNDAY	
Mixed Handicap	10:00 am
Adult/Junior Every Other Week	1:00 pm
Mixed Handicap Every Other Week	6:30 pm
Mixed Las Vegas	7:00 pm
Mixed Free Ball League (17 Weeks)	1:00 pm

LAS VEGAS LEAGUE

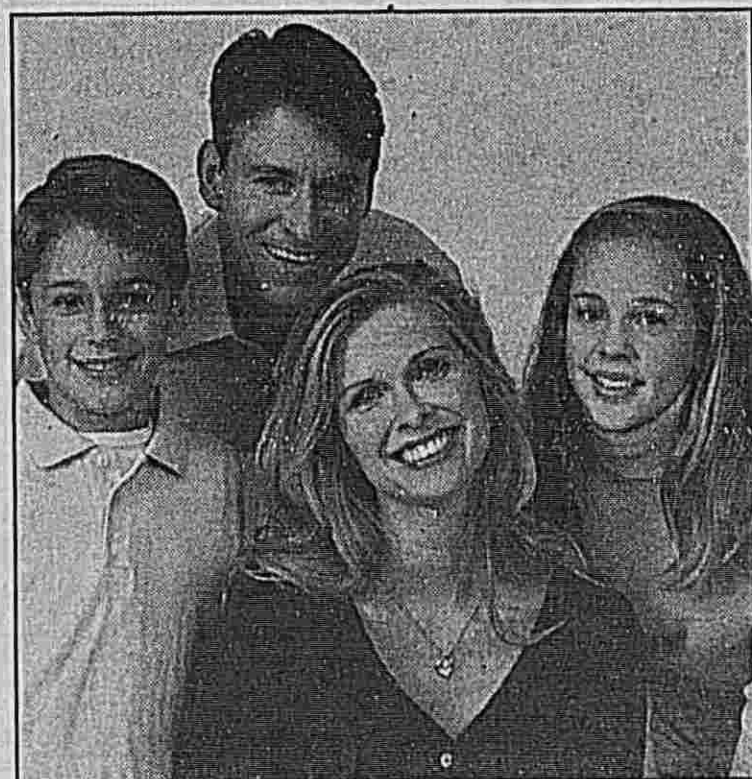
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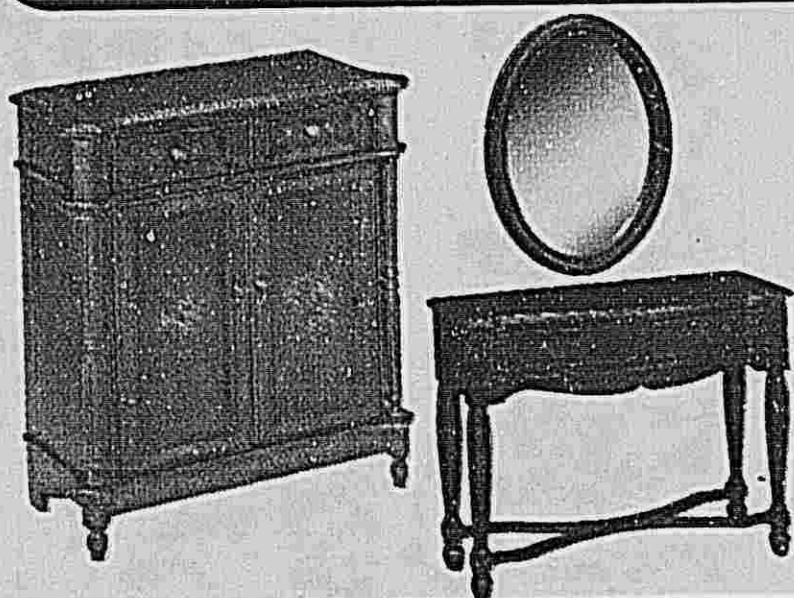
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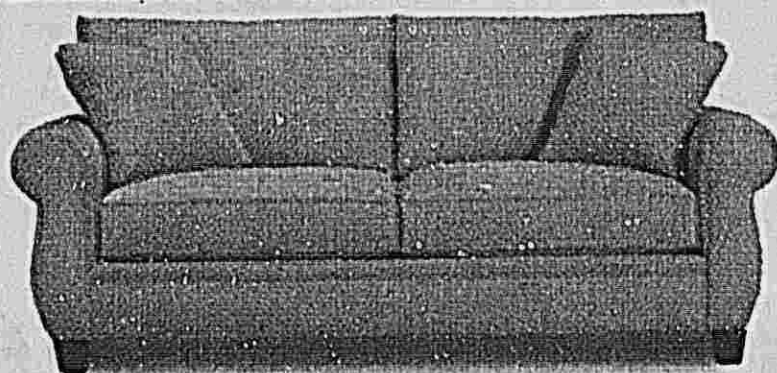
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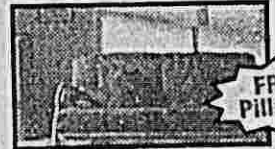
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Local man loses his marbles

Bank windows shattered by marble prank

WEEKLY JOURNALS

ANTIOCH - A juvenile prank landed a young man in court.

Jonathan A. Smith, 18, 400 block of Lake Street in Antioch, caused First National Bank about \$5,050 in damage when he shattered the glass door and four windows on the south entrance to the building.

Employees at the bank, 485 Lake St., heard a crash on

Monday, Aug. 28, and ran to see what the commotion was.

They saw Smith across the street shooting marbles at the building with a slingshot. He also targeted passing vehicles.

When police came to question Smith, he denied owning the marbles and slingshot, even though they were in a bag that was in his vehicle that he stood next to.

After further interviewing, Smith confessed that he had broken windows on Aug. 18 at American Family Insurance, 509 Lake St.

Smith appeared in county court on Aug. 29 on charges of criminal damage to property.

Plant reconstruction aim for early 2007

WEEKLY JOURNALS

ANTIOCH - Village engineers are still waiting for a green light to move on to the next step in revamping the sewage treatment plant.

The Illinois Environmental Protection Agency is evaluating officials' plan of how to repair and improve the more than 40-year-old plant.

Keith Fujihara, village engineer, said engineering firm Applied Technologies created and submitted the plan, which includes a detailed report and design, to the IEPA in March

for review.

Officials hope to begin construction early next year, Fujihara said.

The remodeled treatment plant will be updated to meet current environmental standards, Fujihara said. Flow capacity will expand more than 25 percent, expanding from 1.6 million gallons of water a day treated to 2 million gallons a day.

The total cost for the project is estimated at \$12 to \$13 million.

"It should be an environmentally safer plant," Fujihara said.

Concerts to raise money

ANTIOCH - Residents are invited to rock out and help a worthy cause by attending Park Palooza in downtown Antioch next weekend.

The Antioch Lions Club, Wal-Mart, Moose Lodge 525, and the village are sponsoring the concert to raise money for the Tim Osmond Sports Complex.

Festivities are scheduled to begin at 3 p.m. on Saturday, Sept. 16, at the bandshell near Orchard Street and Skidmore Drive. Palooza-goers can enjoy

the sounds of three bands throughout the evening.

The Alcatraz Rivals will perform from 3 to 4:30 p.m., and the Barstool Soldiers will play from 5:30 to 7 p.m. Crow's Feet will entertain from 8 to 10 p.m.

Admission is \$5 for adults, and free for kids 12 and younger.

Officials are planning the Tim Osmond Sports Complex to be built along Depot Street.

For more information, contact the village hall at (847) 395-1000.



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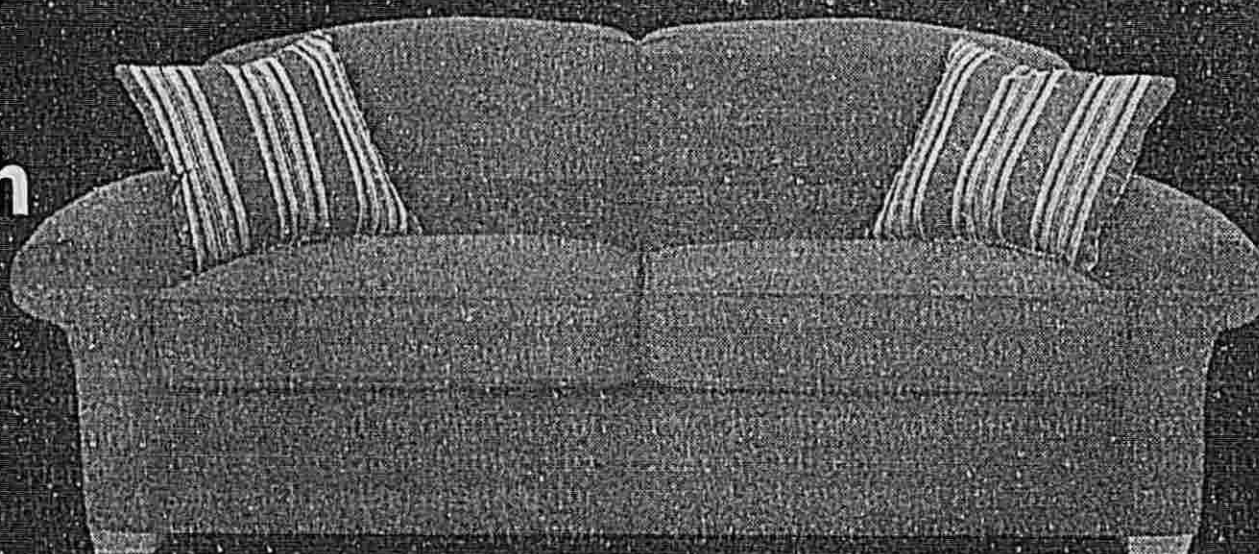
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ANTIOCH

• **Auditions for "A Christmas Story."** 2:30 p.m., Sunday, Sept. 10. PM&L Theatre, 877 N. Main St. There are 8-14 roles for children, 2-3 roles for women and 4-6 roles for men. For more information, call Karl Heilgeist at (262) 537-3100 or Terry O'Brien at (847) 265-5407 or visit www.pmltheatre.com.

• **Village of Antioch Planning and Zoning Board meeting.** 7:30 p.m., second Thursdays. Municipal Building, 874 Main St. Call (847) 395-1000 to confirm.

• **Grass Lake District 36 School Board meeting.** 7 p.m., second Tuesdays.

• **American Business Women's Association meeting.** 8 a.m., second Wednesdays. Keller Williams Realty on Rt. 83 (south of Rt. 173). Call Nancy at (847) 838-6500 for information.

• **Bingo.** 12:45 p.m., Mondays. The Senior Center. Call (847) 395-0139 for details.

• **Bingo.** 6:45 p.m., Tuesdays. Antioch VFW. Doors open at 4:30 p.m. Call (847) 395-5393 for more information.

• **Pinochle.** 12:30 p.m., Thursdays and Fridays. The Senior Center. Call (847) 395-0139 for details.

• **A Safe Place support group meeting.** Mondays. For women who are dealing with abuse in their homes. All are welcome. No fees. Call A Safe Place at (847) 249-4450 or (847) 249-6557 (TTY) or go to asafeplace-forhelp.org for more information.

• **CPR classes.** 6 p.m., second and fourth Wednesdays. Squad Building, 835 Holbek Dr., sponsored by Antioch Rescue Squad. \$5 fee. Call (847) 395-5511 to learn more.

• **Take Off Pounds Sensibly meeting.** 6:30 p.m., Wednesdays, weigh-in, 7 p.m. meeting. The Senior Center, 817 Holbek Dr. Call Dorothy Stark at (847) 395-7407 or Betty Muller at (847) 838-3907 for more information.

• **Kiwanis Club of Antioch meeting.** Noon, Tuesdays. Bacchus Restaurant. The public is welcome to join and share experience, knowledge and service project ideas. Call Melissa at (847) 489-8044 or e-mail at mjrigoni@hotmail.com for more information.

• **Antioch Women's Club meeting.** Second Wednesdays. Call Pat Goone at (847) 838-6688 to learn more.

• **AARP Chapter 387 (for adults 55+) meeting.** 1 p.m., second and fourth Tuesdays. The Senior Center, 817 Holbek Dr. Call Sharon Nowak at (847) 395-5068 to learn more.

• **Lakes Area Community Band rehearsal.** 7-9 p.m., Mondays. Antioch Community High School

band room. Area musicians high school age and older are welcome to join. No auditions. Call Debbie Davis at (847) 395-0272 to learn more.

• **Open gym.** 7-9 p.m., Sundays. Antioch Community High School. \$2. Adults only.

CRYSTAL LAKE

• **Crystal Lake Toastmasters Club meeting.** 8-10 a.m., first and third Saturdays at Amcore Bank Building, Rt. 14 and Pingree Rd. Develop your presentation and leadership skills. For information, call Steve at (847) 526-1525 or visit <http://user.mc.net/~toast1>.

GRAYSLAKE

• **Zurko's International Antique Market.** 8 a.m.-3 p.m., Sunday, Sept. 10. Lake County Fairgrounds. For more information, call (715) 526-9769 or visit www.zurkoantiquetours.com.

• **Lakes Region Watercolor Guild meeting.** 9:30 a.m.-noon, Thursday, Sept. 14. State Bank of the Lakes, 50 Commerce Dr. Thomas Trausch, the American Impressionist, will divulge his secrets. Membership is \$30; guests are welcome with a fee. For more information, call Darlene Schoenke at (847) 223-4032.

GURNEE

• **Home Office Managers and Entrepreneurs meeting.** 9 a.m., second Wednesdays. First Midwest Bank, 300 N. Hunt Club Rd. Exchange ideas, guest speakers, referrals, share business-owner experiences. Call (847) 367-7118 for details.

• **Network Lake County meeting.** 8-9 a.m., Thursdays. A business networking group meeting in Gurnee. Call Boyce Buckner at (847) 838-0058 to learn more.

• **Lake County Spinner's Guild meeting.** 1:30-4 p.m., second Sundays. Warren-Newport Public Library. Enjoy the art of fiber spinning and meet fellow spinners. Call Carol at (847) 234-0778 or Chris at (847) 367-2536 to learn more.

• **Singles (ages 55+) Breakfast Group meeting.** 8:30 a.m., Saturdays. In-Laws Restaurant, 720 Milwaukee Ave. Call Chuck at (847) 362-5458 for details.

HIGHLAND PARK

• **LaCASABLANCA fund-raiser.** Saturday, Sept. 16. Exmoor Country Club, 700 Vine Ave. Casino night supports LaCASA. To RSVP or for more information, call Linda West at (847) 244-1187, ext. 21 or visit www.lacasastoprape.org.

INGLESIDE

• **Fox Lake-Grant Township Area Historical Society general meeting.** 9:30 a.m., Saturday, Sept. 16.

Grant Hall Museum, 411 Washington St. Call (847) 587-0544 for more information.

• **Fox Lake/Round Lake Area Rotary meeting.** Noon, Fridays at Za's, 69 Washington.

• **Grant Hall Museum.** 1-4 p.m., Sundays. Fox Lake-Grant Township Area Historical Society, 411 Washington St. Admission free, donations accepted. For information, call (847) 587-0544 or mail P.O. Box 224, Ingleside IL 60041.

• **Lake County Astronomical Society meeting.** 8:30-10 p.m., third Fridays. Volo Bog State Natural Area. Meeting followed by a 9:30 p.m. viewing period. For information, call (815) 344-1294 or visit www.lcas-astronomy.org.

LAKE VILLA

• **Lake Villa Village Board meeting.** 8 p.m., second Wednesdays

• **Lake Villa District Library Board meeting.** 7 p.m., second Mondays. 1001 E. Grand Ave.

• **Lake Villa Township Board meeting.** 7:30 p.m., second Tuesdays. Township offices, 37908 N. Fairfield Rd. Call (847) 356-2383.

• **Weigh to Win meeting.** 7-8 p.m., Tuesdays. Calvary Christian Center, Monaville Rd. Call (847) 356-6181 to learn more.

• **Lake Villa Take Off Pounds Sensibly meeting.** 5:30 p.m., Wednesdays. Church of the Holy Family, 25291 W. Lehman. Call Cathy at (847) 587-7710 or Debbie at (847) 687-5531 for details.

• **MOMS Club of Lake Villa/Lindenhurst meeting.** 9:30 a.m., Mondays. Lake Villa District Library, 1001 Grand Ave. Children welcome. For more information, call Erin Bearss at (847) 546-1545.

LIBERTYVILLE

• **Crafters wanted for Art, Craft and Gift Show.** 9 a.m.-3 p.m., Saturday, Oct. 14. Winchester House, 1125 N. Milwaukee. There is a \$25 fee, which includes a 60-inch round table and two chairs. The donation of one crafted item is required for a raffle. Applications due by Sept. 22. For more information or applications, call Patty Schultz at (847) 377-7224.

• **Ansel Brainerd Cook Chapter of the DAR meeting.** 10 a.m., Saturday, Sept. 9. Libertyville Township Office, 359 Merrill Ct. Cathy Carlton will present a program on the Constitution. The meeting is open to the public. For more information, call Sandra Michaels at (847) 249-0456.

LINDENHURST

• **Lindenhurst Village Board meeting.** 7 p.m., second and fourth Mondays. Village Hall Boardroom. Call (847) 356-8252 for more information.

mation.

• **Lindenhurst Community Partnership meeting.** 7 p.m., second Wednesdays. Village Hall.

• **Free blood pressure screening.** 8 a.m.-noon, Mondays. Victory Lakes Continued Care Center. Call (847) 356-5900 to learn more.

• **VFW Post 4894 meeting.** 8 p.m., second Wednesdays. Civic Center. Call (847) 356-7482 for details

• **Lake Villa Township Lions Club board meeting.** 7 p.m., second Tuesdays. State Bank of the Lakes.

• **Men's Club of Lindenhurst (ages 21 and older) meeting.** Call (847) 356-5014 (weekends) to learn more.

• **Women's Club of Lindenhurst meeting.** 7 p.m., second Thursdays at Civic Center. Call (847) 356-2286 for more information.

MILLBURN

• **Millburn Chapter 570-Order of the Eastern Star meeting.** 7:30 p.m., Tuesday, Sept. 12. Masonic Lodge, Rt. 45 near Grass Lake Rd. The public is welcome. For more information, call Clarisse Mellen at (847) 244-3698.

• **Lake County Doll Collectors meeting.** 1 p.m., third Saturdays. Millburn Congregational Church, Rt. 45 and Grass Lake Rd. Call (847) 623-2072 for details.

MUNDELEIN

• **Crafters wanted for Holiday Bazaar.** 9 a.m.-3 p.m., Saturday, Nov. 11. Mechanics Grove School. There is a \$40 fee for a 10x10 space and two chairs. Table rentals, corner spaces and electrical outlets are extra. Each crafter/vendor is required to donate one item for raffle. All indoors, free parking, bake sale. For more information, call Tracy at (847) 345-1611.

ROUND LAKE

• **A Safe Place support group meeting.** Wednesdays. For women who are dealing with abuse in their homes. All are welcome. No fees. Call A Safe Place at (847) 249-4450 or (847) 249-6557 (TTY) or go to asafeplaceforhelp.org for more information.

• **Big Brothers, Big Sisters meeting.** 6:30-8 p.m., Mondays. Calvary Presbyterian Church, 510 Cedar Lake Rd. Call (847) 360-0770 for information.

ROUND LAKE BEACH

• **Round Lake Stitch 'n Bitch meeting.** 6:30 p.m., meets second and fourth Mondays. Round Lake Panera Bread, 254 E. Rollins Rd. For knitters who want to meet other knitters regardless of skill level, to knit & chat. Contact Shawn Nelson (847)

293-2175 for more information.

ROUND LAKE PARK

• **Lake County Community Health Partnership Immunization Clinic.** 9-11 a.m., second Wednesdays. American Legion Hall, 111 E. Main St. Call (847) 377-8470 for details.

WAUKEGAN

• **5th Annual Air Show.** 10 a.m.-5 p.m., Saturday, Sept. 9. Waukegan Airport, 3580 N. McAree Rd. Free admission. For more information, call (847) 244-0055 or visit www.waukeganairshow.com.

• **Lake County Job Center resume workshop.** 2-3:30 p.m., Tuesday, Sept. 12. 1 N. Genesee St. To sign-up, call Eva Locke at (847) 377-3456. For more information, visit www.lakecountyjobcenter.com.

WINTHROP HARBOR

• **Harvest-Fest 2006.** 11 a.m.-8 p.m., Saturday, Sept. 9. Winthrop Harbor Village Park, 2900 Ninth St. Free admission to see 10 bands. Food and activities available for tickets. For more information, call (847) 746-5522 or visit www.harvest-fest.org.

WILDWOOD

• **Alzheimer's Support Group meeting.** 11 a.m., second Tuesdays, Extra Care, 33428 N. Sears. Call (847) 933-1000 to learn more.

ZION

• **5th Anniversary of Rolling Hills Place and 91st Anniversary of the Slovak American Charitable Association.** 11 a.m.-3 p.m., Saturday, Sept. 9. Rolling Hills Campus, 3615 16th St. Open to the public, with food, entertainment, raffles and more.

• **Lake County Community Health Partnership Immunization Clinic.** 9-11 a.m., second Saturdays. Memorial United Methodist Church, 2935 Sheridan Rd. Call (847) 872-6062 for details.

• **Zion Park District Senior Citizens Club meeting.** 10 a.m., Wednesdays. Shiloh Center, 2600 Emmaus Ave.

WILMOT, WIS.

• **Ladies Luncheon.** 12:30-2 p.m., Thursday, Sept. 14. Twin Oaks Country Inn. Meryl Bishop speaks about "Courage and Honor." \$11 at the door. For more information or reservations, call (847) 265-0446.

• *To submit an item to the Calendar, e-mail to wjcalendar@weeklyjournals.com, phone (847) 223-8161 or fax (847) 223-8810 at least 14 days before the event.*

NASCAR THIS WEEK

NEXTEL CUP SERIES

■ **Race:** Chevy Rock 'n' Roll 400
 ■ **Where:** Richmond (Va.) International Raceway (.75 miles), 400 laps/300 miles.
 ■ **When:** Saturday, Sept. 9
 ■ **Last year's winner:** Kurt Busch
 ■ **Qualifying record:** Brian Vickers, Chevrolet, 129.983 mph, May 14, 2004.
 ■ **Race record:** Dale Jarrett, Ford, 109.047 mph, Sept. 6, 1997.
 ■ **Last week:** Kasey Kahne had more pressure on him than anyone in the Sony HD 500 field. He came through. In winning, Kahne might as well have been Jerry West at the free-throw line or John Unitas in the pocket. Kahne began the night as a long shot to make the Chase for the Nextel

Cup. He ended it wearing the look of a contender, and that's at the very least. Can he make the Chase? Can he win the championship? His fifth victory brought everything within range. He's still 11th in the points standings, but he now trails Jeff Burton (10th) by only 30 points and ninth-place Mark Martin by 32. Kahne, who hadn't won since June 18, broke a deadlock to become the season's only five-time winner. All of the victories have come at so-called "intermediate" tracks of 1.5-2.0 miles in length: Atlanta, Texas, Lowe's (Charlotte), Michigan and California. The next race, Richmond, was the site of his first career victory, on May 14, 2005.

BUSCH SERIES

■ **Race:** Emerson Radio 250
 ■ **Where:** Richmond (Va.) International Raceway (.75 miles), 250 laps/187.5 miles.
 ■ **When:** Friday, Sept. 8
 ■ **Last year's winner:** Kevin Harvick
 ■ **Qualifying record:** Kyle Busch, Chevrolet, 129.348 mph, May 14, 2004.
 ■ **Race record:** Dale Jarrett, Ford, 104.928 mph, Sept. 8, 1995.
 ■ **Last week:** Kasey Kahne, in a Dodge, won the Ameritrust 300 at California Speedway.

CRAFTSMAN TRUCK

■ **Race:** Sylvania 200
 ■ **Where:** New Hampshire International Speedway, Loudon (1.058 miles), 200 laps/211.6 miles.
 ■ **When:** Saturday, Sept. 16
 ■ **Last year's winner:** Rick Crawford
 ■ **Qualifying record:** Matt Crafton, Chevrolet, 128.819 mph, Sept. 17, 2005.
 ■ **Race record:** Jack Sprague, Chevrolet, 109.244 mph, July 21, 2001.
 ■ **Last race:** Mark Martin, in a Ford, won the O'Reilly 200 at Bristol Motor Speedway. It was his fourth victory of the season.

RICHMOND DATA



TOP 10 IN POINTS

NEXTEL CUP

1. * Matt Kenseth	3,638
2. * Jimmie Johnson	- 9
3. Kevin Harvick	- 342
4. Jeff Gordon	- 387
5. Kyle Busch	- 394
6. Dale Earnhardt Jr.	- 412
7. Denny Hamlin	- 413
8. Tony Stewart	- 444
9. Mark Martin	- 457
10. Jeff Burton	- 459
11. # Kasey Kahne	- 489

* Clinched spot in Chase
 # Still alive for Chase

BUSCH SERIES

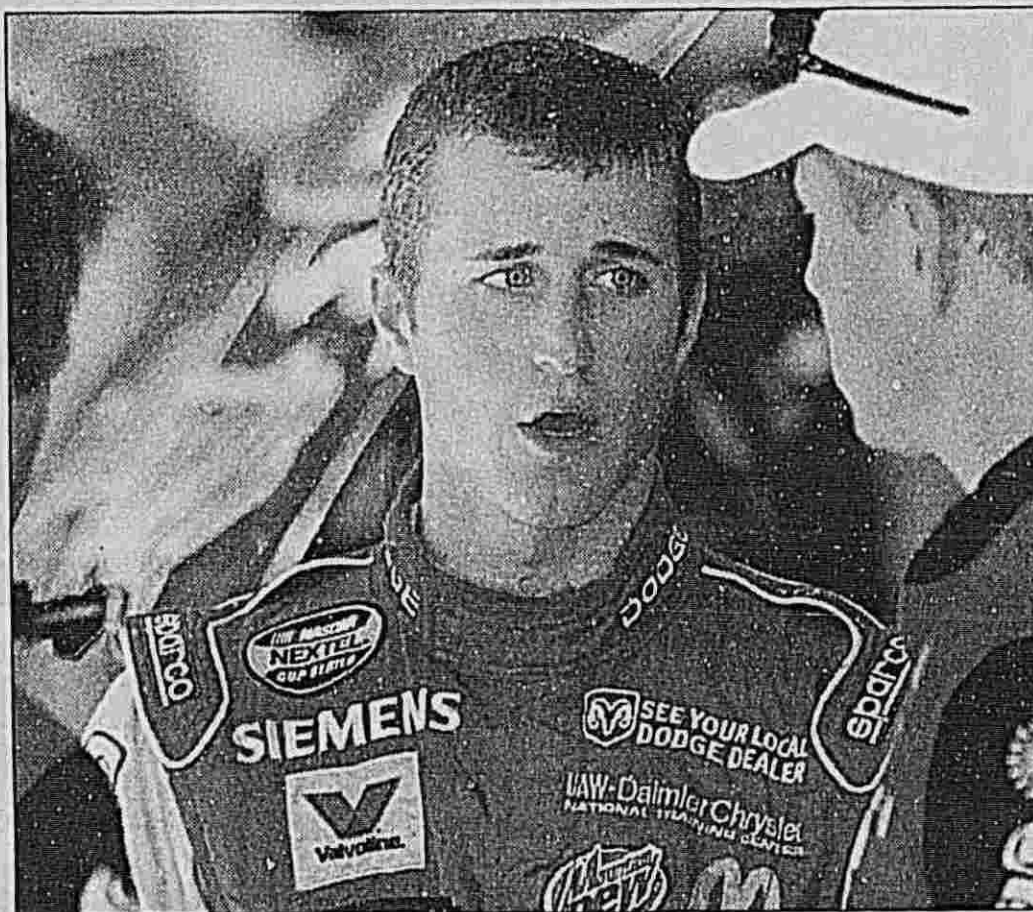
1. Kevin Harvick	4,270
2. Carl Edwards	- 567
3. Denny Hamlin	- 619
4. Clint Bowyer	- 712
5. J.J. Yeley	- 836
6. Paul Menard	- 1,073
7. Kyle Busch	- 1,160
8. * Greg Biffle	- 1,250
9. * Johnny Sauter	- 1,385
10. * Jason Leffler	- 1,455

* Eliminated from contention

WHO'S HOT AND WHO'S NOT

► **Who's hot** — Kasey Kahne swept the week-end races in California and is the only driver not in the top 10 alive for the Chase. ... Kevin Harvick has finished in the top 15 nine straight weeks.

► **Who's not** — Jeff Burton took the big plunge in points, falling from seventh to 10th. ... Jimmie Johnson lost the points lead for the first time in 16 races.



John Clark/NASCAR This Week

Kasey Kahne now leads the Nextel Cup Series with five victories this season, but he needs one more solid race to make it to the Chase.

FEUD OF THE WEEK

Feud? What feud?

At California Speedway, it might as well have been the Age of Aquarius. No one had a discouraging word for anyone after the latest high-speed parade, which was punctuated by debris cautions so that NBC could hype its upcoming NFL coverage. Kasey Kahne didn't even balk after NASCAR penalized him for driving down pit road in front of Dale Earnhardt Jr.

NASCAR This Week's Monte Dutton gives his take: "Following up Bristol with California is like going to sleep in Baghdad and waking up in Pleasantville."

FAN TIPS

Fans get ultimate experience

For its Oct. 22 Subway 500, Martinsville Speedway has put together a program called the Ultimate Race Day Experience. For \$129, a fan receives a back-straight ticket for the Nextel Cup race, a ticket to the Mountain Dew Fan Zone (where Dale Earnhardt Jr., Ryan Newman and Brian Vickers will appear before the race), continental breakfast and lunch buffet, Pepsi products, four beer coupons, tram tour rides on the morning of the race, a souvenir program and door prizes. The Ultimate Race Day Experience may be purchased by calling 1-877-RACETIX or by visiting www.racetickets.com.

ANTIOCH YOUTH BASEBALL 12 YR. OLD TRYOUTS

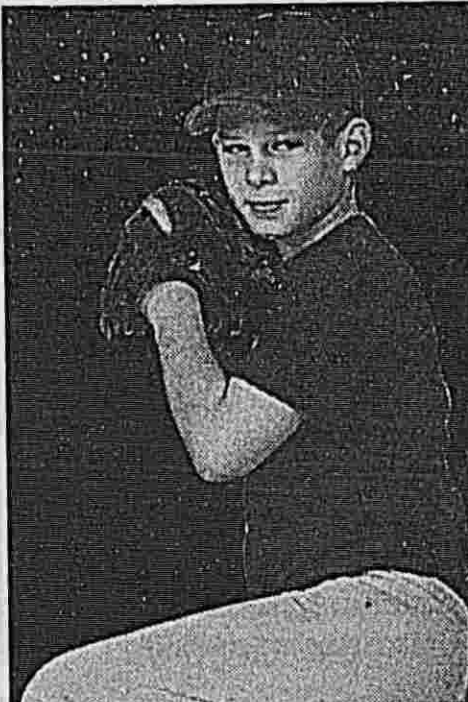
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WEEK 2: PREP FOOTBALL

CARMEL 49, MUNDELEIN 6

Crosstown massacre

Corsairs' 42 first-half points bury Mustangs

By DANIEL J. PATRICK
dpatrik@nwnewsgroup.com

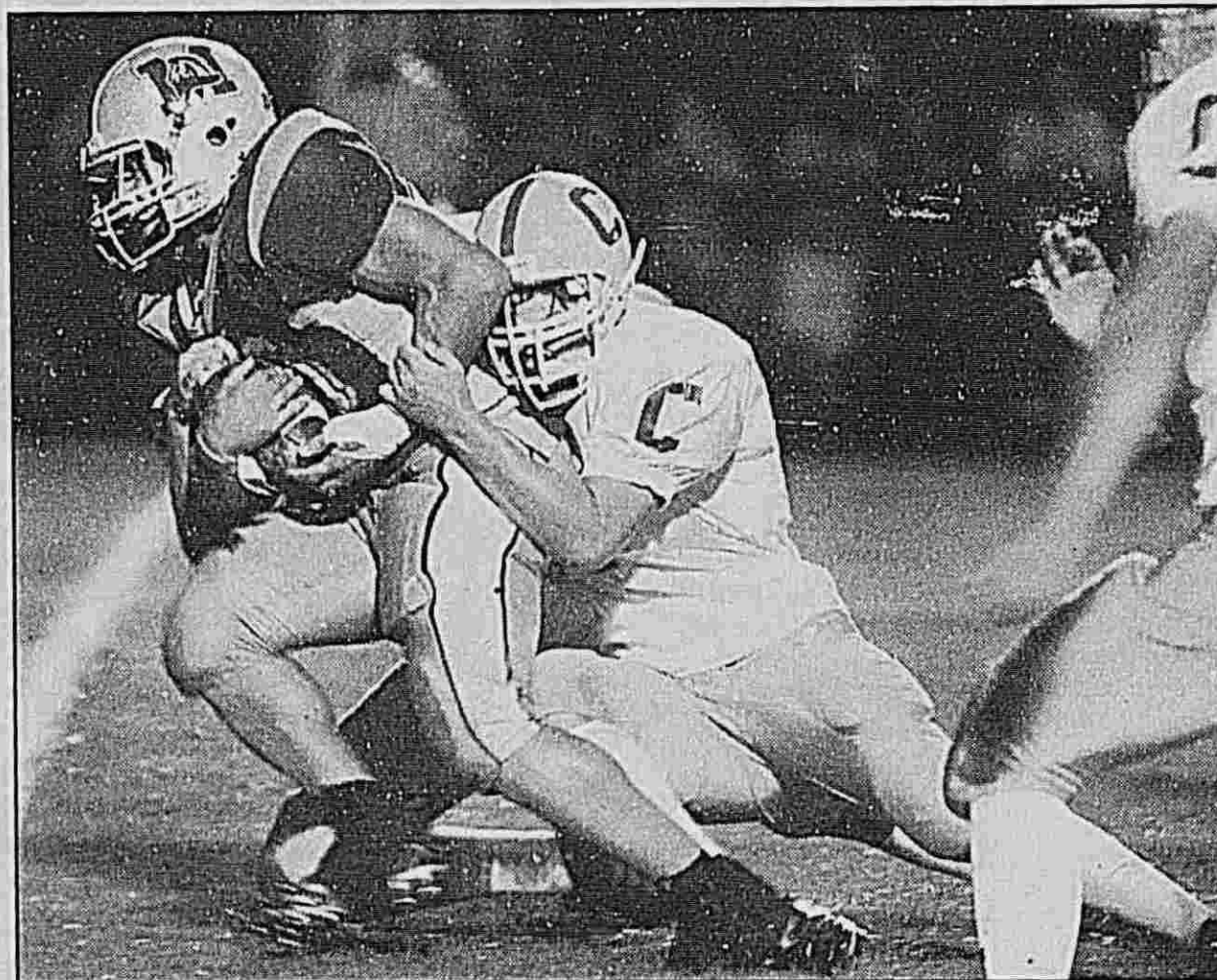
MUNDELEIN – Turf wars aren't always what they're cracked up to be.

Even with all the pregame chanting between the crowds, the painted faces and twice as many fans as Mundelein's football stadium could hold, Carmel simultaneously took control of the scene and proved it was a state power with a big 49-6 victory over the Mustangs.

When it was all said and done, last Friday's football game between the Mundelein Mustangs (0-2) and Carmel Corsairs (2-0) had about as much resemblance to the crosstown classic it was touted to be as "West Side Story" has to a real gang war.

Despite calls and chants from more than 6,000 fans circling the field, Carmel was a force to be reckoned with, scoring 42 points in the first half alone. Corsair Jim Potempa was unstoppable in the first quarter, scoring three times on 28-, 23- and 8-yard runs to put Carmel in the driver's seat.

Carmel quarterback David Venegoni was proud of Potempa's performance in the game. Potempa rushed for 118 yards, including 88 in the first quarter, awakening the star back from a disappointing outing



Annie Christie - achristie@nwnewsgroup.com

Mundelein's Josh McKindra (left) can't avoid the grasp of Carmel's Ryan Boehmer during last Friday's game at Mundelein High School. The Corsairs defeated the Mustangs, 49-6.

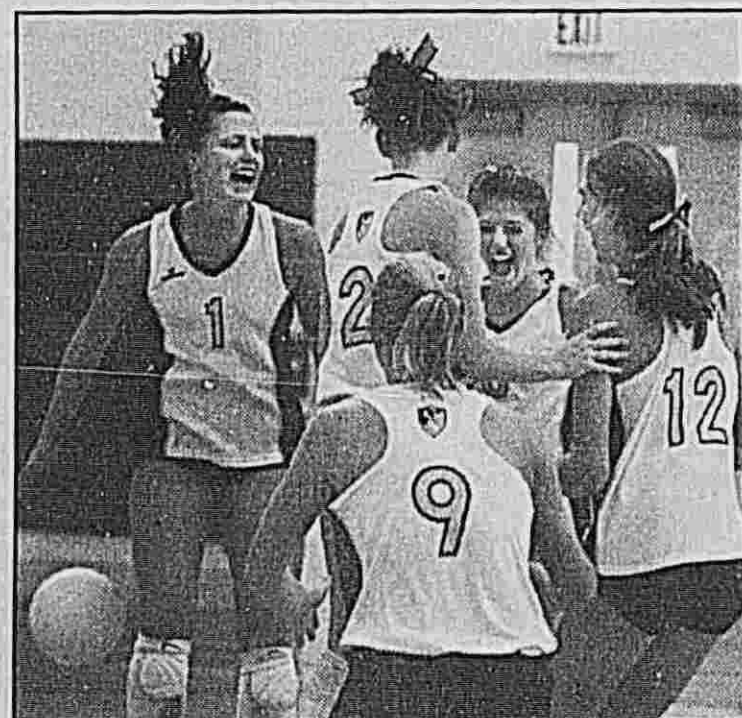
in Carmel's season opener.

"Last week, Morgan Park came down on [Potempa] hard; this week, the holes opened," Venegoni said. "They let him run, Mundelein could do nothing to stop him."

"When you give wide open holes to Jim Potempa – that's not a good idea."

That's not to say Venegoni didn't do very

See CROSSTOWN, page A21



Annie Christie - achristie@nwnewsgroup.com

Grayslake North volleyball players celebrate the first win in the history of their school.

PREP VOLLEYBALL

Knights win first match

By DANIEL J. PATRICK
dpatrik@nwnewsgroup.com

While most Grayslake North programs are simply celebrating finally playing in the varsity leagues, the volleyball team got a big milestone out of the way as the Knights were able to capture their first win in program history, beating North Chicago, 19-25, 25-18, 25-23, on Saturday in the Grayslake Central Ram Slam Tournament.

In addition to the win, multiple Knight matches were decided in the third game. North dropped close contests against Wauconda (17-25, 27-25, 15-

25) and crosstown rival Grayslake Central (14-25, 25-18, 23-25).

"There are a lot of good players on that team," Central coach Jason Janczak said of North. "Grayslake North came out with their guns blazing and they woke a lot of us up. They showed that they can't be overlooked and are a team to be reckoned with."

North coach Nikki Kirchway was pleased with her team finally winning its first match.

"The Knights played tough throughout the day and demonstrated their

See VOLLEYBALL, page A21

Prep football roundup

Week 2

Grayslake Central 27, D-Crown 21 (OT)

• It went to overtime in this one, but the Rams got their first win since 2004, thanks to an Alex Richardson interception, followed by Evan Jones connecting with Chris Sparkman for the winning touchdown pass. With the win, Grayslake Central (1-1) snaps a 13-game losing streak.

Jacobs 43, Grayslake North 13

• Despite a 30-0 deficit by half-time, the Knights were able to tie Jacobs 13-13 in the second half after QB Nicholas Harrington threw a strike to receiver Austin Nauseda and Mack Kohnke scored in the fourth quarter. North falls to 0-2 on the season.

Lakes 34, Niles North 27

• The Eagles came back from a 21-7, first-quarter deficit to pull out the victory, thanks to the impressive quarterback-receiver duo of Richard Fisher and Sean Hertz to double last season's win output in two tries.

Libertyville 21, Naperville North 14

• Senior quarterback Ryan Kennedy was stellar, scoring three touchdowns over a state-ranked Naperville North team to move to 2-0 on the season. The Wildcat defense was also was impressive, stopping a Huskie conversion attempt on fourth down to end the game.

Warren 28, Maine South 22

• Blue Devil senior Matt Mose was a defensive force to be reckoned with against the Hawks, grabbing two interceptions and one fumble to avenge a 24-23 playoff loss last season. Warren improves to 2-0.

Wauconda 38, Marengo 0

• Look up the Wauconda Bulldogs in this year's football dictionary and you'll see junior running back Brad Wisniewski's picture. Wisniewski ran for 272 yards on 27 carries to lead Wauconda (1-1) to its first victory. Senior kicker Mike White also booted a school-record 41-yard field goal.

Byron 28, Antioch 14

• Statistics not submitted

Round Lake 42, Maine East 16

• Statistics not submitted

Waukegan 32, Rockford East 7

• Statistics not submitted



Annie Christie - achristie@nwnewsgroup.com

Antioch's Maggie Sabation serves the ball against Waukegan's Samantha Beck.

LOCAL ROUNDUP

Mundelein girls tennis blanks Lakes

WEEKLY JOURNALS

Despite a tough effort from the Lakes' No. 3 duo of **Jeanna Dudley** and **Elisa Lopez**, Mundelein was still able to capture a convincing 5-0 win over Lakes.

Mundelein singles players **Hanna MacDonald** and **Sara Dinovi** were victorious in addition to the doubles teams of **Katelynn Koepke** and **Karlie Alms**, **Rosie Powers** and **Grace Casali**, and **Mandy Ranck** and **Karolina Kucybala**.

Carmel 4, Marian 1

Singles players **Lauren Aguilar** and **Michelle Kunkler** took home victories while the duos of **Abby Zern** and **Nina Munji**, **Katie Tarpey** all won against Marian Catholic for the easy win.

Crystal Lake South 6 Grayslake Central 1

Ram No. 1 singles standout **Lynne Poggensee-Wei** was the lone victor for Grayslake Central against a loaded Crystal Lake South team on Monday. Poggensee-Wei won, 6-1, 6-0, against Amy Siemon.

Cary-Grove 7, Grayslake North 0

Cary-Grove was just too strong for the Knights on Monday as North's No. 1 duo **Kelly Hoepner** and **Mindy Runge** scored victories.

Warren 7, Round Lake 0

Despite a strong effort from the Panthers' No. 3 player **Heather Craig**, Round Lake fell to a strong Blue Devil Squad.

Warren Quad Benet 3, Warren 2

Karina Kocemba won in straight sets in No. 1 singles, while the No. 1 doubles team of **Alice Wang** and **Rachel Fallos** were victorious in Warren's opening-round loss to Benet last Friday.

Buffalo Grove 3, Warren 2

Just as in their matchup with Benet, the Blue Devils came close with wins from Kocemba and No. 2 duo of **Allison Strakusek** and **Taylor Ackerman**, but could not pull out the match victory against Buffalo Grove.

Warren 4 Wheaton St. Francis 1

Warren notched a convincing victory with wins from Kocemba and **Julie Palmer** in singles action. The Blue Devils were also impressive in the doubles ranks as No. 2 duo **Strakusek** and **Ackerman** and No. 3 duo of **Isha Pondya** and **Robyn Zullo** both took home victories.

BOYS SOCCER

Grant 2, Harvard 1

At the Grant Invitational, the Bulldogs defended their home turf against Harvard with the 2-1 victory, thanks to scores from **Roger Jackson** and **Alex Marginean**.

Grayslake Central 2 Glenbrook South 0

The Rams (3-0-1) stayed undefeated with a big shutout win over Glenbrook South. Central got scores from **Will Barbanera** and **Colin Hutchins**, while goalies **Tommy Marden** and **Tommy Bierdaida** kept the opposition at bay for Central's third shutout of the season.

See ROUNDUP, page A20

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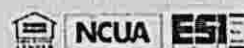
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To report

To post prep results for the Weekly Journals, call (847) 223-8161, ext. 130, e-mail dpatrik@nwnewsgroup.com, or fax (847) 223-8810. Results must be sent before Wednesday to assure publication in that Friday's edition.

North soccer blanks Harvard; CLC posts 10-0 victory

• ROUNDUP

Continued from A19

Grayslake North 2, Harvard 0

Knight freshman **Julio Zamora** and junior **Jeremy Leanna** scored off assists from **Josh Larson** to round out the scoring in the Saturday morning match. Goalkeeper **Nolan Peek** made 12 saves.

Grayslake North 1 Lake Forest Academy 1

While Grayslake North's Zamora was again able to find the back of the net, the Knights were unable to keep Lake Forest from answering back for the stalemate Saturday.

Lake Forest Academy 4 Grant 2

Bulldogs **Sammy Deligio** and **Jackson** scored, but LFA was just too strong, scoring three second-half goals to drop Grant to 2-3.

Warren 1, Larkin 0

In a battle of the unbeaten, the Blue Devils (5-0) came out the victor with a goal from **Oskar Gasecki** in the second

half. Larkin fell to 3-1.

Warren 5 Rolling Meadows 0

Warren preserved its undefeated standing once again, routing Rolling Meadows with a four-goal, second-half onslaught. **Anthony Colaizzi** scored twice, while **Ben Chavers**, **Brandon Fox** and **Larry Kohn** added goals.

Whitney Young 3 Libertyville 1

The Pepsi Showdown Tournament wasn't kind to the Wildcats against Whitney Young, as Libertyville fell despite a goal from **Kyle Schory**.

COLLEGE

Men's Soccer CLC 10, Prairie State 0

Lancer **Mike Tobie** was stellar, scoring three goals in a rout of Prairie State in Men's Junior College soccer action.

The first win comes during the first home game of the season for the College of Lake County.

Bear down!



Photo provided

Doug Cygan and his children, **Mitch** and **Taylor**, grab a quick autograph from former Chicago Bear **Emory Moorehead**. Over 200 golf enthusiasts, including legendary football and hockey players, joined in to help raise money for **NorthPointe Resources**, which serves adults with mental and physical disabilities at **Glen Flora Country Club** in **Waukegan**.

On the Sidelines

Between the hashes, hostility is the best policy

What a difference several miles can make ...

I forgot how good true rivalries can be, but it took about 30 seconds of taking in the energy at last week's football game between Carmel and Mundelein for me to remember.

Looking back at my own varsity days, it's kind of ludicrous to think why I hated people who just happened to live 5 miles away from me and went to another school.

At the time, we all came up with whatever reason we could to drive a huge stake between us and whatever team was next up on the schedule.



Daniel J. Patrick

Usually, the best excuses for hatred we came up with involved money. After all, who wouldn't want to beat up on those spoiled brats from School District A, or on the flipside of that argument, those dirty, uncivilized punks from School District B?

Whether colors, mascots, battle cry or creed, when I stepped on the playing field, I knew I hated whoever was going to line up against me for that day, and it seems I wasn't the only one.

When I was working on the "Split Personalities" article for the recent Weekly Journals Football Preview supplement, it was impossible to get any of the football players on Grayslake North to admit they had any friends suiting up for Grayslake Central.

Sure, they may have gone to the same middle schools, and in this case, some Knights undoubtedly attended Central, if only for a short time. But for all intents and purposes, a rift the size of the Grand Canyon had always been there between the

schools, despite just 3 miles of separation on any map.

Antioch and Lakes? Last year, many of the coaches were once part of the same staffs before their split. Yet when they met in athletics, they treated every game between them as a playoff and each other as the redheaded stepchild who needed to be punished.

Last Friday's football matchup between the Carmel Corsairs, 49-6 winners, and the Mundelein Mustangs brought up many of the same feelings as these other cross-school district matchups. Only for these two combatants, time had further soured relations despite nothing but a short 2-mile jaunt down Route 176 separating them.

Sure, Carmel and Mundelein had met before in many athletic endeavors. Last year's girls soccer sectional between the two teams was one of the best. Aand most intense. matches that I had ever seen. But there is just something different about American football.

Never mind that the last football game between the Mustangs and Corsairs took place about nine years before the oldest players had ever been born. Never mind the mutual respect between the coaches - this was a rivalry and it was beautiful.

Let's hope this game was only the first in a long line of heated competitions between true rivals. After all, what makes a better competition than a game between people who truly want to beat each other?

Nothing.

Well, that, and it makes for an easy story for all of us journalist-types in all of our fedora-clad, cigar-smoking glory!

• Daniel J. Patrick is sports editor for the Weekly Journals. Contact him at dpatrik@nwnewsgroup.com.

Knights tally first win; Wauconda tops Central

• VOLLEYBALL

Continued from A18

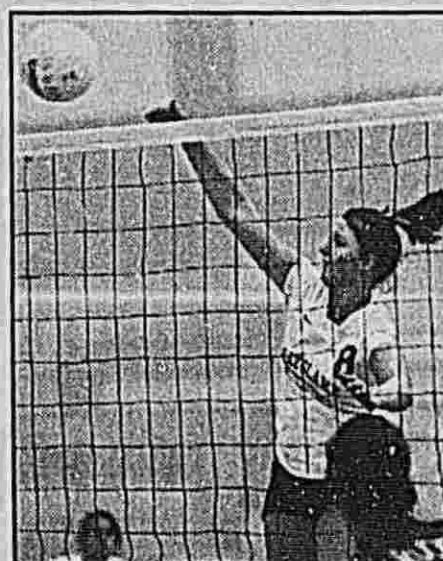
tenacious and determined defense, proving they are building toward the future," Kirchway said in a press release.

North outside hitter Megan Falk finished the tournament with 17 kills and 21 digs, while fellow attacker Elizabeth Phillips amassed 10 kills, 10 blocks and 15 digs en route to a seventh place finish in the tournament.

Knight setter Kaitlyn Klausner was nearly perfect for the day, finishing 240 for 242 with 56 assists on the outing. Libero Grace Schlagetter added 28 digs on the defensive side of the ball.

Bulldogs best Central for 5th

While Janczak thought a higher placing was within reach, the Rams were unable to overcome Richmond-Burton, DeKalb and Marian Central in



Annie Christie - achristie@nwnewsgroup.com
Grayslake Central's Tory Dohm spikes the ball during the Ram Slam Tournament.

pool play, while the Wauconda Bulldogs got the best of the Rams in the fifth-place final.

"We were in all of our games, so I was really happy about that," Janczak said.

Central attackers Lauren Walters and Nicole Schneider were impressive in the tournament as Walters bagged 32 kills

Ram Slam Tournament

1. Marian Central
2. Richmond Burton
3. DeKalb
4. Johnsburg
5. Wauconda
6. Grayslake Central
7. Grayslake North
8. North Chicago

and four blocks, while Schneider finished with 21 kills.

Lauren Carlson and Katy Jackson split setting duty, finishing with 32 and 27 assists, respectively. Kay Salvatierra had two digs, while Shannon Curtis turned in an all-around effort with 21 kills and 32 digs.

Despite the positives, Janczak sees a lot of work to be done with his team.

"One of the big things we need to work on is the ability to close out a match," Janczak said. "We were in the position where we could have won a couple of games, but we just couldn't close it out."

Carmel-Mundelein matchup carries playoff-like aura

• CROSSTOWN

Continued from A18

well for himself as the junior play-caller brought new meaning to "quarterback efficiency," throwing just four times, completing three, with two strikes finding the end zone - one to Chris Wienke for 26 yards and the other hitting Cory Stonelake for 29 yards. He also was good on his feet, finishing with 98 yards on four carries and one touchdown.

Mundelein did have some brief flashes of brilliance, forcing a three-and-out on Carmel's first drive. The Mustang offense also was knocking on Carmel's door, advancing 55 yards on a drive at the start of the second quarter before turning the ball over on downs.

Mundelein coach Dave Whitson cited the three-and-out as one of the highlights of the Mustang game. Unfortunately for Mundelein, Whitson's team could not capitalize on the few chances it got from Carmel's stifling defense.

"Our game plan was to hang onto the football; we held them to a three-and-out, got the ball back and we started moving the ball, but then we shot ourselves in the foot," Whitson said. "And you can't shoot yourself in the



Annie Christie - achristie@nwnewsgroup.com
Carmel quarterback David Venegoni hands off the ball to John Brennan during the Corsairs' win over Mundelein.

foot against a good team like Carmel.

"We had a couple of drives where we did some good things ... but we can't make mistakes like we did."

Mustang running back Josh McKindra's 5-yard touchdown run with 1:40 left on the clock was Mundelein's lone score. Even with the game firmly in Carmel's grip, the Mustang faithful gave McKindra a hero's ovation after his run.

"It was like a championship game. After we lost, people were still cheering for us, even though we weren't expecting it,

so it was a great thing," McKindra said. "It felt incredible to finally get to the end zone. It was like Nirvana."

Fans from both sides kept the game at a high energy level despite the score. According to Bitto, such an atmosphere will pay dividends later in the season.

"It was awesome. That's what the captains were saying when they were shaking hands, 'This is like a playoff game,'" Bitto said. "It's like a semifinal game, actually, and it was a lot of fun."

Mundelein competes against Lake Forest this week.

Pro Football WEEKLY

One Man's Opinion

Don't anoint Tagliabue just yet

By JERRY MAGEE
Pro Football Weekly

Nice letter from Dan Rooney.

A fine man, as his father was before him. About the late Art Rooney, "the Chief" of sainted memory, I once said that a man who knew about cigars, football and fast horses had not lived in vain. R.I.P., Mr. Rooney.

The junior Rooney's intention in writing - I suspect others in my line of work have received similar messages - was to champion Paul Tagliabue for the Pro Football Hall of Fame. Dan makes his points, which I respect, coming from him, and then he slips in this note.

"A last word on him personally. Sometimes members of the media write that he is aloof and standoffish in public. However, I also have been told by many of you that when you met Paul in circumstances where it was one-on-one, or at a time and place that was comfortable, he was open, friendly and willing to discuss whatever you mentioned. This is the Paul Tagliabue I know."

Touché! On this page I have expressed ... he may be the soul of geniality in private councils, a yuk a minute, but how many of us have had such meetings with him? I have not.

I must admit that my thinking concerning the outgoing commissioner is colored by how he disparaged my city during his "state of the league" address

in San Diego prior to Super Bowl XXXII. "I don't know why we're here," he said

His reference was to the city's failure to act to improve its stadium status, stadiums being very important to Tagliabue, but choosing this moment to make this point was terribly unfortunate. One doesn't accept an invitation to dinner and, having dined, denounce the host, which in effect is what Tagliabue had done. You were being rude, sir. I had to wonder what all the volunteers who were giving of their time to make XXXII a success thought when they became aware of the commissioner's remark.

To Dan Rooney, Tagliabue's qualifications for the Hall of Fame contends that Tagliabue has taken "the business of football" to new heights, which cannot be refuted. Times are good in the NFL. Further, Rooney posits that play on the field has improved, a questionable thesis.

"Relations with the NFLPA are very good," Rooney says. "It is excellent for players, management and fans. Paul's relationship with Gene Upshaw is a script for all sports and maybe an outline for union-management relations for all industries."



Paul Tagliabue

"The television contracts also work for all components - fans, players and management. Paul has given the league a blueprint guide on future procedures in nearly every area."

There, Dan Rooney, you've been given your say. I also wish to have a say. One day, when the dust has settled on those stadiums Tagliabue pushed to completion, perhaps I could support him for the Hall. I know I could not endorse him now.

To anoint Tagliabue so speedily, to me, would be a reflection on the late Pete Rozelle, who was not accepted in Canton in the beginning of his eligibility. Rozelle tumultuous period, the AFL-NFL war, and had much to do with making it what it is - the game of our times. What has Tagliabue done?

He made scads of money for the NFL's warlords, not that they needed it, and he pushed for a bunch of new stadiums to be built.

I might note that I prefer old stadiums. What are the stadiums we most revere? I would advance Yankee Stadium, Wrigley Field and Fenway Park, to name just a few.

They have character. In San Diego we have Qualcomm Stadium, which is not new, but it is fine with me.

The NFL moves on. It has identified Roger Goodell as Tagliabue's successor. The safe choice. Goodell has had the good part of a lifetime in the league, per-

forming a variety of assignments, always competently. I am wondering, though, if Goodell was going to be the executive committee's guy, why didn't it reach for him during the league's spring meetings in Orlando?

The league's answer, I suppose, would be that it wished to put in due diligence before acting. I kept hearing that the league planned to seek out some genius who could peer into the future and divine how information will be disseminated years from now. If he could paint the ceiling of the Sistine Chapel, that would be all right, too.

Uh, there must have been a problem there. It might have been that a man with those qualifications does not exist. We must be satisfied with Goodell, about whom I would like to know a good deal more. The league, I thought, should have invited football writers to join him on a conference call following his appointment, but the people on Park Avenue probably didn't want to do that before Tagliabue had a chance to clean out his office.

When he does become available, my hope is that Goodell will view the press more kindly than Tagliabue did, in my thinking. Anyhow, Dan Rooney, nice to have heard from you.

• Jerry Magee has covered pro football for the San Diego Union Tribune since 1961 and for PFW since its inception in 1967.

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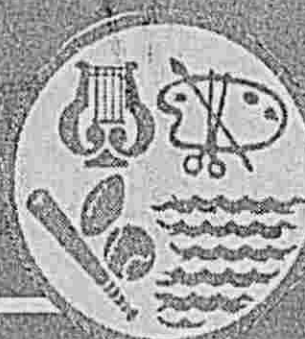
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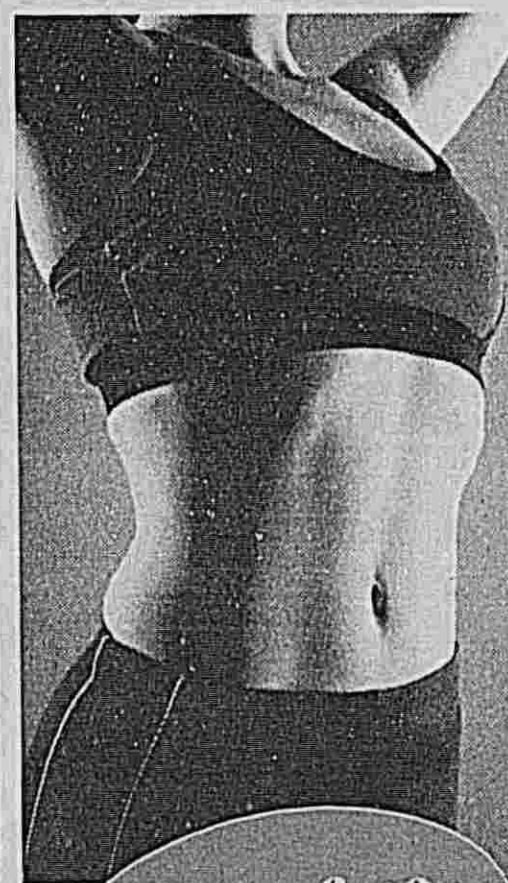


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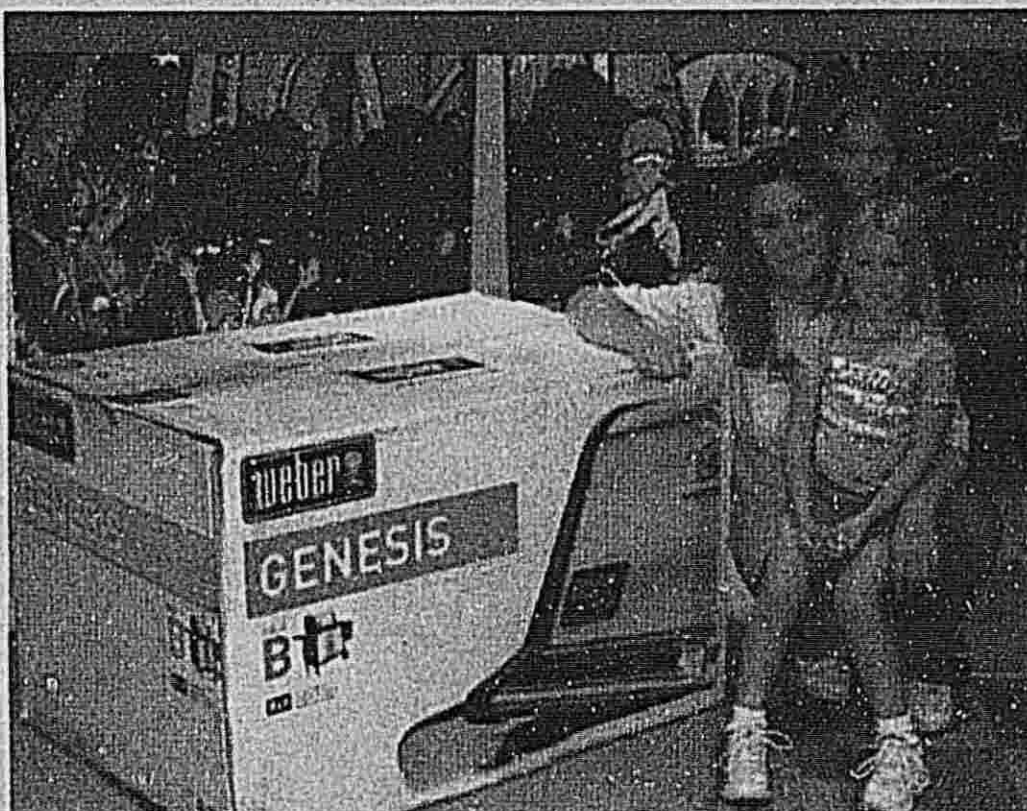
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JOURNAL MARKETPLACE



Submitted photo
Tammy Olson was the big winner of Community-Trust Credit Union's Weber Grill drawing at their recent Gurnee branch Member Appreciation Day. CTCU's 2006 Member Appreciation Day was the biggest one yet and had entertainment for all with magicians, balloon sculptors and delicious food from Maravellas. The Gurnee Police Department and Fire Department stopped by to provide free child safety seat checks.



**CUT UTILITY BILLS
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Page B2

**DRIVEWAYS CAN BE DECORATIVE
TO MAKE A HOME STAND OUT**

Page B2

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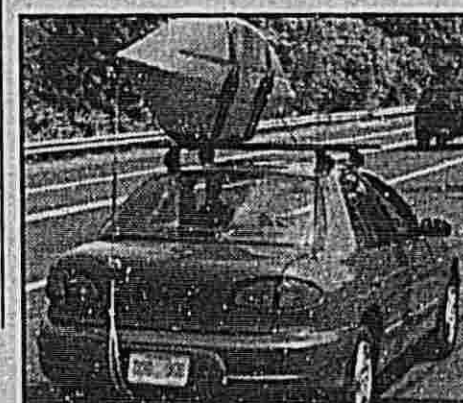
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INSIDE

Real Estate ➤➤ Page B2

Classified ➤➤ Page B5

Wheels ➤➤ Page B14



**DO I NEED RENTAL
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Page B15

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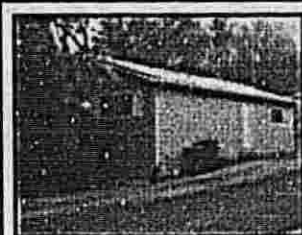
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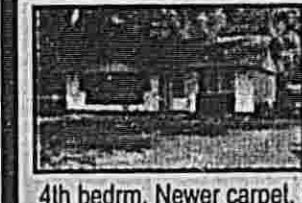
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WEEKLY
JOURNALS

REAL ESTATE

Cut utility bills with the addition of a vent-free gas appliance

Fuel efficiency is not just for cars

Whether it is driving a car or heating a home, consumers today are looking for ways to get the most for their energy dollar. When it comes to home heating this winter, adding a 99 percent fuel-efficient vent-free gas fireplace, stove, log, or heater set helps keep rooms of the home warm while cutting heating costs.

Cut home-heating costs

Despite price increases over the past few years, natural or propane gas still provides more heat for the dollar than any other fuel. Vent-free gas fireplaces and stoves are the most efficient gas space heating appliances.

Vent-free appliances draw in room air, then heat and recirculate the air to provide maximum comfort. There is no chimney or vent to cause heat loss.

Consumers can also cut their home-heating bill through zone heating. By installing and using a vent-free gas fireplace, fireplace insert, stove or log set in the rooms they use most, consumers can turn down the thermostat on

their central furnace.

Vent-free ... the ultimate in flexibility

Adding a vent-free heater to a new, existing or remodeled kitchen, rec-room or family room gives a room ambiance and warmth without costly remodeling changes. There is no need for a chimney or a hole-in-the-wall for a vent. All that is needed is access to a natural gas or propane supply, so vent-free units can often be installed in basements and on inside walls where vented appliances often cannot. Installation costs of vent-free options can be up to 60 percent less than the cost of installing vented heating appliances.

Because they are easy to install, a vent-free gas appliance gives today's homeowner an affordable way to enhance any room of the house. The flexibility and ease of installation of these products, along with their 99 percent efficiency, make vent-free gas fireplaces, stoves, and gas logs a popular option for homeowners.



Vent-free gas appliances provide a convenient way for homeowners to add warmth and ambiance to any room while cutting heating costs.

Vent-free fireplaces, stoves or log sets:

Vent-free gas products are no longer found just in the family room. A fireplace can now be economically added to most any room, even on an inside wall. Vent-free gas hearth products come in varied sizes, from small and compact to full size. Manufacturers offer a beautiful array of ready-to-assemble fireplace mantels in optional finishes that enhance the total décor of the space.

From the living room, kitchen, dining room or office, there is a vent-free fireplace, stove or log set available to suit any location.

A vent-free gas heater is also ideal to warm limited-use, hard-to-heat areas such as a basement, garage, room addition, sun porch, or recreation room. Often the home's central heating system does not extend to these areas, and the addition of vent-free gas appliances can economically convert these spaces into valuable living space.

Safe, supplemental heating

All listed vent-free gas appliances are equipped with an Oxygen Detection Safety-Pilot (ODS), which assures a safe level of oxygen in the living space. In addition, extensive independent testing has verified that vent-free gas appliances meet or exceed the nationally recognized guidelines for indoor air quality.

Heat at the touch of a button

With today's new options in thermostats and handheld remote controls, it has never been easier to keep your room at the

exact level of heating comfort you want. Just dial in a comfort setting and your vent-free unit will maintain an even temperature in the room. Many models provide a control to have your vent-free appliance automatically go on and off at specific times.

Heat when you need it most

Many homeowners are concerned about loss of heating during power outages due to ice storms or other factors. Enjoy the added security of knowing that vent-free gas appliances, which are not dependent on electricity, will provide heat when a central or other space-heating appliance cannot operate.

Check with a qualified dealer/installer

Most states in the U.S. now allow for the sale and installation of vent-free gas products. However, there are 45,000 different code officials in the country, and some areas have not changed their codes to the new International "I" codes.

Check with your salesperson, installer or local codes officials to determine the best product for your home.

Driveways can be decorative to make a home stand out

One of the more subtle parts of a home that can lend an understated sense of elegance is the driveway. Though many might feel a driveway is a driveway, a number of different driveway materials exist that can make a home stand out among the rest.

For homeowners looking to either lay a new driveway in their brand-new home or replace an old driveway to give the exterior of their house a new look, the following materials are among the many that can now be used for the purpose of driveways.

• **Asphalt:** Asphalt driveways are the most common, thanks in large part to their cost effectiveness and minimal maintenance requirements. Due to that popularity, contractors can easily in-

stall an asphalt driveway.

A mixture of tar, gravel and concrete, asphalt attracts heat, making it very hot in warmer months, something parents of young children who frequently play outdoors might want to think about. Another disadvantage to asphalt driveways is that they're oil-based and as a result flexible, making them vulnerable to cracking.

• **Concrete.** Concrete is another very popular choice for driveways, and one that allows for more creativity than asphalt. Whereas asphalt driveways are limited to a blue or black hue, concrete driveways can be customized to almost any color you prefer. In addition, concrete driveways can feature stenciled

designs, essentially making your driveway similar to an artist's canvas, albeit one that will require frequent sealing.

Though concrete driveways are tough and weather-resistant, they can stain rather easily and have traditionally proven difficult to clean. Such problems, however, might be worth it for those who prefer a more individual driveway.

• **Gravel or pebble.** For those who enjoy driveways that remind them of historical times when horses pulled carriages up the driveways of estates, gravel or pebble is the choice for you. Among the more understated and elegant options, gravel or pebble driveways are also cost-effective and durable, in addition

to requiring little maintenance.

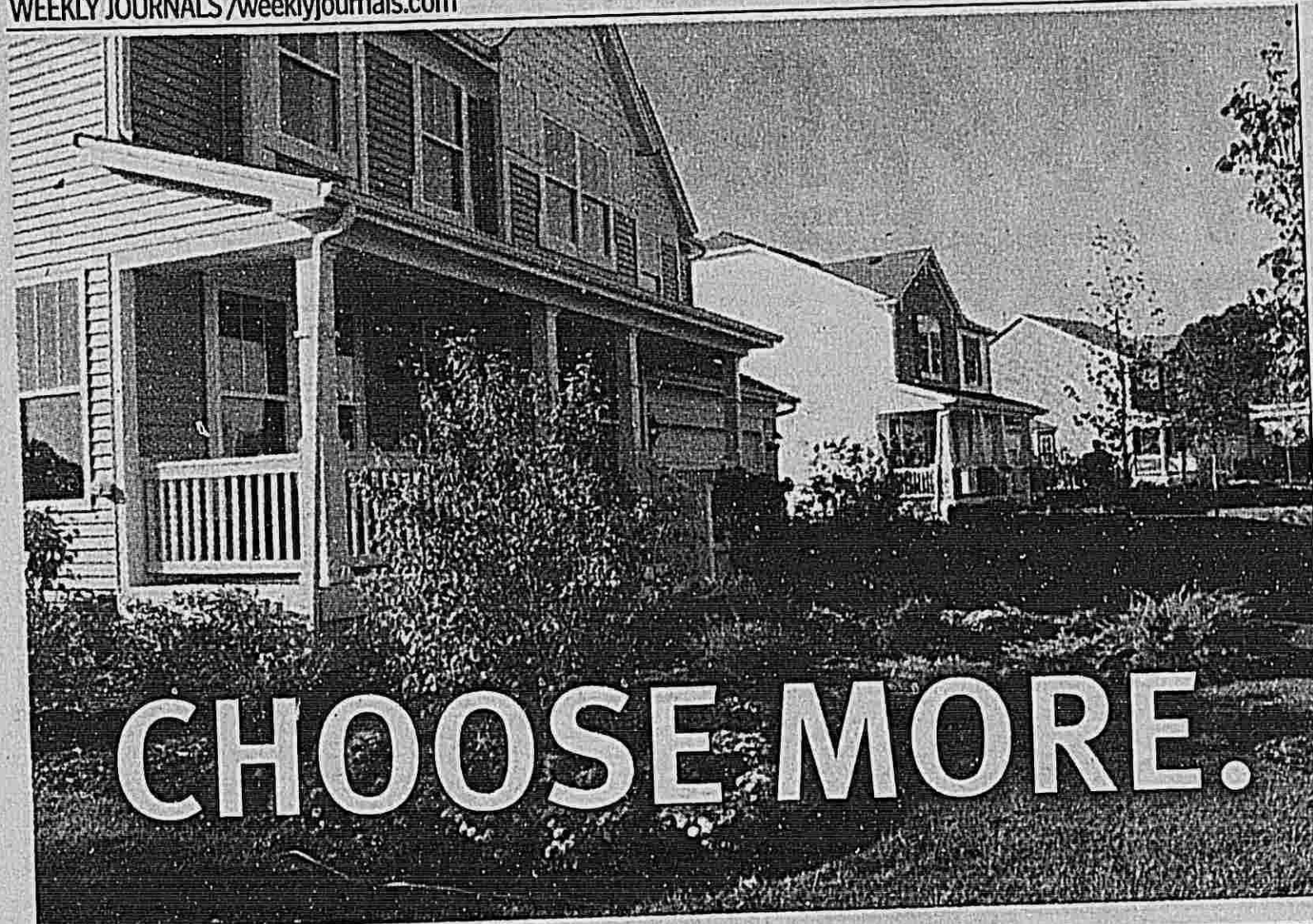
One of the chief concerns when going with a gravel driveway is washout, where a heavy rainstorm could wash away all of a driveway's stones. This concern can be easily quelled, however, by edging in the driveway with scoria rock, bluestone or a hard timber that will keep the gravel or pebbles from washing away. A more legitimate concern is the potential for driveways to turn muddy, a common problem for gravel driveways containing clay.

• **Cobblestone or bluestone.** Though these materials are eco-friendly, they're not wallet-friendly. Along with that, they can be a handful to maintain, as they're prone to weeds and often require resealing. Another com-

mon problem is loose stones, which need to be replaced.

While they can be problematic, they're among the more aesthetically appealing options, often looking exceptionally beautiful when set alongside a yard's natural landscape. Smaller driveways are good for these materials, as you'll spend less and you won't expend so much energy with maintenance.

• **Brick.** Brick driveways can be a sight for sore eyes. Those who have opted for brick driveways have traditionally found that their driveways have become a feature of their home. The downside, however, is cost, as brick driveways can be pricey to install, a large part of which is thanks to labor costs.



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SPACIOUS BEAUTY ON 7 ACRES

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LUXURIOUS LONG GROVE

Awesome new home w/wonderful floor plan! Cherry kitchen w/Viking cooktop & oven. Catwalk overlooking 2-sty foyer & family room with stone fireplace & oak floor. Double-dr entry to master suite w/tray ceiling, his & her walk-ins & whirlpool bath. 4 bedrooms, 4 baths, 3 car garage. \$980,000

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RANCH-STYLE LIVING ON 5.72 ACRES

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NEW CUSTOM HOME ON 1.4 ACRES

Located in Wadsworth's beautiful new area of luxury homes, Jonathan Knolls. Grand double-door entry to 2-sty foyer. 2 staircases to upper floor. 2nd fl laundry. 1st floor bedroom has 3/4 bath. 5 bedrooms, 4-1/2 baths, 2 fireplaces, 3 car garage. Family room has fireplace + HD TV for theater-style viewing. Cherry kitchen w/granite tops. \$899,000

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GURNEE HOME ON 1.37 ACRES

French Country Style Home with circular staircase. 1st floor study. Screened porch to enjoy the nature area. Cherry finished kitchen with granite tops. ALL 4 bedrooms have their own bath & walk in closet! Tall ceilings. 3 car garage. 4-1/2 baths. \$949,000

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BRICK ESTATE HOME

Fabulous home on 3.6 acres in Wadsworth's prestigious Hunt Club Farms! Huge master with his & her walk-in closets, whirlpool tub & separate shower. Vaulted living room w/fireplace. Tray ceilings, architectural molding. 4 bedrooms, hardwoods, granite, etc. \$1,200,000

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LUXURY RANCH ON 2.3 ACRES

Amazing home! Living room & foyer have 12' ceiling. Study with double-dr entry from family room & terrace. Master has tray ceiling, private garden, walk-in & whirlpool bath. Crown & chair rail. Kitchen has circular eating area. 4 bedrooms, 3 car garage. \$1,100,000

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NEW GURNEE LUXURY HOME

5 bedroom home on over 2 acres with pond! Still time to make selections. Catwalk upper hall has view of 2-sty family room with fireplace & 2-sty foyer. Den off kitchen w/fireplace. 3 car garage. Huge gourmet kitchen. Master has tray ceiling & sitting rm w/fireplace! \$999,900

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LUXURY HOME ON WOODED LOT

Top-quality home in Lindenhurst's beautiful Emerald Ridge. maple kitchen w/granite tops. 2-sty family room w/floor-to-ceiling brick fireplace. Hardwood floors, huge master suite w/sitting rm & marble whirlpool bath. Crown molding, tray ceilings. 5 bedrooms, 4 baths. Like new! \$769,000

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FIRST FLOOR MASTER SUITE

5+ bedroom home on 2 acres in prestigious Hunt Club Farms! 3 first floor bedrooms + 2 upstairs. Vaulted family rm w/fireplace. Vaulted sunroom w/large Palladian window & fireplace. Bleached oak kitchen w/vaulted eating area w/built-ins, skylights, & access to sundeck w/hot tub. Finished basement. 3 car garage \$799,999

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GURNEE'S STEEPLE POINTE

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BRICK & CEDAR 4 BEDROOM

Proposed home in new 16 lot Lake Villa development! .93 acre! 2-story family room w/brick fireplace & oak floor. Huge kitchen w/walk-in pantry, oak floor & granite tops. 9" ceilings 1st floor. Royal size master w/den or nursery, sitting area, walk-in & whirlpool bath. 1st floor study, 3 car gar. \$530,000

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PANORAMIC GOLF COURSE LOT

Gorgeous 3 BR ranch with 3 baths! Cathedral living room with brick fireplace. Gourmet maple kitchen w/granite tops & stainless appliances. Vaulted screened porch & brick terrace. Expanded master with his & hers walk-ins and whirlpool bath. Finished lower level. Hardwood floor. Prestigious Merit Club! \$724,900

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END UNIT W/PRIVATE DRIVEWAY

Heatherstone townhome only 3 years old! Many upgrades and neutral decor. Loft. Bleached oak kitchen cabinets, pass-thru window to living rm. All appliances included. 2 car garage, 2 bedrooms, 2-1/2 baths, 2nd fl laundry. Quick delivery! \$161,700

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HOME ON BEAUTIFUL 3.4 WOODED ACRES

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GORGEOUS 1.3 ACRE SETTING

Stone & cedar 4 bedroom home w/2 sundecks. Huge lot in Wadsworth's Jonathan Knolls. Hardwood floors throughout most of home. Vaulted master with fireplace. 1st floor study. Kitchen has center island & granite tops. 4 car garage. Only 4 yrs. old. \$724,900

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Stalls avail. Heated indoor & barn. Dressage size arena. Midge 815-385-1262

Very large, barn suitable to store hay on 200 acres, near I-90 in Gilberts 708-417-8611

4500 Garage Sales**Fox Lake Sales 4670**

SUPER SALE 25860
Larkin Ln., Ingleside. Off Wilson Rd. between Rollins & 134. Sat. Sept. 9, 9am-4pm. Antique & collectibles, knick knacks, household, outdoor patio sets, iron gates, Johnson 3hp motor, snowblower, loads of misc.

Mundelein Sales 4815

MULTI-FAMILY GARAGE SALE Furniture, Mary Kay Products, clothing, toys & much more. Sat. 9/9, 8am-2pm. 237 Dunton Ct., (off Southport & Compton).

Wauconda Sales 4940

WAUCONDA MAIMAIN'S II LAKESIDE MANOR NEIGHBORHOOD Multi-family garage sale. Grand Blvd., Wauconda Rd., Summit Ave., Ridge, Lake Shore Dr., Woodland Rd., Oakdale Ave. Sat. 9/9, 8am-4pm. Too many items to list. Possible 92 homes able to participate!

WHISPERING PINES NEIGHBORHOOD MULTI-FAMILY GARAGE SALE Fri. 9/8, Sat. 9/9, 8am-4pm. Off Bonner Rd.

5000 Transportation**Auto Parts & Supplies 5100**

14 INCH RIMS FORD CHROME- Radial Tires 5 bolt pattern \$50 630-406-0628

HUB CAPS- 25 misc. GM & Ford, 1960's-1980's, \$25 for all. 815-344-5797

WHEELS- 2, new, Prime brand, chrome, spoke, 16x7", 4 1/2" bolt pattern, \$99. 815-344-5797

Autos 5150

\$500.00 Police Impounds. Cars from \$500! Tax repos Us Marshal and IRS sales. Cars, Trucks, SUV's, Toyota's, Honda's, Chevy's and more! For listings: 1800-298-1768 ext. 1010

\$500.00 Police Impounds. Cars from \$500! Tax repos Us Marshal and IRS sales. Cars, Trucks, SUV's, Toyota's, Honda's, Chevy's and more! For listings: 1800-298-1768 ext. 1010

1991 CHEVY CAMARO LR - \$1000
815-455-2576

1992 Dodge Stealth Clean, Great stereo, Runs excellent! Just Reduced! \$2900/obo 847-980-8508

1995 FORD THUNDERBIRD 2-dr., V8 auto., air, new tires, brakes & trans. Great 2nd car. \$2,900/best. Days 847-395-5516, eves. 847-395-5456.

2003 NISSAN XTERRA, 4WD, still under factory warranty, 18,000 mi. \$16,800/best. 224-848-0709.

99 Chrysler Concorde \$7895. 847-623-3000

CHEVY '03 CORVETTE \$30,995. DLR. 847-623-3000.

Autos 5150

CHEVY '05 MALIBU \$11,495. DLR. 847-623-3000.

CHRYSLER '03 SEBRING LTD CONVERTIBLE, \$13,995. 847-623-3000.

DODGE '05 MAGNUM RT WAGON \$25,995. DLR. 847-623-3000

DODGE '06 CHARGER SE \$20,495. DLR. 847-623-3000.

HONDA '03 ODYSSEY \$16,995. DLR. 847-623-3000.

MITSUBISHI '05 LANCER ES 4DR., \$12,495. DLR. 847-623-3000

PONTIAC '01 GRAND PRIX 4DR \$6,995. 847-623-3000 DLR

SATURN SC-2 '00 \$7,995. DLR 847-623-3000.

Classic Autos 5200

1972 Mustang- all orig. paint, stored 10 yrs. Straight & solid \$4600 815-341-7597

Classics, antiques, hot rods, street rods, events, car clubs, tips and more at www.midwestclassiccars.com

Pick-ups 5250

2000 Ford F350 Lariat crew cab, 4X4 pwr stroke diesel, leather, pwr seats, CD/cassette, alum. wheels, spray in bed liner running boards, 8' western plow, trailer tow pkg. \$21,000 815-895-6279

4WD CHEVY'S. Stepside, K5s. Broncho, plows. Ranchero, Ranger. 1998 LTZ Lumina. \$469-\$4469. 847-395-2669, 987-7669.

CHEVY '03 TRAILBLAZER LTZ 4X4, \$18,995. DLR 847-623-3000

Sport Utility Vehicles 5275

'01 Jeep Wrangler SPORT 4X4, \$14,995. 847-623-3000

1998 CHEVY BLAZER LS 4x4



1 owner, like new inside & out! Red with charcoal interior, must see, 90K miles, \$6000. 847-543-1084 - Lv Mag

2002 CHEVY BLAZER Moonroof, V6 eng, auto, pwr, good condition! \$9,700 847-476-2353

2005 Equinox - Silver, loaded, 43K well maint. QUICK SELL \$15,500 815-833-6928

CHEVY '96 BLAZER \$2,495. 847-623-3000.

GMC '02 YUKON SLT 4X4, \$16,995. DLR. 847-623-3000

Got a good website? Include the URL in your ad. Journal Classified (800)589-8237.

Vans 5300

FORD ECONOLINE 1995, full power, asking \$2,900/best. 847-736-2821.

Boats & Marine Services 5450

18 FOOT ALUM. STARCRAFT BOAT w/trailer, 120hp outboard Mercruiser, runs good. 847-546-6656.

1985 20ft STARCRAFT PONTOON BOAT, 35hp Johnson, \$1,800. 847-343-3535.

Motorcycles 5700

2002 HARLEY Davidson Sportster 1200 Custom Fully chromed, leather bags, Screaming Eagle pipes, 6100 miles, \$9000. 847-975-5762

6000 Real Estate for Sale**Open Houses 6200**

CUSTOM MODEL HOME FOR SALE OPEN HOUSE SAT. SEPT 9TH, 10AM-5PM, or by appt. 9002 259th AVE. LOT #10 FALCON HEIGHTS SUBDIVISION SALEM, WI. 53168
Near completion: over 2500sq.ft., on 1 acre lot, custom 3-bdrm. ranch w/office/4th bdrm., 2-1/2 baths, 3 car gar., 9ft. Daylight bsmt. for future finishing, custom cabinets & millwork, clad wood windows, frpl., Hickory wood flrs., ceramic tile, ext. brick & cement board siding. Todd Schwartz, TGS Builders 262-620-0710.

LAKE VILLA
36872 N. Lawrence Dr., \$267,900.
3-bdrm., 2.5 bath, 2-car gar., full bsmt., 85'x135' lot. New custom home. The Jamestown Group, Inc. 847-897-1107.

Houses for Sale 6250

ANY SITUATION WE BUY HOUSES FAST!
I Will Make An Offer On Your House Today
Call Cheryl 247 847-201-6556 x3

ANTIOCH ON CHAIN 2 & 3-bdrm. apts., ht. Included, deck, lg. yd. Boat slip avail. \$800 & \$950/mo. 847-951-4447.

BUYING HOUSES NOW! SERIOUS INVESTOR LOOKING FOR HOUSES TO BUY! CASH!!!
Any situation or condition. Can close quickly. No equity, no problem. 847-612-6393 Bob or Jennifer

There is a new group of people every day, looking for a deal in Journal Classified (800)589-8237.

Houses for Sale 6250

CARY Mayfair FSBO
4 bdrm 2.5 bath, brick & cedar FR w/frplc & oak cabs, full finished bsmt. Cedar deck & gazebo, priced to sell. \$2,000 credit to buyers at closing. \$364,900 847-516-9030

CHARMING CAPE COD N.E. Waukegan Huge LV (30x20), formal DR, 3-full baths, 3-bdms., family-room & sunroom, W/B frpl. \$212,000. 847-336-4823.

GURNEE PEMBROOK SUB. 4-bdrm., 2.5 bath, cul-de-sac, frpl., hrdwd. flrs., new Berber carpet, new roof, sliding windows. New kit. w/stainless steel appls. Park like fenced yd. Move-in ready. Asking \$394,500. 847-249-3037.

★ LAKE COUNTY ★ HOME PRICES
Free computer-generated list with photos
Find out what the home down the street sold for
www.LakeCountyHomePrices.com
Free Recorded Message (800)952-0923 ID#1041

NEW TODAY!

ISLAND LAKE 3 bdrm, 2 bath, frplc, 2 car garage + fenced yard, \$227,900. Basia Herron/Arwocs RE 847-732-7202

★ FIXER UPPERS ★
Free Computer-Generated List with Photos
These Homes Need Work
www.LakeCountyFixerUppers.com
Free Recorded Message (800)952-0923 ID#1048

MCHENRY
3-bdrm. Cape Cod, LR, DR, FR, C/A, gar., fenced yd., water rights. \$161,900.
Century 21 Care Call Carol Bradley. 815-344-4240

McHenry- On Country Club 2 bdrm. 1 bath, 617 John St. \$149,000 815-344-3317

MUNDELEIN 3-bdrm., 1-bath, 1-car det. gar., completely remodeled. \$229,900. 614-205-3636.

PISTAKEE LAKEFRONT ESTATE 2.25 acres, 4-bdrm., 4-bath, indoor pool, 11 car gar. Just reduced \$1,299,900. T. Gammes, REMAX Suburban 847-367-8686, ext. 208.

PLEASANT PRAIRIE, WI
10718 38th Ave. \$253,900.
3+1 bdrm., 2-bath, 8 rooms, 1/2 acre. Remodeled kitchen & baths. New mechanicals, driveway & roof. 262-694-0060. www.candew.com/fsbo

ROUND LAKE PARK
Great 3-4 bdrm., 2-bath spacious house. Eat-in kit., livingroom, familyroom, laundryroom, big deck. Room to add a gar in mint cond. \$153,000. Owner will consider land contract with \$8,000 down. Act Fast! 847-612-6393.

We'll print & distribute over 280,000 copies of your ad every week! Journal Classified (800)589-8237.

Houses for Sale 6250

TREVOR, WI Contractor's home. 7yr. New. 2-story, on 1/2 acre. 4-bdrm., 3-baths, (2) 2-car garages, in-home office, hrdwd. flrs., all bells & whistles. \$239,900. 847-833-1028.

ZION
Newly remodeled 4 bedroom, all newly decorated bath, large eat-in kitchen, living room, new carpet & paint throughout, 2.5 car garage, washer and dryer included, nice neighborhood. Offered at \$139,900
Matt @
Bresnahan
Real Estate
847-223-5201

Condos/Townhomes For Sale 6300

AFFORDABLE SPACIOUS 1 BDRM. LOFT CONDO+OFFICE ONLY \$83,900!
Corner of Rt. 41 & Rt. 137.
Seller to pay \$3,000 in Buyer's closing cost.
BEST BUY IN LAKE CO.
Call Brenda
847-596-6109
RE/MAX SHOWCASE.

DODGE '94 GRAND CARRAVAN \$2,995. DLR 847-623-3000.

FIRST FLOOR CONDOS ARE HARD TO FIND. WE HAVE ONLY 1 LEFT!
Great for seniors or anyone who doesn't want to climb stairs.
Stunning new construction ground flr.
Kenosha Condo.
Spacious 2-bdrm., 2-bath w/media center & att. gar. Handicap adaptable. Beautifully landscaped. Near WI/IL border.
\$164,900.
Call Scott for showing. 224-280-9028.

FOX LAKE 1 BDRM. CONDO FOR SALE \$62,900/best. 847-577-9075.

GRAYSLAKE T.H. \$225,000 3-Bdrm., 2-1/2 bath, 2-car gar., eat-in custom kit, w/42" oak cabinets, ceramic flr. & back splash. Ceramic tile in bathrooms, frpl., professionally painted, security system, all appls. stay. 847-223-9135.

Condos/Townhomes For Sale 6300

GRAYSLAKE T.H. 3-bdrm., 1.5 bath, gar., deck, pool, w/d. \$136,900. Call Claudia (847) 508-8286.

McHenry FSBO - Newly remodeled and ready to move in. New carpet/hrdwd. fl., newly painted, 2 bdrm., c/a, 2 bath condo in Waters Edge. All appl. stay 1 car gar. w/storage.
MUST SEE! \$153,900
815-459-3579

ROUND LAKE VALLEY LAKES SUB., 3-bdrm., 1-3/4 bath, lg. kit., 2-car gar., frpl., Priced to sell. \$169,900. 847-370-9612.

TWIN LAKES, WISC. 2yr. Old Condo for Sale. 3-bdrm., 1-3/4 bath, lg. kit., dining area, LV, 2-story, full bsmt, 24x24 att. fin. gar., black top driveway, lg. yd. 200' from grocery, hardware store, bank, church & pool. Approx. 1/2 mi. from public beach, Twin Lake. No condo fees. \$224,900, 20% down, 6% interest will carry. 262-492-4479, 262-534-7676.

Farms/Farmland For Sale 6400

MARENGO 155 ACRES
Nice rolling land, creek, trees, 1 mile frontage
4 parcels, all buildable
Zoned AG, taxes \$1200
Rental income \$14,000
Bank appraisal \$1,735,000
WILL SACRIFICE
\$1,550,000 815-943-0008

Lots & Acreage For Sale 6460

LAKE CUMBERLAND, KY
Beautiful lakeside & off water parcels. Incredible owner amenity package. No time requirement to start building. Parcels start from the mid-\$30s.
866-467-9210

VACANT LOT Lg. Buildable lot in Trevor, WI. 50'x240'. quiet dead-end street. City sewer. Lakelands. \$58,900. Mike 262-206-9119.

OVERSTUFFED?

Then you should run a 4-line, 7-day power package in Journal Classified your stuff could become someone else's treasure. Call (800) 589-8237 today! Visa, Mastercard, and Discover accepted.

Mobile Homes For Sale 6500

Modulars, doublewides, singlewides - Illinois largest display of factory built homes! Foundations, basements, garages, septic - We do it all! Free statewide delivery & installation. Riley Homes 1800-798-1541

Round Lake 2004 Patriot Mobile home in Cambridge Ct. 2 bdrm., 2 ba., wood thru-out, all appls. + W/D, all 2 yrs. New c/a, car-port, lrg. Shed walking distance to all schools. \$27,000 FIRM 847-514-7783

WAUCONDA IN TOWN LOCATED IN AN OVER 54 COMMUNITY
*1-bedroom, 1-bath Start @24,900
*1-bedroom, 1.5 bath 27,000
*2-bedroom, 1-bath Start @33,000
*2-bedroom, 2-bath 49,900
Some include gar., carport, shed, decks, room additions & warranty. (847) 526-5000 leave message.

Waterfront Property 6515

Kentucky Waterfront Land acres of lakeland property on the TN/KY border. Partially wooded in a quiet area off the main channel in a large cove. \$44,500. Call today 866-880-3539 Terra Land 800-548-6933 (ID#1325PDI)

Wisconsin Property 6525

LAKE ARROWHEAD WI. Corner lot, backs up to 5th hole on 18 hole Golf Course. \$19,000/obo 224-715-3483 or RICK1991@comcast.net

Northern Wisconsin - 10 mi. N. of Eagle River. New low maintenance 3 bdrm., 2 bath, frplc, A/C, full fin'd bsmt, 2.5 car garage on 8.5 acres. Property zoned for animals or business. \$245,000 Call 715-479-6384 - 4-8pm

6000 Real Estate for Rent**Rooms For Rent 7150**

ROUND LAKE BEACH FURNISHED ROOM FOR RENT. Full house privileges. Older male preferred. Close to Metra. No smoking. Must see to appreciate. \$110/wk. 847-878-8922.

To Share 7200

FOX LAKE ROOMMATE WANTED to share beautiful home. Ideal for male. Full house privileges. 5-bdrm., 3-bath, jacuzzi, laundry facilities. Everything included, DirectTV, high speed internet, except phone. Downtown, close to train, shopping & lake. \$500/mo. (847)370-4465.

Apartments For Rent 7250

ANTIOCH WATERFRONT 1 bdrm apt., ht. included, lg. yd. Boat slip avail. \$650/mo. 847-951-4447.

AVAILABLE NOW ZION Spacious East side 1-bdrm., near train, free heat, water. \$650/mo. 847-840-5826.

GRAYSLAKE 2 bdrm. Unit Clean, bright, quiet. Most utilities included. \$875/mo. No pets. No smoking. 847-735-1719

GRAYSLAKE 2-bdrm. Apt., A/C, \$765/mo. Call Chris 847-274-5476.

GRAYSLAKE 3-bdrm., 1-bath apt., washer/dryer, dishwasher, family w/frpl. \$995/mo. Call Chris 847-274-5476.

GRAYSLAKE/WILWOOD SAVANNA RIDGE New w/in-unit laundry, hld. gar., exercise rm, all appl. 2 BDR special \$1225. No pets. 1/2 mi. E of Rt. 45 & Rt. 120 847-223-7766 IGL Brokerage, Corp.

GURNEE/WILWOOD ROYAL OAK APTS. 1 & 2 BDRMS. FROM \$825 ONE MONTH FREE RENT
Garage parking, near Gurnee Mills shopping. On Gages Lake Rd. between Rt. 45 & Hunt Club. (847)986-2988 IGL Brokers Corp.

INGLESIDE WOOSTER RIDGE APTS. 26445 W. State Rt. 134. 2-bdrms., ground unit available
Near Wooster Lake, quiet location. Water included. Avail. Immediately. \$775/mo+sec. dep. & credit check fee. Ask about our specials!! (847)487-0232

www.chicagojobs.com
Journal Classified
(800)589-8237.

Apartments For Rent 7250

WAUCONDA WEST SIDE 1-bd. apts \$625-\$650/mo., gar. extra. Walk in closets, laundry, individual storage, sec. entry. (847)244-6448.

ZION 2 BDR APT All new appls., carpet. Walk to schools and shopping. \$850/mo. 847-356-8406

Condos/Townhomes For Rent 7300

FOX LAKE 1-bdrm. Waterfront condo for rent. \$625/mo. 815-563-4312.

GRAYSLAKE T.H. 3-bdrm., 2.5 bath, 2-car att. gar., w/many upgrades. Bld. in 2002. \$1,500/mo. RE/MAX Showcase, Craig Stein 847-624-6184.

GRAYSLAKE/WILWOOD 1, 2, 3 bdrm. Condos. From \$109,900-\$169,900. Mins. to Gurnee Mills. 36/mo. Free assessments IGL R.E. (847)548-5100.

GURNEE TOWNHOME, 2 BDR, 1.5 BA, loft, 2 frpls, 2 car garage, all appliances. \$1,195/mo. 847-623-8355.

Gurnee/Grayslake 1 BDR Condo - \$860/mo 2 weeks free - tennis, basketball, volleyball courts and covered parking. 630-638-6408

WAUCONDA 1yr. old 2-bdrm., 1-1/2 baths, T.H. 2-story, full bsmt., w/d, gar. avail. Starling @ \$995/mo. 847-331-0428.

Houses For Rent 7400

ANTIOCH 3-4 bdrm., 2-story, office, lg. kit., w/d, \$1,175/mo. 847-778-3486.

ANTIOCH NEW HOUSE RANCH, 3-bdrm., 2-bath, bsmt., 2-car gar. Avail. 11/1. \$1,450/mo. 847-620-9660.

Fox Lake-Water front, 3-bdrm. 2 bath dining rm/large deck, nice yard, boat dock. NO SMOKERS/No pets \$1250+sec. 815-707-0831

GRAYSLAKE 3-bdrm., 2-bath, completely remodeled home near lake. Att. gar., patio, & storage shed in lg. yd. New carpet. Sec. dep. req. No pets. \$1,350/mo. 847-362-5600.

GRAYSLAKE 3-bdrm., 2-car gar., fenced yd., \$1,200/mo. 847-366-0054.

GRAYSLAKE 4-bdrm., 3-bath, fin. bsmt., big back yd. \$1,990/mo. Rent to buy option. Avail. Oct. 1st. 847-401-2111.

ISLAND LAKE Newer 2-bdrm. duplex, 2-bath, 2 car, 2-story, w/d, \$1,175/mo. 847-778-3486.

CLOSETS FULL?
Let us help empty them out. Place a 10-line, 3-day garage sale ad today. Call Journal Classified today at (800)589-8237. Visa, Mastercard and Discover Card accepted.

Houses For Rent 7400

LAKEFRONT HOME 2-bdrm., 1-bath, C/A, frpl., low utils., plenty of parking/privacy. Pets O.K. \$1,050/mo., 1st month rent & dep. Avail. Immediately. 847-791-7301, Mark, lv. messg.

LAKEVIEW CUTE 3-bdrm., 1-bath in Round Lake Beach, \$900/mo.+sec. 847-740-0784.

LINDENHURST 3-bdrm., 1-1/2 bath, new kit., full bsmt., fenced in back yd., 3-car gar., \$1,300/mo. Tom 847-344-9142.

McHenry-4 bdrm 1.5 bath, large yard, 2 car gar. Avail. 9/16 \$1200/mo+sec 815-347-4769

PORT BARRINGTON FISHERMANS DREAM Waterfront 2-bdrm., 1-bath, 1-car gar., fully rehabbed, No pets. \$1,075/mo. 773-457-5366.

RENT TO OWN
See our new 2 & 3 bdrm. homes at www.whdflunding.com
Give us a call!
847-587-6133

Round Lake Heights Built in 2001 4 bdrm. 2.1 baths, fin. bsmt, hrdwd fl. Ceramic tile. Fenced yd w/large patio & newer playset. Pets Welcome! Lake Villa School dist. \$1650/mo +1 mo/sec 847-652-5347

WAUCONDA Remodeled 3-bdrm., 1-bath, best loc. at the lake, \$1,575/mo+ Pets O.K. 847-902-9163.

ZION FOR RENT OR SALE 3-bdrm. 2-bath, 2-car gar. 847-757-6696.

Comm. Property For Rent 7500

GRAYSLAKE OFFICE 1,600-6,000 sq.ft. Shop, storage or warehouse 1,000-6,000sq.ft. Utis. Included. Mon-Fri. 8am-4pm. (847)223-2244.

INDUSTRIAL/COMMERCIAL SPACE FOR RENT 2,000sq.ft., 16ft. high, 14ft. overhead door, 3 phase power, 683 E. Center St. Grayslake. 847-223-8877

Retail/Office Space For Rent 7550

GRAYSLAKE DOWNTOWN STORE FRONT FOR RENT Approx. 1500sq.ft. \$1,495/mo. Ask me about FREE rent offer. Call Chris 847-274-5476.

GURNEE psycho therapy group has FT/PT space available for established professionals 847-662-2174

Rental Facts

Most renters consider rental rates, floor plans, and location the most important items of information in a rental ad. Rent your property faster with help from a Journal Classified representative. Call (800) 589-8237 today.

Industrial For Rent 7600

LAKEMOOR/VOLO INDUSTRIAL BUSINESS RENTALS AVAILABLE NOW! COUNTRY PRICES
720sq.ft. \$575/mo.
1000sq.ft. \$625/mo.
1200sq.ft. \$695/mo.
2000sq.ft. Drive thru A/C office & baths 12x12ft. Doors.
27992 W. Rt. 120, at Fisher Rd. 4 blocks W of Rt. 12.
Open Mon-Fri. 9-3 or by appt. (815)578-8000. Cell (847)903-7788.

WAUCONDA IN TOWN 1,000sq.ft. Warehouse/office, w/lg. overhead doors & washroom. Avail. Immed. \$695/mo.+sec. 1,000sq.ft. OFFICE Newly decorated. \$725/mo.+sec. Both include sewer & water. (847) 526-5000.

8000 Legals**Legals 8100**

LEGAL NOTICE LIEN SALE
A-J Self Storage
702 Sunset Drive
Round Lake, IL. 60073

UNIT #80 CHRISTINE HERMAN
All goods from this unit will be sold on or after September 16, 2006 for past due rent, late fees and other charges due. A-J Self Storage reserves the right to withdraw any of the items from the sale prior to September 16, 2006. For more info. Call 847-331-1778.

IN THE CIRCUIT COURT FOR THE 19TH JUDICIAL CIRCUIT LAKE COUNTY - WAUCONDA, ILLINOIS
No. 06 CH 1466
Washington Mutual Bank f/k/a Washington Mutual Bank, FA f/k/a Washington Mutual Home Loans, Inc. PLAINTIFF
Vs.
Robert L. Lovelace; Unknown Owners and Non-record Claimants; Estate of Robert L. Lovelace; Unknown Heirs and Legatees of Robert L. Lovelace DEFENDANTS
NOTICE BY PUBLICATION
NOTICE IS GIVEN TO YOU:
Robert L. Lovelace Unknown Owners and Non-record Claimants Estate of Robert L. Lovelace Unknown Heirs and Legatees of Robert L. Lovelace That this case has been commenced in this Court against you and other defendants, praying for the foreclosure of a certain Mortgage conveying the premises described as follows, to-wit:
LOT 47 AND 48 IN BLOCK 26 IN WASHBURN PARK BEING A SUBDIVISION OF PART OF THE SOUTHEAST 1/4 OF SECTION 32, TOWNSHIP 45 NORTH, RANGE 12, EAST OF THE THIRD PRINCIPAL MERIDIAN, ACCORDING TO THE

PUBLIC NOTICE
Notice is hereby given that Roberts Road Mini Storage, 4015 Roberts Rd., Island Lake, IL. 60042 will sell or dispose of property. The sale will take place on 9/23/06 10:00a.m. For units 104 Cynthia Vyskocil, 206 William Peterson, 307/316 Joseph Steele, 1014 Norbert Geers, 1210 Ronald Novolny. All contents sold to highest bidder for cash. Immediate removal required. We reserve the right to withdraw any or all property prior to sale.
0908A-7957-WL
September 8, 15, 2006

PUBLIC NOTICE
Unknown owner of 2004 Ford Excursion, VIN #1FMSU41P64ED60345; Mechanic's Lien for \$1,989.00. You have until October 8, 2006 to pay Experience Automotive, Inc., 37517 N. Highway 59, Lake Villa, IL and remove the vehicle or it will be sold. Business hours are Monday thru Friday, 8am to 6pm.
0908B-7960-LV
September 8, 2006

PUBLIC NOTICE VERNON TOWNSHIP NOTICE TO BIDDERS
Notice is hereby given that Vernon Township, Lake

Legals 8100

PLAT THEREOF RECORDED OCTOBER 2, 1891 AS DOCUMENT 47005 IN BOOK "B" OF PLATS, PAGE 69 AND 70 IN LAKE COUNTY, ILLINOIS.

COMMONLY KNOWN AS: 1501 Elizabeth Avenue North Chicago, IL 60064 and which said Mortgage was made by: Robert L. Lovelace the Mortgagor(s), to Fieldstone Mortgage Company, as Mortgagee, and recorded in the Office of the Recorder of Deeds of Lake County, Illinois, as Document No. 4717182; and for other relief; that summons was duly issued out of said Court against you as provided by law and that the said suit is now pending. NOW, THEREFORE, UNLESS YOU file your answer or otherwise file your appearance in this case in the Office of the Clerk of this Court, Sally Collett, Clerk of the Circuit Court 18 N. County Street Waukegan, IL 60085-4358 on or before September 25, 2006, A DEFAULT MAY BE ENTERED AGAINST YOU AT ANY TIME AFTER THAT DAY AND A JUDGMENT MAY BE ENTERED IN ACCORDANCE WITH THE PRAYER OF SAID COMPLAINT. CODILIS & ASSOCIATES, P.C.

Attorneys for Plaintiff
15W030 North Frontage Road, Suite 100
Burr Ridge, IL 60527
(630) 794-5300
DuPage # 15170
Winnebago # 531
ARDC # 00468002
Our File No. 14-06-8933
NOTE: Pursuant to the Fair Debt Collection Practices Act you are advised that this law firm is deemed to be a debt collector attempting to collect a debt and any information obtained will be used for that purpose.

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Notice is hereby given that Vernon Township, Lake

NORTHGATE Luxury Apartments
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Legals 8100

County, Illinois, hereby solicits competitive sealed bids for the construction of Pekara Drive Playground, Prairie View, IL. 60069. Specifications may be obtained or inspected at Vernon Township, 3050 N. Main St., Buffalo Grove, IL. during business hours 8:30 a.m. to 4:30 p.m. daily. Bid documents will include one (1) set of specifications. A single lump sum bid shall be taken for the complete work.

The contractor shall be required to comply with current Illinois Department of labor rates schedule regarding payment of prevailing wages for this project.

All Bids to be submitted shall be sealed and delivered to the Township office, attention William E. Peterson, Township Supervisor marked "Pekara Drive Playground" and received no later than 10:00 a.m. Friday, September 29, 2006 at which time the bids shall be opened and publicly read.

The Township reserves the right to reject any proposal for failure to comply with all the requirements of this notice or any of the bid specifications and bid summary document; however it may waive any minor defects or informalities at its discretion. The Township further reserves the right to reject any and all proposals or to award a contract which in its judgment is in the best interest of the Township.

Barbara Barnabee
September, 2006
Town Clerk
0908B-7959-LB
September 8, 2006

PUBLIC NOTICE
WEBB'S MARINA, INC.
25837 W. RTE 173
ANTIOCH, IL. 60002
847-395-2217
Sale to be held Sept. 8, 2006 at Webb's Marina, at 10:00 a.m.

Legals 8100

1989 VIP I/O Boat
Hull ID VVNV B212C989
Joseph Koller, \$3,450.
0818C-7969-AN
August 18, 25, 2006
September 1, 8, 2006

Assumed Name 8200

PUBLIC NOTICE
ASSUMED BUSINESS
NAME APPLICATION
NAME OF BUSINESS:
Lewis Technology Solutions

NATURE/PURPOSE
Computer Consulting
ADDRESS(ES) WHERE
BUSINESS IS TO BE
CONDUCTED OR
TRANSACTIONED IN THIS
COUNTY
259 W. Prairie Ln., Round
Lake, IL. 60073, 847-602-6786.

NAME(S) AND POST OFFICE OR RESIDENCE
ADDRESS(ES) OF THE
PERSON(S) OWNING,
CONDUCTING OR
TRANSACTIONING BUSINESS:
Joshua Lewis, 259 W. Prairie Ln., Round Lake, IL. 60073, 847-602-6786.

STATE OF ILLINOIS
COUNTY OF LAKE
This is to certify that the undersigned intend(s) to conduct the above named business from the location (s) indicated and that the true and legal full name(s) of the person(s) owning, conducting or transacting the business is/are correct as shown.

/s/ Joshua Lewis
August 10, 2006
The foregoing instrument was acknowledged before me by the person(s) intending to conduct the business this 10th day of August, 2006.
OFFICIAL SEAL
/s/Karen Lewis
Notary Public
Received: Aug. 14, 2006
Willard R. Hollander
Lake County Clerk
0825D-7972-RL
August 25, 2006
September 1, 8, 2006

Assumed Name 8200

PUBLIC NOTICE
ASSUMED BUSINESS
NAME APPLICATION
NAME OF BUSINESS:
RYKEN

NATURE/PURPOSE
Machine vision for tree spades
ADDRESS(ES) WHERE
BUSINESS IS TO BE
CONDUCTED OR
TRANSACTIONED IN THIS
COUNTY
2129 Ash Street,
Waukegan, IL. 60087,
847-623-2883.

NAME(S) AND POST OFFICE OR RESIDENCE
ADDRESS(ES) OF THE
PERSON(S) OWNING,
CONDUCTING OR
TRANSACTIONING BUSINESS:
Ryan Mahoney, 2129 Ash Street, Waukegan, IL. 60087, 847-623-2883.
Kenny S. Gentry, 609 74th St., Kenosha, WI, 53143, 262-818-1439.

STATE OF ILLINOIS
COUNTY OF LAKE
This is to certify that the undersigned intend(s) to conduct the above named business from the location (s) indicated and that the true and legal full name(s) of the person(s) owning, conducting or transacting the business is/are correct as shown.

/s/ Ryan Mahoney
/s/ Kenny S. Gentry
August 18, 2006
The foregoing instrument was acknowledged before me by the person(s) intending to conduct the business this 18th day of August, 2006.

OFFICIAL SEAL
/s/Claudia C. Rodriguez
Notary Public
Received: Aug. 18, 2006
Willard R. Hollander
Lake County Clerk
0825D-7973-GP
August 25, 2006
September 1, 8, 2006

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Assumed Name 8200

PUBLIC NOTICE
ASSUMED BUSINESS
NAME APPLICATION
NAME OF BUSINESS:
I Care Surgical Assistance

NATURE/PURPOSE
Surgical Assisting-Health-care
ADDRESS(ES) WHERE
BUSINESS IS TO BE
CONDUCTED OR
TRANSACTIONED IN THIS
COUNTY
610 Walnut St., P.O. Box 448, Highland Park, IL. 60035, 847-917-3666.

NAME(S) AND POST OFFICE OR RESIDENCE
ADDRESS(ES) OF THE
PERSON(S) OWNING,
CONDUCTING OR
TRANSACTIONING BUSINESS:
William H. Price, RSA, 610 Walnut St., Highland Park, IL. 60035, 847-917-3666.

STATE OF ILLINOIS
COUNTY OF LAKE
This is to certify that the undersigned intend(s) to conduct the above named business from the location (s) indicated and that the true and legal full name(s) of the person(s) owning, conducting or transacting the business is/are correct as shown.

/s/ William Price
August 21, 2006
The foregoing instrument was acknowledged before me by the person(s) intending to conduct the business this 21st day of August, 2006.

OFFICIAL SEAL
/s/Claudia C. Rodriguez
Notary Public
Received: Aug. 21, 2006
Willard R. Hollander
Lake County Clerk
0825D-7945-LB
August 25, 2006
September 1, 8, 2006

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Assumed Name 8200

PUBLIC NOTICE
ASSUMED BUSINESS
NAME APPLICATION
NAME OF BUSINESS:
J.C. Realty

NATURE/PURPOSE
Real Estate Investment
ADDRESS(ES) WHERE
BUSINESS IS TO BE
CONDUCTED OR
TRANSACTIONED IN THIS
COUNTY
34650 Catherine St., Ingleside, IL. 60041, 847-740-9327.

NAME(S) AND POST OFFICE OR RESIDENCE
ADDRESS(ES) OF THE
PERSON(S) OWNING,
CONDUCTING OR
TRANSACTIONING BUSINESS:
Jerome D., Christina E. Keeling, 34650 Catherine St., Ingleside, IL. 60041, 847-740-9327.

STATE OF ILLINOIS
COUNTY OF LAKE
This is to certify that the undersigned intend(s) to conduct the above named business from the location (s) indicated and that the true and legal full name(s) of the person(s) owning, conducting or transacting the business is/are correct as shown.

/s/ Jerome D. Keeling
/s/ Christina E. Keeling
August 21, 2006
The foregoing instrument was acknowledged before me by the person(s) intending to conduct the business this 21st day of August, 2006.

OFFICIAL SEAL
/s/Donna K. White
Notary Public
Received: Aug. 21, 2006
Willard R. Hollander
Lake County Clerk
0825D-7946-FL
August 25, 2006
September 1, 8, 2006

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Assumed Name 8200

PUBLIC NOTICE
ASSUMED BUSINESS
NAME APPLICATION
NAME OF BUSINESS:
Wasicko's Heating and Air Conditioning

NATURE/PURPOSE
Residential & light commercial service/maintenance/repair
ADDRESS(ES) WHERE
BUSINESS IS TO BE
CONDUCTED OR
TRANSACTIONED IN THIS
COUNTY
309 Farmhill Ct., Wauconda, IL. 60084, 847-526-6427.

NAME(S) AND POST OFFICE OR RESIDENCE
ADDRESS(ES) OF THE
PERSON(S) OWNING,
CONDUCTING OR
TRANSACTIONING BUSINESS:
Brent Wasicko, 309 Farmhill Ct., Wauconda, IL. 60084.

STATE OF ILLINOIS
COUNTY OF LAKE
This is to certify that the undersigned intend(s) to conduct the above named business from the location (s) indicated and that the true and legal full name(s) of the person(s) owning, conducting or transacting the business is/are correct as shown.

/s/ Brent Wasicko
August 22, 2006
The foregoing instrument was acknowledged before me by the person(s) intending to conduct the business this 22nd day of August, 2006.

OFFICIAL SEAL
/s/Pamela J. Garvin
Notary Public
Received: Aug. 22, 2006
Willard R. Hollander
Lake County Clerk
0901A-7947-WL
September 1, 8, 15, 2006

PUBLIC NOTICE

ASSUMED BUSINESS
NAME APPLICATION
NAME OF BUSINESS:
Uncle Jaymz Custom Guitars

NATURE/PURPOSE
Musical instrument sales
ADDRESS(ES) WHERE
BUSINESS IS TO BE
CONDUCTED OR
TRANSACTIONED IN THIS
COUNTY
3045 21st St., North Chicago, IL. 847-366-0241.

NAME(S) AND POST OFFICE OR RESIDENCE
ADDRESS(ES) OF THE
PERSON(S) OWNING,
CONDUCTING OR
TRANSACTIONING BUSINESS:
James A. Branstetter, 3045 21st St., North Chicago, IL. 847-366-0241, 847-473-4439.

STATE OF ILLINOIS
COUNTY OF LAKE
This is to certify that the undersigned intend(s) to conduct the above named business from the location (s) indicated and that the true and legal full name(s) of the person(s) owning, conducting or transacting the business is/are correct as shown.

/s/ James A. Branstetter
August 24, 2006
The foregoing instrument was acknowledged before me by the person(s) intending to conduct the business this 24th day of August, 2006.

OFFICIAL SEAL
/s/Claudia C. Rodriguez
Notary Public
Received: Aug. 24, 2006
Willard R. Hollander
Lake County Clerk
0901A-7948-GP
September 1, 8, 15, 2006

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Assumed Name 8200

PUBLIC NOTICE
ASSUMED BUSINESS
NAME APPLICATION
NAME OF BUSINESS:
Little Feet Day Care Home

NATURE/PURPOSE
Day Care Home
ADDRESS(ES) WHERE
BUSINESS IS TO BE
CONDUCTED OR
TRANSACTIONED IN THIS
COUNTY
370 Garfield Blvd., Grayslake, IL. 60030, 224-627-7457.

NAME(S) AND POST OFFICE OR RESIDENCE
ADDRESS(ES) OF THE
PERSON(S) OWNING,
CONDUCTING OR
TRANSACTIONING BUSINESS:
Katherin Schultz, 370 Garfield Blvd., Grayslake, IL. 60030, 224-627-7457.

STATE OF ILLINOIS
COUNTY OF LAKE
This is to certify that the undersigned intend(s) to conduct the above named business from the location (s) indicated and that the true and legal full name(s) of the person(s) owning, conducting or transacting the business is/are correct as shown.

/s/ Katherin Schultz
August 24, 2006
The foregoing instrument was acknowledged before me by the person(s) intending to conduct the business this 24th day of August, 2006.

OFFICIAL SEAL
/s/Kay Holden
Notary Public
Received: Aug. 25, 2006
Willard R. Hollander
Lake County Clerk
0901A-7951-GL
September 1, 8, 15, 2006

PUBLIC NOTICE

ASSUMED BUSINESS
NAME APPLICATION
NAME OF BUSINESS:
JKM Consulting

NATURE/PURPOSE
Educational consulting
ADDRESS(ES) WHERE
BUSINESS IS TO BE
CONDUCTED OR
TRANSACTIONED IN THIS
COUNTY
215 N. Crooked Lake Lane, Lindenhurst, IL. 60046, 847-245-4573.

NAME(S) AND POST OFFICE OR RESIDENCE
ADDRESS(ES) OF THE
PERSON(S) OWNING,
CONDUCTING OR
TRANSACTIONING BUSINESS:
Judith Gibian-Mennenga, 215 N. Crooked Lake Lane, Lindenhurst, IL. 60046, 847-245-4573.

STATE OF ILLINOIS
COUNTY OF LAKE
This is to certify that the undersigned intend(s) to conduct the above named business from the location (s) indicated and that the true and legal full name(s) of the person(s) owning, conducting or transacting the business is/are correct as shown.

/s/ Judith Gibian-Mennenga
August 25, 2006
The foregoing instrument was acknowledged before me by the person(s) intending to conduct the business this 25th day of August, 2006.

OFFICIAL SEAL
/s/Adriana Lomeli
Notary Public
Received: Aug. 25, 2006
Willard R. Hollander
Lake County Clerk
0901A-7950-LN
September 1, 8, 15, 2006

www.chicagojobs.com
Journal Classified
(800)589-8237.

Assumed Name 8200

PUBLIC NOTICE
ASSUMED BUSINESS
NAME APPLICATION
NAME OF BUSINESS:
Smiles of Round Lake, P.C.

NATURE/PURPOSE
Dentistry-professional service corporation
ADDRESS(ES) WHERE
BUSINESS IS TO BE
CONDUCTED OR
TRANSACTIONED IN THIS
COUNTY
201 W. Washington St., Round Lake, IL. 60073, 847-546-1542.

NAME(S) AND POST OFFICE OR RESIDENCE
ADDRESS(ES) OF THE
PERSON(S) OWNING,
CONDUCTING OR
TRANSACTIONING BUSINESS:
Hilohito G. Lin, 2634 Red Hawk Ridge, Dr., Aurora, IL. 60503, 630-499-0550.

STATE OF ILLINOIS
COUNTY OF LAKE
This is to certify that the undersigned intend(s) to conduct the above named business from the location (s) indicated and that the true and legal full name(s) of the person(s) owning, conducting or transacting the business is/are correct as shown.

/s/ Hilohito G. Lin
August 16, 2006
The foregoing instrument was acknowledged before me by the person(s) intending to conduct the business this 16th day of August, 2006.

OFFICIAL SEAL
/s/Jennifer M. Bradshaw
Notary Public
Received: Aug. 23, 2006
Willard R. Hollander
Lake County Clerk
0901A-7953-RL
September 1, 8, 15, 2006

PUBLIC NOTICE

ASSUMED BUSINESS
NAME APPLICATION
NAME OF BUSINESS:
Paul's Pumps and Drain Cleaning Service

NATURE/PURPOSE
Sump pump installation/service & drain cleaning
ADDRESS(ES) WHERE
BUSINESS IS TO BE
CONDUCTED OR
TRANSACTIONED IN THIS
COUNTY
1700 Callahan Rd., Wauconda, IL. 60084, 847-770-7285.

NAME(S) AND POST OFFICE OR RESIDENCE
ADDRESS(ES) OF THE
PERSON(S) OWNING,
CONDUCTING OR
TRANSACTIONING BUSINESS:
Paul Lombardi, 1700 Callahan Rd., Wauconda, IL. 60084, 847-770-7285.

STATE OF ILLINOIS
COUNTY OF LAKE
This is to certify that the undersigned intend(s) to conduct the above named business from the location (s) indicated and that the true and legal full name(s) of the person(s) owning, conducting or transacting the business is/are correct as shown.

/s/ Paul Lombardi
August 28, 2006
The foregoing instrument was acknowledged before me by the person(s) intending to conduct the business this 28th day of August, 2006.

OFFICIAL SEAL
/s/Melissa Wesenberg
Notary Public
Received: Aug. 28, 2006
Willard R. Hollander
Lake County Clerk
0901A-7954-WL
September 1, 8, 15, 2006

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Assumed Name 8200

PUBLIC NOTICE
ASSUMED BUSINESS
NAME APPLICATION

NAME OF BUSINESS:
Victory Consultants
NATURE/PURPOSE:
Consulting
ADDRESS(ES) WHERE
BUSINESS IS TO BE
CONDUCTED OR
TRANSACTIONED IN THIS
24320 Lake Fairfield Ln.,
Mundelein, IL 60060, 847-
514-3678.

NAME(S) AND POST OFFICE
OR RESIDENCE
ADDRESS(ES) OF THE
PERSON(S) OWNING,
CONDUCTING OR
TRANSACTIONING BUSI-
NESS

Robert Freese, 24320
Lake Fairfield Ln.,
Mundelein, IL 60060, 847-
514-3678.

STATE OF ILLINOIS
COUNTY OF LAKE

This is to certify that the
undersigned intend(s) to
conduct the above named
business from the location
(s) indicated and that the
true and legal full name(s)
of the person(s) owning,
conducting or transacting
the business is/are correct
as shown.

/s/ Robert Freese
August 28, 2006

The foregoing instrument
was acknowledged before
me by the person(s) in-
tending to conduct the
business this 28th day of
August, 2006.

OFFICIAL SEAL

/s/Melissa Wesenberg
Notary Public

Received: Aug. 28, 2006

Willard R. Hollander
Lake County Clerk

0901A-7955-MN

September 1, 8, 15, 2006

PUBLIC NOTICE
ASSUMED BUSINESS
NAME APPLICATION

NAME OF BUSINESS:
Unique Expressions
NATURE/PURPOSE:
Gift baskets

ADDRESS(ES) WHERE
BUSINESS IS TO BE
CONDUCTED OR
TRANSACTIONED IN THIS
2707 E. Delaware Ln., Lin-
denhurst, IL 60046, 847-
265-8466.

NAME(S) AND POST OFFICE
OR RESIDENCE
ADDRESS(ES) OF THE
PERSON(S) OWNING,
CONDUCTING OR
TRANSACTIONING BUSI-
NESS

Elizabeth A. Rausch, 2707
E. Delaware Ln., Lin-
denhurst, IL 60046, 847-265-
8466.

STATE OF ILLINOIS
COUNTY OF LAKE

This is to certify that the
undersigned intend(s) to
conduct the above named
business from the location
(s) indicated and that the
true and legal full name(s)
of the person(s) owning,
conducting or transacting
the business is/are correct
as shown.

/s/ Elizabeth A. Rausch
August 28, 2006

The foregoing instrument
was acknowledged before
me by the person(s) in-
tending to conduct the
business this 28th day of
August, 2006.

OFFICIAL SEAL

/s/Melissa Wesenberg
Notary Public

Received: Aug. 28, 2006

Willard R. Hollander
Lake County Clerk

0908B-7961-LV

September 8, 15, 22, 2006

Assumed Name 8200

PUBLIC NOTICE
ASSUMED BUSINESS
NAME APPLICATION

NAME OF BUSINESS:
Avia Fine Art Resources
NATURE/PURPOSE:
Art sales and consultation
ADDRESS(ES) WHERE
BUSINESS IS TO BE
CONDUCTED OR
TRANSACTIONED IN THIS
507 Fairlawn Ave., Liber-
tyville, IL 60048, 847-327-
9830.

NAME(S) AND POST OFFICE
OR RESIDENCE
ADDRESS(ES) OF THE
PERSON(S) OWNING,
CONDUCTING OR
TRANSACTIONING BUSI-
NESS

Heidi Green, 507 Fairlawn
Ave., Libertyville, IL
60048, 847-327-9830.

STATE OF ILLINOIS
COUNTY OF LAKE

This is to certify that the
undersigned intend(s) to
conduct the above named
business from the location
(s) indicated and that the
true and legal full name(s)
of the person(s) owning,
conducting or transacting
the business is/are correct
as shown.

/s/ Heidi Green
August 28, 2006

The foregoing instrument
was acknowledged before
me by the person(s) in-
tending to conduct the
business this 28th day of
August, 2006.

OFFICIAL SEAL

/s/Kathryn C. Mulvaney
Notary Public

Received: Aug. 29, 2006

Willard R. Hollander
Lake County Clerk

0908B-7962-LB

September 8, 15, 22, 2006

PUBLIC NOTICE
ASSUMED BUSINESS
NAME APPLICATION

NAME OF BUSINESS:
Sparkle Cleaning and Er-
rand Service
NATURE/PURPOSE:
Cleaning and Errand

ADDRESS(ES) WHERE
BUSINESS IS TO BE
CONDUCTED OR
TRANSACTIONED IN THIS
412 Meadow Green Ln.,
Round Lake Beach, IL
60073, 847-740-9890.

NAME(S) AND POST OFFICE
OR RESIDENCE
ADDRESS(ES) OF THE
PERSON(S) OWNING,
CONDUCTING OR
TRANSACTIONING BUSI-
NESS

Michelle Powell, 412
Meadow Green Ln.,
Round Lake Beach, IL
60073, 224-757-5211.

STATE OF ILLINOIS
COUNTY OF LAKE

This is to certify that the
undersigned intend(s) to
conduct the above named
business from the location
(s) indicated and that the
true and legal full name(s)
of the person(s) owning,
conducting or transacting
the business is/are correct
as shown.

/s/ Michelle Powell
August 29, 2006

The foregoing instrument
was acknowledged before
me by the person(s) in-
tending to conduct the
business this 29th day of
August, 2006.

OFFICIAL SEAL

/s/Cheryl E. Saraf
Notary Public

Received: Aug. 29, 2006

Willard R. Hollander
Lake County Clerk

0908B-7963-RL

September 8, 15, 22, 2006

Legals

8100

Legals

8100

Legals

8100

LEGAL
ZONING BOARD OF APPEALS
FOX LAKE, ILLINOIS

Public notice is hereby given pursuant to a Petition on file in the Village Clerk's office of the Village of Fox Lake, that a public hearing will be held on September 28, 2006 at 7:30 p.m. in the Village Hall, Fox Lake, Illinois, to hear the Petition of Stephen C. Gray, Susan Leigh and Patricia M. Gray owners of the following described real estate to-wit:

Lot 132 and the North 30 Feet of the South 140 Feet of Lot 133 in Brophy Farm Subdivision, being J.L. Shaw's Third Subdivision on Fox Lake in Section 10, Township 45 North, Range 9, East of the Third Principal Meridian, According to the plat thereof recorded September 8, 1913 as Document 149144, in Book "I" of plats, Pages 77, 78, and 79, in Lake County, Illinois.

Location of property is: East on Grand Ave, South of Maple Ave.

The common address is: 178 E. Grand Avenue, Fox Lake, IL 60020

Petitioner is requesting the following: A subdivision of the property into two units with separate Permanent Index Numbers to be applied for, to wit, the South house on Parcels 1 and 2 with easements as described above, and the North house on Parcel 4 with easements as described above, each to be known hereinafter as 178 E. Grand Ave. and 1 N. Maple., respectively.

The square footage of the proposed subdivision on the attached Plat of Preliminary Subdivision shows a square footage of 10,051 for the South house at 178 E. Grand Ave. and a square footage of 7,777 for the North house at 1 N. Maple Ave. The lot size is more than adequate for the South house at 178 E. Grand Ave. The petitioners request a variance of 1,973 square feet less than the minimum lot size of 9,750 square feet for the North house at 1 N. Maple.

A variance in lot width of 15 feet from the 65 feet required is requested for both houses as the pre-existing Lot 132 is 50 feet wide. A variance in the minimum side yard setback is also requested due to the pre-existing off-centered location of both houses on Lot 132 as shown.

The proposed subdivision will permit individual rather than joint ownership of the two houses.

Said Petition is available for examination in the Village Clerk's office at the Village Hall in Fox Lake, Illinois

All interested persons are invited to attend said hearing and be heard.

Respectfully submitted,

Ron Stochl, Chairman

Fox Lake Zoning Board of Appeals

Dated at Fox Lake, Illinois

This 1st day of September, 2006



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UNITED STATES OF AMERICA
STATE OF ILLINOIS COUNTY OF LAKE
IN THE CIRCUIT COURT OF THE NINETEENTH JUDICIAL CIRCUIT

VIRFRAN, INC. D/B/A DUNN LUMBER)
Plaintiff(s))
-vs-)
RICHARD HART, WILLIAM J. HART,)
BOBBIE J. HART, J & J CONSTRUCTION,)
STATE BANK OF THE LAKES, UNKNOWN)
TENANTS, UNKNOWN OCCUPANTS,)
UNKNOWN OWNERS & NON-RECORD)
CLAIMANTS)
Defendant(s))

Case No. 06 CH 1648

PUBLICATION NOTICE

The requisite affidavit for publication having been filed, notice is hereby given you, RICHARD HART, WILLIAM J. HART, BOBBIE J. HART, J & J CONSTRUCTION, STATE BANK OF THE LAKES, UNKNOWN TENANTS, UNKNOWN OCCUPANTS, UNKNOWN OWNERS & NON-RECORD CLAIMANTS, Defendants in the above-entitled suit, that said suit has been commenced in the Eighteenth Judicial Circuit Court of DuPage County, Illinois, by the Plaintiff(s) against you and other Defendants, praying for the foreclosure of a certain Mechanic's Lien on the premises described as follows, to wit:

PARCEL 1:

THE NORTH 275.0 FEET OF THE EAST 900.0 FEET OF THE FOLLOWING DESCRIBED TRACT OF LAND: THAT PART OF THE SOUTH 3/4 OF THE NORTHWEST 1/4 OF THE SOUTHWEST 1/4 OF SECTION 25 AND THAT PART OF THE NORTH 1/2 OF THE NORTHEAST 1/4 OF SECTION 26, TOWNSHIP 46 NORTH, RANGE 9, EAST OF THE THIRD PRINCIPAL MERIDIAN, EAST OF THE CENTER OF PUBLIC ROAD BOUNDED BY A LINE DESCRIBED AS FOLLOWS, TO-WIT: COMMENCING AT A POINT, 583.8 FEET SOUTH OF THE NORTHWEST CORNER OF THE NORTHWEST 1/4 OF THE SOUTHWEST 1/4 OF SAID SECTION 25, THENCE SOUTH 89 DEGREES 35 MINUTES EAST TO THE EAST LINE OF THE NORTHWEST 1/4 OF THE SOUTHWEST 1/4 OF SAID SECTION 25; THENCE NORTH ALONG SAID EAST LINE TO THE NORTHEAST CORNER OF THE SOUTH 3/4 OF THE NORTHWEST 1/4 OF THE SOUTHWEST 1/4 OF SECTION 25, AFORESAID; THENCE WEST ALONG THE SAID NORTH LINE OF THE SOUTH 3/4 OF THE NORTHWEST 1/4 OF THE SOUTHWEST 1/4 OF SECTION 25, 1,302.8 FEET, MORE OR LESS, TO THE WEST LINE OF THE NORTHWEST 1/4 OF THE SOUTHWEST 1/4 OF SECTION 25, AFORESAID; THENCE NORTH ALONG SAID WEST LINE 19.6 FEET, MORE OR LESS, TO THE CENTER OF THE PUBLIC ROAD, AS ORIGINALLY LOCATED; THENCE SOUTHWESTERLY ALONG THE CENTER OF SAID PUBLIC ROAD TO A POINT WHICH IS NORTH 89 DEGREES 34 MINUTES WEST, 147.7 FEET FROM THE POINT OF BEGINNING; THENCE EAST TO THE POINT OF BEGINNING, IN LAKE COUNTY, ILLINOIS.

PARCEL 2:

THAT PART OF THE FOLLOWING DESCRIBED TRACT OF LAND (EXCEPT THE NORTH 275.0 FEET OF THE EAST 900.0 FEET THEREOF) DESCRIBED AS FOLLOWS: THAT PART OF THE SOUTH 3/4 OF THE NORTHWEST 1/4 OF THE SOUTHWEST 1/4 OF SECTION 25, AND THAT PART OF THE NORTH 1/2 OF THE SOUTHEAST 1/4 OF SECTION 26, TOWNSHIP 46 NORTH, RANGE 9, EAST OF THE THIRD PRINCIPAL MERIDIAN, EAST OF THE CENTER OF THE PUBLIC ROAD BOUNDED BY A LINE DESCRIBED AS FOLLOWS, TO-WIT: COMMENCING AT A POINT 683.8 FEET SOUTH OF THE NORTHWEST CORNER OF THE NORTHWEST 1/4 OF THE SOUTHWEST 1/4 OF SAID SECTION 25; THENCE SOUTH 89 DEGREES 35 MINUTES EAST TO THE EAST LINE OF THE NORTHWEST 1/4 OF THE SOUTHWEST 1/4 OF SAID SECTION 25; THENCE NORTH ALONG SAID EAST LINE TO THE NORTHEAST CORNER OF THE SOUTH 3/4 OF THE NORTHWEST 1/4 OF THE SOUTHWEST 1/4 OF SECTION 25 AFORESAID; THENCE WEST ALONG THE SAID NORTH LINE OF THE SOUTH 3/4 OF THE NORTHWEST 1/4 OF THE SOUTHWEST 1/4 OF SECTION 25, 1,302.8 FEET, MORE OR LESS, TO THE WEST LINE OF THE NORTHWEST 1/4 OF THE SOUTHWEST 1/4 OF SECTION 25, AFORESAID; THENCE NORTH ALONG SAID WEST LINE 19.6 FEET, MORE OR LESS TO THE CENTER OF THE PUBLIC ROAD, AS ORIGINALLY LOCATED; THENCE SOUTHWESTERLY ALONG THE CENTER OF SAID PUBLIC ROAD TO A POINT WHICH IS NORTH 89 DEGREES 34 MINUTES WEST, 147.7 FEET FROM THE PLACE OF BEGINNING; THENCE EAST TO THE PLACE OF BEGINNING, IN LAKE COUNTY, ILLINOIS.

and which said Mechanic's Lien was filed by VIRFRAN, INC. D/B/A DUNN LUMBER, against J & J CONSTRUCTION, and recorded in the Office of the Recorder of Deeds of Lake County, Illinois as Document No. 6000459.

And for such other relief prayed; that summons was duly issued out of said Eighteenth Judicial Circuit Court against you as provided by law, and that said suit is now pending.

NOW, THEREFORE, UNLESS YOU, the said above defendants, file your answer to the complaint in this case or otherwise file your appearance in the office of the Clerk of this Court, 18 North County Street, Waukegan, Illinois, on or before October 13, 2006 a default may be entered against you at any time after that day and a decree entered in accordance with the prayer of said complaint. YOU ARE FURTHER ADVISED THAT THE TIME IN WHICH THE SUBJECT REAL ESTATE MAY BE REDEEMED FROM FORECLOSURE, PURSUANT TO LAW COMMENCES TO RUN WITH THE FIRST DATE OF PUBLICATION OF THIS NOTICE.

Dated: _____ at Waukegan, Illinois.

VIRFRAN, INC. D/B/A DUNN LUMBER, Plaintiff

Peter L. Lipp for co-counsel
BY: Giagnorio & Robertelli, Ltd.

Giagnorio & Robertelli, Ltd.
130 South Bloomingdale Road
P.O. Box 726
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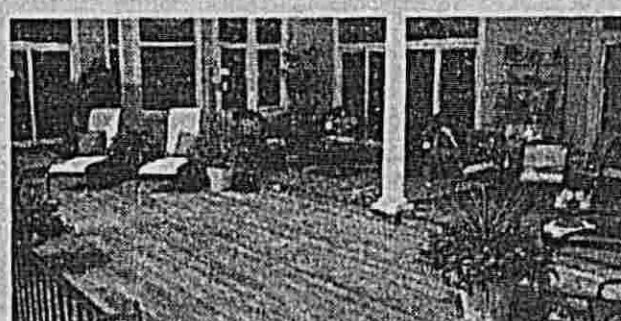
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Directions: Take I-90 to Randall Rd. North to Rt. 72, proceed west 2 miles to Sales Centers.

Montgomery - Blackberry Crossing West

- MODEL GRAND OPENING!

Single Family Landmark and Premier Homes from the \$240's

630.897.3800

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Crystal Lake - Bryn Mawr

- PRE-CONSTRUCTION PRICING!

Executive Single Family Homes from the mid \$300's

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Choose from 6 spacious floorplans. All homes include 3-car side load garages and 1/2 acre homesites. Great location! Directions: Take I-90 west to Rt. 47 north to Rt. 176, turn right and proceed to Sales Center on left.

Aurora - Lehigh Station

- MODEL GRAND OPENING!

Luxury Townhomes from the \$280's

630.978.1650

Come out and get a sneak peek at these luxury 2 & 3 bedroom townhomes with included lower levels and 2-car garages! Located on Liberty St. 1/2 mile west of Route 59 near the Fox Valley Mall and I-88.

Directions: Take I-88 West, Rt. 59 South, Liberty St. West to Sales Center.

Plano - Lakewood Springs Townhomes

- MODEL GRAND OPENING!

Townhomes from the \$160's

630.552.0400

Exciting new townhomes in an established Master Planned community. Amenities include: pool, clubhouse, tennis and sand volleyball courts and jogging paths.

Directions: I-88 West to Rt. 56 West (Sugar Grove Exit) to Route 47 South to Route 34 West. Proceed 3.5 miles West to Mitchell, turn left to Klein, turn left to Marquette St. turn left to Sales Center.

Bolingbrook - Fairways of Augusta Village

- MODEL GRAND OPENING!

Executive Single Family Homes from the \$400's

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Luxurious executive single family homes in the highly rated Naperville school district. This prestigious community is set amongst parks and open space and offers an array of floorplan options with 3-car and side load garages.

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Bolingbrook - Patriot Place

- MODEL GRAND OPENING! MAINTENANCE-FREE!

Ranch and 2-Story Golf Course Villas from the \$300's

630.378.9444

Exciting new Golf Course Villas backing up to the new Bolingbrook Golf Club! Maintenance-free ranch and 2-story plans with finished lower levels.

Directions: I-55 South to Weber Rd. North to Raccoon Dr./119th St., west to Essington Rd., south to Sales Center.

Volo - Lancaster Falls

- PRE-CONSTRUCTION PRICING!

Single Family Homes from the \$300's

847.201.1600

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Directions: Take Rt. 59/112 North to Route 120 East to Fish Lake Road. Turn South to Sales Center.

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Luxury Townhomes from the upper \$200's

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Luxurious urban town homes located in the highly desired quaint Village of Bartlett.

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Hoffman Estates - Haverford Place

- MODEL GRAND OPENING!

Maintenance-Free Ranch Homes from the mid \$300's

847.717.0800

A great new active adult community with lots of amenities like a pool, clubhouse, tennis courts, hiking trails and a nature preserve. Live the life you deserve while staying close to the ones you love.

Directions: Take I-90 west to Beverly Rd. South, turn right on Shoe Factory Road and proceed West to Sales Center.

Hoffman Estates-Beacon Pointe

- PRE-CONSTRUCTION PRICING!

Executive Single Family Homes from the mid \$400's

847.489.4040

Ryland's newest Hoffman Estates community is perfect for the busy executive. Single family homes from 2600-4200 square feet offer luxury living, while the great location allows for easy highway access. The whole family will love the great parks and schools.

Directions: Take I-90 west to Beverly Rd. South, turn right on Shoe Factory Road and proceed West to Essex, North to Sales Center.

Elgin - Shadow Hill

- MODEL GRAND OPENING!

Single Family Homes from the \$300's

847.697.2999

Townhomes from the \$200's

847.608.5300

Come visit Ryland's newest community in Elgin. Located west of Randall Rd. at Rte. 20. Ryland's newest Master Planned community located in fast growing western Elgin. Enjoy the convenient shopping and parks, being close to Meira and great highway access.

Directions: Take I-90 west to Randall Rd. south, west on Rt. 20, south on Nestler Rd. to Sales Center.

Elgin - Tuscan Woods

- MODEL GRAND OPENING!

Single Family Homes from the upper \$300's

847.717.0077

Enjoy the Grand Opening of Ryland's newest community in Elgin. Visit this wooded community nestled amongst a prime area of development east of Randall Road. Featuring Hartford and Executive Homes, which include 2 or 3 car garages and basements.

Directions: Take I-90 West to Randall Road South, to Highland Avenue East to Sales Center.

Round Lake - Emerald Bay

- PRE-CONSTRUCTION PRICING

Townhomes from the \$180's

847.546.5700

2 & 3 Bedroom and 2-car garage maintenance-free townhomes with lots of open space in Round Lake. You'll be close to parks, the Fox River, recreational activities and golf courses.

Directions: Take Rt. 59/112 North to Route 120 East past Wilson Road to Sales Center.

St. Charles - Reserve of St. Charles

- MODEL GRAND OPENING!

Executive Homes from the upper \$500's

630.444.1570

Introducing Ryland's most sought after community in prestigious St. Charles, the Reserve of St. Charles is now open with beautiful new models. Large plans featuring 4 bedroom, 2-1/2 baths, side load 3-car garages and 1/3 to 1/2 acre homesites. Minutes from downtown St. Charles.

Directions: I-90 West, Rt. 31 South (1/2 mile South of Silver Glen Road).

Huntley - Talamore

- MODEL GRAND OPENING

Single Family Homes from the \$300's

847.515.1166

- PRE-CONSTRUCTION PRICING

Townhomes from the \$200's

847.669.8888

Talamore, located in Huntley set amongst hundreds of breathtaking acres soon to be graced by walking trails and tree-lined avenues. Excellent schools, close shopping and a recreational complex are just a few of the amenities this newly grand opened spectacular community has to offer.

Directions: I-90 West to Route 47 North. Sales centers are 1/4 mile north of Reed Road on the left.



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WEEKLY
JOURNALS

WHEELS

Looking for a new car?
Read the Wheels section every week
in the Market Place section.

Caring for your car just got easier

There's good news for car owners who feel intimidated by the technical terms in their car owner's manual.

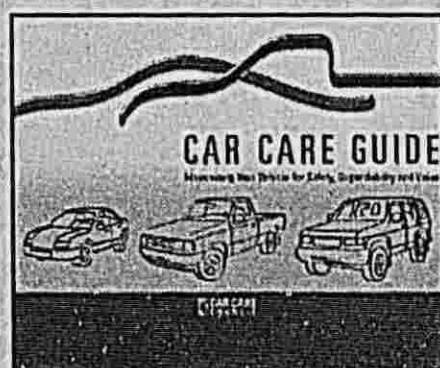
A new guide for motorists turns technical automotive jargon into easy-to-understand everyday language.

The free guide was created to help take the mystery out of vehicle maintenance and repair. It's published by the Car Care Council.

The Car Care Guide, which is designed to fit easily in a glove box, explains the nine most common preventative maintenance procedures and repairs that need to be performed to keep cars operating safely and reliably, while maintaining their long-term value. It also includes a list of questions to ask when these maintenance or repair procedures are being done on a car.

To familiarize motorists with their vehicles even more, the guide has clear, concise descriptions of 12 major vehicle systems and parts. This car care checklist reminds motorists what vehicle systems need to be maintained and when service or repairs should be performed.

"The first step toward a safe and dependable vehicle is to be



car care aware—to understand your vehicle, what kind of care it needs, when it needs it and why," said Rich White, executive director of the Car Care Council. "The easy-to-follow guide provides this information, cutting through the technical language and terms that often confuse or prevent motorists from really taking good care of their vehicles."

The Car Care Council is the source of information for the Be Car Care Aware consumer education campaign, promoting the benefits of regular vehicle care, maintenance and repair to consumers. For more information or to order the free guide, visit www.car-care.org.

A new guide describes the nine most common preventative maintenance procedures that need to be performed to keep cars operating safely and reliably.

Do you really need to use premium gas in your car?

Contrary to popular belief, the octane rating doesn't indicate how much power the fuel delivers; all grades of gasoline contain roughly the same amount of power. Rather, a higher octane rating means the fuel is less likely to cause your engine to knock or ping (also known as detonation). This effect occurs when your engine suffers from an "explosion" instead of a controlled fuel burn. High-octane gas is formulated to burn slower than regular, making it less likely to ignite. But not all cars are prone to detonation. Unless your owner's manual states that you use a specific fuel octane, filling up with regular gas will get the job done. In fact, most cars are designed to run on regular gas without problems of pinging and knocking.

Do I need rental car insurance?

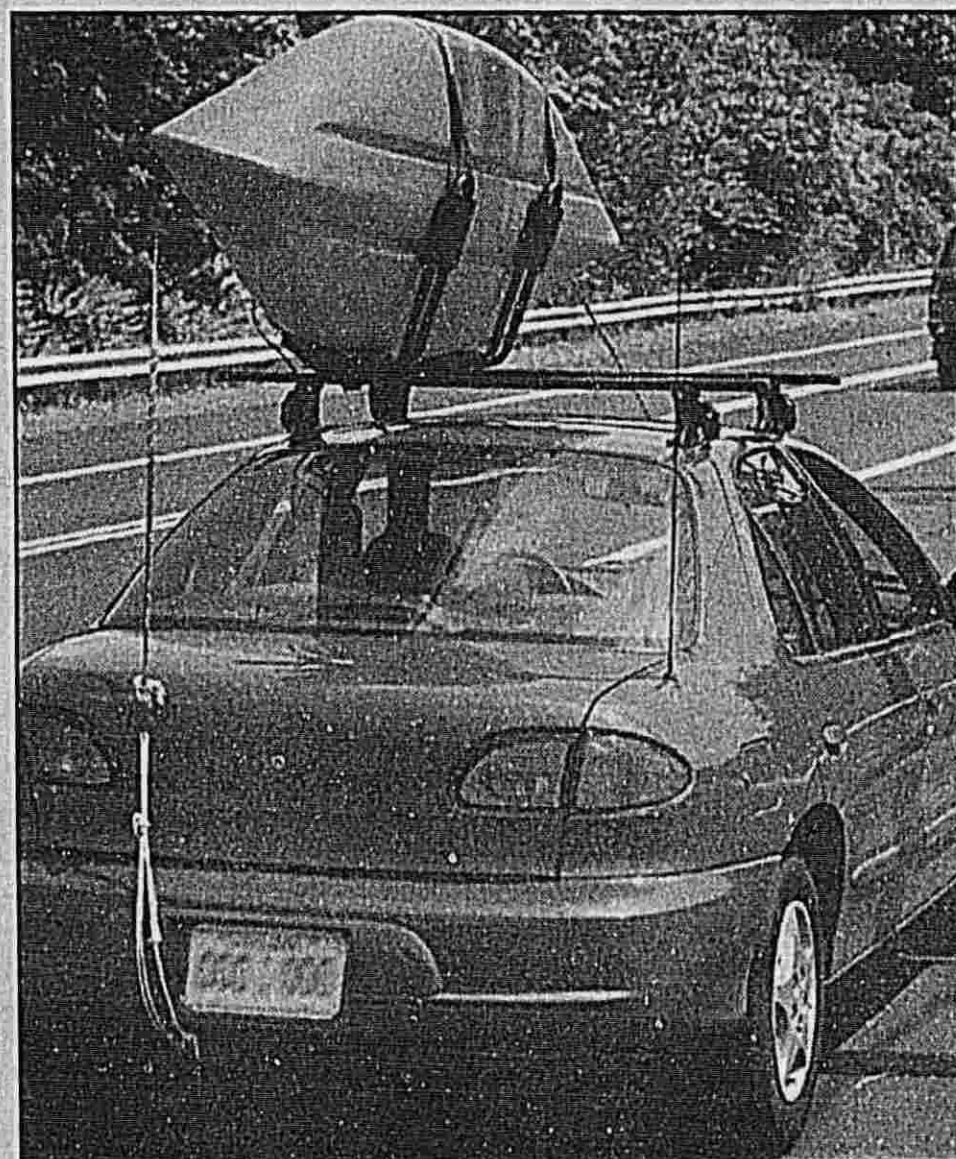
You have finally arrived at your vacation destination. All you need to do is pick up the rental car and off you'll go on your adventure. What will you do first — hit the beach, go snorkeling or indulge in an ice cream sundae? While you can spontaneously decide on your activity of choice, you do need to think about rental car insurance before you sign the rental car agreement.

It's important to find out in advance what insurance options are offered by your rental car company. That way, you can decide what coverage you need and compare it to what you already have under your own policies. Contact your insurance company to see what kind of coverage you have on your own vehicle. Your own collision coverage from your personal auto insurance policy will likely cover damage you cause to any car you're driving, including a rental car.

However, some policies say that any coverage you buy in "excess" (or addition) to what you have comes first. Plus, your own collision insurance requires you to pay a deductible before they'll pay. Note that your own insurance usually reflects the value of your car. So if your rental car is worth more than your personal car, consider buying additional coverage.

In the event you cause an accident in your rental car, your liability insurance will pay for the damages you cause to someone else, plus any medical expenses, and covers you up to the limits of your policy. Again, if you get this insurance from the rental company, your own coverage will be considered excess.

Rental companies also offer waivers like Loss Damage Waivers (LDW) and Collision Damage Waivers (CDW), which relieve you of financial responsibility. So, if your rental car is



The skies may be blue while you are on vacation, but don't forget to get adequate rental insurance so it doesn't "rain" on your vacation.

stolen or vandalized, or you crash the rental car, it won't be held against your personal policy. Some LDWs include the CDW, and some waivers require a deductible. Cost varies per day, depending on the rental car company, the location, and what kind of car you rent.

Some rental car companies offer liability insurance supplements that will cover you for up to \$1 million if you cause an accident, damage property, or injure others. If you purchase this insurance from the rental car company, it becomes your primary liability insurance. Your own personal auto liability insurance is, again, relegated to excess-coverage status. Costs will vary per day.

You can also often purchase

accidental death and personal property insurance from your rental car company. It covers you and your passengers for medical/ambulance bills. However, it may be unnecessary if you have health insurance or medical coverage.

It's up to you to choose what kinds of coverage you want. Buying additional insurance can increase your rental costs, but buying no insurance can hurt you if you are in a car accident. The best thing to do is check your insurance policies to see what kind of coverage you have in a rented car. Then, speak to your rental company to find out what they offer. That way, you can do a comparison between the two coverages so you don't end up buying coverage you don't need.



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LAKELIFE

Friday
September 8, 2006

WEEKLY JOURNALS
Section C

—● This Weekend

People of all ages are invited to audition for roles in P.M. & L.'s production of the holiday classic "A Christmas Story" this weekend in Antioch.

See page C10

Acupuncture cure

Local residents share stories of how they became pregnant after using acupuncture and chiropractic techniques.

3

Movies

Check in with Pam and George Singleton, as they review the new drama "Broken Bridges," starring Toby Keith.

6



An unforgettable calling

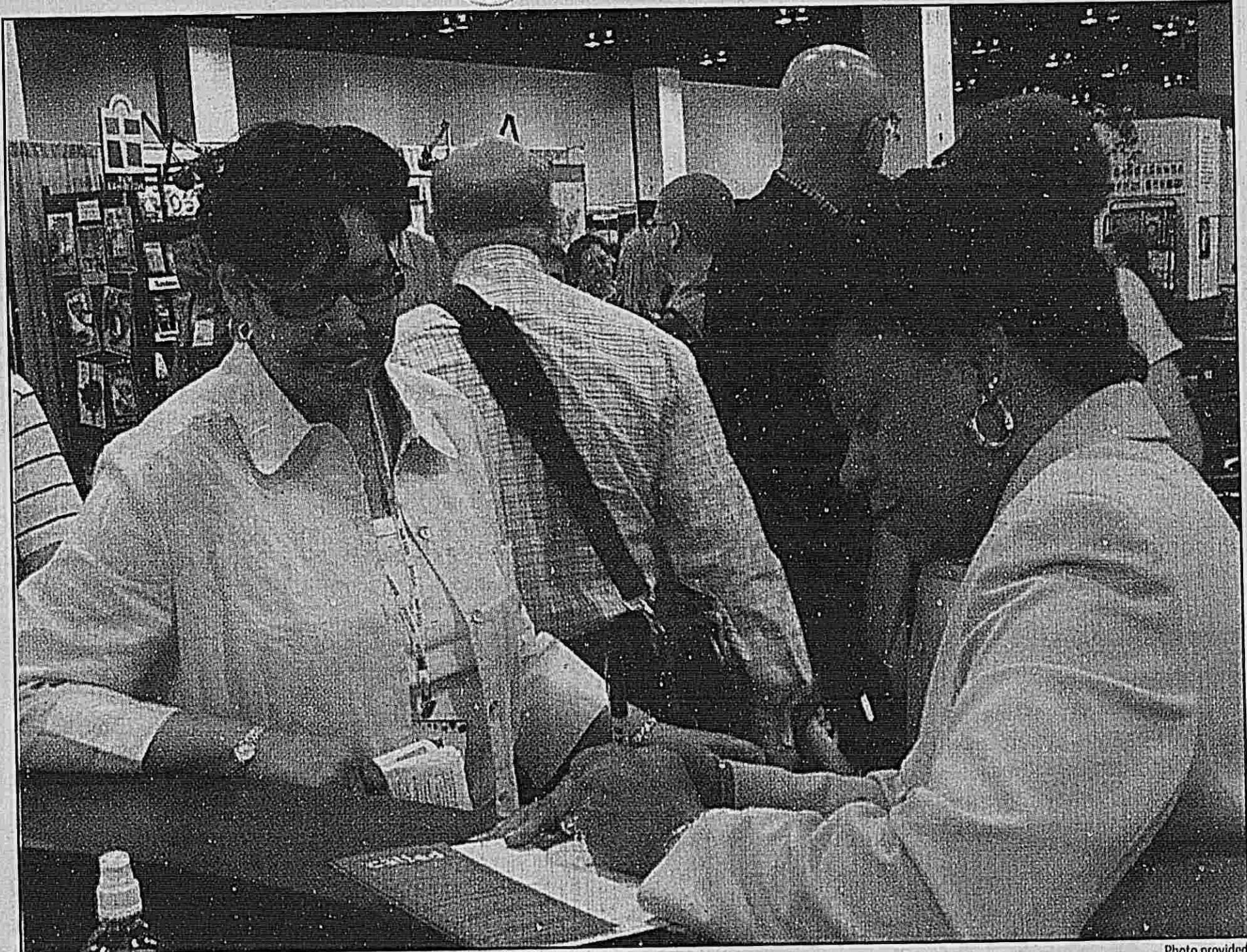


Photo provided

Hazelcrest resident Lisa Jefferson, the Verizon Airfone supervisor who took the Flight 93 call from Todd Beamer on 9/11, signs copies of her book, "Called," in Denver on July 11, 2006. Jefferson wrote "Called" with CBS Radio/WBBM Newsradio 780 Anchor Felicia Middlebrooks. The book tells the story of how Todd Beamer's phone call on 9/11 changed Jefferson's life. See page C4 for the story.

SO WHAT ARE YOU DOING AFTER WORK?



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Uncovering the secrets of a Jamaican kitchen

By TOM WITOM

thomaswitom@yahoo.com

Ready to take a trip to the Caribbean, culinarily speaking? Lucinda Scala Quinn takes cooks there in "Lucinda's Authentic Jamaican Kitchen" (Wiley, 2006), which captures the region's rich tradition.

In her recipes, one finds hints of the many influences that formed the cooking style. Quinn includes understandable directions for curry shrimp, bread pudding with rum sauce, stewed fish and classic Jamaican rum punch.

To sample the taste of Jamaica, try stuffed and baked chochos, a squash found in ethnic supermarkets (cucumbers can be substituted). Similarly, Scotch bonnet peppers, a variety of chile pepper in the same species as habanero, may turn up at the local grocery, but chances are they will more easily show up at a market featuring specialty ingredients. Preparation time for rice and peas, another classic island

dish, is longer, but also worth the effort.

Stuffed and Baked Chochos (Makes 4 servings, or 8 as a side dish)

Ingredients:

4 chochos (chayote) or cucumbers
1/2 pound ground beef
1 small onion, finely chopped
1 clove garlic, minced
1/2 Scotch bonnet pepper (any color), seeded and minced
1/2 teaspoon dried thyme
1 tablespoon oil
1 tablespoon butter
1/4 cup plain bread crumbs (preferably fresh)
3/4 cup grated white Cheddar cheese
1/2 teaspoon Worcestershire sauce
1/2 teaspoon salt
1/4 teaspoon freshly ground black pepper

Directions:

In a large pot of boiling water, cook the chochos until they are tender, about 20 minutes. Meanwhile, in a large bowl, combine the beef, onion, garlic, Scotch bonnet pepper and thyme. Refrigerate until needed.

Remove the chochos from the boiling water and set aside. When they are cool enough to handle, cut each one in half and remove the pits. Scoop out some of the flesh from each half by scoring it first with a small, sharp knife and then lifting it out with the edge of a spoon. Be sure to leave enough flesh around the skins to keep them sturdy. Dice the flesh and put it aside in a small bowl. Preheat the oven to 400 degrees Fahrenheit.

In a large skillet, heat the oil and butter until very hot. Add the meat mixture and cook until browned, 8 to 10 minutes. Clean the bowl and set it aside. Add the diced chocho to the pan and cook

it for 2 minutes. Return the meat and chocho mixture to the bowl. Add the bread crumbs, one-half cup of the cheese, Worcestershire sauce, salt and black pepper and mix well.

Spoon a large scoop of filling into each chocho half. Place the pieces next to each other in a large ovenproof pan. Put any left-over into a small ovenproof baking dish. Sprinkle the remaining one-quarter cup of cheese on the chocho halves. Bake for 10 to 15 minutes.

Rice and Peas (Makes 6 servings)

Ingredients:

1/2 pound dried red peas (kidney beans) or small red beans (1 cup)
6 to 8 cups coconut milk (unsweetened)
1 teaspoon freshly ground black pepper
2 whole scallions, crushed
2 sprigs fresh thyme or one and

one-half tsp. dried
2 cups uncooked long-grain white rice
2 teaspoons salt

Directions:

Wash the beans thoroughly and place them in a medium-size saucepan with the coconut milk, black pepper, scallions and thyme. Bring to a boil over high heat, then reduce the heat to low, cover and simmer for 1 to 2 hours, or until the beans are almost tender (adding water as needed to keep the beans covered).

Remove the thyme (if using whole sprigs) and scallions. Add the rice and salt. If necessary, add more water so that the liquid is 1 inch above the rice.

Bring it to a boil over high heat, then reduce the heat, cover and simmer for 20 minutes. Fluff it with a fork. The grains of rice should easily separate and not be mushy.

● To Do

Volo Bog volunteers

Volo Bog State Natural Area and Moraine Hills State Park are seeking visitor center docent volunteers. Volo Bog also seeks weekend naturalist volunteers. The positions involve a one- to two-day commitment per month for one year. No prior experience is necessary. Training workshops are scheduled to begin Sept. 9. For more information, call Stacy Iwanicki at (815) 344-1294.

Bath designer

David Kunzweiler, owner of Cabinets Plus, in Palatine, will present a seminar titled, "So, you want to remodel your bathroom?" at 7 p.m. on Wednesday, Sept. 13, at the Indian Trails Public Library, 355 S. Schoenbeck Road, in Wheeling.

The seminar is free and open to the public. For more information, call (847) 459-4100.

Miss Illinois event

Miss Illinois Catherine Warren, will grace the stage at the 80th Annual Rush Fashion Show to benefit the Women's Board Heart and Vascular Center at 6:30 p.m. on Thursday, Sept. 14.

The event will take place at Symphony Center, 220 S. Michigan Ave., in Chicago. Fashion show models will mingle with guests at a cocktail reception immediately following the

show.

Tickets cost \$25 to \$150. To purchase, call (312) 942-6513.

Dinosaurs

The Dinosaur Discovery Museum has just opened in Kenosha, Wis. Area residents are invited to check out life-size dinosaur replica casts, interactive exhibits, bones, fossils and more.

The museum is located at 5608 10th Ave. For more information,

call (262) 653-4460.

Arts and crafts

Lake County residents are invited to attend the 16th Annual An Arts and Crafts Adventure II on the grounds of Hodges Park in Palatine from 9 a.m. to 5 p.m. on Saturday, Sept. 16.

For more information, call (847) 991-4748, or visit www.americansocietyofartists.org.

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Eastern medicinal treatments help with pregnancy

By TARA CLIFTON

tclifton@nwnewsgroup.com

LAKE VILLA – After half a year of trying to get pregnant, Jennifer Kilmer thought she knew what to expect when she finally conceived.

Morning sickness, for example. But that aspect turned out to be much worse than she imagined.

"It wasn't just morning sickness," Kilmer said. "I was sick all day."

And this was just several weeks into her pregnancy, Kilmer said. Acupuncture and chiropractic treatments had helped her get pregnant, so Kilmer said she decided to try them again for her ailment.

"I don't know exactly how it worked, but it worked," Kilmer said. "I think it would have been worse without it."

If the words "infertility" and "pregnancy" are typed into a Google search, "acupuncture" and "chiropractic" will not be the first things to pop up, and most likely will not even appear on the first page of results.



Chris Padgett - cpadgett@nwnewsgroup.com

Jennifer Kilmer stands with her twin girls, Kennedy and Ella, inside of her home in Round Lake Heights. Wilmer had acupuncture treatments while she was pregnant to help her through the pregnancy.

But these Eastern-medicine treatments have grown in popularity among people trying to have children, or struggling with pregnancy pains.

Kilmer turned to Dr. Pamela Shah Norley.

Norley operates Acupuncture and Chiropractic, 500 Park Ave., in Lake Villa.

"I felt so refreshed and renewed," Kilmer said of her

acupuncture treatments. "Maybe it is helping my body to do the things it's supposed to do."

And it helped her get through nine months that might have been much more difficult. Kilmer gave birth to fraternal twin girls, Ella and Kennedy, about a month ago.

Sarahbeth Spasojevich of Springfield, formerly of Lake Villa, also received acupuncture

and chiropractic for pregnancy discomforts. She said she successfully became pregnant using acupuncture and chiropractic during her first pregnancy (a son who is now 2) and her current pregnancy (a boy who is due in two months).

Spasojevich and her husband had tried for 16 months to get pregnant, trying invitro fertilization, hormone therapy, and more. An acupuncturist at Harmony Health in downtown Chicago helped her achieve her first pregnancy after just three months of treatments, Spasojevich said.

Norley helped her through her pregnancy with morning sickness.

Norley also was there for her first son's birth.

"I'm firmly convinced she is the reason I was able to get through it without drugs and medications," Spasojevich said.

She plans to continue the treatments to maintain health.

"I'm so happy I found this method," Spasojevich said. "I just wonder what pregnancy would have been like without it."

Want to know more?

Acupuncture originated roughly 5,000 years ago in Asia, and is based upon the idea of qi (pronounced "chee"), said Dr. Pamela Shah Norley, who operates Acupuncture and Chiropractic in Lake Villa.

Norley said qi is the balance of energies within the body, and people become sick when the qi is out of balance.

During acupuncture, hair-thin, sterile needles are inserted in the skin at specific points in the body.

Sometimes a low electric current can be provided through the needles, Norley said, influencing the natural electric flow in the body.

Chiropractic is the art of adjusting joints and the spine to maintain nervous system, muscle and skeletal health.

Writings from China and Greece dating as far back as 2700 B.C. mention chiropractic, sometimes calling the practitioners "bone setters," Norley said.

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Pam and George Singleton review "Broken Bridges," a new drama filled with country music.
—(see page C6)



Flight 93 call receiver writes book about 9/11 experience

'Called' tells how one moment can change someone's life forever

By KATHY GRESEY
kgresey@nwnewsgroup.com

The morning of Sept. 11, 2001 began no different than any other for Chicago-area resident Lisa Jefferson. But before that day ended, her life would dramatically change.

Jefferson was the Verizon Airfone supervisor who spoke with United Airlines Flight 93 passenger Todd Beamer during the final minutes of his life. That telephone conversation is now known around the world.

Though Jefferson said communicating with Beamer was a difficult experience, she believes there was a reason she received his call.

"What we are forced to endure may not look good," she writes in her new book "Called," which explains what happened to her on that fateful day five years ago. "But we know that God can bring good out of it."

An ordinary day

When Lisa Jefferson awoke on Sept. 11, 2001, she had no idea she would become part of American history. She simply went to work, as she would any

'Called'

Authors: Lisa Jefferson and Felicia Middlebrooks

Length: 147 pages

Special features: 16-page color photo insert; stories from United Airlines Flight 93 families; letters to Jefferson; a 9/11 poem

Hardcover price: \$17.99; available at www.amazon.com

Publisher: Northfield Publishing

ordinary day.

After arriving at Verizon Airfone in Oak Brook, the wife and mother of two settled into her daily routine. "Called" explains what happened to her at 9:45 a.m. (EDT) that morning.

Jefferson spoke to Beamer for 15 minutes before he and other passengers tried to rescue United Airlines Flight 93 from the four men who hijacked it.

During the conversation between Jefferson and Beamer, Jefferson learned vital information about the hijackers on the airplane. She also received messages from Beamer that she eventually relayed to his family.

"That day has changed my life in so many ways," Jefferson said in a recent interview with the Weekly Journals. "Spiritually, it has brought me

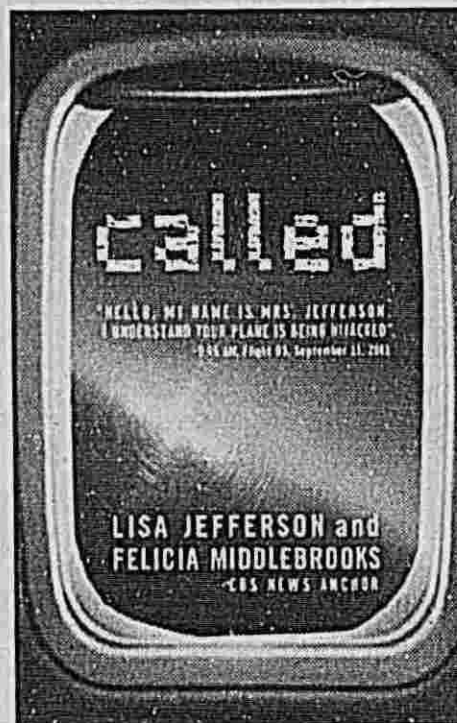


Photo provided

Hazelcrest resident Lisa Jefferson, the Verizon Airfone supervisor who took the Flight 93 call from Todd Beamer on 9/11, has written the book "Called" with CBS Radio/WBBM Newsradio 780 Anchor Felicia Middlebrooks. The book tells the story of how Todd Beamer's phone call on 9/11 changed Jefferson's life.

closer to God. He is the one that guided me through the situation. Mentally, it has really taken a toll on me — just like the families."

Since receiving the phone call from Beamer, Jefferson has been interviewed by countless media outlets, including CNN, Larry King Live and the Oprah

Winfrey Show. The story of Flight 93 has been made into two movies — Flight 93 and United 93. Jefferson said a positive message can come out of the tragic 9/11 event.

"It is my hope that as I share my account of that day, you will be comforted, encouraged and perhaps inspired," she writes in "Called." "It is my sincere desire that you will come away with a deeper knowledge of God's character, and you'll understand that despite human tragedy, He still has a plan for each and every one of us."

Being 'Called'

As the five-year anniversary of 9/11 approaches, memories of that day spring into the minds of many Americans. It is no different for Jefferson.

For years after she spoke with Beamer, the woman received therapy to help her cope with the devastating event.

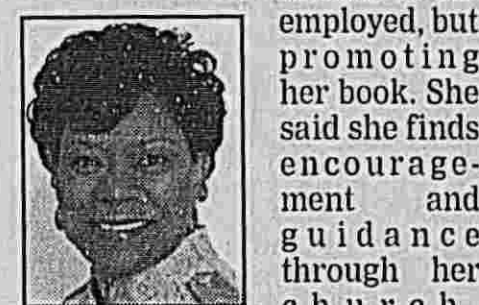
"It does not seem like it has been five years for me," she said. "It is so fresh in my mind."

The reason Jefferson decided to write "Called" was so she could share her story with other people, she said. She hopes that those who read the book will find the strength they need to overcome difficult situations. "Called" was co-authored by Felicia Middlebrooks, anchor for CBS Radio/WBBM Newsradio 780. It is Jefferson's first book.

"[Middlebrooks and I] did it in bits and pieces," Jefferson said. "She was great."

Life has changed immensely for the once-anonymous Jefferson. After 20 years at Verizon Airfone, she lost her job because of layoffs last April.

Currently, the wife and mother is unemployed, but promoting her book. She said she finds encouragement and guidance through her church.



Lisa Jefferson

Greater St. John Baptist Church, in Chicago. Jefferson also is involved with the Flight 93 National Memorial Project fundraiser.

Although she has yet to visit the temporary memorial located in Shanksville, Penn., she said she would like to go to it someday.

"I have been invited to the crash site," she said. "But I have so many interviews, I have to stay home."

Jefferson does find time, however, to correspond with the Beamer family. She said they have embraced her wholeheartedly.

"We e-mail each other often," Jefferson said. "I'm glad to know them."

A glimpse at the Flight 93 memorial



Photo provided

A Todd Beamer memorial stands as a reminder of the events that occurred on Sept. 11, 2001. The structure is located at the temporary Flight 93 memorial in Shanksville, Penn.

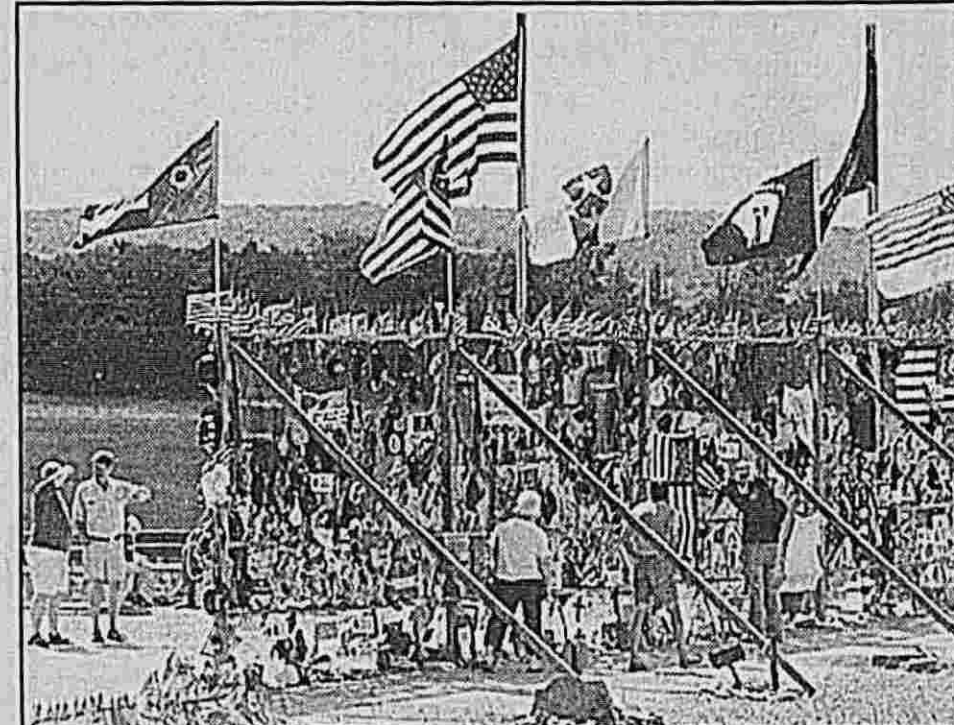


Photo provided

The temporary Flight 93 memorial is located in Shanksville, Penn. Fundraising efforts for the Flight 93 National Memorial Project are ongoing.

It's time to get silly with the alphabet

By KATHY GRESEY
kgresey@nwnewsgroup.com

GURNEE – Motherhood is great fuel for inspiration. Just ask Gurnee resident Wendi Maresca.

Maresca recently finished writing her first book, "Alphabet Silly Time." The book was started after she had her first child.

"It was kind of a fluke thing," she said. "I got inspired as a mom. I got a lot of silly, goofy ideas, and I made this goofy little book."

"Alphabet Silly Time" tells 26 short stories – one for each letter of the alphabet. The stories are about quirky characters, and they rhyme. Photo illustrations by Chicago resident Steve Thomas accompany each

Meet the author

Name: Wendi Maresca
Age: 35
Family: Husband, Michael, and a 5-year-old son, Grant
Resident of: Gurnee
Current occupation: Stay-at-home mom
Education: A bachelor's degree in architecture from Iowa State University

tale.

Although Maresca said she began writing the book without any intention of it being published, it is now available online at www.alphabetsillytime.com for \$10.95. The book is geared toward children ages 4 to 8. Sections of the book can be

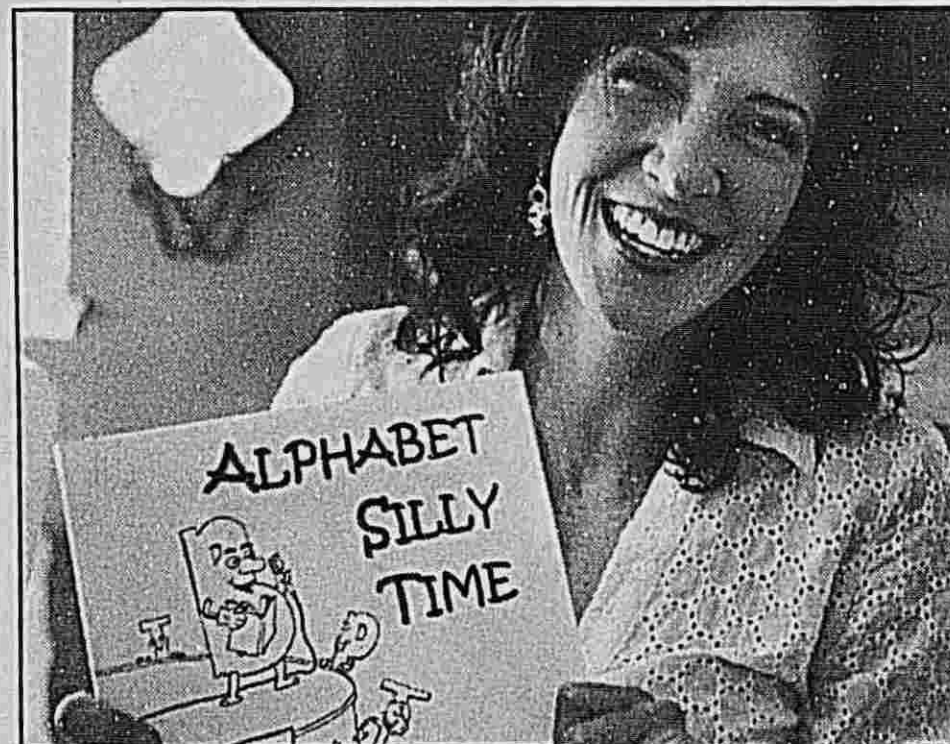
read at its Web site.

"I wanted it to be interesting for parents to read," Maresca said of the book, which is dedicated to her son, Grant. "It was fun to do. The quirkiness of the stories keeps [children's] interest."

The repetition and rhymes also help children become familiar with the alphabet, Maresca added. A few life lessons can be picked up in the stories as well. Grant has already begun to memorize sections of the book, Maresca said.

"He loves reading it," she said.

Those who love the works of Dr. Seuss and Shell Silverstein might find "Alphabet Silly Time" just as enjoyable. Maresca lists those authors as influences for her book.



Annie Christie - achristie@nwnewsgroup.com

Wendi Maresca proudly shows her first published book, "Alphabet Silly Time," which is available on-line at www.alphabetsillybook.com.

Game Dork

'Dead Rising' a merry-go-round of gore-tastic frustration

Zombie/Cosmo quiz: You're stuck in a mall with thousands of zombies moaning for your flesh. Do you A) pause to steal a watch from a jewelry store, B) save Japanese tourists from hungry zombie teeth, or C) search for a pharmacy so you can save the life of a guy named Brad who may tell you what's turning people into the living dead?

There is no correct answer in "Dead Rising." The choice is yours. But if you dilly dally, Brad dies, and you will be stuck in this mall for three days, killing zombies with no purpose. And really, what's zombie-killing without a deeper understanding of their psychological profiles? By contrast, in the movie predeces-

sors to "Dead Rising" – "Dawn of the Dead" and "Night of the Comet" – there was no purpose to random zombie slaying, other than staying alive. The same was true of "Doom" and other early video games.

But games have come a long way. They've trained us to be literalists of absurd situations; we desire answers even to the question of what turns a human's DNA into "argh," "grr!" and "body meat, yum!"

Clearly, government mysteries, religious nuts and possibly terrorists are involved in the zombie-ification of human mall rats. But if I told you whether the government is the bad guy or the good guy, that would spoil the ending.

Besides, I don't know the an-

swer because I didn't reach the ending before writing this. I tried for many, many hours. But "Dead Rising" is the hardest game of the past year, at least.

And even though it's also one of the coolest games of the past year, it's too difficult for a bad reason. The game's "save system" is a bloody nightmare. In most games, you beat a level, and the game saves your progress to that point. If you die, you can start from that save point.



Doug Elfman

In "Dead Rising," you have to beat several levels before it lets you save. You end up playing long, hard sections over and over. In one unbearable section, I killed scores of zombies while skateboarding through the huge mall, but it took me 2 hours to beat an evil human in the middle of this quest. His Uzi trumped my sword.

I'm tempted to give "Dead Rising" only a mediocre review, but it is actually good; however, casual and novice gamers should avoid it like the zombie plague. "Dead Rising" is a fantastical thing.

You play as a photojournalist named Frank. Not only do you kill, you take photos of action and blood-splattered

scenes, and this gives you game points that turn you into a more efficient killer. The mall is your oasis of weaponry. You must pick up things you'd find in a mall to pummel zombies. Planters. Wooden benches. Purses. CDs. You ride on skateboards from the sporting goods store. This is way cool.

My favorite weapons are tall, metal bookshelves that you swing to wallop the holy-shmoley out of zombie skulls. A construction worker's giant drill spins their bloody corpses around on a huge drill bit. A merry-go-round of frustration, "Dead Rising" is nevertheless gore-tastic.

• Doug Elfman is a video game critic for the NorthWest News Group.

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REEL MOVIES

Movie Review Key

- 4 = Don't miss this movie!
3 = Worth seeing, but could've been better
2 = Wait until this movie comes out on video
1 = Someone should be fired for making this movie



By Pam & George Singleton



Page C6

WEEKLY JOURNALS

Friday, September 8, 2006



Photo provided

Country Singer Toby Keith stars in the new drama "Broken Bridges."

'Broken Bridges' reflects brokenness of a lifetime

By PAM and GEORGE SINGLETON

welisten@playrules.com

In this simple story of love and redemption, popular Country Singer Toby Keith plays Bo Price, a cowboy crooner who has seen better days and played better clubs. Not long ago, he was on top of the world, performing in venues where the cheap seats cost \$50. He's now forced to perform six nights a week in a small club just to survive. He's even earned the nickname, "No-show Bo."

During his senior year of high school, Bo got his girlfriend, Angela, (Kelly Preston) pregnant. He left her waiting at the town gazebo on the night that they were to leave together to begin a new life.

Angela did leave, had her baby, finished college and built a successful career for herself. Bo has focused on fear at the expense of responsibility. He's

Broken Bridges

Director: Steven Goldmann

Genre: Drama, country music

Additional info: Paramount Classics; rated PG-13 for some violent and sexual content, and teen drinking.

been on the run ever since, with his life being one big, not-so-happy party.

When he learns that Angela's brother and his brother were both killed in the same military training accident, Bo returns to his small hometown of Armour Spring, Tenn. for the funeral.

Although he knows Angela has a high powered career in publishing, and is raising their daughter Dixie (Lindsey Haun) as a single mother, he's never tried to see them, nor has he ever sent them any money.

Burt Reynolds plays Angela's father - a really

great role for him, in which he is very effective in conveying his feelings with few words. He's a "take-no-prisoners" guy who is still angry with Angela because she left home 16 years ago when she was pregnant and never returned.

He says little about the loss of his son, other than to chide Angela on the phone by saying that she did not care about her brother when he was alive, why bother to come to the funeral now? Never mind that she helped her brother financially to get through community college.

Tess Harper is Angela's warm-hearted mother, offering a shoulder to lean on and an open mind for her daughter and granddaughter. She and her best friend, played by Anna-Maria Horsford, provide humor and old-fashioned mother wit and insight for Angela.

Bo, Angela and Dixie all

See BRIDGES, page C7

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Still playing

Barnyard: PG
Beerfest: R
Clerks II: R
Little Man: PG-13
How to Eat Fried Worms: PG
Lassie: PG
Miami Vice: R
A Prairie Home Companion: PG-13
Snakes on a Plane: R
Talladega Nights: The Ballad of Ricky Bobby: PG-13

New to DVD

Akeelah and the Bee: Akeelah Anderson (Keke Palmer of "Madea's Family Reunion") is an 11-year-old girl from south Los Angeles, who gets a lot of peer pressure from her classmates because she is smart.

Her widowed mother, Tanya (Angela Bassett), does the best she can, which she knows is not good enough. Akeelah's gift is that she can spell. Fortunately, Akeelah's brother, who attends the Air Force Academy, encourages her, by saying she should do it in her father's memory, since he would have supported her.

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HOLLYWOODLAND [R] Daily 2:00 4:30 7:00 9:30
THE PROTECTOR [R] Daily 12:10 2:05 4:00 5:55 7:50 9:45
CRANK [R] Daily 12:20 2:15 4:10 6:05 8:00 9:55
THE WICKER MAN [PG-13] Daily 12:25 2:40 4:55 7:10 9:25
LITTLE MISS SUNSHINE [R] Daily 12:40 2:55 5:10 7:25 9:40
INVINCIBLE [PG] Daily 12:30 2:45 5:00 7:15 9:30
BEERFEST [R] Daily 6:50 9:15
WORLD TRADE CENTER [PG-13] Daily 4:40 9:35
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Praying for forgiveness

• BRIDGES

Continued from C6

come together at the same house, so it's no surprise that things are tense. The film has a certain Hallmark-Television tone to it, with a familiar and predictable story. However, the good acting, likeable characters that one can relate to, and one of the best soundtracks we've heard in the past few years, makes it all click.

Although we may have a little more country western music in our collection than hip-hop, we would not describe ourselves as fans of either. When it comes to music appreciation, our tastes are varied.

Within recent memory, we've gone to see Prince, Tony Bennett and B.B. King. So it was a surprise to us that we liked the country western music in this film so much that it's on our short list for best soundtrack and best song of the year. Not only is the music great, it's so good that its

lyrics function as dialogue to carry the movie. We heard great singing from Keith and Haun, as well as strong cameo appearances by Willie Nelson and BeBe Winans.

Over time, things have a way of working out, but sometimes the pain we put ourselves through (as well as others) before we realize our mistakes can make us question our reasoning. Because we can't turn back the clock, we focus on moving forward. The reality is that we can't get back wasted time.

Life is hard, as we all know. Yet what we do in the moment is most important, though that moment of forgiveness may be long in coming. Many will like this family-oriented movie, with its easy, natural flow and familiar family dysfunction. The ending is melodramatic, but the last scene is really cool, in part because you know how one will feel without a word being spoken.



● Now playing



Adrien Brody tries to uncover the mystery of the death of "Superman," actor George Reeves, in "Hollywoodland."

This film is currently playing at local theaters. An average of six new reviews a week, as well as recent releases, can be found under Now Playing at www.reelmoviecritic.com.

Hollywoodland (R): On the heels of this summer's "Superman Returns," the real-life controversy surrounding George Reeves' (the original Superman) seemingly mysterious death is explored in the noirish "Hollywoodland." Adrien Brody plays the morally bankrupt investigator Louis Simos, accustomed to stringing

clients along for the quick cash and playing part-time divorced dad to his young son.

There is nothing clear or easy in this investigation, and as in "Chinatown," nothing is as it seems.

Perhaps the current CSI-frenzied generation may not appreciate the unanswerable questions swirling around this untimely death, but the unique presentation of these ponderables in "Hollywoodland" results in a film that lingers long after the credits roll. This one "leaps tall buildings in a single bound."

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HOW TO PLAY
Select a winner from each of the week's games, listed below. Select in descending order of your CONFIDENCE in your choices. Win points at left for each correct selection toward possible total of 136 points. See complete rules below. You must be at least 8 (eight) years old to enter. To enter, clip along dotted line, then place game entry in POWER POINTS container at cosponsor's retail outlet(s). Entrants must list name, address and phone number below.

LIMIT: You may enter the contest only once per week.

DEADLINE: NOON THURSDAY

TIEBREAKER 1 ☐ Total points scored (both teams) in CHIEFS game.

TIEBREAKER 2 ☐ Total offensive yards (both teams) in this game.

THIS WEEK'S GAMES

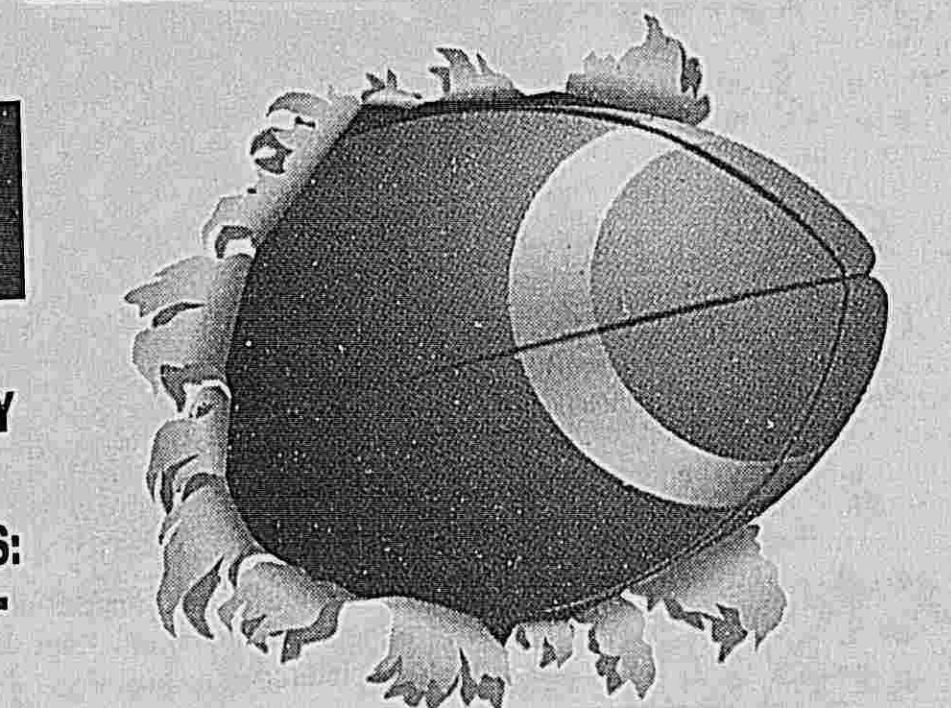
Miami at Pittsburgh	Philadelphia at Houston
Atlanta at Carolina	Seattle at Detroit
Baltimore at Tampa Bay	Chicago at Green Bay
Buffalo at New England	Dallas at Jacksonville
Cincinnati at Kansas City	Indianapolis at NY Giants
Denver at St. Louis	Penn State at Notre Dame
New Orleans at Cleveland	Ole Miss at Missouri
NY Jets at Tennessee	Minnesota at California

136 TOTAL POINTS

Name _____
Address _____
City, State (zip) _____
Day Phone () _____
Night Phone () _____

.... POWER POINTS OFFICIAL RULES

1. Object of the game is to amass as many of the 136 possible points as you can. Carefully review the week's schedule of games, listed on entry form, and decide which game you are SUREST of picking a winner in. Write the name of your predicted winner on the 16 point line, and so on down to the 1 point line, which game you figure to be a long shot. (Note: No "No Contest" or "No Game" entries.)
2. Any entry form that does not contain a legible name, address, etc., will be disqualified.
3. Entries that fail to forecast a winner from each and every game will be disqualified, as will entries that fail to distinguish between the Jets and Giants of New York and other similar teams.
4. No points are awarded for games in which no game is played. (For any reason during its scheduled week.)
5. Entries for any game during its scheduled week must be received by noon on Thursday.
6. Employees of this newspaper and their immediate families are ineligible to participate.
7. Any inquiry about a contest of weekly results must be made by noon on the Friday following the announcement of winners.
8. No purchase necessary. Fair game entry forms will be accepted. Enter contest by dropping entry form into POWER POINTS container at participating cosponsors.
9. Weekly deadline for entry will be 2 p.m. Thursday except when pulled otherwise on weekly entry form.
10. Neither this newspaper nor any cosponsor will be responsible for illegible entry forms or those lost, stolen or damaged in any way.
11. List one entry per person per week. Each entry must represent the original work of an entrant. Group entries, systems or other attempts to enter multiple entries will be disqualified. Filing out extra forms and putting your friends and relatives names on them violates this rule. Any such entries are disqualified prior to grading.
12. Contestants must have reached the age of eight (8) years by the Sunday of any week's play.



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Long-running play 'Leaving Iowa' takes humorous look at family life

By TOM WITOM
thomaswitom@yahoo.com

Three of the five cast members have changed since "Leaving Iowa" opened at Chicago's Royal George Cabaret Theatre in May for a long run. But the heartwarming comedy written by Tim Clue and Spike Manton and directed by Clue remains in good hands and is as richly entertaining as ever. And it shows no signs of running out of steam.

We first encountered it in 2005 when it made its Chicago premiere at Theatre Building Chicago. "Leaving Iowa," set in the present but filled with nostalgic flashbacks to the 1950s, features the kind of comic situations that are easy to identify with, even without having grown up in small-town America.

Lively dialogue perfectly captures the dynamics of a typical Midwestern family.

Tickets, please

What: "Leaving Iowa"
Where: Royal George Cabaret, 1641 N. Halsted Ave., Chicago
When: Open run
Tickets: \$37-\$42
Show information: (312) 988-9000

The narrator is Dan (the likable John Henry Roberts), now a middle-aged Boston-based journalist who has returned to the family home in Winterset, Iowa to locate the perfect spot to scatter his late father's ashes. That proves a daunting assignment.

During his search, Dan finds himself reliving some of the vacations he spent each summer traveling in the family station wagon, dad at the wheel alongside mom (the stalwart Kirsten Fitzgerald); in the back seat were Dan and his taunt of an older sister (Barb Wengerd, from the original Royal George cast).

Dan's now trying to reconnect with the parent he once took for granted. The father (Joseph Bowen), a long-time history teacher whose love for the subject carried over into his personal life, liked nothing better than to check out historic markers and war memorials and to visit such "fascinating" points of interest as Hannibal, Mo., Mark Twain's hometown. His young children, however, lobbied — unsuccessfully — for a trip to the Wisconsin Dells.

One raucous, hilarious scene when Dan and his sister alternately cajole and charm their father to make a detour to a tourist attraction (pure claptrap, as it turns out) heavily promoted by battleship-sized billboards is priceless. Wengerd, a strong performer who has the character of bratty sister down pat, also does well as the pushy waitress. Meanwhile, Brian McCartney, also from the origi-

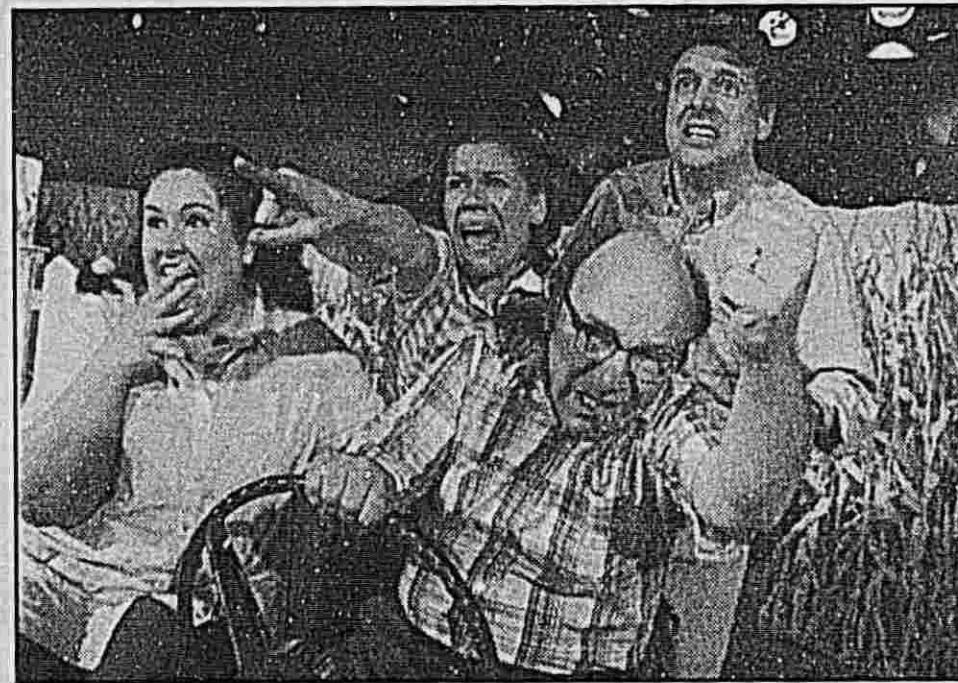


Photo provided

The cast of "Leaving Iowa" has changed since the comedy opened in May. Of the five original members, only Barb Wengerd (center) and Brian McCartney (not pictured) remain.

nal cast, gets a workout playing multiple roles of mostly offbeat characters, from the cart monitor at a large supermarket to a huckster of Amish goods to a one-armed hog farmer in

Kansas.

The down-to-earth charm in "Leaving Iowa" is its "secret" ingredient. Don't be surprised if this comedy is around for many more months to come.

'The Nerd' is coming to town

LIBERTYVILLE — Nerd lovers rejoice.

Larry Shue's comic masterpiece, "The Nerd," is taking the stage in a new production by the Gurnee Theatre Company and opens Friday, Sept. 8, at the Wishing Star Theatre, 1139 S. Milwaukee Ave., in Libertyville.

Performances will take place at 8 p.m. Fridays and Saturdays and at 3 p.m. on Sundays, through Sept. 30.

Set in the early 1980s, the play opens in the flat of architect Willum Cubbert, who's celebrating his 34th birthday with his drama-critic friend, Axel, and unrequited love interest, Tansy. It is then that Rick Steadman — the man who saved Willum's life in Vietnam — shows up for a surprise visit.

Adding zest and hilarity to the party are Willum's client, prickly "Ticky" Waldgrave, his nervous wife Clelia (who has a unique use for demi-tasse saucers) and their monster offspring, Thor.

While continuing to seek its own permanent performing space in Gurnee, Gurnee Theatre Company approached Linda Klepac, owner of Libertyville's Wishing Star Theatre, to discuss mounting a show at Klepac's performance space.

"The Wishing Star Theatre has a beautifully outfitted space, which we are thrilled to be able to use for this production," Gurnee Theatre Company Artistic Director Doug McDade said in a release. The Wishing Star maintains a full schedule of both

adult and children's shows, but offered its performance space to Gurnee Theatre Company for "The Nerd" between productions. The Wishing Star's production of "Sleepy Hollow" opens Oct. 13.

While continuing its quest for a permanent home, Gurnee Theatre Company remains active through its popular staged reading series at the Warren-Newport Public Library, its OnStage Academy for children and teens and its newest program, theatre classes for adults with disabilities, in partnership with Northpointe Resources, in Zion.

Tickets for "The Nerd" are \$15 for adults and \$12 for students, seniors and military. Group rates are available. For tickets, call (847) 775-1950.

Auditions to take place for classic holiday play

Local Antioch theater searches for people of all ages for comedy

ANTIOCH — A Lake County theater is seeking actors to perform a well-known Christmas tale.

P.M. & L. Theatre in Antioch is hosting auditions for "A Christmas Story" at 2:30 p.m. on Sunday, Sept. 10.

Auditions will be for children and adults. Eight to 14 roles, including double-casting, are available for children.

Two to three roles are available for adult women, and four to six roles are available for

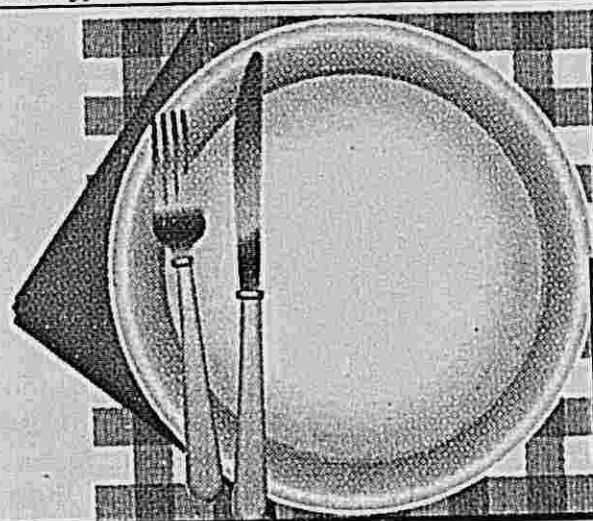
adult men.

"A Christmas Story" tells the tale of young Ralphie, who is growing up in the 1940s during the Christmas holiday. The story is set in Indiana.

For Christmas, Ralphie wants a Red Rider BB gun. However, with the dangers of the BB gun shooting "his eye out," he has the challenge of convincing his mother and father that it is the perfect gift for Christmas.

P.M. & L. Theatre is located at 877 N. Main St. in Antioch.

For more information, call Karl Heilgeist at (262) 537-3100, or Terry O'Brien at (847) 265-5407. The P.M. & L. Web site is www.pmltheatre.com.



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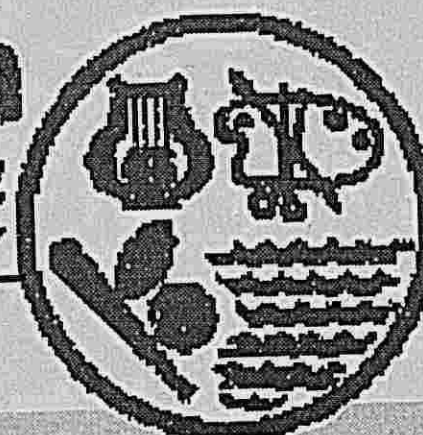
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● **Everymom**

Looking for answers to tummy-time trouble

Tummy time.
It's when you place your baby on her tummy so she can strengthen her neck and back muscles as she plays and eventually learn to crawl, then walk. Sounds easy enough.

My oldest daughter used to scream every time I put her on her tummy. I felt horrible letting her cry, but guilt-ridden if I didn't put her on her tummy enough.

Now I'm going through the same thing with my twins. Anna doesn't mind her tummy, but Lilly eventually works herself up into a frenzy even if I lie down with her to keep her entertained.

She usually reaches her "three-alarm cry," the one that seems to bellow, "Why in the

world are you doing this to me? You're supposed to love me."

I read about a survey by the Pathways Awareness Foundation, a non-profit organization that provides information about children's physical development to parents and professionals. The foundation warns that lack of "tummy time" leads to motor delays.

More than two-thirds of parents don't realize that a baby who hasn't raised her head or pushed up on her forearms by three months could be at risk, the survey found.

Because of the "Back to Sleep" push, meant to prevent crib death by putting babies to sleep on their backs, we're

also apparently raising a generation of "flat-heads."

Before my oldest daughter began rolling over, I'd do anything I could to avoid putting her on her back when she wasn't sleeping.

I'd prop her up on the couch or in a walker in hopes that gravity would quickly shape her head back into place.

Head size already is a running joke in my family, a family of big heads, both figuratively and literally. Would

Summer have both a big and a flat head? My doctor never mentioned her wearing one of those helmets I know some babies must wear.

And her head turned out fine, though its shape is difficult to see underneath all her curly hair.

OK, so my sister occasionally calls Lilly "Sponge Pants, Square Head," but I refuse to obsess about the shape of her head, as I did with Summer. I'm confident it eventually will round out when she starts sitting up and rolling over. And besides, what's in a head is more important, isn't it?

Still, as much as I hate those schedules that tell you when your baby should be hitting certain milestones and

think all babies develop in their own time, I know in some cases, developmental delays can be serious.

That's why tummy time is important, the foundation warns. All right already, but I really could use some tips on how to prevent it from turning into "torture time."

• Columnist Jami Kunzer is the mother of Summer, 2, and infant twins Anna and Lilly. She writes about the everyday challenges facing parents. You also can connect with Jami online Tuesday, Thursday and Saturday through her blog, which can be found at www.nwherald.com. Reach Jami at jkunzer@nwnews-group.com, or (815) 459-4122.



Jami Kunzer

● **Health beat**

Age means nothing when it comes to staying in shape

Question: I am approaching 60. Is it too late to start strength training?

Answer: No, it is never too late to start an exercise program. In fact, physical inactivity could be more of a major risk to your health.

Here are a few interesting statistics: In the year 2000, roughly 35 million people (13 percent of the population) were 65 or older. By 2030, that number is expected to double.

According to the Active Aging Partnership National Blueprint, 88 percent of these people have at least one chronic health condition that in many cases may be improved or managed with physi-

cal activity.

Once adults pass the physical prime of their teens and 20s, an average of 10 ounces of lean body mass in the form of muscle is lost yearly. Since few people actually lose 10 ounces of weight a year (instead, we are more likely to gain about a pound a year), the loss is masked.

The average person actually gains about a pound and a half of body fat a year. This gradual loss of muscle strength is one of the main reasons the older population has difficulty performing daily activities. Ultimately, this leads to the loss of an individual's independence.

It is important to remember

that a slight increase in muscle strength, at any age, can improve a person's quality of life and prevent the frailty that used to be considered a normal

part of aging. Older, inactive adults lose ground in three areas that are important for staying healthy and independent. These areas are en-

durance, balance and flexibility. Endurance training can maintain and improve cardio-

vascular function, which reduces the risk factors associated with diabetes, colon cancer and heart disease.

Balance exercises help prevent falls and builds confidence, while flexibility training helps to keep the body from stiffening up by stretching muscles that are limiting motions needed to perform daily activities.

Whether you are approaching 60 or 70, I encourage you to increase all types of exercise and physical activity. According to an article in "Aging Successfully," published by the St. Louis School of Medicine and Geriatric Research, the goals of exercise for the older adult should be to

minimize the effects of aging and chronic disease, reverse the effects of inactivity and maximize psychological health.

Please talk to your primary care physician before starting an exercise program. Upon approval, find a personal trainer who has experience with the older population, or a C.H.E.K (Corrective Holistic Exercise Kinesiology) practitioner in your area.

• Linda DeFever is the owner of Vitality Inc., Where Exercise and Nutrition Meet in Balance at Serenity Health Resources in Wauconda. To have your health and fitness questions answered, e-mail DeFever at ocfever01@yahoo.com.



Linda DeFever

● **Correction**

• In the article "Illinois State Skeet Championship," which ran Aug. 25, the name of AAA Class Skeet Shooter, Northbrook Sports Club Director and National Skeet Shooting Association Chair and Director Mark Molenaar was incorrectly reported as Mike. The Journal regrets the error.

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BRIDAL SHOWCASE

Etiquette tips for every wedding 'party'

The wedding season is in high gear, and with another round of newlyweds just around the corner it is important for everyone involved, from the bride down to the ushers, to get organized.

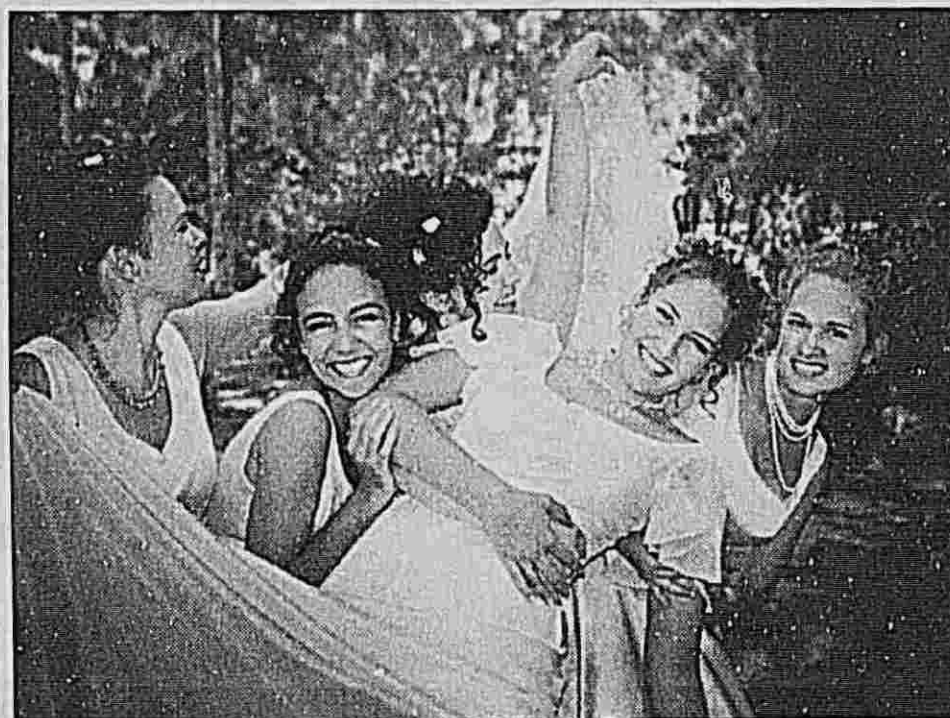
Although the planning process can be hectic, staying organized and optimistic can make the day enjoyable for each guest, and most importantly, the newlyweds. Everyone involved in the planning process should stay organized and make the time to speak regularly with the bride and groom to be sure they are fulfilling their duties. Sometimes, just by making yourself available to help, the bride and groom-to-be can relax more - allowing them to fully enjoy this memorable start to their future together.

The bride and groom

- When it comes to thank-you notes and bridal party gifts, it is important not only to remember those who attended, but also those who helped celebrate from far away. More than half of U.S. adults (53 percent) reported they always send a gift to weddings they can't attend. These people should not be forgotten.

- Designate a point person to take care of the minor details on the wedding day so the groom doesn't find himself responsible for tracking down the DJ or rounding up friends for photographs. This person can either be hired help or a trusted friend, but be sure they have a schedule of approximate times that the bride and groom plan to share their first dance, toss the bouquet and cut the cake.

- Provide entertainment to guests and an opportunity to socialize with sometimes unknown seat mates via fun ice-breakers. At each table, include



an appealing crystal bowl, and fill it with pieces of paper that spark conversation by asking guests such things as how they met the bride and groom, or what their favorite story is about a member of the bridal party.

The best man

- Help free the new bride and groom of unnecessary worries on their special day. Hold on to payments for the day's vendors and be sure to disburse the checks to the appropriate people by the end of the reception.

The maid of honor

- Streamline the planning process for the bride by creating an easy-to-remember e-mail address that can be sent out to all the wedding guests. This way, questions can be directed toward you, keeping the bride less frazzled.

The parents of the bride and groom

- If you are paying for the expenses of the wedding, be sure to sit down with the bride and groom early to set expectations for costs. It's also important to



communicate costs throughout the planning process, but remember, just because you are paying for it does not mean you get to decide every last detail of how the money is spent.

Most important no matter how much preparation goes into this magical day, everyone should remember to relax and enjoy the moment. The best gift to give to the bride and groom is to celebrate what brought everyone together in the first place: love.

A dress that every bridesmaid will love

Seafoam green with puffy sleeves and a turtleneck. This is an example of a bridesmaid dress that definitely won't be worn again! With a wealth of bridesmaid styles and colors available, there's no reason for bridal parties to be anything but stunning and smiling on the big day. Even better, you'll be the best-loved bride if you give them something that they won't mind wearing again.

Don't let the process overwhelm you. It's supposed to be fun! As the bride, you and your attendants should consider the following when choosing a dress:

Color: You may have dreamed of dressing your girls in pastel pink since you were 2, but that hue might not look good on your redheaded sister. Choose a color you that complements the girls' complexions and hair color. Dark colors like navy, hunter green and black look good on almost everyone.

Pastels look best on blondes and dark-haired girls with fair complexions but won't flatter redheads and darker complexions. If you do want pastels, go for rose-petal pinks, light yellows and pastel blues.

Some brides pick one color that everyone will wear. Others choose a style and let their bridesmaids pick the color. Or you can pick the color (purple) and let the bridesmaid choose a different intensity (eggplant or lilac).

Fabric: Avoid fabrics that are just plain bad, like '80s taffeta. Today's designers are using fabrics like velvet, chiffon, crepe and matte jersey that are sleek and slimming.

Style: Do you want one-piece dresses or two-piece ensembles? Some top-skirt sets let you play mix and match, allowing girls to achieve unique looks that make them happy. So variety doesn't get out of hand, you can set guidelines, such as nothing above the knee.

If you want everyone to wear the same style, choose something that suits the largest size in the group. A-line skirts and empire waists generally look good on everyone. It's wise to consult with all your attendants before choosing a specific style, such as strapless, to make sure



everyone will feel comfortable wearing it.

Time of the wedding and season: Use common sense.

Don't under or overdress for the season. A velvet dress will be a little out of place at an outdoor wedding in July. On the flip side, bridesmaids will freeze in a short strapless dress in the middle of December.

If you must have that strapless dress in winter, plan

for shawls or bolero-type jackets to be constructed in the same fabric as the gown. Then, your girls will have a way to cover up if they become chilled.

Body types: While one maid is a size 2 and looks great in something short and tight, it might not flatter your tall, full-figured cousin who is a size 16. Also, try to draw attention away from problem areas that could be reasons for self-consciousness (hips and thighs) and focus on the flattering neckline instead.

Price: Generally, bridesmaids pay for their own dress and alterations, so factor in those costs when envisioning your dream gown.

Don't feel like you have to do all of this by yourself. Make a few decisions yourself and then bring a few maids shopping with you. (Don't bring more than a few girls or it will get too chaotic). After you narrow it down, then you can get input from the rest of the crew.

Then it's time for all the bridesmaids to get measured. Measurements can be taken at the shop where you are getting the dresses, or the girls can get them done at their own tailor and give you their measurements. Order all the dresses at the same time to ensure they are from the same dye lot, or they might not all be the same exact color. Be sure to order the dresses far enough in advance so the gowns have time to be made and the girls can get them fitted.

Follow these tips and your bridesmaids will be smiling all wedding long!

SUDOKU

VERY EASY

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7			3		6
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SUDOKU SOLUTIONS

VERY EASY

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7	2	1	4	5	6	8	9
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3	1	5	4	3	6	2	7

EASY

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7	6	2	8	3	9	1	5
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8	9	2	5	7	1	4	6
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MEDIUM

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7	9	5	2	1	6	8	4
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HARD

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7	2	9	6	5	1	8	4
4	2	9	6	8	7	5	1
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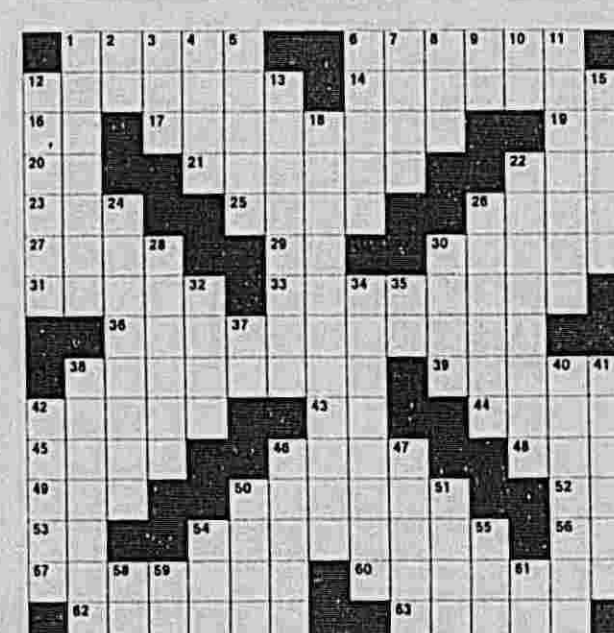
CROSSWORD

ACROSS

- Religious person
- Old winter transport
- Bicycle seats
- Outstanding protagonist
- Article
- Old age mental infirmity
- Didymium
- Connecticut
- Containing salt
- Marry
- Expresses surprise
- Beaks
- Chinese dynasty
- Employee stock ownership plan
- Chemical
- Subject of Rowan Williams' book
- Starlings
- Adorn
- Placement
- Streetscars
- Part
- Heavily wooded area
- College degree (abbr.)
- Snake-like fish (pl.)
- Rabbit
- Sicilian city
- A way to drain
- Glacial
- Metal light

DOWN

- Imagination unrestricted by reality
- Rural delivery
- Many subconsciouses
- Brews
- Ernest French historian
- Whirls
- Tardy
- Town in Cambridgeshire
- Farm state
- Gadolinium
- Place of concealment
- CSD in Holbrook, NY
- Polymer
- A nest or breeding place
- Philadelphia icon
- Neighs
- Conferring distinction



- French dialect spoken in So. Louisiana
- Conditional release of a prisoner
- Friends (French)
- Herrings canned as sardines
- Being rhinal
- Indicates position
- Overhead railway
- Imparts knowledge
- An awkward climb
- Caught sight of
- Fan sound
- Showy ornaments
- Word of farewell
- Type of avocado
- rhin: natural analgesic protein
- An interest in land capable of being inherited
- A colloid in a more solid form than a sol
- Drunks' disease (abbr.)
- Surrealist Geiger
- CA city (abbr.)



Horoscope

VIRGO – Aug 24/Sept 22
Your stubbornness may cause you to overlook the obvious, Virgo.

LIBRA – Sept 23/Oct 23
Who said you can't have it all, Libra?

SCORPIO – Oct 24/Nov 22
Take a serious look at your financial future, Scorpio.

SAGITTARIUS – Nov 23/Dec 21
It'll take a little more than a few strokes of bad luck to keep you down, Sagittarius.

CAPRICORN – Dec 22/Jan 20
Stop holding on to a situation that you cannot win, Capricorn.

AQUARIUS – Jan 21/Feb 18
A brainstorm will come into play this

week, Aquarius.

PISCES – Feb 19/Mar 20
Expect a few bumps along the road this week, Pisces.

ARIES – Mar 21/Apr 20
This week you'll face the truth of who you are and stop acting like you're trying to be someone else, Aries.

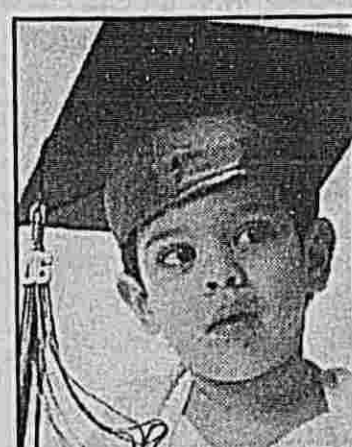
TAURUS – Apr 21/May 21
A relationship is entering a new phase, which means that there are exciting times ahead with your mate.

GEMINI – May 22/Jun 21
The stars want you to slow down and enter an introspective phase, Gemini.

CANCER – Jun 22/Jul 22

Make a solid effort to complete a project this week, Cancer. Even if it doesn't pan out, you'll still have the feeling of accomplishment that hard work brings.

LEO – Jul 23/Aug 23
Don't throw up your hands in frustration, Leo. It will only make your current situation worse. Study the problem and get to the heart of the matter.



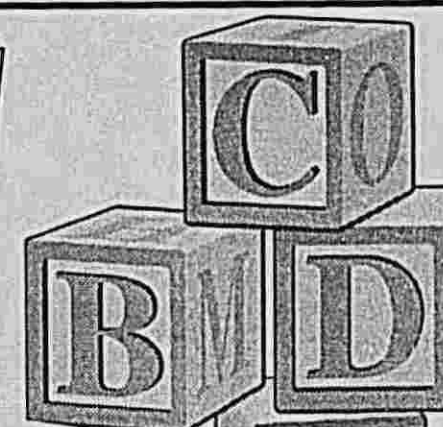
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Around the County

● Our View

Illinois governor candidates ignore fundamental problems regarding Illinois education system and just look for the easy solution.

Page D4

● Off and Running

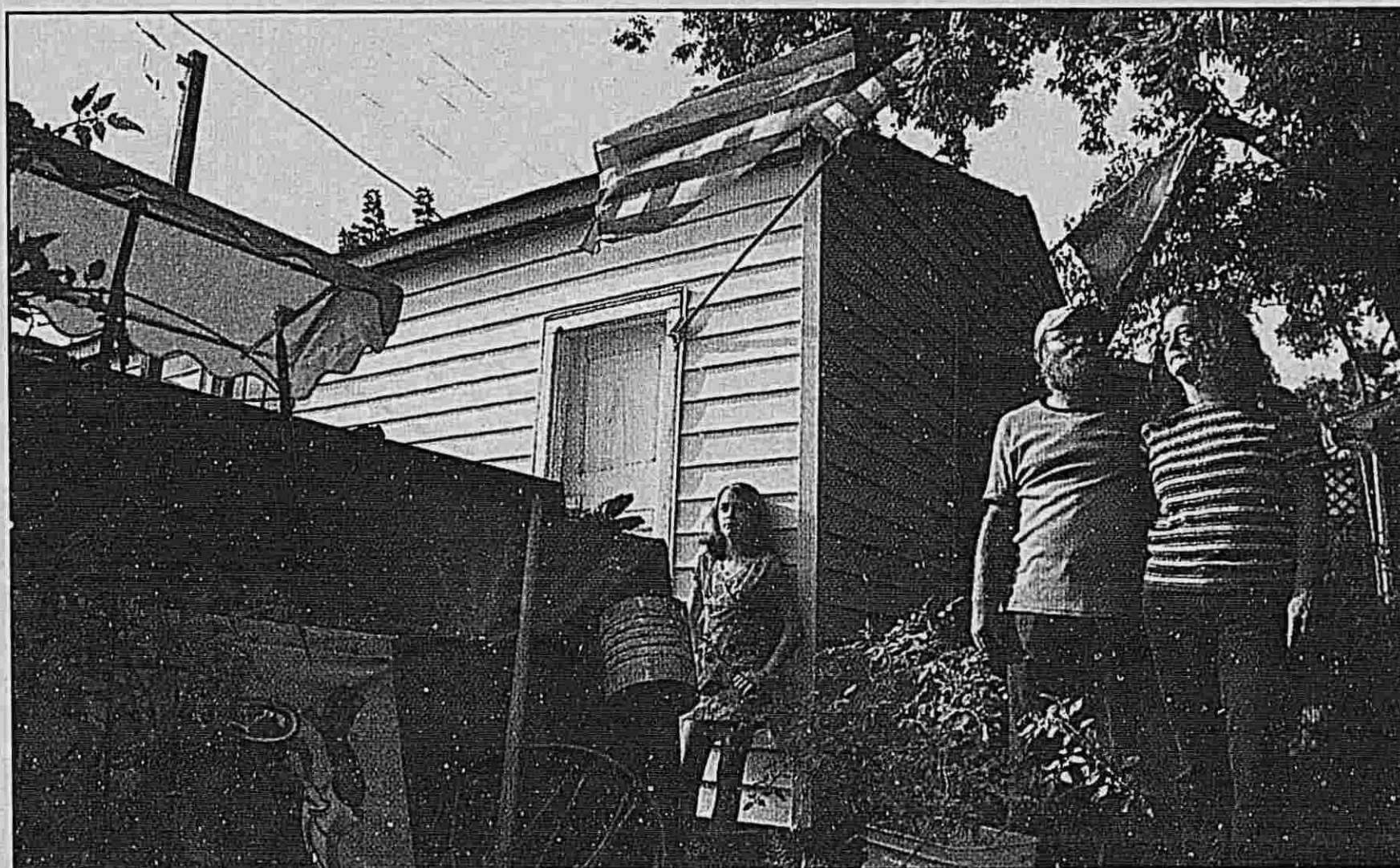
Columnist Esther Cepeda finds flaws in both Illinois governor candidates stances, while wanting to put political correctness of University of Illinois mascot to bed.

Page D4

● Partylines

After a recent debate in Wadsworth, 8th District Rep. Melissa Bean criticizes Republican candidate David McSweeney on flip-flopping during the debate. Meanwhile Wauconda Mayor Sal Saccomanno will be honored at the Italian Executives of Transportation annual banquet.

Page D5



Bill Manley - bmanley@nwnewsgroup.com

Lakemoor residents Jerry Lameka, and Donna Powers along with their daughter Rebecca Lameka, 9, learned Aug. 21 that they owe \$875.53 in tax liens on their two garage lots. The \$194.32 they owed for both lots were not factored into the 2003 taxes they paid in person.

Lakemoor residents get a surprise

Paperwork error leads to tax problem for family

By KEVIN P. CRAVER
kcraver@nwnewsgroup.com

LAKEMOOR – One letter on a tax bill two years ago, and a form that never was filed, has snowballed into an expensive tax problem for a local family. Donna Powers had two objectives

when she drove to the county government center on June 21, 2004 – pay the property-tax bill she never received, and correct her address to prevent a re-occurrence. However, her two small side lots, assessed at \$97 apiece, were not factored into the bill she paid at the treasurer's office, and the county asses-

sor's office never processed her change-of-address form.

Powers and longtime partner Jerry Lameka never received certified letters notifying them that two tax lien companies bought the delinquent taxes on the properties in November 2004.

Powers learned Aug. 21 that she owed \$875.53 – or \$681 more than what


See LAKEMOOR, page D8



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†See store for details.

Meth might be on horizon for county

By EMILY PREVITI

epreviti@nwnewsgroup.com

CHICAGO – In 18 months, Patrick lost half of his body weight.

Ask him how, and he will likely answer with candor: methamphetamine.

At 175 pounds, the 32-year-old looked comfortable in an orange thermal shirt, which likely would have hung on him from when he bottomed out at 145. As rain fell outside, Patrick sat at a round table in Kennis Williams' office inside of the Haymarket Center, 932 W. Washington.

Williams, coordinator of health and education at the center, estimated that Haymarket currently treats about 20 people in its meth addiction treatment program.

Treatment centers in Lake County have seen methamphetamine addiction less frequently, according to staff members at the Lake County Health Department, Gateway Foundation Inc.'s Lake Villa location, and Crew, in Zion. Lake County has not witnessed a significant presence of meth, according to Lake County Metropolitan Enforcement Group Deputy Director Keith Frederick. In fact, MEG helped to bring down the county's first known lab through the investigation and arrest of Scott Erb.

Williams said the presence of meth has, so far, stayed within Chicago's homosexual community and has just begun to treat users from beyond that scene.

It is only a matter of time, she mused, before the drug expands to the suburbs.

In southern and central Illinois, where meth labs are more prevalent, users and producers run "the whole gamut," according to Master Sergeant John Biffany of the Illinois State Police Methamphetamine Response Team.

MEG called upon Biffany in both instances, Frederick said, to help them to investigate Erb.

Erb, 39, was living in Libertyville and Gurnee, respectively, when he was arrested in October 2005 and August 2006.

Frederick said Erb had not

By the numbers

- **14.2** (less than one percent) of the 2,148 kilograms of meth seized nationwide in 2005 came from Illinois.
- **931** meth lab incidents happened in the state in 2005, according to the Drug Enforcement Agency (DEA).
- **More than 2,000** meth labs seized yearly in Missouri, more than any other state during the past five years. In most, the figure crept closer to 3,000.
- **Rural settings** are ideal for meth manufacture. Labs' isolation prevents other from smelling production or witnessing explosions, given the chemicals' volatility, even in by-products.
- **Arizona, California and Mexico** house most meth labs, from where producers "mail in" the drug to urban gangs for distribution in Chicago.

Additional sources: John Biffany, master sergeant of the Illinois State Police Methamphetamine Response Team and Keith Frederick, Deputy Director of Lake County Metropolitan Enforcement Group

started to manufacture the drug in the second case, but had assembled the materials to do so.

To make meth, producers use fairly common household products, such as over-the-counter medicine.

Unlike Erb, Patrick neither had an encounter with law enforcement, nor manufactured meth, he said. Patrick, 32, managed to get the drug for free in return for dealing or through acquaintances.

"I was doing a lot of things that I would never do sober," he said. "I had anonymous sex. I would lie, cheat, steal. Anything to get the next high."

Meth's magnetism

Haymarket sets the stage for Patrick's sophomore attempt at sobriety. In 2005, he entered treatment after one year of using first ecstasy, then crystal meth. He thought a change of scenery might help him, so he moved from Tuscon, Ariz., to Chicago at the end of 2005.

Patrick said he stayed clean for 117 days until he rediscovered meth in February. Contacts met online or on telephone party lines, he said, provided access to the drug.

Patrick's drug use prevented him from keeping a job, but the subsequent couch-hopping and Ramen-dominated diet mattered little.

"[Meth]... decreased my inhibitions and made me feel socially acceptable," he said.

Relapses like those of Patrick

and Scott Erb might make some scratch their heads, but came as no surprise to Biffany.

"The urge to do [meth] is so strong that they jump right back into the game all over again," Biffany said. "They say cigarettes [are] the most addictive [substance], and addiction to meth [is] right up there on the level of cigarettes."

The drug delivers a dopamine rush that increases users' attention and energy, and decreases their appetites, according to the National Institute for Drug Abuse (NIDA).

Meth leaves users' systems in a few days, but remedying the mind and emotions takes longer, Williams said.

Habitual meth users experience addiction, weight loss, twitching and hallucinations. NIDA cites paranoia, rages, fatigue and cravings, which often lead to relapses, as consequences of withdrawal.

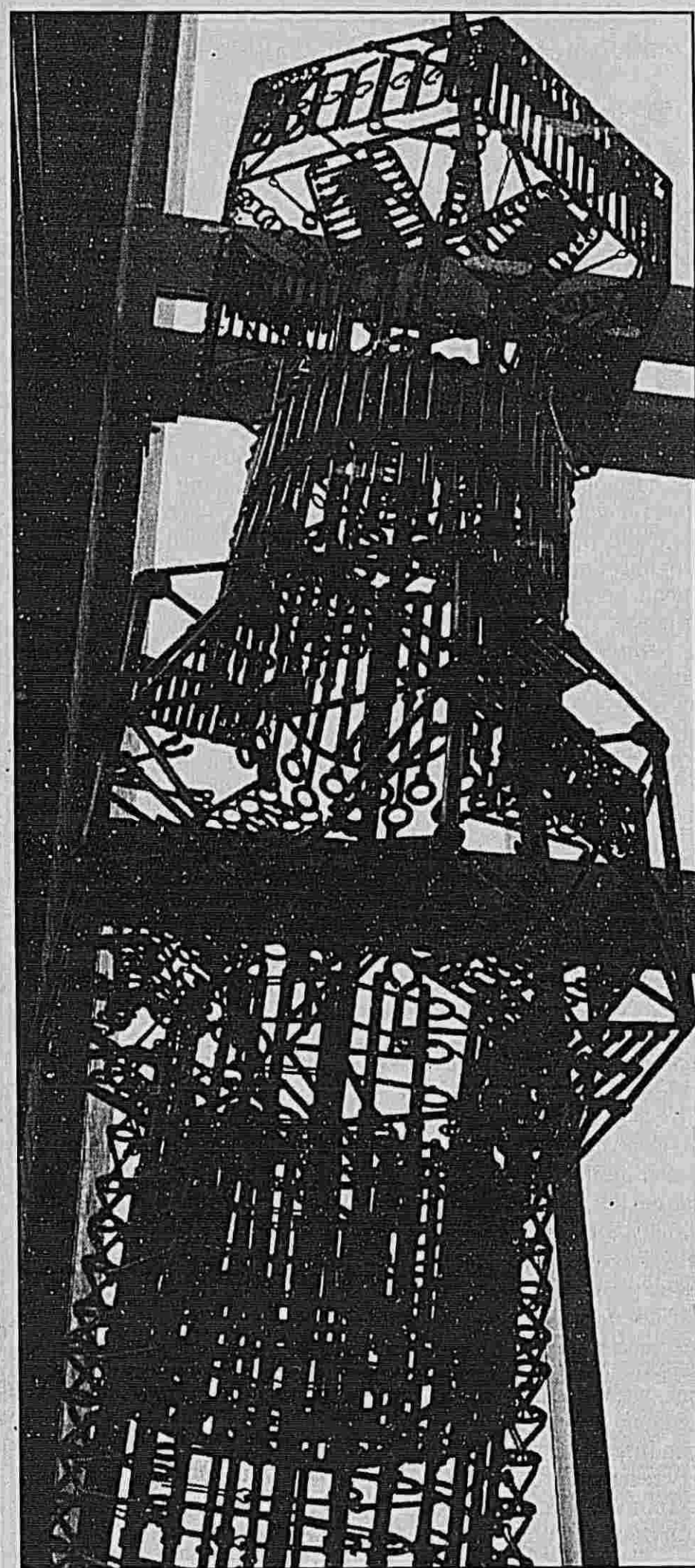
Williams explained that users also associate the drug with sexual activity, given its link to the "party culture," and environment that she described as permeated by hyper-sexuality.

The drug's pull overrides consequences, dangers and side effects.

"Even when arrested or confronted with law enforcement or losing their children," Biffany said, "they will still continue to do meth."

See METH, page D8

Getting to the nuts, bolts of the matter



Annie Christie - achristie@nwnewsgroup.com

"Bolt," a 7-foot tall sculpture made of 500 pounds of nuts, bolts and wrenches was sculpted by artist Erik Blome, who was commissioned by W.W. Grainger Inc. to create it. Grainger donated the sculpture to the College of Lake County.

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Our View

Gambling not a real solution

A fairly predictable pattern has developed regarding the state budget.

Spend. Spend. Spend. Expand gambling. Spend. Spend. Spend. Expand gambling.

Republican gubernatorial candidate Judy Baar Topinka recently proposed locating a casino in Chicago to add billions to the state coffers. The money primarily would be used for education, although we all have heard that one before.

Topinka's proposal comes after Gov. Rod Blagojevich's plan earlier this year to build schools by legalizing keno in Illinois restaurants and bars. After that plan garnered little support, Blagojevich switched to the idea of selling the Illinois Lottery to raise billions for education.

Neither candidate has considered the idea that perhaps school districts in Illinois need to spend their money more wisely. Instead, both have come up with election-year goodies that ignore some of the fundamental problems associated with education in Illinois, such as irresponsible spending and exorbitant property taxes.

Topinka's proposal is not entirely without merit, espe-

cially because the state's 10th riverboat casino license is vacant. A Chicago casino would attract tourists and money from out of state, and it likely would be the most successful casino in the state.

However, the Legislature increasingly is becoming addicted to gambling money. At \$1.37 billion, Illinois received the second-most tax revenue in the country from casinos and lotteries in 2004, according to the state comptroller's office. The solution to state budget woes simply is not to find creative new ways to bring gambling to residents; it is making better use of the current revenue stream, as well as rooting out wasteful corruption.

Figures from the comptroller's office show that the state's general fund experienced terrific growth from 1993 to 2001. The base revenue grew from about \$14.7 billion to more than \$24.1 billion. In 2001, revenue dropped precipitously. The state ended 2002 with more than \$781 million in unpaid bills, and the state, despite a rebound in revenue, has been on unsound fiscal ground ever since.

More gambling money will not address Illinois' fundamental education or fiscal issues.



Off and Running

Casino proposal by governor candidate Topinka nothing new

Last week, political pundits were singing a love song to Judy Baar Topinka, who is battling it out with Gov. Rod Blagojevich for the big seat because, after months of waiting, she finally coughed up a plan to finance some of the state's struggling programs through gambling licenses and revenue.

Wow, that's really dynamic and innovative, Judy. It's no wonder it took you five months to cook that up.

And what's worse is the whole proposition is so shaky-mired in what could be defined as extreme politics in Illinois-it was hard to believe it was a serious announcement. That's her solution?

But who needs real solutions when even your average Illinois voter would have enough political savvy to know that it doesn't look good when you appoint your kid's babysit-

ter to a paid position on the Illinois Civil Service Commission, as Blago apparently did, oblivious to the potential gaffe.

Let's assume for a moment that Betty Bukraba, a former personnel director for the Cook County Circuit Court Clerk's office, has qualifications beyond being a Blago baby whisperer.

Let's also assume that if she is a key person, propping up the family life of a governor running for re-election and a high-powered real estate agent, the extra twenty grand proba-

bly won't make or break her. Last assumption: she may be perfect for the job in every way possible.

I don't care. It doesn't look good.

To most of us, \$20,000 is a great deal of money, which shouldn't be handed out like a holiday bonus to the hired help. Realize that this is no sleepy board; in the coming months the commission will be asked to rule on the future of two personnel agency workers Blagojevich fired for allegedly fixing the hiring process.

But far worse than that, the governor-currently under a federal probe for his administration's hiring practices-doesn't get that this isn't going to fly with voters a mere two and a half months before the November elections.

See CEPEDA, page D5



Esther J. Cepeda

Letters to the editor

Besides traditional mailed letters, Weekly Journals accepts letters by fax and E-mail. Limit letters to 250-300 words and include your name, address and daytime phone on all letters.

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WEEKLY
JOURNALS

● **Snapshot** Your thoughts on this week's hot topic

"Do you feel the awareness for Gulf Coast relief has decreased in the year since Hurricane Katrina hit?"



"No, not really. It's talked about all the time."

Robert Schaefer
Round Lake



"Yes. I haven't paid much attention [to it]."

Gurpreet Kahnna
Wauconda



"Don't care."

Rodrigo Vazquez
Waukegan



"Yes, absolutely. There has not been enough progress - lack of media attention."

Donna Gabriel
Gurnee

● **Partylines** compiled by staff reports

Bean says opponent 'flip-flops' during debate

While Republican Eighth Congressional District candidate David McSweeney discussed his philosophies as a fiscal conservative during a debate in Wadsworth last week, Bean's camp said in a release his record tells an entirely different story.

The release went onto to state that McSweeney had opposed the 1997 Taxpayer Relief Act when he ran for Congress in the 8th District in 1998. That credit was supported by a majority of House Republicans, according to Bean's office, and cut taxes on small businesses and families by \$95 billion during a five year period.

"David McSweeney can keep searching for excuses when it comes to his inconsistent positions on tax cuts," Bean spokesman Brian Herman said. "But the fact is that he opposed a bill that was projected to cut taxes by \$95 billion, and ended up saving taxpayers even more."

Little achievers

Many sports fans in the Chicago area latched onto a

team during the month of August that they had likely never heard of before.

But, as the Lemont Little League Baseball Team rolled through the Little League World Series, of which many games were featured on national television, the fan base swelled.

One of those fans turned out to be Gov. Rod Blagojevich, who proclaimed Aug. 25 "Lemont Little League Day."

"These young men have made everybody in Illinois proud," Blagojevich said in a statement. "I want to congratulate Lemont for their amazing run in this year's Little League World Series."

Lemont, located in the southwest suburbs, made it all the way to the U.S. Semifinal game, where the team faced Oregon for a right to play for the national championship trophy.

Although they had runners in scoring position in the bottom of the last inning, they could not pull off the victory and lost by a score of 4-3.

The last little league team in

Illinois to make it to the Little League World Series was South Holland in 1992. Lemont represents only the 14th team from Illinois to compete in the tournament since 1947.

Proud honor for mayor

Wauconda Mayor Sal Saccomanno will be honored at the Italian Executives of Transportation annual banquet in Addison next month.

The date is Oct. 21, when Italian Civic Pride will be celebrated at the Alta Villa Banquets. Saccomanno will be one of eight mayors honored. Forest Park Mayor Anthony Caldere heads the group.

"I'm looking forward to it. It is a good way to honor my Italian heritage," the mayor said.

He said that the honor is rotated among public officials who are Italian-Americans.

Mayor visits Taiwan

As a young man, Hainesville Village Board President Ted Mueller served in the Navy during World War II.

He was stationed aboard the

USS Plunkett and, since his days in the service, Mueller has kept up with the history of his old ship and stayed in contact with his shipmates.

Like so many World War II destroyers, the Plunkett was decommissioned shortly after the war.

Mueller said in 1959, the Plunkett, along with a handful of ships, was reactivated and transferred under the loan provisions of the Military Assistance Program to the Nationalist Chinese government.

It was renamed the Nan Yang 17 and sailed for Taiwan, until it was returned to the United States in 1970. It was then scrapped.

During the late 1960s and early 1970s, Mueller worked in St. Louis as a mechanical engineer with a number of men from China. Mueller shared his sea stories with his co-workers.

The firm's principal, Bill Tao, and co-worker Jim Yeh were going to Taipei on a business trip. While at a banquet, Bill Tao ran into his friend, Vice Admiral Tun-Hwa Ko. It

turns out that Tun-Hwa Ko was familiar with the old Plunkett - he had been skipper of the Nan Yang.

A few years ago, the vice admiral's daughter, Jill Long, found Mueller. She works as a professional engineer in Los Angeles, and the two corresponded. She shared with Mueller a number of her memories aboard the Nan Yang.

Back in June, Mueller finally heard from the vice admiral himself. Tun-Hwa Ko invited Mueller to attend a national convention entitled "Sealanes of Communication Conference" in Taipei.

Tun-Hwa Ko, according to Mueller, had been handpicked by Chiang Kai-shek to serve during World War II.

"We never met for 62 years," Mueller said. "I was only a seaman, but when you get older, rank doesn't matter."

Mueller thought he was just attending the conference as an observer, but it turned out that he was one of the dignitaries.

"It was an experience of a lifetime, and, if I'm lucky, I may get to go again," Mueller said.

University of Illinois mascot debate overdue for some bed rest

• CEPEDA

Continued from D4

Is that the kind of political genius we want in office for another four years?

The Blagojevich family needs to decide whether they need a good babysitter or a qualified state board member.

They can't have both.

Chief concerns

About 15 years ago, I recall being incensed that the

University of Illinois refused to back down from having their previously uncontroversial mascot, Chief Illiniwek, represent the school based on the request of several vociferous students and American Indian rights groups.

That was before I was hardened by what eventually came to be called "political correctness," which in my mind became a guerilla tactic - a club to be used by anyone even the slightest bit disgruntled with

any particular situation or moment in life.

Now, I'm reconsidering on the grounds of, "Please, I just don't want to hear about it anymore."

Haven't we long passed the point at which the number of times that caricature has been plastered across front pages of newspapers outweighs the wisdom of just shutting up about the situation?

I would bet that the number of times I've seen Chief

Illiniwek in the newspaper, since this debate started raging is 100 percent more times than I would ever have seen him if no one had mentioned his presence.

The publicity associated with this debacle has done more to sully the honor of American Indians all over the country than the Chief himself.

But even worse, when you stop to weigh all the high school, college and professional

sports clubs that have been the target of the effort to cleanse the American consciousness of American Indian stereotypes against the many American Indian groups, which have come out in defense of said sports teams ... well, it's time to put this baby to bed.

I'm not hearing it anymore. And if you've bored me, of all people, on a legitimate social justice issue, then you need to find another, less public, way to resolve your angst.

● Letters to the Editor

Vote for Bill

To the Editor:

Friends ask me why my husband, Bill, is running in the 8th Congressional District as an independent candidate. Bill and I talked about it, and we felt voters had no options at the ballot box. We decided we needed to get involved.

For the first time in Illinois history, the Moderate Party will give voters another choice on Nov. 7, thanks to 14,500 people who signed our petition.

Bill passionately cares about the needs of working families and our families fighting in the Middle East. We know about those needs, firsthand. Our son, Daniel, has just returned from combat after a year in Iraq.

The administration asks us to support our troops, but when they return home, they are given little or no support from our government. As I write this letter, we are housing another returning soldier, who can't find employment in his hometown. The jobs he needs have been taken by illegal immigrants and outsourced to nations with cheap labor.

Bill wants to bring our troops home and take care of them when they return. The Democrats and Republicans want to continue in a "war without end."

At birth your children owe \$30,000 in taxes from out of control spending due to this ill-conceived war and other catastrophes.

Without an exit strategy, we are giving away our most precious resource, our children.

To Bill and me, every life is precious.

Today, food pantries are used more than ever because people trade food for gas at the end of the week, just to go to work, while these gas companies are making \$7.3 billion in profit. With our children grown, Bill and I felt compelled to stand up for working families ignored by the other two parties who care more about big business friends and lobbyists than about us.

We provided the best health care to all of the employees in our small company. Bill will stand behind health care legislation for the most vulnerable, the middle-

class worker.

We cannot stand by idly, while hardworking people lose everything when struck by unemployment, injury or illness.

Join Bill and me to protect the needs of working families.

Randi Scheurer
Lindenhurst

What happened here?

Dear Libertyville District 128 parents:

I am curious to know if, you too, believe we shouldn't be paying the yearly school fees and extra charges the schools are billing us. This year I wrote two checks for both of my high school kids totaling a whopping \$320. They were for what they called "basic fees." We also were charged for fees we did not pay during the school year, which were for classes our kids took. They included keyboarding \$10 a child, Spanish \$25 a child, and miscellaneous classes were an additional \$30 charge.

The Illinois Constitution, Article 10, states that the public schools are free. The Illinois law states that public school's budget is supposed to come from our taxes. So what happened here? I don't know about you, but I look at my tax bill, scratch my head and think, aren't we paying enough in taxes? Since when does the school, which is part of the government, not have to obey the laws? Where is that money that we're sending in going anyway?

I'd be interested in your feedback. Please e-mail me at sandy-chuck@anet.com.

Sandy Wisniewski

Beauty destroyed

To the editor:

The Antioch Community High School Board is butchering the local environment. This letter is in regard to the woods that were at the rear of the high school, natural hardwoods forest containing two ponds. Countless residents of Antioch played in the woods, hunted, and fished the two pools of water. When the high school went through many remodels, it always left a portion

of the original woods standing. Not anymore: the entire woods have been bulldozed into oblivion.

Given the transitory nature of Antioch High administrators, the two ponds will likely be filled in soon by people who have no sense of the Antioch community, its traditions and areas of environmental beauty. The school board, made up of our residents, is responsible for this destruction of a site of natural beauty in Antioch.

Who serves whom? There was no need to destroy this area of natural beauty, a sylvan area, which had always been in existence, long before there was even an incorporated village of Antioch. No doubt to make room for a pole building.

Michael J. Mortensen
Antioch

Class candidate

To the Editor:

Negative campaigning is disgusting and I want it to stop. Have an idea, politicians, and defend it. Leave your opponent's person/family/history alone. I'm writing this letter now, because I've seen good friends burned by negative campaigning. I just had the chance to see what politics can be like without it.

I have known Adeline Geo-Karis for years. She's a whip-smart, sharp lady who has done a great job for Lake County for a long time. The things that were said about Geo in the pre-primary mailings were despicable. It might be too much to hope that a politician is a class-act, but the level of tastelessness that Geo's opponent showed in that election cycle was astounding. I only mention this old news because I was recently reminded of it in a roundabout way.

Michael Bond, the Democrat running for the retiring Sen. Geo-Karis' seat, knocked on my door the other day. I had already decided not to vote for Bond's opponent, but that did not mean that I would vote for Bond. When he came to my door, I tried to bait him into saying something bad about his opponent. I decided that if he started personally

attacking her, then I would have just left the State Senate portion of my ballot blank on Nov. 7.

Instead, I was very surprised. He kept steering the conversation back to the issues. He wouldn't say a peep about his opponent, despite my best efforts. My favorite thing that he said was something like, "This race isn't about me or my opponent, it's not even about Republicans and Democrats, it's about Northern Lake County." He had some interesting ideas about educational financing and road improvement, but I was most impressed by his class. I can only hope that other candidates this year will adopt Bond's policy of sticking to the issues.

George S. Schroeder
Grayslake

Slamming Simpson

To the Editor:

I have worked at a Warren Township department for a number of years and have witnessed Sue Simpson's tenure first hand. I have concluded that she is not fit to be supervisor, let alone a state senator.

At the township she is known for her egotistical power trips and profanity-laced diction.

In addition, I have witnessed egregious amounts of government waste and patronage during the past nine years.

In short, Ms. Simpson lacks moral character, an ethical standard, and fiscal responsibility.

Jason Linn
Boulder, Colo.

Enough is enough

To the editor:

We have waited a long time for the Illinois attorney general's office and Mike Waller's office to release the findings regarding misconduct and mismanagement in the Lake County Sheriff's Office. Now that it is public information, the taxpayers of Lake County should be nothing short of outraged.

For 10 years, Gary Del Re has been sheriff in Lake County. This report covers only a third of his tenure and it is filled with evidence detailing a total lack of su-

pervision and financial controls. It is appalling.

So who do we blame? Where were the county board members? Year after year they approved an increase in Del Re's budget, only to find out that this money was abused and squandered with little or no accounting procedures. What a treat it must be to use a county credit card for restaurants, hotels, the high price of gasoline and purchases paid for without receipts.

Usually these kinds of findings are released after Election Day. To the investigators' credit, we have these findings with three months to go before the election. Read the report, get engaged in this high profile race for sheriff, and vote these people out of office. Really, enough is enough.

Michael Hewitt
Waukegan

Moving to the middle?

To the Editor:

I'm writing to send your readers a message: Lake County is turning purple.

The area, as I'm sure you know, has been Republican Red for a long time. However, there is a new crop of Democratic candidates with enough sense and the requisite skills to actually win here. Melissa Bean has won up here with her business skills and skilled approach to solving problems. Several other folks running this year, like Michael Bond, seem to have similar ideas. A few of them can actually pull it out this year.

I'm very excited that Northern Illinois is coming back to the middle. Adeline Geo-Karis, at the state level, has been very effective because she has been willing to work across the aisle to actually do what's best for us, the citizens. Now we have these Democrats who seem to be willing to do the same thing, both in the state and federal governments.

I hope some of these candidates win this year. I'm tired of having my vote taken for granted by either party.

Cheryl Greenman
Grayslake

LAKE COUNTY HEALTH DEPARTMENT/ COMMUNITY HEALTH CENTER

Health Department offers free breast and cervical cancer screening

Free breast and cervical cancer screenings are offered to eligible Lake County women through the Illinois Breast and Cervical Cancer Program (IBCCP), located at the Lake County Health Department/Community Health Center. Through the program, women can receive, at no cost to them, a complete medical examination, a clinical breast exam and a pap test, as well as referral for a free mammogram at a local hospital.

Examinations are done at the clinics of the Lake County Health Department/Community Health Center, also through private providers, and are by appointment. To find out if you are eligible, please call the Health Department at 847-377-8430.

Crisis counseling available

The Lake County Health Department and Community Health Center offers walk-in and telephone crisis counseling and referrals for Lake County residents experiencing emotional stress. This is a service of the Crisis Care Program, 3002 Grand Ave., Waukegan. Counselors are available 24 hours a day. For assistance, call 847-377-8088. (A TDD, hearing impaired phone line is also available at 847-360-2905.)

Help for those having trouble affording hearing aid

Are you all of a sudden having trouble understanding what people are saying to you? Do you often find yourself turning up the television to hear? If so, you may be one of the 31.5 million Americans who are considered hard of hearing.

Many people are aware that their hearing has deteriorated but are reluctant to seek help. Perhaps they don't want to acknowledge the problem, are embarrassed by what they see as a weakness, or believe that they can "get by" without using a hearing aid.

If your child broke an arm, you'd get a cast put on. If your mother could no longer walk, you'd get her a wheelchair. So why do millions of people - both young and old - choose to suffer in silence? Often, it's because they can't afford to get help.

The average hearing aid costs \$1800 and many people require two of them. While 95 percent of people with hearing loss can be helped with hearing aids, only 23 percent currently use them, according to a study published in Hearing Review in July 2005.

"Many people don't realize that hearing aids are not covered under Medicare, or under the vast majority of state mandated insurance programs," says Dr. Sergei Kochkin, executive director of the Better Hearing Institute. Private insurance plans sometimes cover them. But over 70 percent of hearing aid purchases involve no third party pay-

ment, so consumers often bear the entire burden.

If you look hard enough, it is sometimes possible to find financial aid to defray the costs, according to Kochkin. He advises people to turn to state and local departments of social services, fraternal organizations like the Kiwanis and Lions Club International, or one of the other sources listed on the Better Hearing Institute Web site. (<http://www.betterhearing.org>, go to Resources/Financial Assistance)

Many advocates for people with hearing problems are pinning hopes on legislation now working its way through both houses of Congress, the Hearing Aid Tax Credit Act (H.R. 414 and S.1060). The bill would give a \$500 tax credit to people who buy hearing aids, if they are age 55 or older or are buying them for a dependent child. Identical versions were introduced by Representative Jim Ryun (R-KS) and Senator Norm Coleman (R-MN) in 2005.

Some say the bill is a good first step but much more needs to be done. "We support it, but it's not nearly enough," says Brenda Battat, associate executive director of the Hearing Loss Association of America, the nation's largest membership organization for the hearing-impaired. "A lot of our members ask us, 'Why does it help only people who are 55 and older?' They are 40-



If you or a loved one are dealing with hearing loss, but can't afford hearing aids, there are some things you can do proactively to deal with the problem.

something or younger, in the workplace, and they also need help."

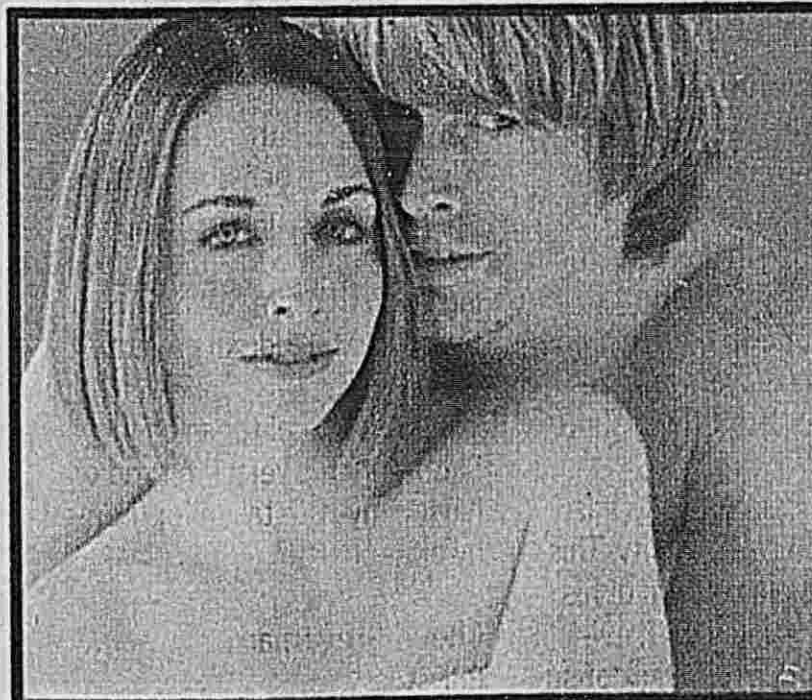
According to Kochkin, about 40 percent of people with hearing loss make less than \$30,000 a year. "A tax credit obviously isn't going to solve the cost problem completely but at least it will make a dent." The tax credit bill has picked up a growing number of sponsors in both houses of Congress but won't be voted on before the summer recess.

If you or a loved one are dealing with hearing loss, but can't afford hearing aids, there are some things you can do proactively to deal with the

problem.

- Limit the amount of noise that enters the ear
- Maintain normal volume for music and other forms of entertainment
- Protect your hearing by wearing earplugs in noisy environments, such as when mowing the lawn or using power equipment
- Contact your local Congressman or Senator to support the pending tax credit legislation for hearing aids

For more advice on dealing with hearing loss, and to keep up with the latest on the pending legislation, log on to www.betterhearing.org.



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Dual errors result in possible loss of property for Lakemoor family

• LAKEMOOR

Continued from D1

they originally owed – to keep their lots from being sold at tax auction.

"Jerry's not working at this time, and I'm the only one bringing in the bread," Powers, a data entry specialist, said. "I work a lot of hours to pay off my bills. It will be hard to come up with the money. I'm not saying I don't owe them taxes, I just don't feel I should pay for their mistake."

It is a mistake that Treasurer Bill LeFew said is fixable, given that the notices did not reach them because of a paperwork problem. But while LeFew pledged to remove the liens, he said the couple made mistakes themselves.

"For whatever reason, this [change of address] didn't get processed, and we'll take care of it. That's my job," LeFew said. "The buck stops at my office, and I've got to fix it. It's not a big deal."

Lameka and Powers live at 337 Lily Lane, but their tax bills have been incorrectly addressed to 337 Lily Lake, a nearby road with no such address. Lameka said they likely had received past bills because their mail carrier knew them.

Powers, who has lived in the

house about 14 years, did not know the personal identification numbers on her three properties when she went to the treasurer's office for a new bill. She said she did not inform the office that she had three properties when they gave her the \$1,103.48 total for her first installment.

She also said she did not notice her tax bill was smaller than previous years.

Unbeknownst to Powers, she still owed \$194.32 for the two 50-by-100-foot garage lots. Five months later, on Nov. 15, 2004, lien companies in Geneva and Champaign each bought a lot's taxes, charging 18 and 17 percent interest compounded every six months.

And because Powers' address was not corrected, the certified letters sent from County Clerk Katherine Schultz's office in January 2005 were returned. The couple did not learn of the mess until Aug. 21, when they received a courtesy letter from LeFew informing them of the impending tax sale.

"We did everything they told us to, and they never changed the danged address," Lameka said. "Someone mails the tax lien, they come back no such address, the county doesn't put two and two together, and they're

not liable. We don't dispute we owe the taxes on the two lots for that year. If they would have notified us at any time, boom, they would have been paid."

Lameka said he discussed the problem with LeFew's and County Assessor Donna Mayberry's staffs, both of which said that state law places the onus of responsibility on the taxpayer. Mayberry and LeFew both said their staff members were correct, but LeFew added that Powers should have taken the concern to him and should have noticed in 2004 that her tax bill was smaller.

"Have you ever had a tax bill in McHenry County go down \$190 in a year? Ever?" LeFew

said. "Don't you think she should have said, 'I have two other properties'? We want to help people out, but we don't know they have other properties when they come in to pay their tax bill."

One of the boxes on subsequent tax bills informed the couple that they had 2003 forfeited taxes, but Powers said the small box is easy to miss with the numerous assessments and taxing body rates.

Mayberry said their address as of Tuesday still had not been changed, and promised to correct it. She said she and her staff are looking into why the change of address form never was processed.

"We have some very specific processes so that we don't lose documents," Mayberry said. "It caused quite a stir in the office. We had data fall through the cracks, and that caused quite a concern."

Lameka and Powers said they would remain cautiously optimistic that the county could get the sale ruled as an error and only be responsible for the back taxes. They hope it can happen before Nov. 15, when the lienholders can take possession, according to Schultz's letter.

"In the meantime, am I going to lose [the lots]?" Powers asked. "What are they going to do in the meantime while they review it?"

Area man expects to beat his meth addiction

• METH

Continued from D3

The drug's endangerment to children, prompted Illinois lawmakers to stiffen penalties for meth in 2005, according to a release from the Illinois Attorney General's office. Its production's threat to public safety through potential explosions and environmental contamination also played a role in the move.

The road ahead

A friend's infection from injection proved the final straw for Patrick, who sought Haymarket's help after his friend's success there.

Patrick said he has suffered addictions to food – his weight once cleared 300 pounds – as well as sex and shopping.

"I would spend money on needless things," he said. "You

Did you know?

Illinois law enforcement agencies made 605 arrests related to methamphetamine in 2000, and 1,264 in 2004, an increase of more than 100 percent, according to the Illinois State Police.

don't need 700 pens."

Patrick said he expects his sobriety to last, despite previous slips, one of which occurred while in treatment at Haymarket.

He plans to enter a half-way house, and might go back to school for drug advocacy counseling.

"If they haven't had the experience, they can't be empathetic," he said of therapists and caseworkers. "The drug is new to Chicago. They don't know how to deal with us."

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ROSEMARY R. NYCZ (nee SMITH)

Born: Jan. 12, 1933
Died: Sept. 2, 2006

Was a devoted wife, mother and homemaker

LIBERTYVILLE – Rosemary R. (nee: Smith) Nycz 73, of Libertyville Township, passed away Saturday, Sept. 2, 2006 at her home after a five year battle with cancer. Rosemary was born the daughter of the late Allen and Eleanor Smith, in Sturtevant, Wis. She lived there until marriage brought her to Lake County, 52 years ago.

Rosemary was the beloved wife of Leo, loving mother of Michael (Marilyn) Nycz, Linda (Frederick) Treven, and Therese (Thomas) Rosko, cherished grandmother of four; dear sister of one; sister-in-law of Jean Venet, a lifelong friend to John and Lucille Guilbault, and an adoring aunt to several nieces and nephews.

A visitation was held on Sept. 6, from 4 to 8 p.m., at Strang Funeral Chapel and Crematorium in Grayslake. Mass of Christian burial was celebrated on Sept. 7, at 10 a.m., at St. Gilbert Church in Grayslake. Interment followed at Ascension Cemetery in Libertyville. In lieu of

flowers, memorials may be made to the St. Gilbert Church, Vision for the Future. The family would like to express their sincere and profound thanks for the loving care given to Rosemary by Condell Hospice.

MARILYN JUNE 'LYNN' KNEIBUEHLER

Born: June 16, 1941
Died: Aug. 29, 2006

Graduated from Grayslake High school

ALBANY, ORE. – Marilyn June "Lynn" (Rohweder) Kniebuehler, age 65 of Albany, Ore., formerly of Grayslake, died Tuesday, Aug. 29, 2006, after a courageous four-year battle with melanoma. Lynn was born in St. Paul, Minn., on June 16, 1941, the daughter of the late Marilyn June and Ralph Arthur Rohweder. She was raised in Lake Villa and graduated from Grayslake High School in 1959. After her marriage to Michael Kniebuehler on Jan. 6, 1962, they lived in Grayslake. She and Mike and their three children moved to Albany in 1978 with five acres on the Santiam River where they added cattle, horses, pigs, chickens, sheep, dogs and cats. Too young to know any better, they took

their three children across the country in a one-bed truck camper every summer. Lynn was the office manager at the Mennonite Village in Albany. She was an incredible friend and sister of too many people to name. Lynn defined herself first as a mother. She had an endless giving and compassionate nature that was graced with amazing artistic talent that she used to express her love.

She is survived by her husband, Mike; children, April (Ken) Treyrav, Clarksville, Tenn., Curtis (Kirn), Oregon City, Ore., and Gregory (Tracy), Albany, Ore.; and four grandchildren, Jack, Alex, Max and Baily. She is also survived by sisters; Gwen, Julie, Robin and brothers Rex, Ralph and Roger. In addition Lynn was a stepsister to six sisters and brothers.

Her family hosted a celebration of Lynn's life at their home. In lieu of flowers, the family wishes that contributions are made to the facility that gave her four more years to make a difference in this world, the Robert W. Franz Cancer Research Center at Providence Medical Center in Portland, in care of Fisher Funeral Home, 306 Washington St. S. W., Albany, OR 97321 (www.fisherfuneralhome.com).

ELIZABETH M. LITCHFORD

Born: Feb. 6, 1921
Died: Sept. 3, 2006

Worked for Quaker Industries in Antioch

SALEM, WIS. – Elizabeth M. Litchford, age 85 of Salem, Wis., passed away Sunday, Sept. 3, 2006 at Hospitality Nursing and Rehabilitation Center in Kenosha, Wis. Born in Chicago the daughter of the late Joseph and Josephine (Dleo) Cianco. She had worked for Quaker Industries in Antioch in the accounting department for 25 years before her retirement in 1972. She and her late husband, "Woody," made and sold doll lamps at the Seven Mile Fair grounds in Wisconsin. On Dec. 28, 1947, she married Woodrow Litchford in Chicago and he preceded her in death on Jan. 11, 1997.

Survivors include her sons Woodrow "Woody" (Jan) of Antioch, Paul (Shirley) of Kolona, Iowa, and her daughter, Maryann (Michael) Aliano of Milan, Mich.; her two brothers; 13 grandchildren and three great-grandchildren. She was also preceded in death by her son and daughter-in-law, Roger "Jim" and Janet Litchford, her granddaughter, her two brothers,

and her two sisters.

The funeral was held at 7 p.m., on Sept. 7, at the Strang Funeral Home of Antioch, with the visitation starting at 4 p.m. Interment of her ashes was private in Highland Memorial Park Libertyville.

SHIRLEY D. LOFTUS

Born: Sept. 18, 1926
Died: Sept. 3, 2006

Retired from the Dominicks in Vernon Hills

LAKE VILLA – Shirley D. Loftus, of Lake Villa passed away Sunday, Sept. 3, 2006 at her home surrounded by her family at the age of 79. She was born in Chicago, to the late Courtney and Elizabeth Hodges. Shirley was most recently employed at the API in Libertyville.

Shirley is survived by her daughter Vickie (Leonard) Lambert; her sons Dennis Loftus, and Kelly Loftus, and her grandchildren. She was preceded in death by her parents, her son Mike, and her eight brothers and sisters.

A funeral service was held Sept. 7, at 11 a.m., at Strang Funeral Chapel and Crematorium in

See OBITUARIES, page D10

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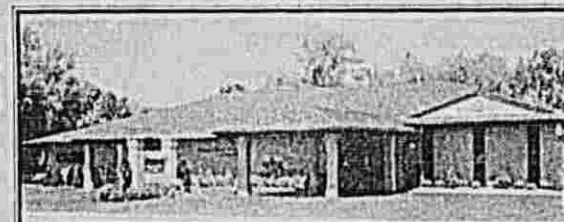
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OBITUARIES, continued from page D9

Grayslake. Interment followed at Ascension Cemetery in Libertyville. Friends of the family visited on Sept. 5, from 4 to 8 p.m., at the funeral chapel. Memorials may be made to the Save-A-Pet 31664 N. Fairfield Rd. Grayslake, IL 60030.

JEAN LOUISE PETERSON

Born: June 1, 1930
Died: Aug. 25, 2006

She was a member of the Round Lake Area Park District Kitchen Band

LAKE VILLA – Jean Louise Peterson, age 76 of Lake Villa, passed away Friday, Aug. 25, 2006 at Libertyville Manor. She was born in Chicago to William and Mary Robertson (nee Crone). Jean was a member of the Round Lake Area Park District Senior Center, as well as the Kitchen Band.

Loving mother of Barbara (Leonard) VanPaassen of Round Lake Beach, and Deborah (Les) Bandy of Lake Villa; beloved grandmother of four; great-grandmother of Kaiden Smith and the soon-to-be Kurtis Alexander Smith; and one brother. Her husband, William R. Peterson, a brother, a sister, and aforementioned parents all precede her in death.

Friends of the family visited on Sept. 1, from 4 to 9 p.m. at Strang Funeral Chapel and Crematorium in Grayslake. The funeral service began at 11 a.m. on Sept. 2, also at the funeral chapel. Interment was held privately. In lieu of flowers, memorial donations to either the American Heart Association, 208 S. LaSalle St. Chicago, IL 60604 or the American Diabetes Association, 30 N. Michigan Ave. #2015, Chicago, IL 60602 would be appreciated.

ANGELO S. GANGE

Born: April 2, 1926
Died: Aug. 29, 2006
Served in the U.S. Army during WWII



LINDENHURST – Angelo S. Gange, age 80 of Lindenhurst, passed away Tuesday, Aug. 29, 2006 at Condell Medical Center in Libertyville. He was born in Chicago, the son of the late Joseph and Stella (Baglio) Gange. He served in the US Army during WWII in the Pacific Theater. Angelo continued to work after his retirement as a school bus driver for the Round Lake and Lake Villa School Districts. On June 5, 1949 he married Pat Montana in Chicago.

Survivors include his wife of 57 years, Pat; his children, Richard (Gail) Gange of Antioch, Bea (Sane) Gryczko of McHenry, IL and Paula (Anthony) Folinazzo of Lindenhurst, eight grandchildren, five great-grandchildren; and a sister. In addition to his parents he was preceded in death by three brothers.

Funeral services with Mass of Christian Burial was held at 10 a.m., on Sept. 2, at Prince of Peace Church, in Lake Villa. Graveside services with Military Honors was held at 12:30 p.m., in Queen of Heaven Cemetery in Hillside. Visitation was held at the Strang Funeral Home of Antioch, from 4 to 8 p.m., Sept. 1 with VFW services at 7 p.m.

GILDA L. SOBEY

Born: May 30, 1923
Died: Aug. 30, 2006
She enjoyed knitting, gardening, RV'ing and fishing

ANTIOCH – Gilda L. Sobey, age 83 of Antioch, passed away Wednesday, Aug. 30, 2006 at Vista

Medical Center East in Waukegan. Born the daughter of the late Roy and Elsie (Paasch) Pierce, Gilda was a member of the Antioch United Methodist Church and the Alden-Kindred Society. On Aug. 9, 1941 she married John "Jack" Sobey in Waukegan and he preceded her in death on April 21, 1998.

Survivors include her daughters, Martha Jeanne (Ted) VanLandingham of Bristol, Wis., and Gayle (Richard) Davis of Antioch; seven grandchildren, 21 great-grandchildren, one great-great-grandchild; one brother, and one sister. In addition to her husband, she was preceded in death by her seven siblings.

A memorial service was held at 1 p.m., Sept. 2, at the Strang Funeral Home of Antioch, with Pastor Barb Good of the United Methodist Church of Antioch, officiating. Interment of ashes will follow in Hillside Cemetery in Antioch. Visitation was held from 5 to 8 p.m., Sept. 1. In lieu of flowers, those desiring may make contributions to the Antioch Rescue Squad or the Alzheimer's Association in her memory.

FRANCIS 'FRANK' JOSEPH LABUS

Born: Dec. 17, 1932
Died: Aug. 30, 2006
Served in the Navy



WILDWOOD – Francis "Frank" Joseph Labus, age 73 of Wildwood, died Wednesday, Aug. 30, 2006 at his home. Born in Waukegan to Walter and Bertha (nee Mathesen) Labus, Frank served his country in the Navy. He was a member of the American Legion and VFW.

Survivors include his wife Carol Jean; his children Donna Fabiano of California, Gail Aldridge of New Mexico, and Lisa (Jim) Cranmer of

Colorado; his grandchildren, and his siblings.

A funeral service was held Saturday, Sept. 2 at 7 p.m., at Strang Funeral Chapel and Crematorium, in Grayslake. Friends of the family visited from 2 p.m., until the time of service. Interment was privately held.

PATRICIA RUTH SANATO (nee DeANGELIS)

Born: Jan. 77, 1929
Died: Aug. 30, 2006

Member of Immaculate Conception Church and Eagles Club

WAUKEGAN – Patricia Ruth Sanato (nee DeAngelis), age 77 of Waukegan, died Aug. 30, 2006 in Milwaukee, Wis.

She is survived by her son, David (Linda) Sanato; daughter, Constance Sandus; grandchildren; and great-grandchildren. Patricia was preceded in death by her son, Daniel; and a daughter, Deborah Sanato.

Visitation was held on Sept. 2 from 9 to 10:30 a.m. at the Marsh Funeral Home in Waukegan, followed by a Mass of Christian Burial at 11 a.m. at Immaculate Conception Church in Waukegan. Interment was at Ascension Cemetery in Libertyville. In lieu of flowers, donations to Immaculate Conception Church would be appreciated.

RICHARD L. JIMENEZ

Born: Aug. 3, 1928
Died: Aug. 30, 2006
A veteran of the Korean War serving with the U.S. Army



BEACH PARK – Richard L. Jimenez, age 78 of Beach Park, died Aug. 30, 2006 at Arbor View Nursing

Home in Zion. He married Rita Spokas in March of 1982 in Waukegan. He was a veteran of the Korean War serving with the U.S. Army and coached boys baseball at St. Bart's School.

Survivors are his wife, Rita; sister-in-law, Elaine Spokas of Gurnee; two nieces; one nephew and several cousins. He was preceded in death by his parents and one brother.

Mass of Christian Burial was celebrated on Sept. 1 at 10 a.m. from Holy Family Church in Waukegan. Interment followed at Ascension Cemetery in Libertyville. Friends called at the church from 9 to 10 a.m. Sept. 1. Donations may be made in his memory to either Holy Family Church, 450 Keller Ave., Waukegan, IL or the charity of your choice. The Salata-Gurnee Funeral Home in Gurnee handled the arrangements.

ARTHUR G. FERGUSON

Born: Oct. 11, 1935
Died: Aug. 20, 2006
Served with the U.S. Marine Corps



WAUKEGAN – Arthur G. Ferguson, age 70, of Waukegan, died peacefully at Froedtert Hospital in Milwaukee, Wis. from lung cancer on Sunday, Aug. 20, 2006. He proudly served in the U.S. Marine Corps from 1953 to 1956.

Survivors include three daughters, Susan L. (Stephen) Neyrink of Crystal Falls, Mich., Sally A. (Bradley) Carlson of Gurnee, and Cynthia J. Ferguson of Waukegan; five grandchildren; and many other relatives and friends. Art was preceded in death by his wife, Patricia in 1999; and a daughter, Sandra in 2001; his parents; Bertha Patton and James Ferguson; and six siblings.

Funeral arrangements were han-



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died by the Marsh Funeral Home in Waukegan. Burial was private. A "Celebration of Life Party" was held on Sept. 2 at the home of Art Ferguson from 11 a.m. through 7 p.m. In lieu of flowers, memorials may be made in his name to the American Cancer Society.

JEANNE LAWRENCE GILMOUR

Born: Jan. 27, 1923
Died: Aug. 5, 2006

She married the love of her life and was dedicated to her family

LIBERTYVILLE – Jeanne Lawrence Gilmour, age 83 of Libertyville, passed away in Libertyville on Aug. 5, 2006. Jeanne was born in Cumberland, Md. She was a realtor, and had extraordinary experiences of travel and personal relationships. After her husband's death in 1988, she traveled extensively to Europe and many other countries as well as in the U.S.

Jeanne is survived by a sister, Betty Lou (Bob) Watson in Atlanta, Ga.; and three daughters, Pam (Bob) Black of Belvedere, Calif., Denise (John) Mandigo of Antioch, Gwen (Michael) Havern of Palo Alto, Calif.;

and grandchildren. She is preceded in death by her husband, Boyd (Bud) and a sister, Doris Roberts.

She was buried next to her husband, Bud, on Aug. 7. All are invited to a celebration of her life, which will be held at The Lehmann Mansion in Lake Villa at 2 p.m., on Sept. 10. Memorial contributions may be given to Jamal Place Inc., 1335 S. California Ave., Chicago, IL 60608. Arrangements were handled by the Burnett-Dane Funeral Home in Libertyville.

GRACE MARIE PATTERSON

Born: April 9, 1913
Died: Aug. 30, 2006

Was an active volunteer for the American Cancer Society

WAUKEGAN – Grace Marie Patterson, age 93, of Waukegan, died Aug. 30, 2006 at Vista East Medical Center in Waukegan.

She is survived by her son, Ralph (Laurice) Patterson of Joliet; nine grandchildren; 24 great-grandchildren; two great-great-grandchildren; a brother; sisters; and many other relatives and friends. She was preceded in death by her husband, Charles Patterson; a son, Terry Patterson; a grandson; her parents, Harlan and Ida (nee Ort) Stine.

Funeral was held at 2 p.m. Sept. 3, at Peterson and Patch Funeral Home in Waukegan, with Rev. Keith Cerk officiating. Friends called from 1 p.m. until the time of service. Donations in her memory may be made to the American Cancer Society or the First Baptist Church in Waukegan.

FLORENCE O. LEWIS

Born: July 29, 1935
Died: Aug. 29, 2006

Retired from the Postal Service as a supervisor

WAUKEGAN – Florence O. Lewis, age 71, of Waukegan, passed away Aug. 29, 2006.

She is survived by her children, Lemel N. Lewis (Gladys), Ethel A. Lewis, Andrew L. Lewis (Sayaka); and grandchildren.

Funeral Service was held Sept. 2, at Shiloh Baptist Church in Waukegan. Burial was in Mt. Olivet Cemetery in Zion. visitation was held on Sept. 2 at Shiloh Baptist Church from 10:30 to 11:30 a.m. Memorials to the Florence O. Lewis Learning Center at Shiloh Baptist Church would be appreciated. Arrangements were handled by the Marsh Funeral Home.

EDITH M. McNABB

Born: Feb. 9, 1922

Died: Aug. 30, 2006

Was an employee of Johns-Manville Corp.

WESTMINSTER, COLO. – Edith M. McNabb, age 84, formerly of Zion, and has been living in a nursing home in Westminster, Colo., for the past three years, passed away on Wednesday, Aug. 30, 2006 in Colorado. She was born to William O. and Marnie McNabb and had been a member of Christian Assembly of God Church in Zion for many years.

Survivors include three sisters, a brother and five nieces, four nephews, four great-nieces and a great-nephew. she was preceded in death by her parents; two brothers, and a young nephew.

The funeral was held on Sept. 5, at 2 p.m. at the Congdon Funeral Home in Zion. Interment followed at Mt. Olivet Memorial Park in Zion. Interment followed at Mt. Olivet Memorial Park in Zion. visitation was held on Sept. 5, from noon until the time of service at the Congdon Funeral Home.

CLARA JOSEPHINE PIEKAL

Born: March 27, 1917

Died: Sept. 1, 2006

She was an accomplished pianist

BEACH PARK – Clara Josephine Piekal, age 89 of Beach Park, died on Friday, Sept. 1, 2006 at Vista East Medical Center in Waukegan. She did volunteer work at Midwest Regional Medical Center in Zion.

Survivors include her husband, Marvin; sons, Walter R. (Margery) Sitz and Ricky J. (Rebecca) Sitz; grandchildren; great-granddaughters; and a sister. She was preceded in death by her parents, John and Fariksa Cichy.

A memorial visitation was held on Sept. 3 from 2 to 4 p.m. at the Congdon Funeral Home in Zion. In lieu of flowers, memorial donations to Assistance in Healthcare Foundation, 2520 Emmaus Ave., Zion IL 60099 have been suggested. Arrangements were handled by the Congdon Funeral Home in Zion.

CURTIS LITTLE

Born: Oct. 16, 1905

Died: Aug. 28, 2006

She passed away six weeks short of her 101st birthday

ZION – Curtis Little, age 100, of

zion, passed away Monday, Aug. 28, 2006 at Arbor View Nursing Home in Zion. She was born to Major Patton Drake and Leona Howle Drake in Valmira, Ala.

She is survived by a niece and caregiver, Phyllis Castillo; a granddaughter, Betty (Steve) Seymour and grandsons, Steve (Michelle) Gay, James Gay and Brian Gay and five great-grandchildren, Tonya Gay, Jimmy and Joey Hamilton, Jordan and Jessie Seymour and many nieces and nephews. Her parents, two husbands, a daughter, Betty Jean and sons, Howard and Robert preceded her, as well as two sisters Ruth and Lilly.

She was returned to Alabama for burial. Arrangements were handled by the Marsh Funeral Home.

JOHN TONIN

Born: July 9, 1921

Died: Aug. 31, 2006

He served in the U.S. Army in the Philippines



WAUKEGAN – John Tonin, age 85 of Waukegan, passed away Aug. 31, 2006 at his home. During WWII, he served in the U.S. Army in the Philippines. John formed the Waukegan Bombers baseball team in the 50s playing and managing the team for 10 years; and was inducted into the Waukegan Sports Hall of fame in 1993. His first wife, Helen (Buksas) Tonin died of cancer in 1968. John remarried Ann Redmond Yore of Lake Forest and they were together until Ann's death in 1991.

John is survived by a sister; two foster brothers; a son, Thomas (Daniel) Tonin of Beach Park; a daughter, Barbara (Ken) Albert of Waukegan; stepdaughters, Doralee (Stu) of Vernon Hills, Sue Moody of California; grandchildren; step-grandchildren; step- great-grandchildren.

Visitation was held from 5 to 8:30 p.m., Sept. 5 and Sept. 6 from 8:30 to 9:30 a.m. at the Marsh Funeral Home in Waukegan. The funeral was held on Sept. 6 at 10 a.m. at St. Anastasia Church. Interment was at Ascension Cemetery in Libertyville. In lieu of flowers, donations may be made to the Alzheimer's Association, 225 N. Michigan Ave., Fl 17, Chicago, IL 60601-7633.

Recent Deaths

BETTY WILSON, 76 of Grayslake, Aug. 26, 2006. Arr: Strang Funeral Home

HELEN J. (BOLLAM) BENSON (nee MURRAY), 85 of Round Lake Beach, Aug. 25, 2006. Arr: K. K. Hamsher Funeral Home in Fox Lake

RUSSELL C. HERTZ, 84, of Ingleside, Aug. 27, 2006. Arr: K. K. Hamsher Funeral Home in Fox Lake

DANA E. JACOBSEN, 41 of Ingleside, Aug. 24, 2006. Arr: Strang Funeral Home of Antioch

JO ANN A. WAGNER, 55 of Antioch, Aug. 20, 2006. Arr: Strang Funeral Home of Antioch

MARTHA BANUELOS (nee KELLY), of Mundelein, Aug. 23, 2006. Arr: Burnett-Dane Funeral Home of Libertyville

JAMES SANDS, 60 of Imperial Beach, Calif., July 26, 2006. Arr: Burnett-Dane Funeral Home in Libertyville

CAROLYN A. HAMMOND, 64 of Antioch, Aug. 28, 2006. Arr: Ringa Funeral Home in Lake Villa

LUCILLE M. TINNES, 92 of Libertyville, Aug. 26, 2006. Arr: Burnett-Dane Funeral Home in Libertyville

HARRIET PETERS, 97 OF Round Lake, Aug. 27, 2006. Arr: Strang Funeral Chapel and Crematorium in Grayslake

LAURALIE DORNBUSCH, 68 of Antioch, Aug. 26, 2006. Arr: Strang Funeral Home of Antioch

PAUL JAMES 'BUD' CHRISTENSEN, 51 of Waukegan, Aug. 25, 2006. Arr: Peterson-Patch Funeral Home in Waukegan

RALPH E. CONNARD, 61 Of Fox Lake, Aug. 26, 2006. Arr: Symonds Lakes Funeral Home and Crematory in Grayslake

EDDIE GARDNER SR., 69 of Waukegan, Aug. 23, 2006. Arr: Westgate Funerals in Waukegan

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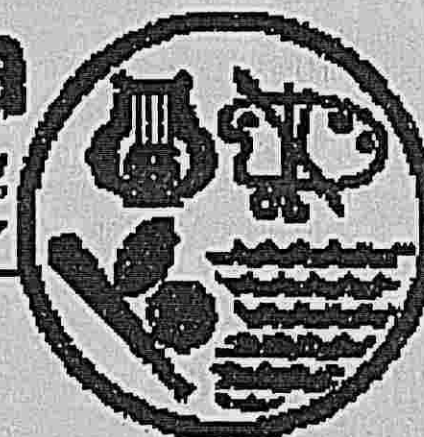
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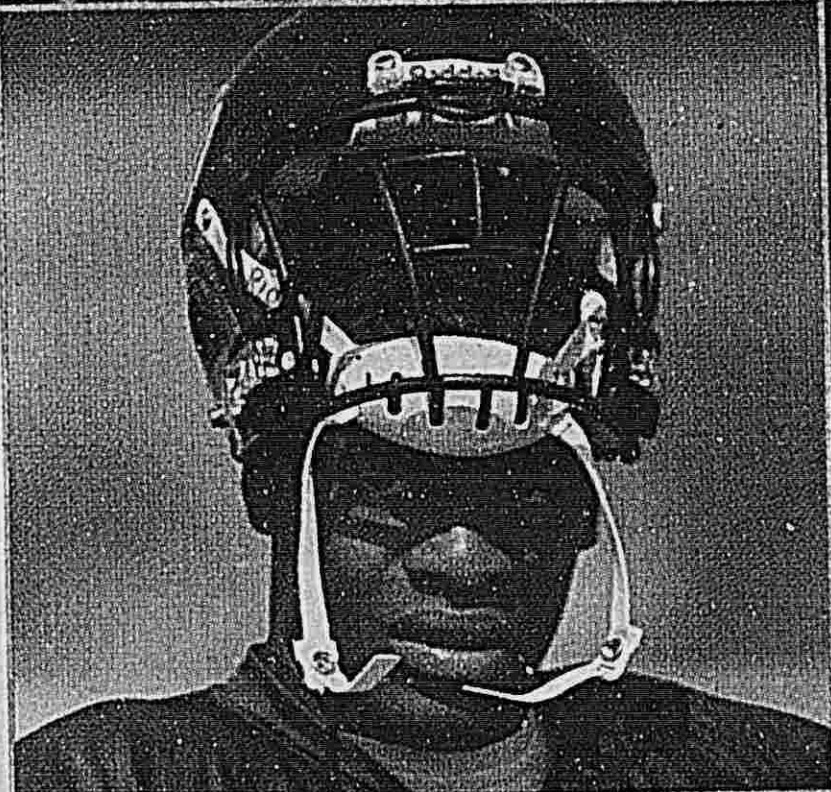
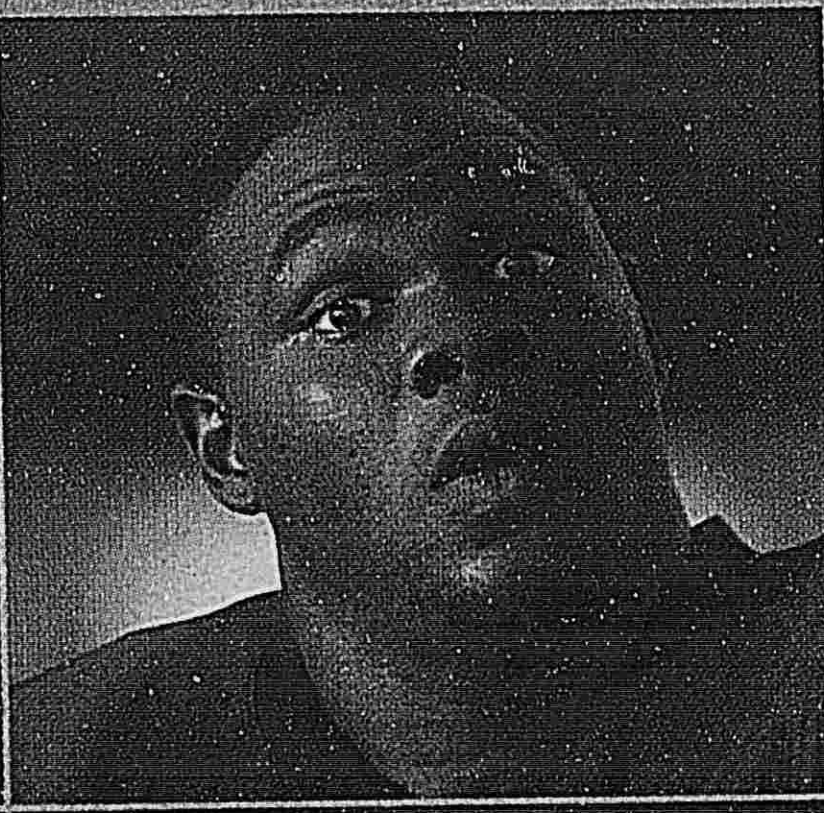
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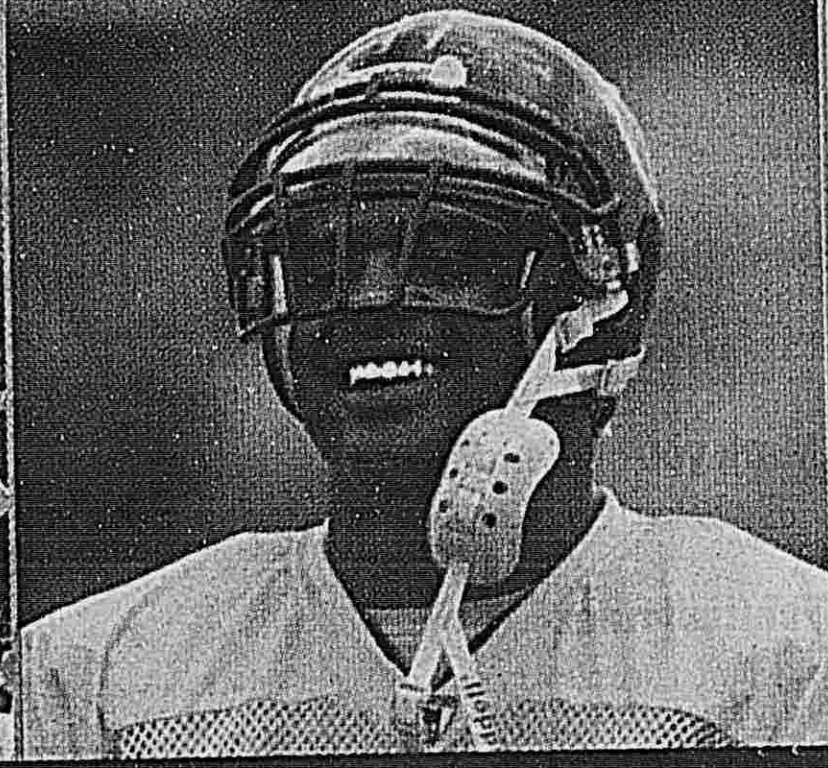
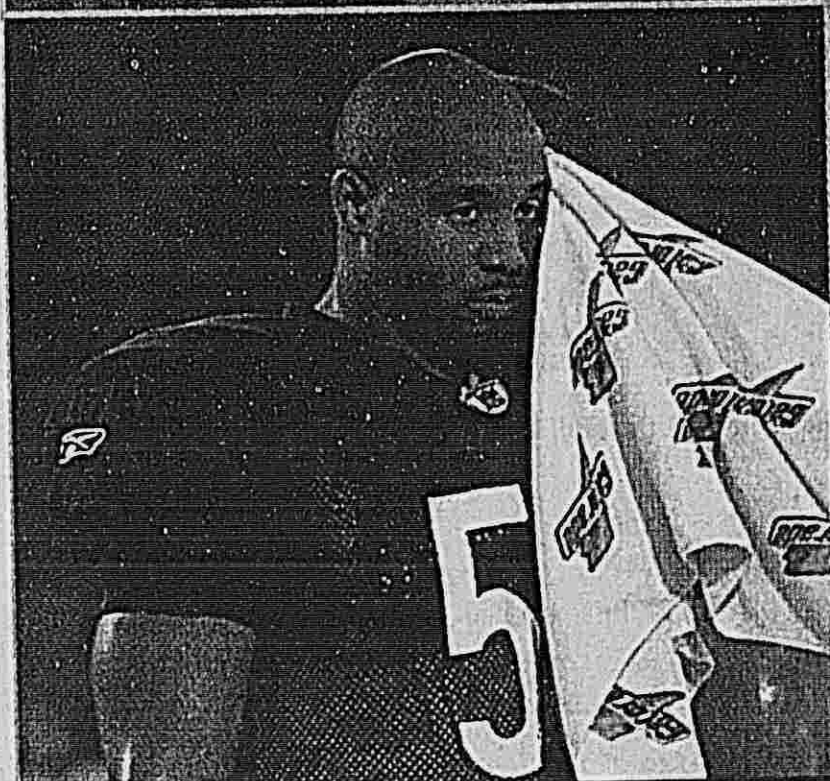
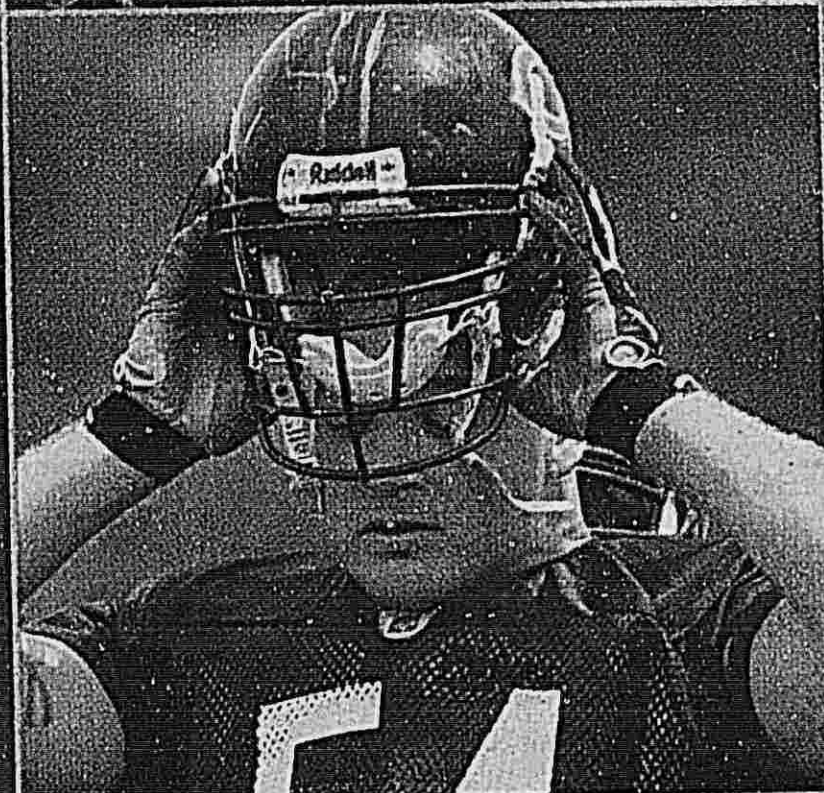
PRO FOOTBALL 2006



Find out which of these current and former players made our list of ...

The 10 most colorful Bears

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Tom Waddle: Our pro football expert has his doubts about the BearsPage 4

Kevin Kaduk: North West News Group columnist lays down the laws.....Page 26

►► **WHAT'S INSIDE**

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A look at some of the Bears players (and one coach), past and present, that fans never will forget, including current linebacker Lance Briggs.

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Waddle weighs in

NorthWest News Group pro football expert, ex-Bears wide receiver Tom Waddle, wonders if the Bears did enough in the off-season.

PAGE 4

New breed on offense

Quarterback Rex Grossman wants to give opponents something to fear besides the Bears' defense.

PAGE 5

Wanting more

After reaching the playoffs but failing to win their first game there, the Bears intend to win a postseason game for the first time in 12 years.

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Eating right, feeling right

Proper nutrition is an important part of the Bears' game plan.

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Part of the family

His name isn't McCaskey, but the Bears' owners trust team CEO Ted Phillips as if he were one of their own.

PAGE 9

The rest of the NFC North

The Packers, Vikings and Lions hope to challenge the Bears for NFC North supremacy, each with a new head coach.

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Building the perfect Bear

Imagine the ideal combination of the best physical and mental traits of the current Bears players. We did.

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The division races

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New Orleans' true saint

No. 2 overall draft pick Reggie Bush has opened eyes with his generosity and concern for the people of New Orleans.

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Mark your calendar

Team-by-team and week-by-week NFL schedules.

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Football rules

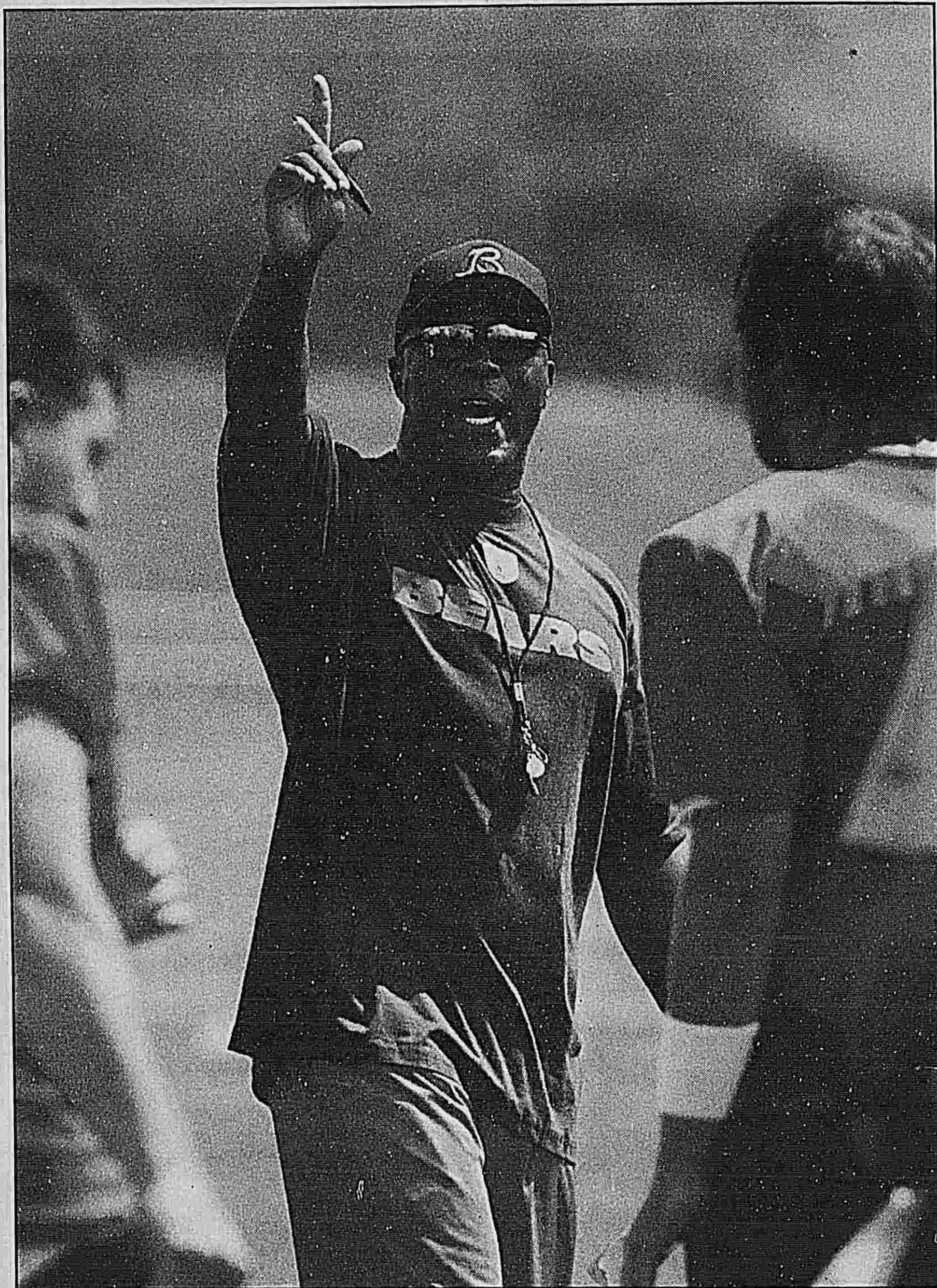
NorthWest News Group sports columnist Kevin Kaduk lays out the rules for NFL fans to follow.

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Crystal ball

NorthWest News Group staff members predict the Super Bowl XLI winner and the postseason individual award recipients.

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Justin Runquist - jrunquist@nwnewsgroup.com

Lovie Smith returns for his third season with the Bears after being named NFL Coach of the Year in 2005.

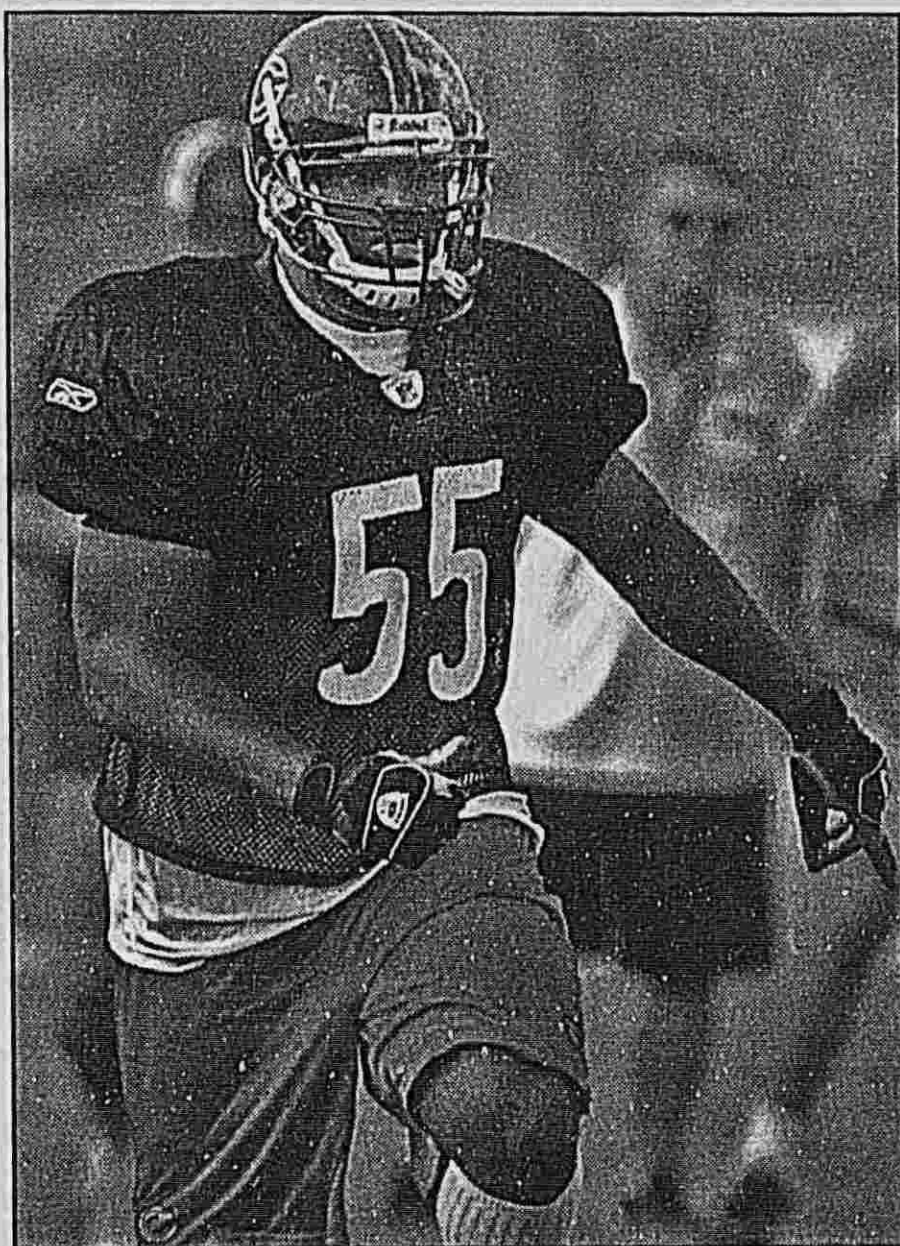
►► **ON THE COVER**

Photos (clockwise, from top left): William Perry, Tommie Harris, Olin Kreutz, Brian Urlacher, Cedric Benson, Mike Ditka, Lance Briggs, Adewale Ogunleye.

►► **NORTHWEST NEWS GROUP CONTRIBUTORS**

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Justin Runquist - jrunquist@nwnewsgroup.com

Show-stopping dance routines before practice and a jovial personality have made linebacker Lance Briggs beloved in the locker room.

GONE GOOFY

LB Briggs offers Bears some comic relief

By NICK HUT
nhut@nwnewsgroup.com

Lance Briggs is most often at the center of the goofiness that frequently surrounds the Bears.

Mike Brown is the defense's spiritual leader. Adewale Ogunleye is the player who is most likely to give the defense a pregame pep talk.

Briggs serves as a different kind of leader. His role might be equally important.

"Every good team has a guy like him," fellow linebacker Hunter Hillenmeyer said.

"He keeps us loose," linebacker Brian Urlacher said. "All the goofy stuff he does makes the time go by a lot faster in meetings or practice."

It was Briggs who usually initiated the freestyle walking sessions the Bears engaged in before many practices last season. The combination strutting-dancing

routines got everybody loose both physically and psychologically.

It was Briggs who sometimes lay on the ground before practice and had teammates gather around him in a huddle, then pop up and pretend to take everybody out machine-gun style. Players would flop to the ground, causing even the coaching staff to crack up.

It was Briggs who most often put the media on notice when it was about time to clear out of the locker room. His method was a few high-pitched yelps that would spread around to the rest of the players, creating a cacophony that drowned out any further attempts to conduct interviews.



Lance Briggs

"That's just me being me," Briggs said. "Maybe some people feel like doing goofy things, but suppress [the urge]. I've never been that way. As long as it's the right situation, I like having fun with the group, with my teammates."

Briggs said he always has been a cross between a team leader and a class clown. His work ethic comes from his mom, Brenda, who operated a jackhammer and dug ditches to support Briggs and his two sisters in Sacramento.

The lighter side of his personality, he thinks, stemmed from growing up in a female-dominated home.

"They'd be talking about women-type stuff, and I never understood it," Briggs said. "I might have had to grow out my mischievous side to express myself."

See BRIGGS, page 23

Characters, clowns, loudmouths and pranksters: A look at Bears past and present

Bears linebacker Lance Briggs is not the only character the team boasts. Here are nine other current and former players who have left their mark on the fans and the franchise:

BRENDON AYANBADEJO LINEBACKER, 2005-06

This fourth-year pro, among the top special-teams coverage players in the NFL, has one of the sharpest wits on the team.

During his rookie season with Miami in 2003, he wrote a column for his hometown newspaper, the Santa Cruz (Calif.) Sentinel. He likes to surf and rollerblade and is always eager to discuss those activities.

"He a smart guy, and funny, too," Brian Urlacher said. "Different, in a good way."

CEDRIC BENSON RUNNING BACK, 2005-06

In a sport of players who regurgitate sound bites and clichés, Benson stands out for his willingness to say whatever is on his mind.

What is on his mind often is unsettling or hard to understand for teammates and fans, but it usually is worth hearing.

"I really like being able to express how I feel on something," Benson said. "I think it's important. Y'all [reporters] aren't here for nothing. There are other people on the other end of those cameras watching and listening, and that's mainly who I'm talking to."

MIKE DITKA TIGHT END, 1961-66; COACH, 1982-92

No-nonsense and straightforward as a player, Ditka became one of Chicago's most famed characters as a coach.

Similar to Bob Knight, he could at once be irascible and charming.

Ditka's outlandish brand of bombast made him one of the most quotable figures in sports. "Success is never permanent, and failure is never fatal" is a particularly famous maxim.

DAN HAMPTON DEFENSIVE TACKLE, 1979-90

Tough as nails, sure, but a bookworm as well? Indeed, according to insiders, Hampton often could be found devouring novels in the locker room before games.

But no player, except perhaps teammate Steve McMichael, was as likely to be at the center of the buzz that transpired when Bears players went out on the town.

MICHAEL HAYNES DEFENSIVE LINEMAN, 2003-05

Although he did not live up to his billing as a first-round draft pick and was cut when the Bears' 53-man roster was finalized, Haynes has stood out as a different breed of football player.

Articulate and affable, he is an aspiring veterinarian who owns piranhas, turtles and boa constrictors. He has interned with the Center

for Wildlife Care and Reptiland in Pennsylvania, and is working toward a master's degree in zoo and aquarium management. He was signed by New Orleans after his release from the Bears.

OLIN KREUTZ CENTER, 1998-2006

More than perhaps any other member of the current roster, Kreutz harkens back to the gregarious Bears of the 1980s.

He is blunt and a loudmouth who routinely puts teammates and reporters in their places with sarcastic quips. He is eager to verbally take on opponents, too, having earned a reputation as one of the NFL's foremost trash-talkers.

JIM MCMAHON QUARTERBACK, 1982-88

Probably the most obvious selection on this list. After getting drafted, "the Punky QB" showed up for his first news conference in a limo with a beer in his hand.

And no Bears fan will forget the way McMahon dominated the news during Super Bowl XX week in New Orleans for his antics as a carouser and his propensity for saying just about anything.

BRONCO NAGURSKI RUNNING BACK, 1930-37 AND 1943

Legends abound concerning the hard-charging running back, who was among the greatest

players of his era. Once, after bowling through tacklers on the way to the end zone, he kept going with his head down and smacked into the brick wall at Wrigley Field.

Upon returning to the bench, Nagurski reportedly told George Halas, "That last guy gave me quite a lick!"

WILLIAM "REFRIGERATOR" PERRY DEFENSIVE TACKLE, 1985-93

His down-home personality, as much as his celebrated girth and occasional touchdown scampers, made him the biggest celebrity on the Super Bowl team after Ditka and McMahon.

Although he might not always have been intense enough for Ditka's liking, Perry appealed to the masses as a self-described "blue-collar hoss."

DANTE WESLEY CORNERBACK, 2006

You will not find too many metrosexuals in the NFL, but Wesley quite possibly fits that description. The 6-foot-1, 211-pound player is an aspiring model with a Web site that touts his "gray eyes" and other qualifications.

"I don't see why you can't be [both] tough enough to play in the NFL and graceful enough to be a model," Wesley said. "My wife thinks I'm both."

By Nick Hut, NorthWest News Group

BEARS CERTAIN TO RULE NORTH AGAIN

Division crown likely, but NFC is another story

For the last several months, the words "Super Bowl" and "championship season" have been tossed around so often you'd think you'd died and gone to Foxboro.

After winning an NFC North title last year, the Bears rightfully have set the bar high this season as they look to prove 2005 was no fluke. Experienced Bears fans still feel the sting of the precipitous fall of 2002, but make no mistake: The landscape is significantly different this time.

While the Bears return all 22 starters, the rest of the division teams are breaking in new coaches. Add a favorable schedule to the mix, and one could say that "all the pieces are in place." I'd advise against it for reasons I'd rather not get into, but I would suggest you start saving your money for playoff tickets.

Again, the defense will lead this team. Brian Urlacher continues to be one of the league's most dominant defenders and anchors a group of playmakers that prides itself on takeaways and defensive scores.

After the Bears were exposed in the playoffs by Steve Smith, general manager Jerry Angelo added reinforce-



TOM WADDLE

ments in the secondary. With the addition of Ricky Manning Jr. and Dante Wesley, the Bears have addressed a weakness. The return of Mike Brown and the maturation of Chris Harris should further strengthen one of the NFL's best units.

They are not without warts, though. They ranked 19th in sack percentage last year and start this season with several injuries up front. They need to get to more quarterbacks to be considered the league's best.

The Bears also can depend on a solid running game again this year. The Cedric Benson/Thomas Jones sideshow has been a distraction, but when the ball leaves the tee in Green Bay on Sunday, all will be forgotten. Jones will dot the "I" and the O-line will clear the way for "their" guy. Benson will get his carries as well, and if he delivers, he'll be welcomed with open arms. Remember, Larry Johnson wasn't well liked in Kansas City at first either.

Who is carrying the ball is the least

of the Bears' worries.

I'm more concerned with who's throwing it and who's catching it. And no, there is no quarterback controversy, at the moment. Rex Grossman will get one last chance to prove himself and validate Angelo's decision to pass on Byron Leftwich. For the first time, though, Angelo purchased a safety net just in case. The addition of Brian Griese gives the Bears solid depth at the quarterback position for the first time in years. It also gives coach Lovie Smith an option if Grossman struggles.

Regardless of who's under center, the huddle is still missing legitimate firepower. Muhsin Muhammad will continue to be productive but is more of a No. 2 receiver at this point in his career.

No one has separated from the pack on the other side. Rashied Davis has climbed the depth chart, while Bernard Berrian and Mark Bradley continue to nurse injuries.

To complicate matters, the tight ends remain invisible. Desmond Clark gets the majority of the snaps, but Gabe Reid makes the majority of the plays. It's what worries me most about this team. In my humble opinion, Angelo overvalued the offensive talent on his roster and made a huge mistake by not upgrading through the draft and free agency. When healthy, Grossman's development has been slowed by the lack of accomplished talent around him.

So here's how it plays out in 2006:

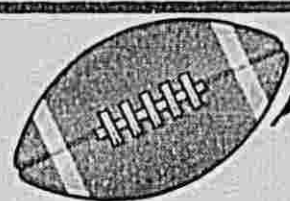
Rex will get the Packers game and the first half of the Lions game to prove he's the best man for the job. And for no extra charge I offer Rex this advice: Concentrate on efficiency and mistake-free football and leave the risk-taking to others. With a defense this good and a solid running game, a heroic effort is not needed.

If Rex ignores my advice and turns it over early, Lovie will make a change quickly. Griese is the master of functioning within an offense, and might be the better choice to quarterback this team from the start. It won't be pretty, but with a little help from kicker Robbie Gould, they'll do just enough to get the job done.

And yes, the Bears WILL repeat as NFC North champions, as they cruise into the postseason with a 10-6 record. Once there, they again will realize they don't have the offensive firepower to hang with the Giants, Panthers and Seahawks and contend for the NFC title.

So it will be back to the drawing board in 2007. Angelo will face his biggest challenge to date as he tries to find the money to improve his offense, keep his defense intact and make his coach happy. But we'll talk about that later. For now, sit back and enjoy the ride.

• Former Bears wide receiver Tom Waddle is the NorthWest News Group's pro football expert. He can be seen on Fox-TV's "The Final Word" at 10 p.m. Sundays.



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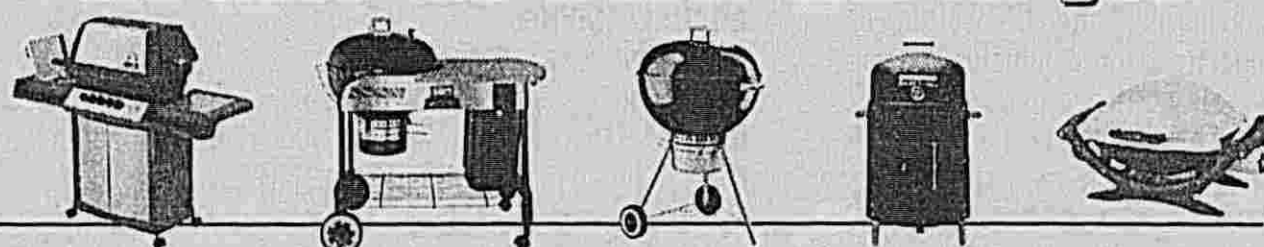
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IN THE SHADOW OF THE DEFENSE

Grossman: '85 Bears serve as example

By NICK HUT
nhut@nwnewsgroup.com

Rex Grossman knows his Bears history, so he has a pretty good idea what things were like in 1985.

The defense reached a supreme level in that Super Bowl season, to be sure, but the Bears also won with an offense that flourished.

"The defense got most of the hype, which was understandable," Grossman said. "But that offense did a lot of good things with Jim McMahon, obviously Walter Payton and those receivers."

Today's Bears hope they are building toward something similar with Grossman, running back Cedric Benson and wide receivers Mark Bradley and Bernard Berrian.

The defense will grab most of the attention on this team in the near future, but the Bears also want to put out a top-10 offense. That is a lofty goal considering they have finished 30th or lower in the NFL in total offense in three of the last four seasons.

"We definitely believe the players we have can form the foundation of a very good offense," offensive coordinator Ron Turner said. "We just have to get them some experience."

Whether the Bears can match the potency of the '85 offense — which averaged 28.5 points a game and finished seventh in total yards — is a different

Has their time come?

A glimpse at the young skill players for the Bears, along with their age and experience:

Name	Age	NFL starts
Cedric Benson, RB	23	1
Bernard Berrian, WR	25	3
Mark Bradley, WR	24	4
Rex Grossman, QB	26	7

question altogether. Each of the young skill-position players has plenty to prove.

QUARTERBACK: MCMAHON/GROSSMAN

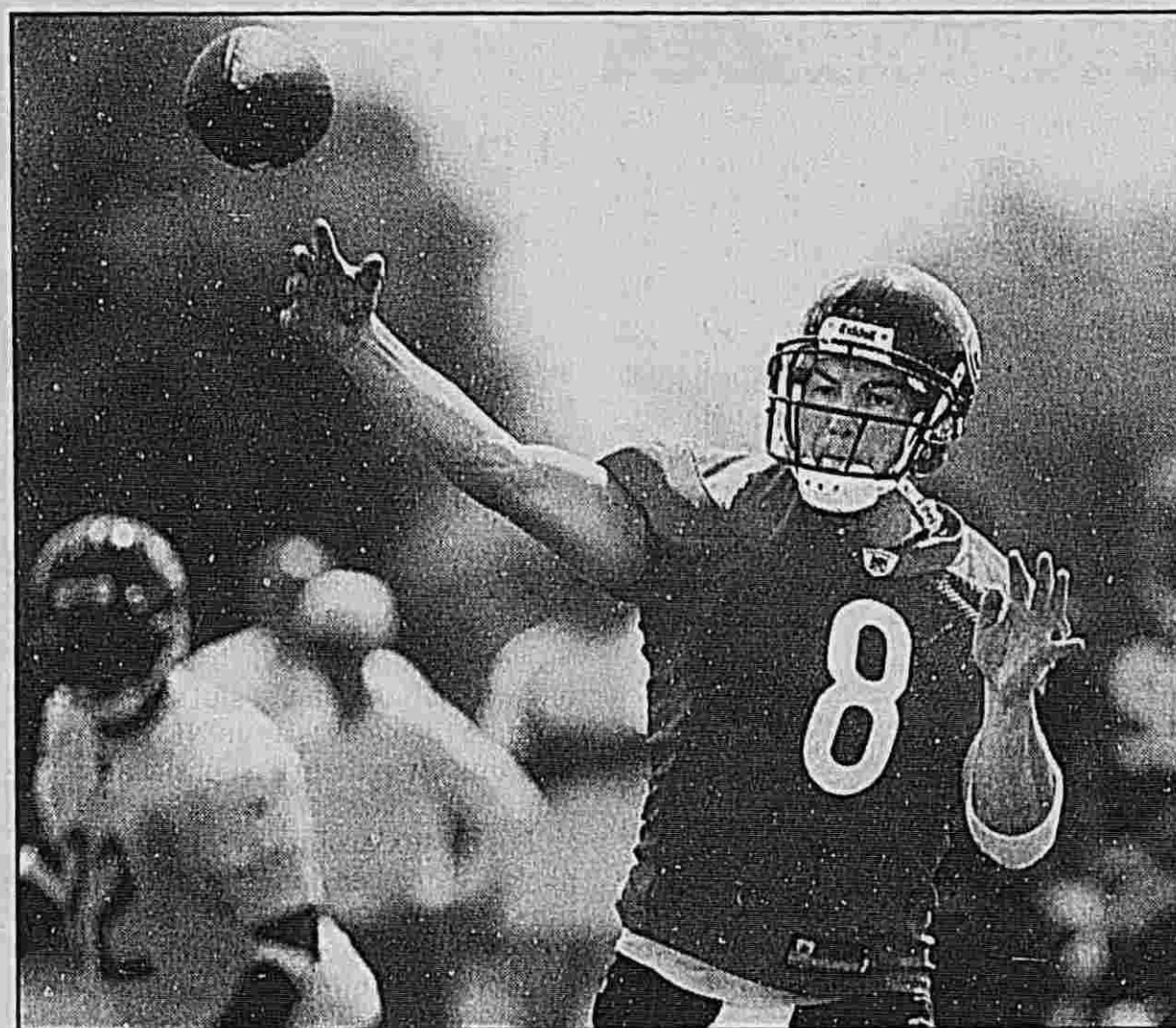
These two players share much in common, including a healthy swagger and a vulnerability to injuries.

McMahon missed seven regular-season games and two playoff games in 1984, when the Bears reached the NFC Championship game. Playing 13 games the following season, he ensured his team would take two steps further.

The Bears hope something similar happens with Grossman, who has missed 26 games over the last two seasons.

"With Rex healthy, I think our offense moves up at least another level," wide receiver Muhsin Muhammad said.

Grossman, however, has not been able to match McMahon's efficiency.



Justin Runquist - jrunquist@nwherald.com

Quarterback Rex Grossman and second-year running back Cedric Benson (background) are part of a young nucleus of skill players on the Bears' offensive unit.

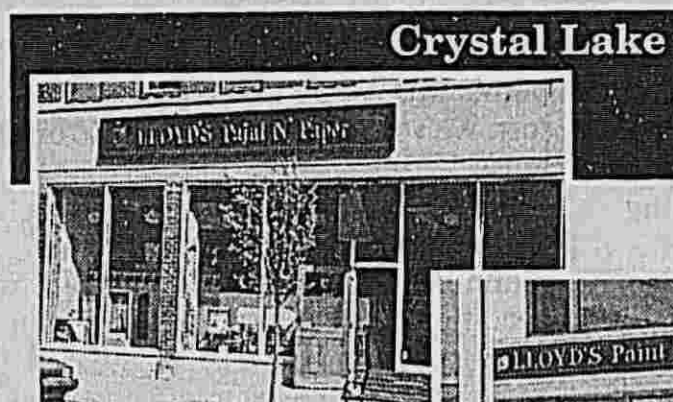
McMahon produced a solid 82.8 quarterback rating in '85, throwing for 2,392 yards with 15 touchdowns and 11 interceptions. Grossman has bettered that number in only two of his nine meaningful games (regular season and playoffs).

"Rex certainly can be the type of quarterback that McMahon was," Mike Ditka said. "He's got a lot of confidence and the ability to make all the throws McMahon could make."

See OFFENSE, page 22

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PLAYOFF FAILURE STILL STINGS

► BEARS ROSTER

4	Brad Maynard	P	6-1	186
8	Rex Grossman	QB	6-1	217
9	Robbie Gould	K	6-0	183
12	Justin Gage	WR	6-4	212
14	Brian Griese	QB	6-3	214
16	Mark Bradley	WR	6-2	198
17	Airese Currie	WR	5-11	185
18	Kyle Orton	QB	6-4	217
20	Thomas Jones	RB	5-10	215
21	Dante Wesley	CB	6-1	210
23	Devin Hester	CB	5-11	186
24	Ricky Manning Jr.	CB	5-9	188
29	Adrian Peterson	RB	5-10	210
30	Mike Brown	S	5-10	207
31	Nathan Vasher	CB	5-10	180
32	Cedric Benson	RB	5-11	220
33	Charles Tillman	CB	6-1	196
35	Todd Johnson	S	6-1	200
37	Jason McKie	FB	5-11	243
38	Danieal Manning	S	5-11	196
44	Cameron Worrell	S	5-11	194
46	Chris Harris	S	6-0	205
48	J.D. Runnels	FB	5-11	240
52	Jamar Williams	LB	6-0	234
53	Leon Joe	LB	6-1	230
54	Brian Urlacher	LB	6-4	258
55	Lance Briggs	LB	6-1	240
57	Olin Kreutz	C	6-2	292
60	Terrence Metcalf	G	6-3	318
63	Roberto Garza	G/C	6-2	305
65	Patrick Mannelly	LS	6-5	265
68	Anthony Oakley	C/G	6-4	298
69	Fred Miller	T	6-7	314
70	Alfonso Boone	DT	6-4	318
71	Israel Idonije	DL	6-6	270
74	Ruben Brown	G	6-3	300
76	John Tait	T	6-6	312
78	John St. Clair	T	6-5	315
80	Bernard Berrian	WR	6-1	185
81	Rashied Davis	WR	5-9	183
82	Gabe Reid	TE	6-3	252
85	John Gilmore	TE	6-5	257
87	Muhsin Muhammad	WR	6-2	215
88	Desmond Clark	TE	6-3	249
90	Antonio Garay	DT	6-3	303
91	Tommie Harris	DT	6-3	295
92	Hunter Hillenmeyer	LB	6-4	238
93	Adewale Ogunleye	DE	6-4	260
94	Brendon Ayanbadejo	LB	6-1	228
95	Ian Scott	DT	6-3	302
96	Alex Brown	DE	6-3	260
97	Mark Anderson	DE	6-4	255
99	Tank Johnson	DT	6-3	300

Physically Unable to Perform

36	Brandon McGowan	S	5-11	205
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Bears expecting a postseason win

By NICK HUT

nhut@nwnewsgroup.com

As far as the 2006 regular season goes, the Bears have more to lose than they have to gain.

A second straight division title is widely expected. A chance to win home-field advantage in the NFC playoffs would be satisfying, but not a huge surprise against what looks like an easy schedule.

Nothing the Bears do before the playoffs will define a successful season. To validate themselves as an NFL power, they must win their first postseason game in 12 years.

Losing to Carolina in their opening playoff game last January still stings nine months after the fact. The defeat came after the Bears earned a first-round bye and home-field advantage for the second round – identical circumstances to their postseason defeat to Philadelphia four years before.

This season, which begins Sunday against arch-rival Green Bay in Lambeau Field, might not be Super Bowl or bust.

But playoff win or bust is a fair assessment.

"I'm still [ticked] off about [Carolina]," linebacker Brian Urlacher said. "It was so frustrating to play the way we did, in our own stadium and in front of our own fans."

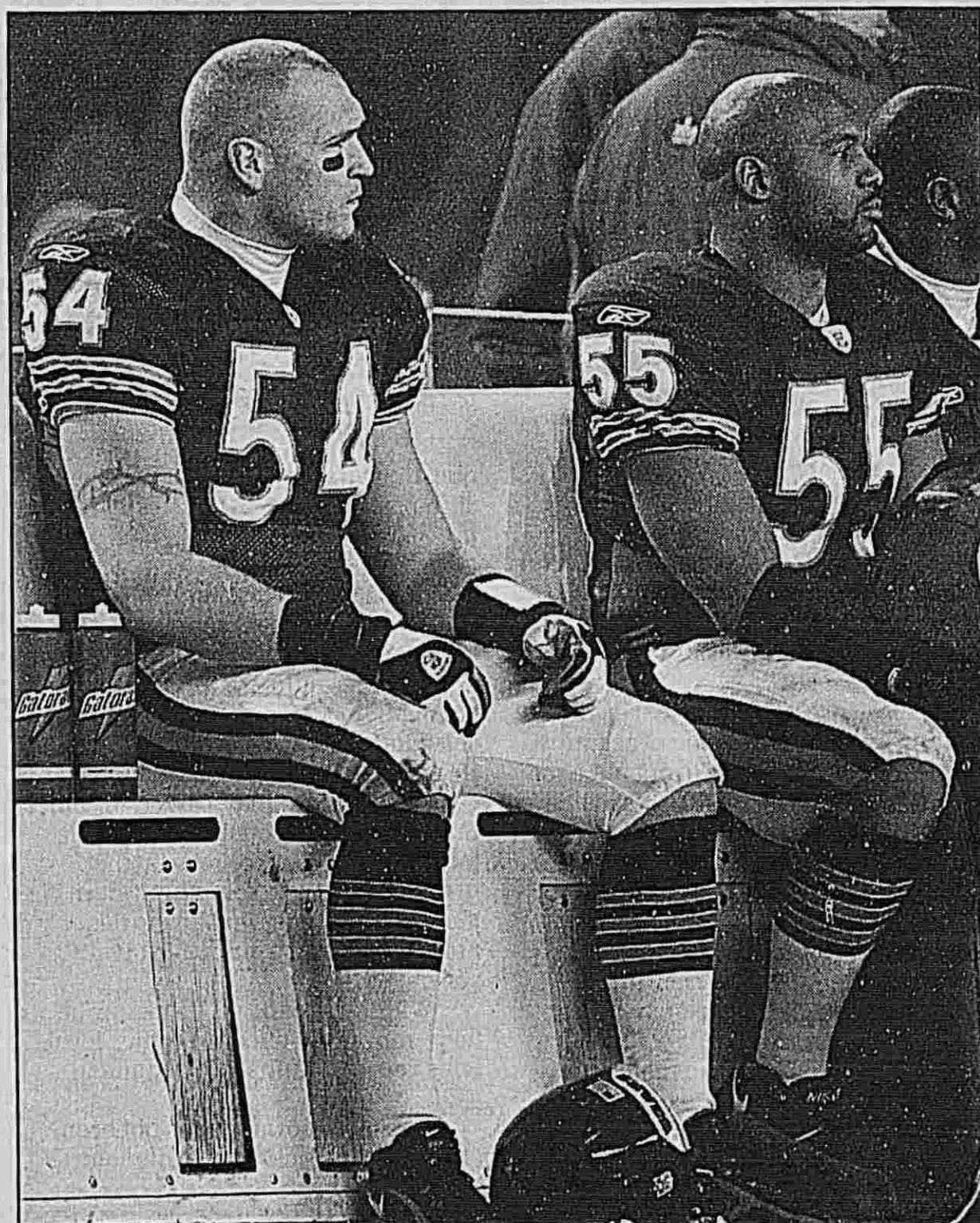
"We're pretty good at getting that home-field advantage and then [throwing] away that first game. We should be experienced enough now to win in the playoffs. Period."

With all 22 starters returning, the Bears enter 2006 in much the same state in which they finished last season.

The defense, especially the front seven, looks fearsome. The passing game is the biggest question mark but not one that causes much hair-pulling at Halas Hall.

The Bears are confident in quarterback Rex Grossman's ability to bolster the offense, even though Grossman has played only eight regular-season games in three years and the receiving corps lacks experience after Muhsin Muhammad.

Optimists among the Bears point to the playoff loss last season, when Grossman directed three long touchdown drives against a highly regarded Carolina defense. Had their defense



AP photo

Months after the Bears lost in the NFC playoffs to Carolina at Soldier Field, linebacker Brian Urlacher (54) remains upset. He said the Bears now know how to win in the playoffs.

played up to its standards, the Bears could have advanced.

"That helped my confidence going into this year," Grossman said. "[But] I don't think you can look and say 21 points was good enough, because we lost. We've got a lot of work to do on offense."

Coach Lovie Smith is not looking for Grossman to transform into Peyton Manning. Not only is that not a fair expectation, but Smith doubts it is even necessary.

By playing at least as effectively as they did last season on defense and in the running game, Smith has indicated, the Bears can take another step or two with merely modest improvements in the passing game.

If Smith thought otherwise, after all, he and general manager Jerry Angelo would not have used their first five

draft picks last April to further bolster the defense.

"We like the way we're doing things," Smith said, "and we're going to keep doing them the same way."

Thus, although second-year coordinator Ron Turner has talked about opening up the offense now that the players understand it better, Smith does not want Turner to veer too far from last year's formula.

That means relying on running backs Thomas Jones and Cedric Benson, more than Grossman, to drive the offense. That means counting on a ball-hawking defense and explosive special teams to create a short field, rather than looking for the passing game to accumulate big chunks of yardage on the way to the end zone.

See FAILURE, page 7

► BEARS ROSTER BREAKDOWN

OFFENSE

Quarterback

For the third straight year, the Bears go into a season saying they love Rex Grossman's ability if he can only stay healthy. Some NFL analysts tout Brian Griese as the league's best backup, and it was hard to argue based on his steady performances in the preseason. Kyle Orton helped the Bears win 10 games as a rookie starter last season but must cope with being an afterthought going into 2006.

Running back

Although Thomas Jones ran for 1,335 yards last season, he struggled in limited preseason action after returning from a hamstring injury and could give way to Cedric Benson if he does not click at the outset. Benson is a better north-south runner than Jones but is much less proven and missed the entire preseason schedule with a shoulder injury. Hard-running Adrian Peterson probably would be a No. 2 back on most teams.

Fullback

Jason McKie, the only established player at this position, is useful as a receiver out of the backfield but must shore up his blocking ability. Rookie J.D. Runnels showed promise as a complete fullback but could be hampered initially by a sprained ankle.

Wide receiver

As the only established receiver, Muhsin Muhammad must prove his disappointing output last season was because of the quarterback issues rather than any decline in his own game. Bernard Berrian came on toward the end of last season, generating excitement about his ability as a big-play receiver if he can just avoid nagging injuries. Rashied Davis, a converted cornerback, was the position's best player during camp and will provide a more viable threat in the slot than Bobby Wade did last season. Tall and explosive Mark Bradley probably has the most potential of anyone at this position,



AP photo

Bears defensive end Alex Brown has proven to be a capable pass rusher.

but he does not appear to be all the way back from reconstructive knee surgery last November. Justin Gage is a reliable target, but lacks burst and might become an afterthought. Aïrese Currie has the speed to stretch the field, but needs to show he has the polish to run crisp routes and make tough catches.

Tight end

Desmond Clark lost weight and showed an improved ability to gain separation during training camp, raising hopes about his chances of becoming a more effective receiving target over the middle. John Gilmore is the team's best blocking tight end, a critical component in a run-oriented offense. Gabe Reid is solid at both blocking and receiving but not spectacu-

lar at either.

Offensive line

Center Olin Kreutz probably is the Bears' second-best overall player after Brian Urlacher. Left guard Ruben Brown remains an exceptional run-blocker at age 34, and right guard Roberto Garza hardly is a weak link. Left tackle John Tait shored up the entire line when he agreed to move over from the right side last year, while right tackle Fred Miller is great to run behind. Guard/center Terrence Metcalf is capable of starting if need be, and tackle John St. Clair can be effective as a spot starter. Former practice squad guard Anthony Oakley played well throughout the preseason to make the team.

DEFENSE

Defensive line

Ends Adewale Ogunleye and Alex Brown are capable of combining for 20 sacks, and both are well-rounded players who can stop the run. Tackle Tommie Harris is among the best in the game, assuming he is motivated, while Ian Scott is stout against the run and also adept at getting his hands up to deflect passes. Tank Johnson recovered faster than anticipated from a torn quadriceps to resume his specialty as a quarterback chaser in the nickel package. Israel Idonije and Alfonso Boone are prototypical utility players, able to line up inside or outside. Antonio Garay might be a poor man's Tank at tackle. End Mark Anderson, a fifth-round draft pick, is a pass-rushing specialist.

Linebacker

Brian Urlacher put to rest all the talk about being overrated by earning the NFL Defensive Player of the Year award last season. Weak-side linebacker Lance Briggs is another Pro Bowl player who always seems to get to the ball. Strong-side starter Hunter Hillenmeyer is a solid complement who can clean up plays and cover tight ends. Reserve Leon Joe has shown a few Briggs-like qualities of late. Special-teams

force Brendon Ayanbadejo could step in and do well if Hillenmeyer goes down. Fourth-round draft pick Jamar Williams can man either outside position in case of emergency.

Cornerback

Pro Bowl ball-hawker Nathan Vasher looks to add to the 13 interceptions he already has after two seasons. Fellow starter Charles Tillman was victimized for several big plays last season, but the Bears thought his good moments easily outnumbered his bad. Nickelback Ricky Manning Jr. could challenge Vasher for the interception lead. Dante Wesley is a special-teams ace but unproven as a cover corner. Devin Hester mainly is around to return punts.

Safety

The Bears need Mike Brown to avoid injuries after he missed 18 games the last two seasons. Second-year pro Chris Harris is like a heat-seeking missile against receivers, but raw in coverage. Second-round draft pick Danieal Manning is the opposite, a promising cover safety whose tackling skills are suspect. Todd Johnson is an unheralded run-stopper and special-teams player. Cameron Worrell mainly will contribute on special teams. Brandon McGowan starts out on the physically unable to perform list with a knee injury.

SPECIAL TEAMS

Kicker Robbie Gould displayed better accuracy on long-distance attempts this preseason than he did as a rookie last year, giving the Bears hope he can be a solid long-term solution. Punter Brad Maynard was inconsistent last season, especially when he averaged a mere 35 yards in the playoff loss to Carolina. Long-snapper Patrick Mannely is among the best in the game. The Bears have high hopes for their return game this season, with the explosive Davis and speed-burner Hester set to run back kicks and punts, respectively.

By Nick Hut, NorthWest News Group

Bears bank on more offensive punch

• FAILURE

Continued from page 6

"We'd love to score a lot of points, and this offense is really geared to score a lot of points," Muhammad said. "But I think the overall team philosophy is to win ballgames regardless. If we come out this year and we still look like the Bears of last year and we go on a nine-game winning streak, I'm pretty sure we'll have happy fans."

Bears fans were delighted throughout much of last season, but they

were dismayed by the franchise's continued inability to win a postseason game. That gets back to the crux of the issue in 2006.

It seems strange to talk about the playoffs before the regular season begins, and the Bears should have enough leadership to make sure nobody looks too far ahead. But even if they pile up victories during the next four months, they will have loftier goals in mind.

"We know what it takes now to win in the playoffs," Urlacher said.

"We've just got to get out there and do it."

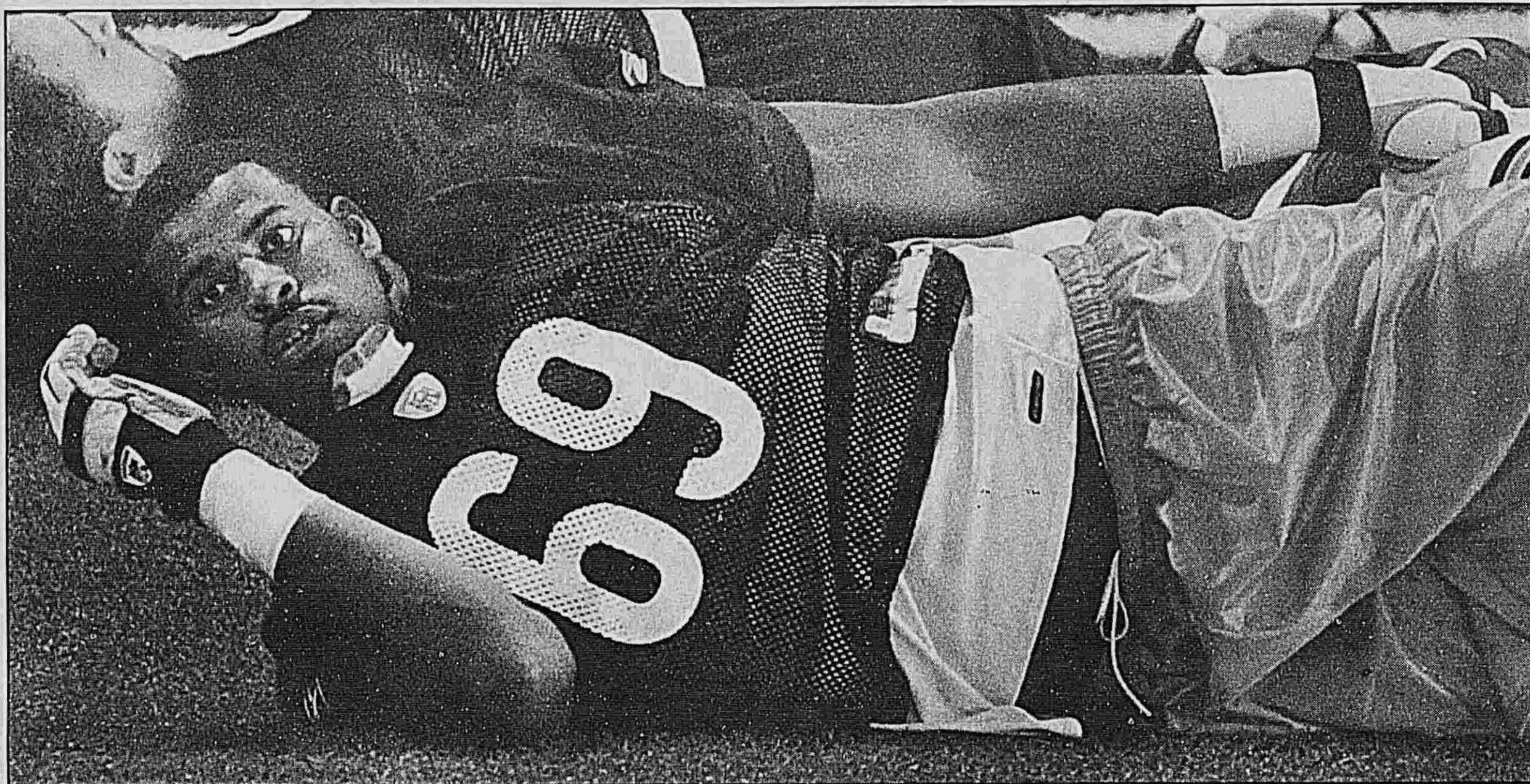
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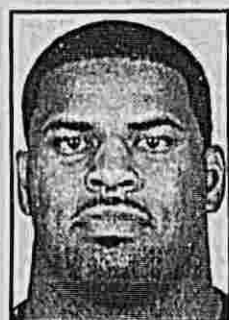
AP photo

Because offensive linemen such as the Bears' Fred Miller exert so much energy during their work week, they take in as much as 6,000 calories a day over four or five meals.

DIFFERENT BODIES, SAME FUEL

A big man's plate

Larger NFL players such as Bears offensive lineman Fred Miller (below) must make sure their caloric intake is always at a high level. Here's a look at Miller's vitals and his nutritional game plan:



Height: 6-7.
Weight: 320.
Age: 33.
NFL experience: 11 years.
How he does it: Miller

jokes that he cannot go anywhere at the team's training facility without being handed a snack or a beverage to keep his caloric intake high. Offensive linemen regularly take in between 5,000 and 6,000 calories a day. They often feast on chicken and steak, along with high-protein foods such as peanut butter, yogurt and various nutrition shakes.

Nutrition paramount for big, little Bears

By NICK HUT
nhut@nwnewsgroup.com

Bears tackle Fred Miller said he cannot go anywhere at Halas Hall without someone handing him a snack or a beverage.

Wide receiver Mark Bradley, overhearing that comment as he walked past Miller's locker, said the same is true for him.

"But my [portion] is probably a lot smaller than what Fred gets," Bradley quipped.

The Bears' heftiest and leanest players follow similar diets as they fuel their bodies each week in preparation for games. But there are differences, starting with the amount of calories they consume.

Offensive linemen usually devour between 5,000 and 6,000 calories a day during the regular season.

Small wide receivers do not often go beyond 3,500 calories daily, although even that number is 1,000 greater than what is recommended for the average man.

Bears coach Lovie Smith said strength and conditioning coordinator Rusty Jones uses a computer program that factors in each player's position, body composition and diet to deter-

“

We're eating in the meeting and film rooms. Back in the day, [coaches] never thought about that. Or if they did, they thought it would be a distraction.

Fred Miller
Bears offensive lineman

”

mine the amount and type of calories the player should consume each day.

Team policy does not allow Jones to speak to the media.

Offensive linemen said they ingest a greater percentage of protein and fat each day in relation to some of the lighter players, who take in more carbohydrates, such as grains and pasta. Linebackers such as Hunter Hillenmeyer fall somewhere in between.

See FUEL, page 11

A little man's plate

Smaller NFL player such as Bears wide receiver Mark Bradley (below) must carefully watch their caloric intake. Here's a look at Bradley's vitals and his nutritional game plan:

Height: 6-2.
Weight: 198.
Age: 24.
NFL experience: 2 years.
How he



does it: To remain at an ideal playing weight, wideouts like Bradley take in approximately 3,500 calories a day and tend to fuel up carbohydrates such as pastas and grains at the dinner table. Although that is more than 1,000 calories more than what is suggested for an average male, Bradley's workout regimen allows him to burn the calories quickly.

BEARS' BOSS JUST LIKE FAMILY

Phillips earns McCaskeys' trust

By NICK HUT
nhut@nwnewsgroup.com

There are days when Ted Phillips feels tired, even worn down as he rolls his car into his parking space at Halas Hall.

There are days he knows will be long and hard, days he almost wishes he could just skip over altogether.

But there never is a day when he feels bored or listless in his eighth season as president and CEO of the Bears.

"I show up every single day with an awareness of the remarkable responsibility I face in my position with this franchise," Phillips said. "With that awareness definitely comes a little bit of an adrenaline boost and a determination to do my best every day, even on bad days."

Phillips became the first person outside the Halas/McCaskey family to take over the day-to-day operations of the Bears in February 1999. That was when owner Virginia McCaskey removed her son Michael as president and installed Phillips, who became the point man for every aspect of running one of the NFL's most historic and popular clubs.

Phillips presides over football operations, although he cedes virtual autonomy in that department to general manager Jerry Angelo. He keeps a closer watch over business operations, which involve stadium and ticket issues, fan relations, community service, training camp and local broadcast rights – not to mention overall profitability.

The Bears have become far more lucrative under Phillips, who secured a new stadium deal with the City of Chicago soon after taking over. Their overall value since 2000 has risen from \$319 million to \$945 million, according to Forbes Magazine, raising them from the lower third among NFL franchises to the top 10.

The situation on the field also is looking up, with high hopes this season of repeating as division champions for the first time since 1988 and winning a playoff game for the first time since Jan. 1, 1995.

Virginia McCaskey was unavailable to discuss Phillips. In rare comments to reporters last year, she said she was "extremely gratified" by Phillips' performance. Barring unforeseen circumstances, Phillips

"... their family has meant so much to the entire fabric and history of sports in this city.

Ted Phillips

Bears president and CEO
on the McCaskey family

seems likely to remain in his post after his contract expires in 2008.

"I think I have the best job in the world, and I hope to be doing it for a long time," Phillips said. "To be able to hopefully do good work for the McCaskeys, first of all, is satisfying because their family has meant so much to the entire fabric and history of sports in this city.

"And to work my hardest to put out the best possible product for Bears fans is another great aspect. Just from their passion and intensity, nobody is more deserving of [having] an all-around quality franchise to support."

The Bears' board of directors – an eight-man group that includes Phillips and five members of the McCaskey family – theoretically can overrule Phillips on any issue.

But although he values the family's input anytime they feel like offering it, Phillips said, he essentially has free reign to make decisions.

"As long as they have confidence in me, they let me do things my way," Phillips said. "I of course meet regularly with the other members of the board, and they let me know what my charge is, what they expect in certain areas.

"That's how it is with any corporation. And this is a business the family has owned for 86 years, so of course they have a lot invested in it, both emotionally and financially.

"They establish parameters and goals that they want met, and then they pretty much sit back and let us figure out how to achieve them. And the goals essentially come down to putting out a good football team, a championship-caliber team, while also maximizing revenues."

Phillips' expertise is the business side.

See PHILLIPS, page 23



AP file photo

Bears president and CEO Ted Phillips (right) stays busy dealing with general manager Jerry Angelo on the field at training camp and in the board rooms in Lake Forest with team ownership.

The Phillips file

Career path of Bears president, CEO Ted Phillips:

1979: Graduated from Notre Dame with a degree in business and accounting.

1979-83: Auditor and tax account with Ernst & Whinney (now Ernst & Young).

Sept. 28, 1983: Joined Bears

• 1983-87: Team controller.

• 1987-93: Director of finance, handling all player contract negotiations and helping run the team's business operations.

• 1993-99: Vice president of operations, overseeing the entire business side of the team.

• 1999-present: President and CEO.

"All that is in the past now. I'm here to play. I'm very satisfied with the decision I made."

Brett Favre, Green Bay Packers quarterback on deciding to return to the team instead of retire

IS FAVRE'S RETURN WORTH IT?

QB back for 16th season as team's rebuilding begins

By CHRIS JENKINS
The Associated Press

GREEN BAY, Wis. — Where others see question marks, Brett Favre sees potential exclamation points for the Green Bay Packers this year.

Of course, Favre also thought he saw plenty of big plays developing on the field last year — and 29 of them fizzled into interceptions.

Favre opened his 16th training camp by proclaiming this year's Packers "the most talented team that I've been a part of," a pronouncement as bold, improbable and perhaps ill-advised as many of his trademark off-balance touchdown passes.

The 36-year-old three-time MVP insists last year's dismal season can be blamed mainly on injuries. This year, he says a mix of returning veterans, new free agents and young players can produce a quick turnaround.

"I really believe that we're going to be better than people think we will," Favre said.

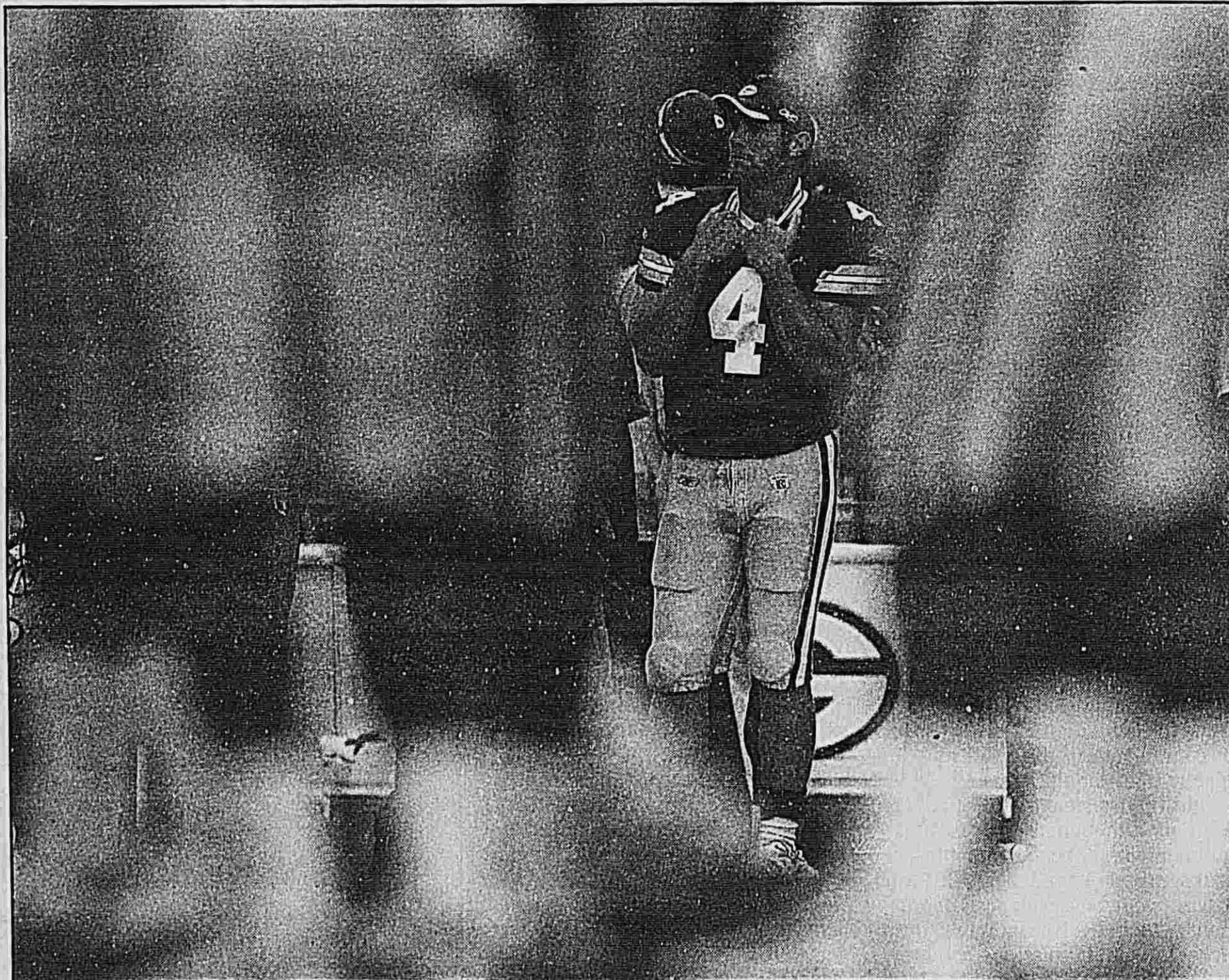
But it wasn't so long ago that Favre himself was one of the skeptics.

Favre had Cheesehead Nation on high alert for months in the off-season as he openly wondered whether the Packers had done enough improving to make another year of football worth his while.

After finally ending his retirement saga in April, Favre says he has put aside concerns about the Packers' commitment to winning right away rather than rebuilding.

"All that is in the past now," Favre said. "I'm here to play. I'm very satisfied with the decision I made."

Favre, perhaps the most recognizable and popular player in the league over the last dozen years, always has represented hope for Packers fans. And



AP photo

Brett Favre nearly decided to watch this season from his home in Mississippi as a retired NFL player. Instead, he is back for his 16th season.

if he's optimistic about the team's talent, maybe they should be, too — even if Favre adds the important caveat that this is also the most inexperienced team he ever has played on.

Or maybe Favre just had to talk himself into believing the Packers got significantly better.

Green Bay finished 4-12 last year, its first losing season with Favre under center.

"I had spoiled myself because I thought that as long as I was the start-

ing quarterback, we would always have a chance," Favre said.

Favre explains he tried too hard to make up for the absences of injured teammates last year, throwing up his hands as he threw interception after interception.

What else was he supposed to do?

"We talked about it," said veteran fullback William Henderson, one of the few remaining links to the team's Super Bowl years. "It was tough to handle. He and I both had a lot of sleepless nights,

coming in early, staying up late, simply because we weren't used to that. Losing has never been a part of either of our histories."

Favre insists if running backs Ahman Green and Najeh Davenport, wide receiver Javon Walker, tight end Bubba Franks and center Mike Flanagan had not missed significant time last season, it would have been a different story.

See FAVRE, page 11

A year to forget

A look at the troubles that have hindered the Green Bay Packers over the past year:

Favre flounders: The team's future Hall of Fame quarterback, Brett Favre, threw 29 interceptions, which led the NFL. He also produced a career-low passer rating of 70.9.

Bumps and bruises: Two running backs — Ahman Green and Najeh Davenport — missed time with injuries. Wide receiver Javon Walker and tight end Bubba Franks also got hurt.

Meet the new boss: After last season's 4-12 record, Mike Sherman was fired as the team's head coach. He was replaced by former Green Bay assistant Mike McCarthy.

Waiting game: Favre went into the off-season unsure about whether he would retire. He spent four months deciding his future, fueling frustration among Packers fans.

Getting younger: The trade of Walker to Denver, along with the rebuilding of the team's offensive line, have left the Packers with little experience.

Favre's tenure rare

• FAVRE

Continued from page 10

Still, the Packers fired coach Mike Sherman after the season.

Favre went into the off-season unsure about retirement and spent the next four months waffling about his football future. He made occasional public pronouncements that offered clues, but no firm answer, about his retirement plans.

The "Favre watch" grated on Packers fans.

Team chairman Bob Harlan was flooded with calls and letters from fans expressing concern that general manager Ted Thompson and new coach Mike McCarthy were trying to chase off Favre and begin rebuilding. Harlan called many fans personally, assuring them McCarthy and Thompson were in constant contact with Favre, but didn't want to pressure him.

Harlan says he always thought Favre was coming back, because a "great competitor" wouldn't retire if he thought he could still play.

Once Favre announced his return and the team signed free-agent cornerback Charles Woodson, Harlan said, "It was like the phone company and the postal service went out of business at the same time. The calls stopped and the mail stopped."

Despite poor play last season and the extended retirement decision, Harlan said he never sensed that fans were turning on Favre. Harlan attributes Favre's popularity to a combination of performance and longevity.

"He's spent the majority of his career with the Packers," Harlan said. "That doesn't happen to many players any more. Those days are kind of gone."

As a result, Harlan says, "Brett will be able to come back years and years from now and still be hailed as a national hero. He'll get the same reception Bart Starr gets."

Despite their small-market roots, the Packers have become one of the NFL's most profitable franchises in recent years. Harlan said Favre's popularity plays a significant role in the Packers' financial success.

"Every place we go on the road, you see people in Packers jerseys," Harlan said. "And nine of 10 of them are wearing No. 4."

But for No. 4 to have on-field success in what could be his final season, he will be counting largely on a first-time head coach, two rookie guards and two running backs coming off season-ending injuries: Green and Samkon Gado.

Walker was traded to Denver during the draft and no clear-cut No. 2 receiver has emerged, though Favre has praised rookie Greg Jennings.

Favre's young line struggled in a preseason game at San Diego, allowing sacks on back-to-back plays.

"I'm sure a lot of people watching that game the other night were saying, 'Whew! I bet he's thinking he's [better off] at home,'" Favre said. "And that's not true. I'm committed to this decision."

But will he commit to playing within his new coach's system?

McCarthy was Favre's quarterbacks coach in Green Bay in 1999 before moving on to offensive coordinator stints in New Orleans and San Francisco.

Favre said he and McCarthy are "on the same page."

PACKERS ROSTER

4	Brett Favre	QB	6-2	222
7	Ingle Martin	QB	6-2	220
9	Jon Ryan	P	6-0	202
12	Aaron Rodgers	QB	6-2	223
16	Dave Rayner	K	6-2	210
18	Ruvell Martin	WR	6-4	217
21	Charles Woodson	CB	6-1	208
22	Marquand Manuel	S	6-0	209
23	Noah Herron	RB	5-11	224
24	Jarrett Bush	CB	6-0	194
26	Charlie Peprah	S	5-11	202
27	Will Blackmon	CB	6-0	198
28	Ahmad Carroll	CB	5-10	190
29	Tyrone Culver	S	6-1	200
30	Ahman Green	RB	6-0	218
31	Al Harris	CB	6-1	185
33	William Henderson	FB	6-1	252
35	Samkon Gado	RB	5-10	226
36	Nick Collins	S	5-11	200
48	Vonta Leach	FB	6-0	250
50	A.J. Hawk	LB	6-1	246
51	Brady Poppinga	LB	6-3	245
55	Abdul Hodge	LB	6-0	236
56	Nick Barnett	LB	6-2	232
57	Jason Hunter	LB/DE	6-4	255
58	Ben Taylor	LB	6-2	238
59	Tracy White	LB	6-0	236
60	Rob Davis	LS	6-3	284
62	Junius Coston	T/G	6-3	317
63	Scott Wells	C	6-2	304
64	Tony Palmer	G	6-2	326
65	Mark Tauscher	T	6-4	315
68	Chris White	C	6-2	285
72	Jason Spitz	G/C	6-4	313
73	Daryn Colledge	G/T	6-4	299
74	Aaron Kampman	DE	6-4	278
75	Tony Moll	G/T	6-5	308
76	Chad Clifton	T	6-5	330
77	Cullen Jenkins	DT/DE	6-3	290
79	Ryan Pickett	DT	6-2	322
80	Donald Driver	WR	6-0	190
84	Tory Humphrey	TE	6-2	257
85	Greg Jennings	WR	5-11	197
86	Donald Lee	TE	6-4	248
87	David Martin	TE	6-4	265
88	Bubba Franks	TE	6-6	265
89	Robert Ferguson	WR	6-1	210
90	Colin Cole	DT	6-2	325
93	Johnny Jolly	DT	6-3	317
94	Kabeer Gbaja-Biamila	DE	6-4	250
96	Michael Montgomery	DE	6-5	275
97	Kenderick Allen	DT	6-5	328
99	Corey Williams	DT	6-4	313
Injured reserve				
25	Marviel Underwood	S	5-10	197
32	Arliss Beach	RB	5-10	219
37	Mike Hawkins	CB	6-1	180
52	Kurt Campbell	LB	6-1	227
67	Josh Bourke	T	6-7	314
70	Adrian Klemm	T/G	6-4	318
71	Kevin Barry	T	6-4	332

Meal timing key for athletes

• FUEL

Continued from page 8

"We're kind of the middle point," Hillenmeyer said. "At lunch, the heavier players eat more chicken and steak. The lighter guys don't eat quite as much of that, but they have more spaghetti on their plate."

The differences in food selection, however, are relatively minor.

"Body types in football differ greatly from position to position, but for maximizing performance, nutritional needs are fairly constant with small differences," Pittsburgh Steelers nutrition consultant Leslie Bonci said. "All players need diets that are high on the right kind of carbohydrates, moderately high on protein and low on fat."

The hot phrase these days in NFL cafeterias is "nutrient timing." The concept refers to eating precise portions at exactly the right time of day in relation to exercise.

Players split their daily caloric intake into five or six meals. That is why Miller said team staff members are available everywhere with food and drinks.

"Strenuous exercise breaks down energy stores and muscle tissue," Bonci said. "The best way to sustain energy and repair and grow muscles is to continually replenish the body with a combination of carbohydrates and protein before, during and after a workout."

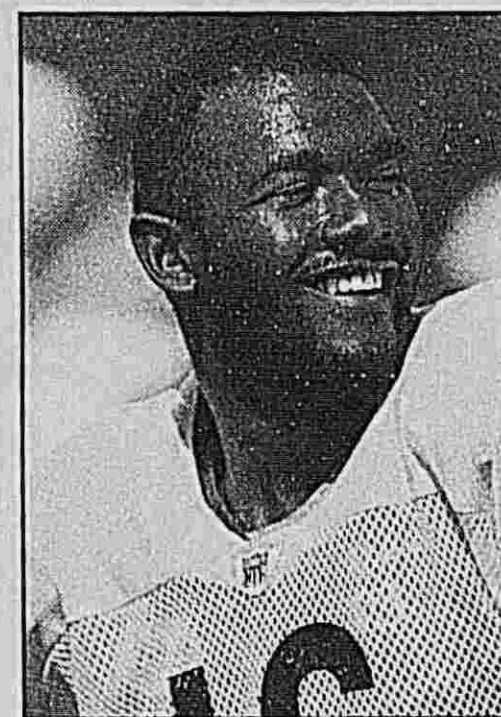
Bears players eat protein-heavy foods - perhaps peanut butter or yogurt - 30 minutes before each practice or workout. They drink a nutrition shake with both carbs and protein every 20 minutes during periods of physical exertion and then have another snack right afterward.

"We're eating in the meeting and film rooms," Miller said. "Back in the day, [coaches] never thought about that. Or if they did, they thought it would be a distraction. Now it's something they think will benefit us."

Players go home for the evening with specific instructions for dinner and late-night snacks.

Teams can only hope everyone follows it, especially the young and single players.

"Getting married is what helped [diet-wise] as much as anything," safety Mike Brown said. "Before that, you don't really



Justin Runquist - jrunquist@nwnewsgroup.com

Bears wide receiver Mark Bradley is used to eating similar foods as his teammates, just in smaller portions.

think as much as you should about meal planning. When you start feeling hungry, you're just going out looking for food wherever you can get it, whether it's a drive-thru or whatever.

"Plus, when you're younger, you naturally have a lot of energy and think you can get by even just eating junk. But you're not being all you can be unless you eat right."

Many players do not realize, at least not until nutrition experts explain it to them, how what they eat on Tuesday and Wednesday can impact their performance on Sunday.

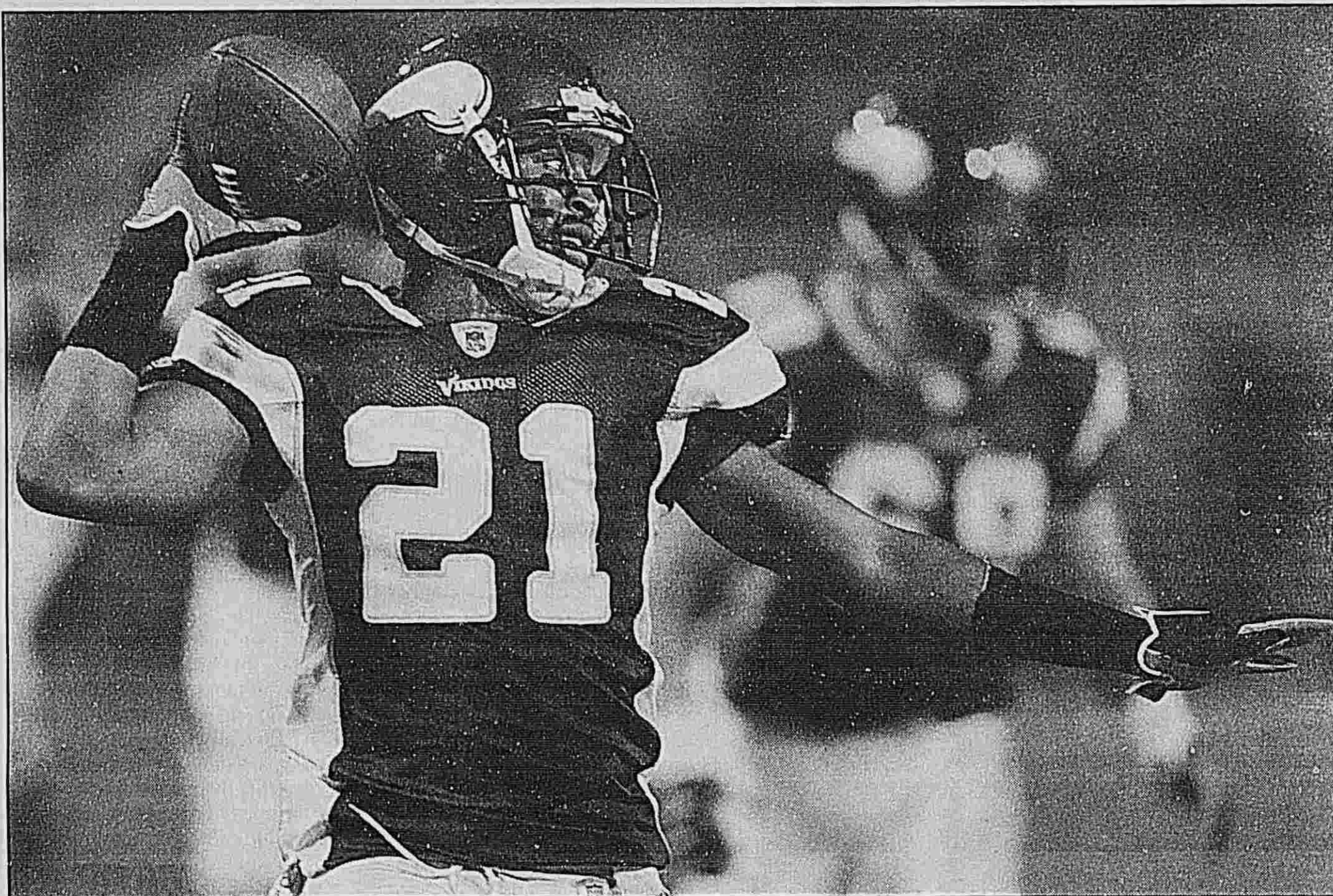
The human body needs more than one day to totally digest a meal and change it into usable energy, according to experts. Pregame food thus has less of an impact on endurance and energy levels than what players eat during the week.

The Bears still put a great deal of thought into their pregame meal.

Players usually eat three to four hours before kickoff, choosing from a menu that includes everything from eggs, steak and pancakes to fish, chicken, toast and honey.

Foods with simple sugars, such as many desserts, are de-emphasized because the way the body digests such foods ultimately leads to a lower potency level during the game.

"I don't eat as much, anyway," linebacker Brian Urlacher said. "Too much makes you feel slower, and it's good to take the field feeling a little bit hungry. It puts you in a good mind-set to go out there and hit somebody."



Minnesota cornerback Fred Smoot took part last season in the Vikings' infamous "Love Boat" party scandal, which dogged the team for months.

AP photo

New look, new faces

Some of the changes made in the past several months by the Minnesota Vikings:

Man at the top

New owner Zygi Wilf took over late last season and fired head coach Mike Tice minutes after the 2005 season ended.

Imported from Philly

Eagles offensive coordinator Brad Childress, an Eastern Illinois University graduate, was chosen as the team's new head coach.

New duds

Purple has remained as the team's dominant color, but the uniforms have changed drastically. Along with yellow collars, the uniform tops also feature wide white stripes around the shoulders and down each side. A Vikings logo appears just above each player's name on the back of the jersey, while the pants feature wide purple stripes, with yellow outline, from the hip to the knee.

Staff shuffle

Childress let all of Tice's former assistants go, including trainer Chuck Barta, who had been with the organization for 21 years.

Flip this roster

The team let 15 free agents go, retaining only wide receiver Koren Robinson and backup safety Willie Orford. After being charged recently with drunken driving and fleeing police, the team cut Robinson. Among the players they brought in were All-Pro guard Steve Hutchinson (Seattle), running back Chester Taylor (Baltimore), fullback Tony Richardson (Kansas City), kicker Ryan Longwell (Green Bay) and linebacker Ben Leber (San Diego).

Off to Miami

One of the top personnel moves of the off-season was trading quarterback Daunte Culpepper to the Dolphins for a second-round draft choice, which the Vikings used to select offensive lineman Ryan Cook.

The easiest cut

The team also installed new sod on its practice fields.

Source: The Associated Press

MINNESOTA OVERHAUL

Vikes undergo changes galore

By DAVE CAMPBELL
The Associated Press

EDEN PRAIRIE, Minn. — The Minnesota Vikings still wear purple. At least that hasn't changed.



Zygi Wilf

With an entirely new coaching staff, re-designed uniforms, a renovated roster and new sod on the practice fields, the Vikings have undergone a striking overhaul during the past year.

"It is kind of like a fresh start," said center Matt Birk, a

“Change is tough. ... You don't change for change's sake, but you don't stand pat because change is hard, either.”

Brad Childress
Minnesota head coach

four-time Pro Bowl pick who is back from a season-long absence caused by a series of injuries to his midsection.

It apparently wasn't possible, though, to completely escape the stench left behind from last season. Twice since training camp began, new coach Brad Childress has been forced to answer questions about off-the-field trouble involving his play-

ers, most notably receiver Koren Robinson's charges on fleeing police and drunken driving.

Then, starting safety Dwight Smith was cited for indecent conduct with a woman last weekend in a stairwell outside a downtown Minneapolis nightclub.

"Just because you are here for six months or eight months, that culture does not change immediately," Childress said. "But that is certainly the goal, and we are not going to stop trying to get that right."

One of the reasons owner Zygi Wilf and his partners decided to fire Mike Tice was the litany of non-football problems that plagued the Vikings during his four-year tenure as coach. Arrests for assault. Scalped Super Bowl tickets. The Original Whizzinator. The "Love Boat" party.

Tice's teams were just as unreliable on the field, and ulti-

mately a 33-34 record with one playoff win prompted his departure.

So while Childress has been charged with cleaning up Minnesota's public image, one that was tarnished by lawbreaking and boorish behavior long before Tice was hired, he also is responsible for re-establishing the Vikings as a perennial post-season team — let alone leading them to that elusive Super Bowl trophy.

Childress has not arrived quietly, either. He let all of Tice's assistants go, even getting rid of popular trainer Chuck Barta after 21 years in the organization. Eric Sugarman, the trainer when Childress was offensive coordinator in Philadelphia, was the replacement.

He let 15 free agents go, retaining only Robinson and backup safety Willie Orford.

See VIKINGS, page 22

SWITCHING GEARS

Detroit's tough new coach moving forward

The ASSOCIATED PRESS

ALLEN PARK, Mich. — Rod Marinelli has served as an assistant football coach for the past 30 years on the high school, college and pro levels.

His first season as a head coach became memorable Saturday, less than eight months after he took over.

The first-year Detroit Lions coach released wide receiver Charles Rogers, whom the team chose No. 2 overall in the 2003 NFL draft.

Instead of having their prized draft pick who played at nearby Michigan State on the roster, the Lions kept undrafted receivers Glenn Martinez of Saginaw Valley State and Shaun Bodiford of Portland State.

That suits Marinelli just fine.

"I feel extremely good about this football team with the character and the attitude," Marinelli said. "We've picked the men that are right for this football team, what's best for the Detroit Lions right at this moment. This is a team that we've kept together and I feel good about it."

Marinelli is known as a no-nonsense coach who instills discipline in his players.

His collegiate playing career was interrupted for a year when he served in Vietnam.

Marinelli played offensive and defensive tackle in 1968 at Utah. When he returned from

his military duty, Marinelli played at California Lutheran from 1970-72, earning NAIA All-America honors as a senior.

As Tampa Bay's defensive line coach, he helped develop NFL standouts such as Warren Sapp, Simeon Rice and Anthony McFarland.

How will he get the current Lions' defense — which ranked 27th in the league in average yards allowed last season — to be a success?

"It's getting the guys to finish a play," Marinelli told reporters. "That is what the whole thing is about. When you see this defense flying and 11 hats going to the ball. I can't [express] how hard it is. It's because this guy doesn't feel like it, this guy is tired and this guy doesn't want to do it."

"That's where the hard teaching is — getting them to understand how important it is."

On offense, the Lions — who lost six of their last seven games — will try to improve with a bevy of young talent.

Running back Kevin Jones rushed for only 664 yards last season in 13 games.

Wide receivers Roy Williams and Mike Williams, both of whom were drafted in the first round, hold the key to the passing game.

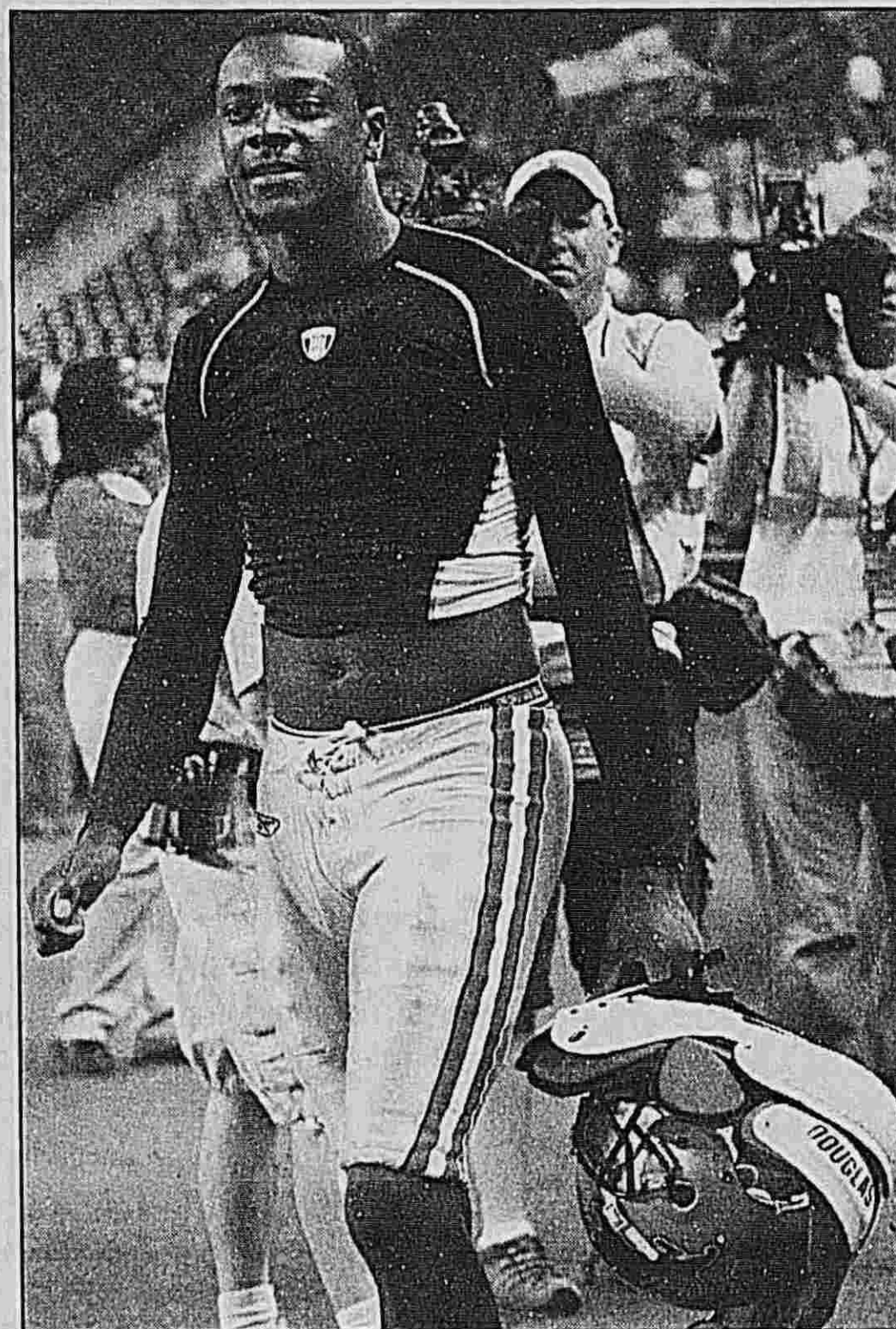
Roy Williams led the team with only 45 receptions last season, but caught a team-best eight touchdowns and averaged 15.3 yards a catch. Mike Williams caught 29 passes and only one score.

The offense will be led by a new quarterback after the off-season trade of Joey Harrington to Miami.

Jon Kitna, who has started 79 games in his nine-year career, is expected to start for Detroit.



Rod Marinelli



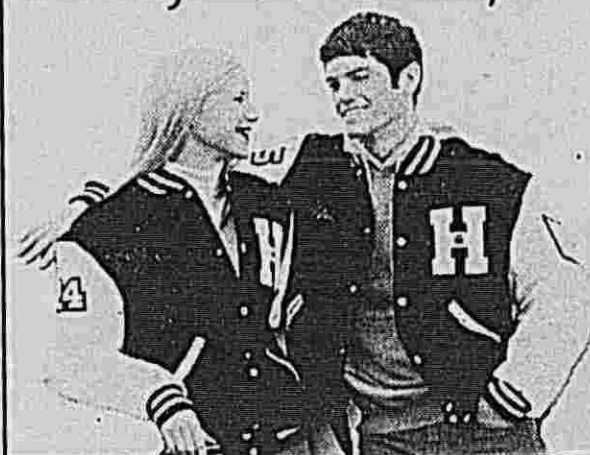
AP photo

Wide receiver Charles Rogers (above), a first-round draft pick of the Lions in 2003, was released by the Lions and new head coach Rod Marinelli.

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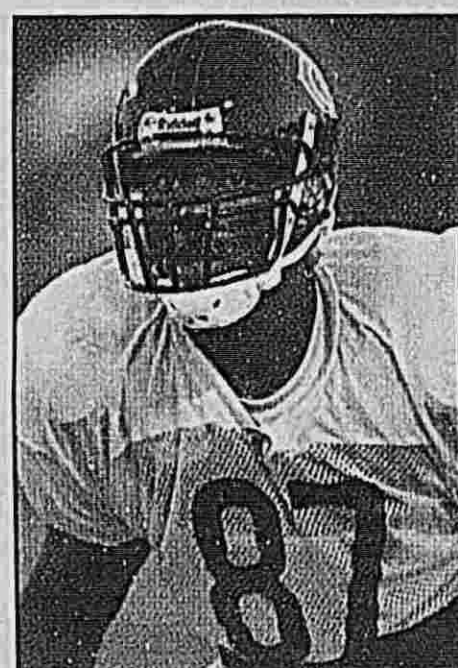
BUILDING THE PERFECT BEAR

By Nick Hut • NorthWest News Group

Every great NFL player has certain physical traits that allow him to excel. But imagine taking the best components of top players on the Bears' roster and combining them into one.

This Frankenstein-like creation, culled from a survey of more than 20 players and coaches, would create an unstoppable force.

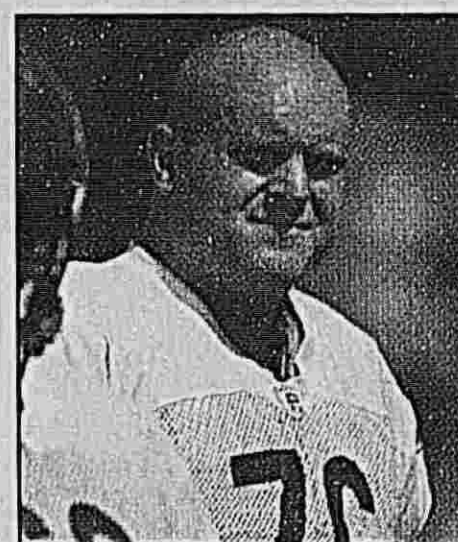
"I'd love to see it," quarterback Rex Grossman said.



Arms

John Tait, left tackle: Tait's long arms allow him to engulf opposing players. They especially come in handy when he has to chip off a pass-rushing defensive lineman and take on and subdue a linebacker.

"He's the prototypical tackle," line coach Harry Hiestand said. "If you want to be a top tackle in the NFL, unfortunately, you might have to start by growing arms like his."



Torso

Muhsin Muhammad, wide receiver: A superior ability to control his body in the air allows Muhammad to fight off defenders and make tough catches. He also does a good job adjusting to balls, which requires strength and flexibility in the core muscles.

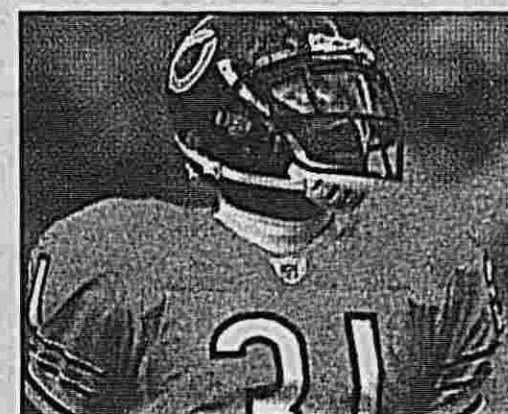
"As a receiver, the single most important thing you can do to prepare for the season is get stronger in your core," Muhammad said. "That's something I've learned over the years."



Hands

Lance Briggs, linebacker: Briggs roams the field as well as any outside linebacker in the game, and a big part of that skill is his ability to fight through traffic and use his hands to disengage from blockers.

"You can have all the athletic ability," defensive coordinator Ron Rivera said, "but if you can't use your hands to fight off guys, you're not going to make plays."



Hips

Nathan Vasher, cornerback: The Bears' best cover corner keeps up with most receivers thanks to his ability to flip his hips and turn and run. This ability is part natural and part the result of lots of technique work.

"Not everybody can do it, no matter how much they work at it," Vasher said, "but at the same time, even the best athletes have to work at it."

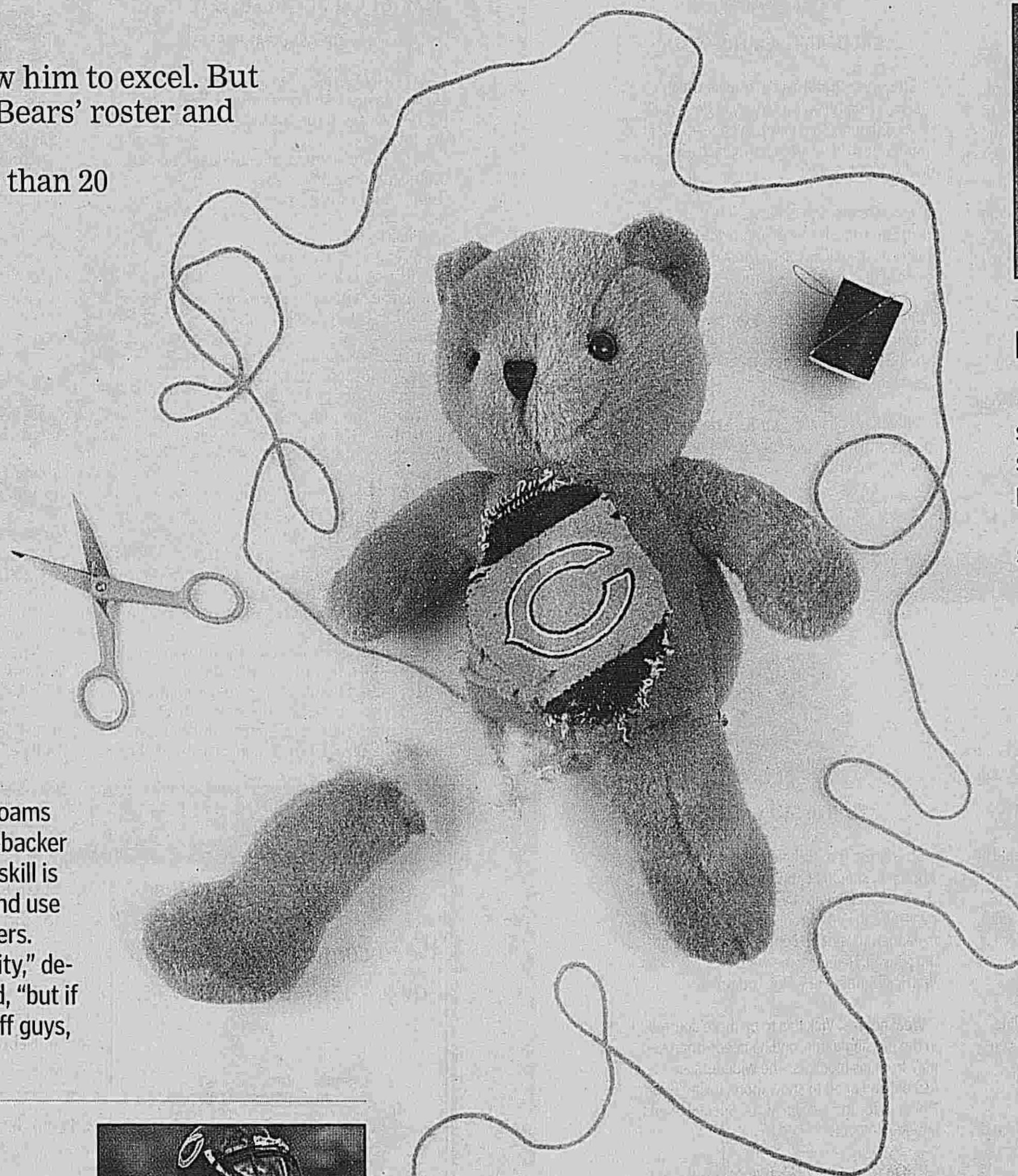


Photo illustration by Ryan Rayburn, Justin Runquist / NorthWest News Group



Head

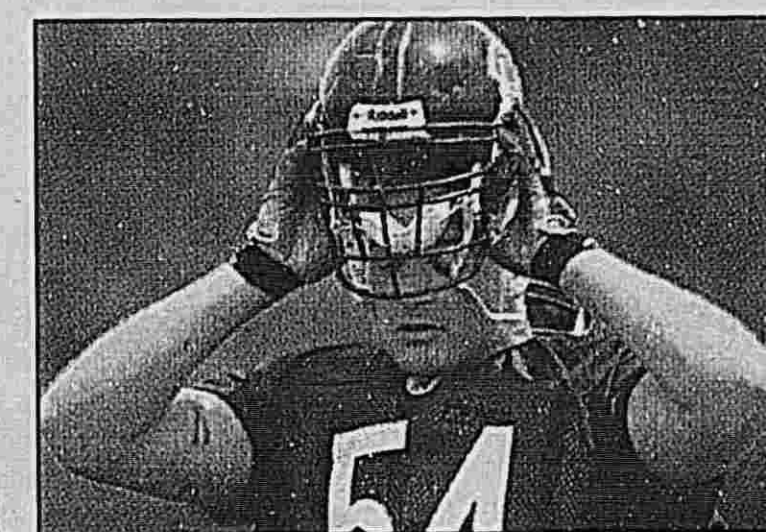
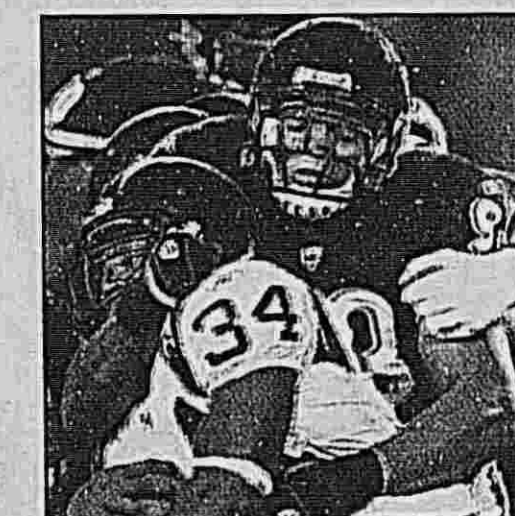
Olin Kreutz, center: More than his standout quickness and aggressiveness, Kreutz's head for the game allows him to excel. Before each snap, he has to identify what the opposing front seven will do on the play and communicate that information to his teammates.

"His ability to anticipate exactly what's going to happen after every snap is uncanny," Grossman said. "He's the biggest help to me and the whole offense."

Legs

Adewale Ogunleye, defensive end: Even without blue-chip speed and power, Ogunleye is a sack artist because of his long strides. That allows him to use his momentum to constrict the pocket.

"My coaches always told me I cover a lot of ground," Ogunleye said. "That's definitely key for me."



Calves

Brian Urlacher, linebacker: The fast-twitch muscles in Urlacher's calves help supply the remarkable speed that makes him one of the league's dominant defenders. He remembers his rookie season, when the Bears' strength coaches urged him to build up his calves.

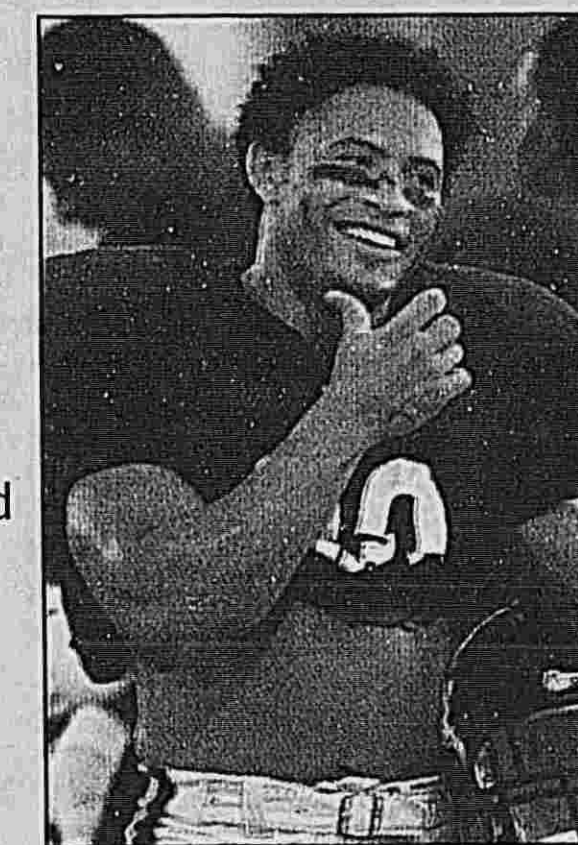
"They said [my calves] were OK as they were, but they could be so much better," Urlacher said. "I'm glad I listened."

Feet

Mike Brown, safety: Brown's agility and foot quickness make him one of the best in the game at such skills.

as backpedaling and planting and driving.

"He's always in the right spot," Rivera said. "That's because he knows the game so well, but it's also because he has terrific footwork that he was blessed with and then worked to hone."



► THE DIVISION RACES - NFC NORTH

Projected record in parentheses



MINNESOTA VIKINGS (8-8)

Strengths: Wisely, new owner Zygi Wilf changed things from top to bottom, and new coach Brad Childress will bring some imagination back to the offense. QB Brad Johnson is efficient and intelligent, and WR Troy Williamson might be ready to break out. Adding G Steve Hutchinson was brilliant; he's the best in the NFL at the position.

Weaknesses: The linebacking is mediocre and could pull down the entire defense. With the release of troubled Koren Robinson, there is no proven wideout, and it's uncertain who will emerge as the top running back. Johnson can't get hurt.

Player to watch: Williamson, the speedy receiver Minnesotans have hoped would make Randy Moss a distant memory.

Why they will finish first: Best of a bad lot.



BEARS (7-9)

Strengths: The defense, led by LBs Brian Urlacher and Lance Briggs, safety Mike Brown and linemen Alex Brown, Tommie Harris and Adewale Ogunleye, is the best unit in the division. C Olin Kreutz is a regular at the Pro Bowl and WR Muhsin Muhammad makes plays.

Weaknesses: The Bears aren't really set at quarterback, running back, wideout opposite Muhammad and special teams.

Player to watch: Briggs was as good as Urlacher last season, but fell out of favor with the coaching staff in the off-season. He should make up for any ill feelings on the field.

Why they will finish second: That defense is good enough to keep the Bears competitive.



DETROIT LIONS (6-10)

Strengths: Discipline should be improved under new coach Rod Marinelli. Mike Martz will bring some creativity to the offense that features RB Kevin Jones and WR Roy Williams. Shaun Rogers is a terror at DT.

Weaknesses: Despite a series of high draft picks, the Lions simply haven't progressed in Matt Millen's tenure as president. There still are too many negatives: offensive line, linebackers and secondary.

Player to watch: Williams seems ready to break out and join the elite at the position.

Why they will finish third: Fewer holes than Green Bay.



GREEN BAY PACKERS (5-11)

Strengths: Brett Favre's resolve, which needs to rub off on everybody. A deep backfield, although Ahman Green appears past his prime. Fresh ideas from new coach Mike McCarthy.

Weaknesses: The offensive line was a sieve in '05 and doesn't seem improved. Favre has only one reliable receiver, Donald Driver. Special teams are worrisome.

Player to watch: Top pick (fifth overall) A.J. Hawk will get plenty of playing time and should be the team's best defender by December.

Why they will finish fourth: Favre could regret returning, because the talent base is too thin in Green Bay.

► THE DIVISION RACES - NFC SOUTH

Projected record in parentheses



CAROLINA PANTHERS (11-5)

Strengths: Carolina could be the NFC's best team; certainly no one is better coached. John Fox has a bevy of standouts: DLs Julius Peppers, Kris Jenkins and Mike Rucker, LB Dan Morgan, DBs Ken Lucas and Mike Minter, QB Jake Delhomme and All-Pro WR Steve Smith. Fox gets the most out of what he has.

Weaknesses: The linebacking was hurt by Will Witherspoon's departure, and the running back situation is unpredictable because DeShaun Foster is injury prone. Top pick DeAngelo Williams could see action early.

Player to watch: Peppers is among the best athletes in the league, an end who can do everything. He might lead the league in sacks.

Why they will finish first: The Panthers are Super Bowl material.



TAMPA BAY BUCCANEERS (8-8)

Strengths: Veterans still a force on defense: LB Derrick Brooks, CBs Ronde Barber and Brian Kelly and end Simeon Rice. Carnell "Cadillac" Williams, the offensive rookie of the year, will be the focal point of an offense also including WRs Michael Clayton and Joey Galloway. Special teams are strong enough.

Weaknesses: Tampa Bay will come back to the pack. The Bucs are questionable on offense outside of Williams, Clayton and Galloway, and their interior defensive line has been much better in the past.

Player to watch: Brooks has been as good as Ray Lewis and just as important to his team. Another Pro Bowl season is likely.

Why they will finish second: If they find another win, they might sneak into the playoffs.



NEW ORLEANS SAINTS (7-9)

Strengths: Excitement. The Saints should be entertaining, especially when RB Reggie Bush is involved. Drew Brees is a tremendous upgrade at quarterback. Deuce McAllister will share the load with Bush, and WR Joe Horn always produces. The defensive line should produce a threat rushing the passer.

Weaknesses: New Orleans is weak at linebacker and in the secondary, and losing center LeCharles Bentley in free agency was a huge hit to the offensive line.

Player to watch: Bush, of course. He should be electrifying even if he loses four times as many games as he did at USC.

Why they will finish third: Back home, with a new regime under coach Sean Payton, the Saints are ready for a mild turnaround.



ATLANTA FALCONS (7-9)

Strengths: The DL, bolstered by end John Abraham, should be formidable. So might be the linebacking with Ed Hartwell, if he stays healthy, and Keith Brooking. QB Michael Vick is dangerous, but he comes off a disappointing season. He has some weapons in RB Warrick Dunn and TE Alge Crumpler.

Weaknesses: Vick has to be more controlled in the passing game, and he needs improved play from his blockers. The wideouts are serviceable and need to show more; losing Brian Finneran for the season hurts. Special teams are questionable.

Player to watch: Vick's progress will determine how far the Falcons go - or don't go.

Why they will finish fourth: Atlanta is too unpredictable on both sides.

- Capsules compiled by Barry Wilner, The Associated Press

► THE DIVISION RACES – NFC EAST

Projected record in parentheses



NEW YORK GIANTS (10-6)

Strengths: A veteran receiving bunch led by Amani Toomer, Plaxico Burress and TE Jeremy Shockey, plus one of the best all-around backs in the NFL, Tiki Barber. Brilliant pass rushers Michael Strahan and Osi Umenyiora at DE, who should open lanes for newcomer LB LaVar Arrington.

Weaknesses: QB Eli Manning regressed late last season, but he did lead New York to the division crown. Then the Giants were routed by Carolina, and Manning was awful in the playoff game. Which Eli will it be this year?

Player to watch: Guard Chris Snee, coach Tom Coughlin's son-in-law, needs to be the pile-driver who reinforces the running game while helping protect Manning.

Why they will finish first: They have enough leadership and stars to hold off Dallas.



DALLAS COWBOYS (10-6, wild card)

Strengths: The defense is the division's best, led by LB DeMarcus Ware, a fine group of linemen, SS Roy Williams and CBs Terence Newman and Anthony Henry. Terry Glenn and, if he ever gets healthy, Terrell Owens will form a dynamic receiving duo.

Weaknesses: Drew Bledsoe must be given time to deliver the ball, and this offensive line is one of the weakest Bill Parcells ever has coached. A return to form by LT Flozell Adams is a must.

Player to watch: It would be Owens if anyone was sure he will get on the field. Instead, go with Ware, who can be a great pass rusher and is just learning how good he might be.

Why they will finish second: The T.O. factor will hurt just enough to slide behind New York, but into the playoffs.



PHILADELPHIA EAGLES (9-7, wild card)

Strengths: If he's recovered from the sports hernia that plagued his 2005 season almost as much as T.O. did, Donovan McNabb is a Pro Bowl quarterback and a winner. MLB Jeremiah Trotter and an outstanding secondary highlight the defense.

Weaknesses: Brian Westbrook is about all they have to run the ball, and the receivers are average; the addition of Donte' Stallworth should help there. McNabb and Westbrook need upgraded play from the offensive line, and the other LBs don't measure up to Trotter.

Player to watch: McNabb is the key to returning Philadelphia to prominence. Healthy, he should re-establish himself.

Why they will finish third: Even with McNabb healthy, rest of offense isn't up to standard of a tough division.



WASHINGTON REDSKINS (9-7)

Strengths: Coordinator Gregg Williams' defense is aggressive, smart and plays with passion. LB Marcus Washington, DBs Shawn Springs, Sean Taylor and Carlos Rogers can be difference makers, and SS Adam Archuleta was a nice addition. H-back/TE Chris Cooley and WR Santana Moss are first-rate.

Weaknesses: Obviously the Redskins are concerned about Clinton Portis (shoulder), because they traded for T.J. Duckett. The offensive line has fallen off even though it has plenty of talent. QB Mark Brunell might have one good season left, but he might not.

Player to watch: Duckett has shown little in the pros, so Portis needs to be in form.

Why they will finish fourth: They are in the wrong division. The Skins would win the NFC North and contend in the NFC West.

► THE DIVISION RACES – NFC WEST

Projected record in parentheses



SEATTLE SEAHAWKS (11-5)

Strengths: MVP Shaun Alexander is a scoring machine and capable of rushing for 2,000 yards. Matt Hasselbeck is among the NFC's top quarterbacks, operating behind premier tackle Walter Jones. His targets, including Darrell Jackson and Nate Burleson, are reliable and can find the end zone. The defense can get a significant boost from signing playmaking LB Julian Peterson to line up next to last year's rookie stars, Lofa Tatupu and Leroy Hill.

Weaknesses: Letting G Steve Hutchinson escape to Minnesota hurts the line.

Player to watch: Peterson could be as important to the defense as Alexander is to the offense.

Why they will finish first: Seattle could win 12 or 13 games in this weak division.



ARIZONA CARDINALS (8-8)

Strengths: The passing game with WRs Anquan Boldin and Larry Fitzgerald and, now, versatile RB Edgerrin James. A new stadium has injected some enthusiasm into the franchise and the community.

Weaknesses: Arizona has perhaps the worst offensive line in the NFC. The secondary needs Antrel Rolle to contribute strongly. The linebackers are aggressive, but make mistakes. Dennis Green is prone to coaching by the seat of his pants, which almost never works in the pros.

Player to watch: James. Will he have anywhere near as much impact as in Indianapolis?

Why they will finish second: The Rams and Niners have far fewer positives.



ST. LOUIS RAMS (7-9)

Strengths: WR Torry Holt leads a deep contingent with game-breaking ability. QB Marc Bulger is efficient and will prosper under new coach Scott Linehan. DE Leonard Little still can get to the passer, and Will Witherspoon will improve the linebacking.

Weaknesses: Much of the defense is unproven, and upgrades were needed everywhere. Not enough were made. Steven Jackson has little help at running back, and the line has regressed.

Player to watch: Witherspoon was one of many cogs in Carolina. Now, he will be the centerpiece of a defense that doesn't compare with what he's used to.

Why they will finish third: Only because the rebuilding 49ers are in the division.



SAN FRANCISCO 49ERS (4-12)

Strengths: Coach Mike Nolan has them on the right path, but things had deteriorated so badly that another year or two is needed before winning is possible. Top pick TE Vernon Davis eventually will be a stud. Frank Gore has seized the running back spot. The linebacking is pretty good, and the Niners appear to have had an excellent draft.

Weaknesses: So many. QB Alex Smith has been slow to grasp the offense. The receivers, aside from Antonio Bryant, are unproven. Both lines are mediocre.

Player to watch: If Smith can do anything in the passing game, Davis will have an early impact.

Why they will finish fourth: Past mistakes still haunt this once-great franchise.

– Capsules compiled by Barry Wilner, The Associated Press

THE DIVISION RACES - AFC NORTH

Projected record in parentheses



PITTSBURGH STEELERS (12-4)

Strengths: After taking the long, difficult road to the title, they carry tremendous momentum into season. Strong coaching, experience and pretty good depth, a rarity in the NFL. If Ben Roethlisberger has no ill effects from motorcycle accident and the handful of new regulars contribute immediately, Steelers could be champs again.

Weaknesses: Will they get lazy after winning it all? Not likely under coach Bill Cowher. Still, they did lose leadership (Jerome Bettis) and a gamebreaker (Antwaan Randle El).

Player to watch: Safety Troy Polamalu, whose all-out aggressiveness is as entertaining as it is effective.

Why they will finish first: The most talent, a terrific coaching staff and an ultraconfident attitude.



CINCINNATI BENGALS (9-7)

Strengths: The passing game, if QB Carson Palmer is fully recovered from knee surgery. WRs Chad Johnson and T.J. Houshmandzadeh are first-rate, and the line is solid. Rudi Johnson should rush for 1,200 yards or so.

Weaknesses: There needs to be vast improvement defensively, especially in the front seven. If Palmer isn't 100 percent, his backups are unimpressive. And special teams aren't very special.

Player to watch: Palmer. Cincinnati's hopes for consecutive division titles rest on his shoulders.

Why they will finish second: Just enough offense to hold off Baltimore, but not enough defense to challenge Pittsburgh.



BALTIMORE RAVENS (8-8)

Strengths: If healthy – a big if recently – the defense can be powerful. LB Ray Lewis and FS Ed Reed both have been NFL Defensive Player of the Year, and DEs Terrell Suggs and Trevor Pryce can have an impact. Steve McNair should provide an upgrade at quarterback.

Weaknesses: A once-outstanding offensive line has slipped badly, although injuries also might be a reason. The DL is mediocre and must play better to allow Lewis to roam.

Player to watch: Lewis comes off an injury-ravaged season and complaints about his contract. He is the unquestioned leader on defense and must have a major impact.

Why they will finish third: The Ravens have too many questions on both sides of the ball to contend.



CLEVELAND BROWNS (5-11)

Strengths: Leadership, thanks to newcomers LB Willie McGinest and WR Joe Jurevicius. Potential for big plays from TE Kellen Winslow and WR Braylon Edwards.

Weaknesses: Center, after key free agent addition LeCharles Bentley wrecked his knee. Untested QB Charlie Frye needs better support from a so-so running game. The secondary is spotty.

Player to watch: Winslow or Edwards. One of them must provide big plays.

Why they will finish fourth: The Browns seem jinxed by injuries, Bentley's the latest crusher.

THE DIVISION RACES - AFC SOUTH

Projected record in parentheses



INDIANAPOLIS COLTS (12-4)

Strengths: The game's best QB, Peyton Manning, and two of the top WRs, Marvin Harrison and Reggie Wayne. A strong offensive line and an emerging TE, Dallas Clark. Adam Vinatieri, the premier clutch kicker in the game. A developing defense, especially up front with DE Dwight Freeney and in the secondary.

Weaknesses: Running back is questionable without Edgerrin James, now in Arizona. And what about the team's psyche after recent postseason flops?

Players to watch: Dominic Rhodes and Joseph Addai, the two backs trying to make up for the absence of The Edge.

Why they will finish first: The Colts probably would win every division in the league.



JACKSONVILLE JAGUARS (8-8)

Strengths: Coach Jack Del Rio has turned around the franchise's fortunes, getting his team to play hard and beat the weaker teams. Tackles Marcus Stroud and John Henderson, LB Mike Peterson and CB Rashean Mathis are playmakers.

Weaknesses: Peterson injured his knee in preseason and FB Greg Jones tore up his. With Jimmy Smith's sudden retirement, the receiving corps is a mess. The OL isn't noteworthy.

Player to watch: Matt Jones. The former Arkansas QB and 2005 first-round pick as a wideout needs to be a factor with Smith gone.

Why they will finish second: Jacksonville has taken a step back and has a tougher schedule than in '05. The first four weeks could be brutal.



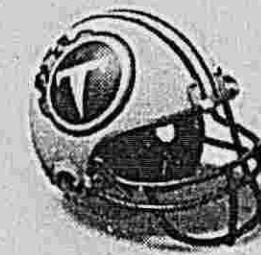
HOUSTON TEXANS (4-12)

Strengths: Not many, but what looks like a strong rookie class could help. WR Andre Johnson is superb, and cornerback Dunta Robinson has lots of promise. Special teams are good.

Weaknesses: The line can't keep QB David Carr upright, so he won't connect often enough with Johnson and newly acquired Eric Moulds. RB Domanick Davis is out for the season with a knee injury. Houston doesn't get enough of a push from the defensive line.

Player to watch: Mario Williams, surprisingly chosen ahead of Reggie Bush atop the draft, might need to be another Reggie White to make Texans fans forget that fact.

Why they will finish third: Only because they also have the Titans in the division.



TENNESSEE TITANS (4-12)

Strengths: Jeff Fisher is among the NFL's best coaches. He has a massive rebuilding chore, and his most reliable players right now are WR Drew Bennett, LB Keith Bulluck and DE Kyle Vanden Bosch.

Weaknesses: Start at quarterback and extend it to running back – unless rookie LenDale White emerges – offensive line and secondary. Maybe new FS Chris Hope can solidify the defensive backfield.

Player to watch: CB Adam "Pacman" Jones, if he can stay out of trouble off the field, can be dynamic as a cover guy and a kick returner.

Why they will finish fourth: With such a major retooling job ahead, more than four wins is unlikely.

– Capsules compiled by Barry Wilner, The Associated Press

►► THE DIVISION RACES – AFC EAST

Projected record in parentheses



NEW ENGLAND PATRIOTS (11-5)

Strengths: Coaching, leadership, experience and clutch performers such as QB Tom Brady, RB Corey Dillon, LB Tedy Bruschi, DL Richard Seymour and SS Rodney Harrison. A versatile defense and deep running game.

Weaknesses: A thin, unproven receiving corps, little depth behind Brady, questionable cornerbacks.

Player to watch: TE Benjamin Watson, who could be Brady's top target with Deion Branch holding out.

Why they will finish first: Bill Belichick uses his personnel better than anyone else.



MIAMI DOLPHINS (10-6, wild card)

Strengths: Upgrades at quarterback (Daunte Culpepper) and in the secondary (first-round pick S Jason Allen), a deep front seven on defense. Players have bought into coach Nick Saban's system.

Weaknesses: A so-so offensive line blocking for RB Ronnie Brown, who never has been a workhorse.

Player to watch: Brown, who must carry the load and much of the offense, with little help behind him.

Why they will finish second: Miami came on late last season and is far better than Bills or Jets.



BUFFALO BILLS (6-10)

Strengths: Bruce Smith, Jim Kelly, Thurman Thomas – oops, wrong decade. RB Willis McGahee, if he gets decent blocking, a top-notch secondary and excellent special teams.

Weaknesses: Uncertainty at quarterback, mediocre blocking, a weak defensive line and nothing behind McGahee.

Player to watch: LB Takeo Spikes, back from a torn Achilles tendon, is the key to the defense, which might have to carry Buffalo.

Why they will finish third: They have more playmakers than the Jets – barely.



NEW YORK JETS (4-12)

Strengths: The linebacking corps, led by Jonathan Vilma, although he could seem out of place in a 3-4 alignment. Ace special teams, especially if PK Mike Nugent lives up to being 2005 second-round draft choice.

Weaknesses: Way too many to contend. Defensive line, running backs, receivers, even QB if Chad Pennington doesn't make it back from successive shoulder surgeries.

Player to watch: Vilma. If he is not the big-time player he's been for his first two pro seasons, Jets are doomed.

Why they will finish fourth: New coach Eric Mangini is making tons of changes without a strong talent base.

►► THE DIVISION RACES – AFC WEST

Projected record in parentheses



KANSAS CITY CHIEFS (11-5)

Strengths: A high-flying offense featuring RB Larry Johnson, QB Trent Green, TE Tony Gonzalez and a good but diminished offensive line. Improvement on the defense should come with Herman Edwards as coach. LB Derrick Johnson, DE Jared Allen and CB Patrick Surtain figure to be mainstays.

Weaknesses: Despite such a dangerous aerial game, the Chiefs don't have great wide-outs. With tackle Willie Roaf retired and guards Will Shields and Brian Waters missing preseason time with injuries, the OL is more uncertain than in years. And the defense is a work in progress.

Player to watch: Derrick Johnson. K.C. needs a defender who makes a difference, and he can be the guy.

Why they will finish first: They were 10-6 last year, and Edwards will get the defense straightened out.



DENVER BRONCOS (11-5, wild card)

Strengths: Mike Shanahan finds the right pieces at most positions, turning nearly anybody into a 1,000-yard rusher. He's made Jake Plummer into a winning quarterback, and Denver's blocking scheme works perfectly. Playmakers on defense are LBs Al Wilson and D.J. Williams, CB Champ Bailey and FS John Lynch. Javon Walker improved the receiving group.

Weaknesses: Undrafted rookie Mike Bell is likely to start at RB. There's always a feeling Plummer will revert to his inconsistencies. The DL is filled with castoffs. Special teams are merely OK.

Player to watch: Walker has much to prove after missing 2005 with a knee injury, then forcing a trade from Green Bay.

Why they will finish second: The Broncos might have overachieved a bit last year. Regardless, they will make the playoffs.



SAN DIEGO CHARGERS (9-7)

Strengths: Perhaps the best player in the game, RB LaDainian Tomlinson, supported by excellent blocking fullback Lorenzo Neal, All-Pro tight end Antonio Gates and several defensive standouts: LB Shawne Merriman and NT Jamal Williams.

Weaknesses: Letting Drew Brees leave as a free agent opened a QB spot for Philip Rivers, who has virtually no experience. It's a big gamble, especially behind a spotty offensive line. The secondary also is underwhelming.

Player to watch: Tomlinson, mainly because it's so much fun to see what he can do as a runner and receiver.

Why they will finish third: The switch to Rivers will make for slow progress.



OAKLAND RAIDERS (6-10)

Strengths: Bringing in Art Shell to revitalize the Silver and Black's mystique was smart. If Jerry Porter stops pouting, the receiving corps is excellent, led by enigmatic Randy Moss. The young secondary might need time to jell, but has lots of talent.

Weaknesses: Neither line is worth bragging about, although Shell should have a positive effect on the blockers. There are holes all over the defense, which is a bad thing with a schedule that includes the Chiefs, Broncos, Chargers, Cardinals, Steelers, Seahawks and Bengals.

Player to watch: S Michael Huff, the seventh overall draft pick out of Texas, is a big play waiting to happen.

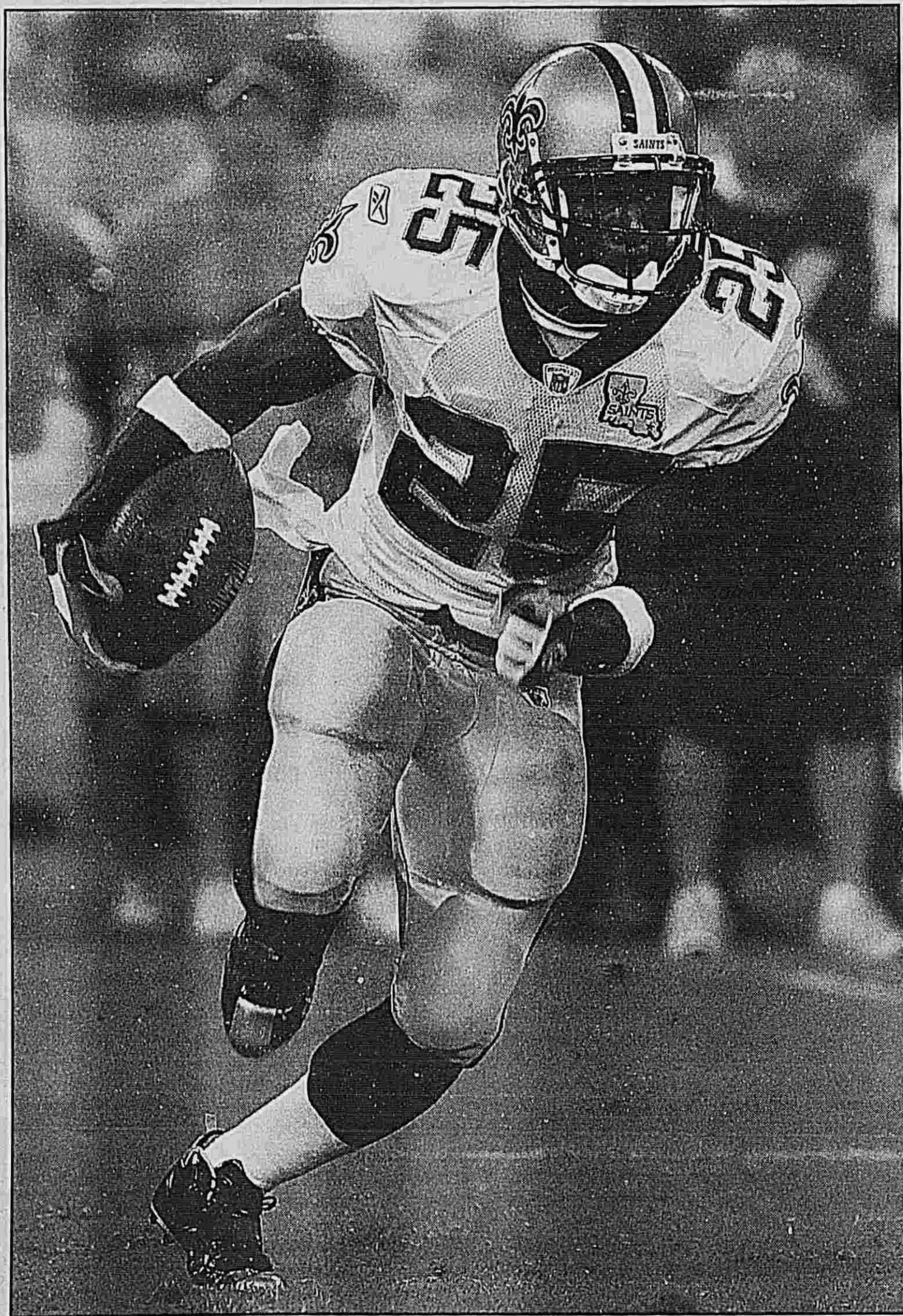
Why they will finish fourth: The Raiders will lose nearly every battle in the trenches, and quite a few on the flanks.

– Capsules compiled by Barry Wilner, The Associated Press

By SAM FARMER
Los Angeles Times

REGGIE BUSH:

New Orleans' true saint in shoulder pads



NEW ORLEANS – Shortly after the New Orleans Saints selected him second in the NFL draft, Reggie Bush toured some of the city's neighborhoods destroyed by the flooding that followed Hurricane Katrina.

House by pulverized house, he studied the bright orange numbers that relief workers had spray-painted on the front – a grim count of the dead found inside.

"It's a humbling experience and it's sad," the Heisman Trophy winner from USC said. "It makes you appreciate what you have, makes you appreciate life in general. It can be taken away from you at any time."

Katrina was the costliest natural disaster in U.S. history, flooding 80 percent of the city and displacing more than a million residents. In the storm's wake, Bush's first few months as an NFL player largely have been defined by his charitable works and donations, acts that have ingratiated him with the people of the Gulf Coast and fans of the Saints, almost always among the more pitiful franchises in professional sports.

Even before he signed his contract, which includes a reported \$26 million in guarantees, Bush – often with the help of his sponsors – was signing checks for charitable causes. Through adidas, his shoe and apparel sponsor, he donated \$56,000 to Holy Rosary School, ensuring 105 special-needs students wouldn't be forced to attend schools that don't specialize in educating teens with learning issues such as dyslexia and attention-deficit disorder. As part of his endorsement deal with Hummer, the Slidell, La., police depart-

ment was given 12 of the vehicles on loan for a year.

Soon, Pepsi will announce a "Yard by Yard, Neighborhood by Neighborhood" program to build 25 homes in the New Orleans area based on a donation system calibrated by the number of yards Bush gains this season. And Bush personally pledged \$86,000 to resurface the field at Tad Gormley Stadium, which was damaged in the flooding and where six high schools play their football games.

"Some guys just play in a place and then head home when the season's over," said Indianapolis quarterback Peyton Manning, who grew up in New Orleans. "Reggie's a kid from California who's dived right in to help the community. I commend him for that."

Several other NFL players have made significant contributions to relief efforts, but some say Bush's philanthropy has set a new standard for what is expected here of professional athletes.

"Everybody's been rearranged here, philosophically, spiritually, in their DNA," said Chris Rose, columnist for the New Orleans Times-Picayune newspaper. "There's no patience for anyone who's got it all who's not giving anything back."

One of the city's Catholic leaders even compared Bush to a real saint – St. Reginald of Orleans, who in the 13th century had a vision of the Blessed Mother instructing him to work with St. Dominic to establish the Dominican order.

"May you be the burning Bush that lights the way of so many," said the Rev. William Maestri, superintendent of Catholic schools for the archdiocese in New Orleans, presenting Bush with a fresco of St. Reginald during a ceremony.

But at least one well-known observer is hoping any further saint talk is confined to Bush's



Reggie Bush

AP photo

The expectations for Reggie Bush are through the roof, but even if he doesn't dominate the way he did in college, he already has made a lasting impression in New Orleans with his generosity and concern for those affected by Hurricane Katrina.

Part of the community

Some of the ways Reggie Bush is helping the people of Louisiana:

- Through his apparel sponsor, adidas, donated \$56,000 to school for special-needs children.
- Pledged \$86,000 to resurface football field used by six high schools.
- As part of endorsement deal with Hummer, 12 vehicles loaned to Slidell police department for a year.

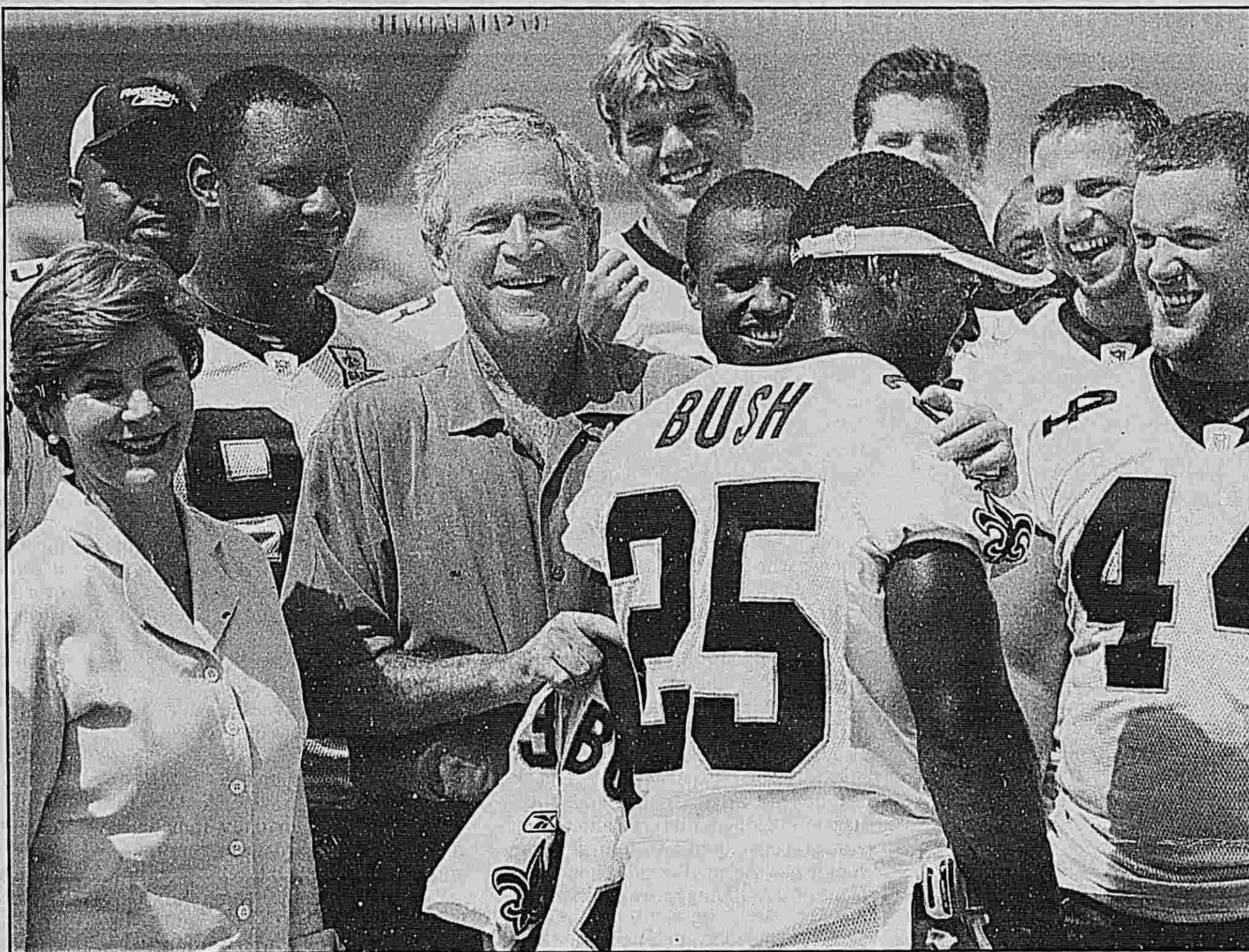
accomplishments for the Saints football team.

Bush has personally experienced how quickly fortunes can turn. He was on top of the world as the 2005 Heisman Trophy winner, but the start of 2006 was not so kind. USC lost the national championship game to Texas in the Rose Bowl and soon after Bush found himself embroiled in controversy as the focus of a joint Pac-10 Conference and NCAA investigation into whether a fledgling marketing company provided his family with "extra benefits" – including free housing – while he was playing for the Trojans. A lawyer for the company's founders, who ended up abandoning their plans, has threatened to file suit against Bush and his family. Bush has denied wrongdoing.

Meantime, the Houston Texans passed on making Bush the first pick of the NFL draft, instead selecting North Carolina State defensive end Mario Williams after he accepted their pre-draft contract terms. Bush was offered a similar deal but turned it down, leaving critics to wonder whether he was being greedy.

The Saints, however, didn't hesitate, and their fans, who have had precious little to cheer over the club's 39-year history, erupted with glee at a festival at team headquarters when Bush was selected. The franchise has sold more than 55,000 season tickets – a record, and nearly twice as many as it sold last year. T-shirts bearing the catchphrase "Run, Reggie, Run!" sold like crazy, and at least one bumper sticker doubled as a presidential poke, reading, "Finally! A Bush we can all get behind!"

Already, Bush has a place in the Saints Hall of Fame. The privately owned museum, which is not affiliated with the franchise, honors standout players of the past and is filled



President Bush, joined by first lady Laura Bush, shares a laugh with Reggie Bush on Aug. 29 in New Orleans. It was the one-year anniversary of Hurricane Katrina. AP photo

with thousands of Saints mementos – everything from a bottle of "Who Dat?" champagne to a cassette tape of the rally song "Geaux Saints Geaux!" to a section of bleachers from the old Tulane Stadium to the original paper bag a trendsetting 'Aints fan first pulled over his head in shame.

Soon to be displayed at the museum are a Bush portrait, his Sports Illustrated cover, a picture of him standing with former NFL commissioner Paul Tagliabue on draft day, and the full-page ad Bush took out in the Times-Picayune thanking the people of New Orleans.

"For this franchise, he was the biggest selection since Archie Manning in 1971," said Ken Trahan, who runs the Saints Hall of Fame and is a play-by-play announcer on the team's flagship radio station. "Everybody sees USC on TV, even in these parts, so they knew what they were looking at. Ungodly speed. Eyes in the back of his head."

So far, Bush has done and

“For this franchise, he was the biggest selection since Archie Manning in 1971.”

Ken Trahan

Saints radio announcer

said all the right things, even down to where he has chosen to live. He bought a \$1.8 million condominium on the downtown riverfront, passing on the option to live in the outlying areas as most New Orleans pro athletes do. He said he made that decision mostly for security and convenience reasons, although some fans see it as an indication Bush is a man of the people.

"It sends the message that he's all about New Orleans," said Travis Sanders, 27, a teacher's assistant who has recently returned to the city after relocating to Atlanta in the

wake of the disaster. "It's always bothered me that players live in Jefferson or Metairie," bedroom communities about 10 miles west of downtown. "We're not there."

Mike Ornstein, who heads Bush's marketing team, said the player will honor all of his current charitable commitments but intends to turn his focus entirely to football as the Sept. 10 opener at Cleveland nears.

"I probably have him doing too much right now," Ornstein said. "Reggie never says no to me. But all these things come with obligations."

The frantic schedule doesn't appear to be affecting Bush on the field. He tore off a 44-yard run on his second carry of an exhibition opener against New England, giving fans a glimpse of his elusiveness and blistering speed. Through the first three exhibitions, he had 88 yards in 15 carries while splitting time at tailback with Deuce McAllister. The plan is to use Bush not only in the backfield but also as a receiver.

"I think he's going to be electric," Indianapolis Colts coach Tony Dungy said. "Just the runs that he's made, when he's got the ball in his hands he can make things happen. Seeing it on ground level reminds me a little bit of Barry Sanders, where every time he's got the ball you're just hoping you've got guys in position and swarming around him."

Everyone, it seems, is swarming Bush these days. But this is New Orleans, and these are Saints fans, people who have grown accustomed to a losing football team and have the fatalistic view that even the best things can sour over time.

The bottom line is, Bush has to perform.

"Reggie Bush has done what the city should have done," said Darryl Jones Sr., a longtime Saints supporter. "The city should have rebuilt Gormley Stadium. Reggie Bush came in and did it. He showed them up. Now, everybody loves him."

"But wait until he fails. If that happens, we're going to boo him too."

Consistency a crucial goal for young offensive players

• OFFENSE

Continued from page 5

"He mainly needs to cut down on the interceptions because McMahon, especially at his best, was averaging less than an interception a game," Ditka said.

Grossman has averaged an interception a game in every start he has made beginning with the 2004 season. And although Grossman loves to take shots down the field, the Bears' deep passing game has not clicked with him the way it did in '85.

McMahon that season averaged 13.4 yards a completion and 7.64 yards an attempt. Both numbers are just about a full yard better than Grossman's career marks.

"I know I have a lot of room to grow," Grossman said.

"But I definitely see myself getting to the point soon where we can have a really explosive passing game when we need it."

WIDE RECEIVER: WILLIE GAULT-DENNIS MCKINNON/BRADLEY-BERRIAN

Gault and McKinnon, both in their third seasons in 1985, were not prolific enough to remind anyone of the Miami Dolphins' Mark Clayton and Mark Duper.

Both, however, were explosive enough to make opponents fear the Bears' passing game, and that is what

the team hopes Bradley and Berrian become.

"We don't need them to catch 100 balls a season," Grossman said. "We just need them to make plays consistently, and I'm very confident that's what they're both going to do. There's a great deal of talent in those two guys, and it's up to me to find ways to help them show it."

Gault, like Berrian, was a speed-burner who had to work to become a well-rounded receiver. McKinnon, somewhat like Bradley, was a smooth pass-catcher who could explode for yardage after the catch.

Berrian is farther along than Bradley, and not just because he has an extra season of experience. While Bradley missed nine games and still has not regained full speed after undergoing reconstructive knee surgery as a rookie last season, Berrian showed signs of developing into a complete player.

"My rookie year, it seemed like they just wanted me to go deep a lot of the time," Berrian said. "As last year went along, they let me prove myself more in the intermediate game."

Unlike Gault and McKinnon as young players, Berrian and Bradley do



Mark Bradley

not have to carry the passing game. Muhammad, an 11-year veteran, is entrenched as Grossman's primary target.

But Muhammad, at 33, is by and large a possession receiver.

Berrian and Bradley are the most likely receivers to provide the dynamic threat of the Gault-McKinnon combination.

"I want us to be the kind of receivers where, if they need us to, we can light up the scoreboard all day, every day," Bradley said. "We'll win with defense and running [the ball], but I want other teams to have to worry about us a whole lot, too."

"If that's not the case, we're not doing our jobs out there."

RUNNING BACK: PAYTON-BENSON

This comparison is the biggest reach — less because of any issues with Benson than because of what Payton accomplished.

Considered by some to be the greatest running back in league history, Payton brought a virtually unmatched combination of hard-nosed running and game-breaking talent.

The Bears see those same skills in Benson when he carries the ball, but it is by no means clear whether he can match Payton's work ethic and determination.

"That's what [Benson] has to prove," Ditka said. "So many of Walter's yards came well after he should have gone down. It takes an extraordinary player

to be as resilient as he was. The Bears have to hope it's not a once-in-a-lifetime player."

Benson also has to master some of the finer points of his position, namely route-running and pass-blocking. Payton excelled in those two areas as much as he did running the ball.

Missing his entire rookie preseason while in contract negotiations and most of his second preseason with a shoulder injury will not help Benson advance quickly.

And none of that speaks to the foremost issue Benson faces as he attempts to establish himself in the NFL — can he overtake Thomas Jones, whose 1,335 yards last season were the most of any Bears running back since Payton, in the competition to be the Bears' primary ball carrier?

The Bears would not have drafted Benson fourth overall if they did not think the answer was yes.

"You can never have too many good running backs," general manager Jerry Angelo said. "And secondly, we think Cedric can be special."

Angelo demurred when asked whether Benson could be the next Payton, while Benson was a little more willing to answer boldly.

"That's the kind of career I want to have," Benson said.

"That's what I'm shooting for, that level of excellence."

An entire franchise and legions of fans hope he even comes close.

New owner, coach perform renovation on Minnesota franchise

• VIKINGS

Continued from page 12

And Robinson, facing a possible season-long suspension for a third violation of the league's substance abuse policy, was cut last week.

"Change is tough. It's hard. There's nothing easy about it. You don't change for change's sake, but you don't stand pat because change is hard, either," said Childress, who has never been a head coach before. "When there's change, there's people that are uncomfortable. This is not a comfortable business. It's not all squishy. You just want people that kind of know what to expect."

Much of Childress' coaching philosophy was forged during his days with the Eagles, where he learned the version of the West Coast offense he has installed in Minnesota and also gained useful experience dealing with conflicts during the Terrell Owens saga.

In addition to stressing personal accountability both on and off the field, Childress is a firm believer in a single voice and a flat line.

He's wary of entrusting people to important positions who are prone to emotional highs and lows, part of the reason why Daunte Culpepper was traded during the off-season. He also wants everyone underneath him to speak the same language, whether it's the offensive coordinator describing a pass coverage scenario to the quarterback or a linebacker discussing defensive strategy in a newspaper article.

"You can get mixed messages," said Childress, who has followed the trend of many other NFL teams by cutting back



Brad Childress

on information provided to the media and reducing availability to reporters.

The Vikings went 9-7 last year, but there were several deficiencies that needed to be addressed — resulting in a spree of spending on new players.

"I think we have the talent. I think we have the coaching staff that can put us in the right direction," tight end Jermaine Wiggins said.

All-Pro guard Steve Hutchinson, running back Chester Taylor, kicker Ryan Longwell, fullback Tony Richardson, linebacker Ben Leber and most recently Smith were the notable additions. Whether they'll turn out to be the pieces Minnesota needs to make the playoffs again is anybody's guess, but this much is clear: The Vikings are a totally different team than they were just two years ago.

A quick-strike offense that led the league in total yards in 2003 and excelled again in 2004 was led by Culpepper; receivers Randy Moss and Nate Burleson

and running backs Michael Bennett and Otis Armstrong. All five of them are gone now.

Brad Johnson, the steady, soon-to-be-38-year-old, is the quarterback of a low-risk, spread-it-around offense. On the other side, 34-year-old defensive coordinator Mike Tomlin has brought the Cover 2 zone scheme with him from Tampa Bay.

He'll be banking on a frenzied pass rush by a defensive line that features three first-round draft picks and a defensive tackle, Pat Williams, coming off a career season. Smith and Pro Bowl safety Darren Sharper will be lurking behind cornerbacks Antoine Winfield and Fred Smoot, an experienced secondary that should help relieve pressure on a linebacking corps that has been a weakness for years in Minnesota.

"I think we could really catch a lot of people by surprise," Smoot said. "They really don't know what to expect from us."

Affable Briggs took lead in confronting his college coach

• BRIGGS

Continued from page 3

The result is the player the Bears have today – a Pro Bowl player who describes himself as highly competitive and eager to win games and dominate opponents, while making sure to have fun along the way.

He thinks winning and fun usually go together, anyway.

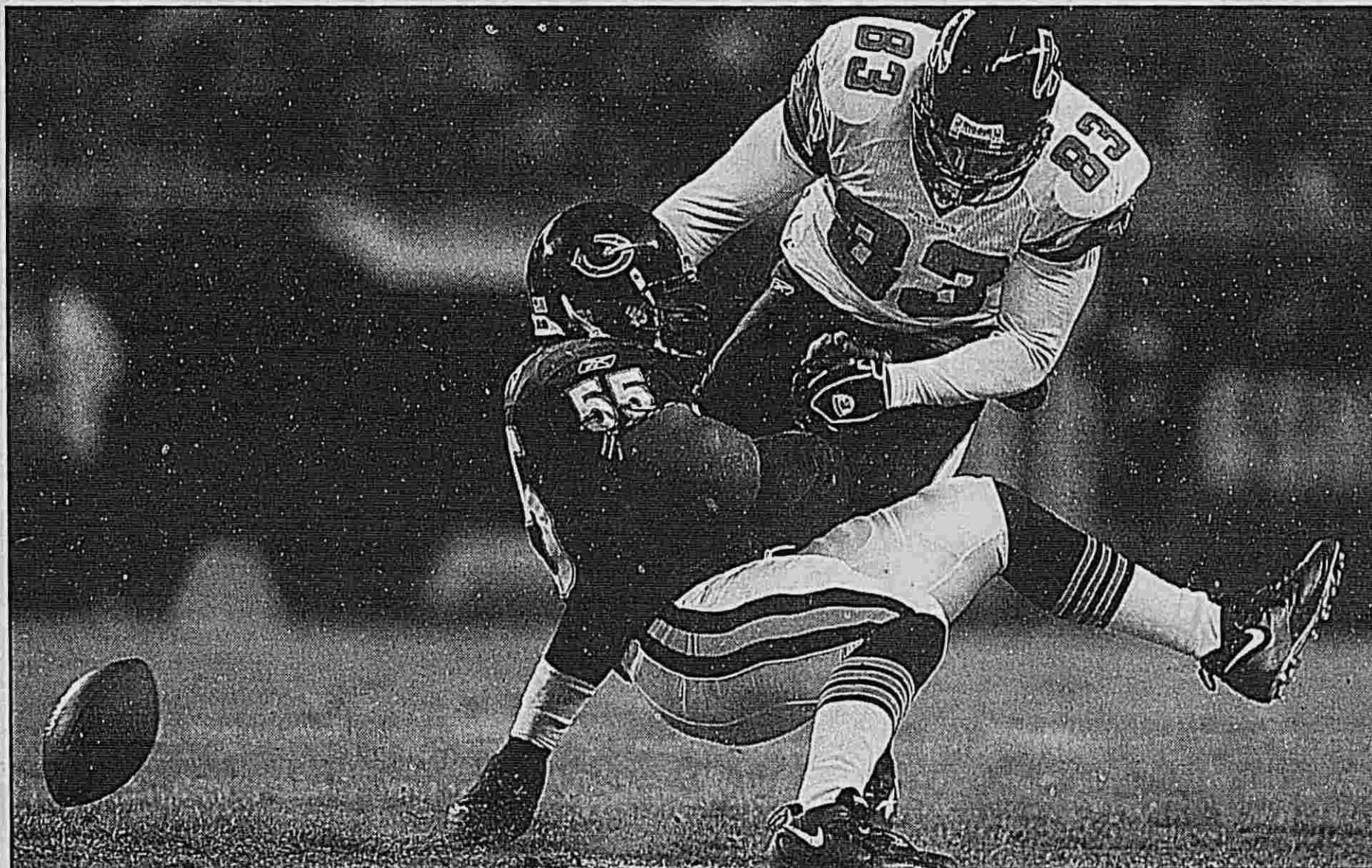
"I guess it would be possible to win lots of games even if people don't like each other and don't like being around together," Briggs said. "But I can't really imagine that. I've never been on a team like that."

Briggs appreciates being on the Bears because they are a group that easily has fun together. He knows what it is like to be in the opposite situation.

As an Arizona Wildcats team captain in 2002, Briggs played a leading role in confronting coach John Mackovic about Mackovic's alleged tendency to go overboard in verbally berating players. The confrontation led to Mackovic's firing before the following season, when Briggs was a Bears rookie.

Briggs prefers to think of the Arizona situation as another example of being in tune with his teammates, the same as when he senses a need to lighten the mood among the Bears.

"When I saw that a lot of other [Wildcats] felt the same way I did," Briggs said, "I said, 'Let's go.' [Mackovic] admitted he was wrong for some of the things that happened, but I guess it was too late for him to stay there."



AP photo

When he is not jarring the football loose from tight ends, Bears linebacker Lance Briggs is cracking up his coaches and teammates.

"That was my worst experience in football. Not only for the losing, but just for the way nobody was able to enjoy themselves in that situation. If you can't have fun playing this game, you know there's something wrong."

Briggs knows every NFL team might not be as loose and fun-loving as the

Bears. As he prepares to hit unrestricted free agency next winter (unless the Bears unexpectedly re-sign him during the season) he will keep that in mind when selecting his destination.

Financial security is a definite goal, but so is a different kind of security.

"I want to be in a place where I can

feel free to express myself, be a little goofy," Briggs said. "I know that's the case here. Maybe we'll see if it's the case elsewhere."

Briggs' teammates hope he sticks around a while.

"We'd miss him as a great player," Urlacher said, "and as a fun guy, too."

From board room to playing field, Phillips' decisions make an impact

• PHILLIPS

Continued from page 9

He started out as team controller in 1983 before moving on to become director of finance, vice president of operations and finally president and CEO.

More than 15 years of working for a football team every day, Phillips thought, educated him about on-the-field issues to the point where he could take an active role in addressing those issues. He soon realized he was wrong.

In his first two years as president, Phillips had a part in key football decisions. Coach Dick Jauron and vice president of player personnel Mark Hatley handled on-the-field and player acquisition matters, respectively, but Phillips signed off on the important decisions and also had responsibility for hiring and firing coaches.

"After two seasons, I realized it wasn't working as well as it needed to

work," Phillips said. "We needed a football authority – someone who was more of an authority than I am and who had no duties on the business side – to handle the football operations. We needed the right person to put his stamp on the entire program, basically."

So Phillips hired Angelo in June 2001, and stuck by his man when Angelo, contrary to the wishes of the McCaskeys, fired Jauron in December 2003. He awarded Angelo a four-year contract extension that runs through '08, citing his belief in Angelo's vision for the team.

That faith paid off last season with the Bears' second division title since 1990.

"I'm very lucky to work with Ted," Angelo said. "Like a lot of good bosses, he gets what he wants without being very hands-on. He gets it by knowing what he wants and putting in the people who can make those things happen, and letting them do their jobs. I can tell you

he does that with all facets of the organization."

Phillips is not altogether an absentee boss when it comes to football operations. He said he never would tell Angelo which player to draft or how to manage the salary cap, for example, but he has a hand in football decisions as they relate to finances.

Phillips, for example, was the one who handed down the edict to wait on an extension of coach Lovie Smith's contract this past off-season. Smith, who has two seasons left on his original deal, was coming off winning the NFL Coach of the Year award.

Phillips remembered how the Bears went ahead and extended Jauron with time left on his deal after the 2001 season, and ultimately had to eat the final year of the contract. He simply wanted Smith to prove that last season was not a fluke.

"We certainly want and expect Lovie to be our coach for a long time," Phillips

said. "But if we have the opportunity to take a little more time [on an extension], we should take advantage of that."

Phillips does not expect every fan to agree with his stance. In fact, although the players, Smith and Angelo might bear the brunt of public criticism toward the team, Phillips said he should be the one people ultimately fault when things go wrong because decision-making "all ends with me."

If fans have complaints about anything – team performance, stadium amenities, personal seat licenses, etc. – they know who to blame. And when things go well, Phillips does not seek congratulations or compliments.

"It goes with the territory that you hear about the bad more than the good," Phillips said. "I'm fine with that. As long as the people who work with me understand where I'm coming from and I can look myself in the mirror and say I did my best, that's really all the reward I need."

►► NFL TEAM SCHEDULES

ARIZONA CARDINALS

Sept. 10 San Francisco, 3:15 p.m.
Sept. 17 at Seattle, 3:05 p.m.
Sept. 24 St. Louis, 3:15 p.m.
Oct. 1 at Atlanta, noon
Oct. 8 Kansas City, 3:05 p.m.
Oct. 16 Bears, 7:30 p.m.
Oct. 22 at Oakland, 3:15 p.m.
Oct. 29 at Green Bay, noon
Nov. 5 BYE
Nov. 12 Dallas, 3:15 p.m.
Nov. 19 Detroit, 3:05 p.m.
Nov. 26 at Minnesota, noon
Dec. 3 at St. Louis, noon
Dec. 10 Seattle, 3:05 p.m.
Dec. 17 Denver, 3:05 p.m.
Dec. 24 at San Fran, 3:05 p.m.
Dec. 31 at San Diego, 3:15 p.m.

ATLANTA FALCONS

Sept. 10 at Carolina, noon
Sept. 17 Tampa Bay, noon
Sept. 25 at New Orleans, 7:30 p.m.
Oct. 1 Arizona, noon
Oct. 8 BYE
Oct. 15 New York Giants, noon
Oct. 22 Pittsburgh, noon
Oct. 29 at Cincinnati, noon
Nov. 5 at Detroit, noon
Nov. 12 Cleveland, noon
Nov. 19 at Baltimore, noon
Nov. 26 New Orleans, noon
Dec. 3 at Washington, noon
Dec. 10 at Tampa Bay, noon
Dec. 16 Dallas, 7 p.m.
Dec. 24 Carolina, noon
Dec. 31 at Philadelphia, noon

BALTIMORE RAVENS

Sept. 10 at Tampa Bay, noon
Sept. 17 Oakland, noon
Sept. 24 at Cleveland, 3:05 p.m.
Oct. 1 San Diego, noon
Oct. 9 at Denver, 7:30 p.m.
Oct. 15 Carolina, noon
Oct. 22 BYE
Oct. 29 at New Orleans, noon
Nov. 5 Cincinnati, noon
Nov. 12 at Tennessee, noon
Nov. 19 Atlanta, noon
Nov. 26 Pittsburgh, noon
Nov. 30 at Cincinnati, 7 p.m.
Dec. 10 at Kansas City, noon
Dec. 17 Cleveland, noon
Dec. 24 at Pittsburgh, noon
Dec. 31 Buffalo, noon

BUFFALO BILLS

Sept. 10 at New England, noon
Sept. 17 at Miami, noon
Sept. 24 New York Jets, noon
Oct. 1 Minnesota, noon
Oct. 8 at Bears, noon
Oct. 15 at Detroit, noon
Oct. 22 New England, noon
Oct. 29 BYE
Nov. 5 Green Bay, noon
Nov. 12 at Indianapolis, noon
Nov. 19 at Houston, noon
Nov. 26 Jacksonville, noon
Dec. 3 San Diego, noon
Dec. 10 at New York Jets, noon
Dec. 17 Miami, noon
Dec. 24 Tennessee, noon
Dec. 31 at Baltimore, noon

CAROLINA PANTHERS

Sept. 10 Atlanta, noon
Sept. 17 at Minnesota, noon
Sept. 24 at Tampa Bay, noon
Oct. 1 New Orleans, noon
Oct. 8 Cleveland, noon
Oct. 15 at Baltimore, noon
Oct. 22 at Cincinnati, noon
Oct. 29 Dallas, 7:15 p.m.
Nov. 5 BYE
Nov. 13 Tampa Bay, 7:30 p.m.
Nov. 19 St. Louis, noon
Nov. 26 at Washington, noon
Dec. 4 at Philadelphia, 7:30 p.m.
Dec. 10 New York Giants, noon
Dec. 17 Pittsburgh, noon
Dec. 24 at Atlanta, noon
Dec. 31 at New Orleans, noon

BEARS

Sept. 10 at Green Bay, 3:15 p.m.
Sept. 17 Detroit, noon
Sept. 24 at Minnesota, noon
Oct. 1 Seattle, 7:15 p.m.
Oct. 8 Buffalo, noon
Oct. 16 at Arizona, 7:30 p.m.
Oct. 22 BYE
Oct. 29 San Francisco, noon
Nov. 5 Miami, noon
Nov. 12 at N.Y. Giants, noon
Nov. 19 at New York Jets, noon
Nov. 26 at New England, noon
Dec. 3 Minnesota, noon
Dec. 11 at St. Louis, 7:30 p.m.
Dec. 17 Tampa Bay, noon
Dec. 24 at Detroit, noon
Dec. 31 Green Bay, noon

CINCINNATI BENGALS

Sept. 10 at Kansas City, noon
Sept. 17 Cleveland, noon
Sept. 24 at Pittsburgh, noon
Oct. 1 New England, 3:15 p.m.
Oct. 8 BYE
Oct. 15 at Tampa Bay, noon
Oct. 22 Carolina, noon
Oct. 29 Atlanta, noon
Nov. 5 at Baltimore, noon
Nov. 12 San Diego, noon
Nov. 19 at New Orleans, noon
Nov. 26 at Cleveland, noon
Nov. 30 Baltimore, 7 p.m.
Dec. 10 Oakland, noon
Dec. 18 at Indianapolis, 7:30 p.m.
Dec. 24 at Denver, 3:15 p.m.
Dec. 31 Pittsburgh, noon

CLEVELAND BROWNS

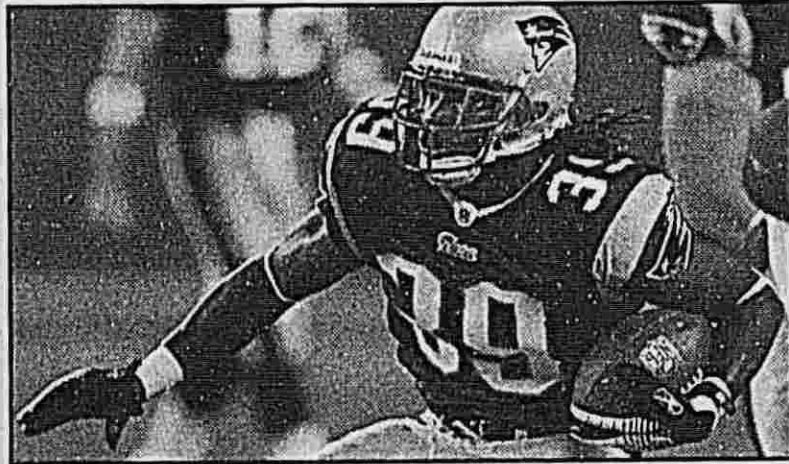
Sept. 10 New Orleans, noon
Sept. 17 at Cincinnati, noon
Sept. 24 Baltimore, 3:05 p.m.
Oct. 1 at Oakland, 3:15 p.m.
Oct. 8 at Carolina, noon
Oct. 15 BYE
Oct. 22 Denver, 3:05 p.m.
Oct. 29 New York Jets, 3:15 p.m.
Nov. 5 at San Diego, 3:15 p.m.
Nov. 12 at Atlanta, noon
Nov. 19 Pittsburgh, noon
Nov. 26 Cincinnati, noon
Dec. 3 Kansas City, noon
Dec. 7 at Pittsburgh, 7 p.m.
Dec. 17 at Baltimore, noon
Dec. 24 Tampa Bay, noon
Dec. 31 at Houston, noon

DALLAS COWBOYS

Sept. 10 at Jacksonville, 3:15 p.m.
Sept. 17 Washington, 7:15 p.m.
Sept. 24 BYE
Oct. 1 at Tennessee, noon
Oct. 8 at Philadelphia, 3:15 p.m.
Oct. 15 Houston, noon
Oct. 23 N.Y. Giants, 7:30 p.m.
Oct. 29 at Carolina, 7:15 p.m.
Nov. 5 at Washington, noon
Nov. 12 at Arizona, 3:15 p.m.
Nov. 19 Indianapolis, noon
Nov. 23 Tampa Bay, 3:15 p.m.
Dec. 3 at New York Giants, noon
Dec. 10 New Orleans, noon
Dec. 16 at Atlanta, 7 p.m.
Dec. 25 Philadelphia, 4 p.m.
Dec. 31 Detroit, noon

DENVER BRONCOS

Sept. 10 at St. Louis, noon
Sept. 17 Kansas City, 3:15 p.m.
Sept. 24 at New England, 7:15 p.m.
Oct. 1 BYE
Oct. 9 Baltimore, 7:30 p.m.
Oct. 15 Oakland, 7:15 p.m.
Oct. 22 at Cleveland, 3:05 p.m.
Oct. 29 Indianapolis, 3:15 p.m.
Nov. 5 at Pittsburgh, 3:15 p.m.
Nov. 12 at Oakland, 3:05 p.m.
Nov. 19 San Diego, 3:15 p.m.
Nov. 23 at Kansas City, 7 p.m.
Dec. 3 Seattle, 3:15 p.m.
Dec. 10 at San Diego, 3:15 p.m.
Dec. 17 at Arizona, 3:05 p.m.
Dec. 24 Cincinnati, 3:15 p.m.
Dec. 31 San Francisco, 3:15 p.m.



AP photo

Rookie running back Laurence Maroney, out of Minnesota, and the New England Patriots open their season Sunday with an AFC East game against Buffalo. The Patriots are chasing their fourth Super Bowl title in six years.

DETROIT LIONS

Sept. 10 Seattle, noon
Sept. 17 at Bears, noon
Sept. 24 Green Bay, noon
Oct. 1 at St. Louis, 3:05 p.m.
Oct. 8 at Minnesota, noon
Oct. 15 Buffalo, noon
Oct. 22 at New York Jets, noon
Oct. 29 BYE
Nov. 5 Atlanta, noon
Nov. 12 San Francisco, noon
Nov. 19 at Arizona, 3:05 p.m.
Nov. 23 Miami, 11:30 a.m.
Dec. 3 at New England, noon
Dec. 10 Minnesota, noon
Dec. 17 at Green Bay, noon
Dec. 24 Bears, noon
Dec. 31 at Dallas, noon

GREEN BAY PACKERS

Sept. 10 Bears, 3:15 p.m.
Sept. 17 New Orleans, noon
Sept. 24 at Detroit, noon
Oct. 2 at Philadelphia, 7:30 p.m.
Oct. 8 St. Louis, noon
Oct. 15 BYE
Oct. 22 at Miami, noon
Oct. 29 Arizona, noon
Nov. 5 at Buffalo, noon
Nov. 12 at Minnesota, noon
Nov. 19 New England, noon
Nov. 27 at Seattle, 7:30 p.m.
Dec. 3 New York Jets, noon
Dec. 10 at San Francisco, 3:05 p.m.
Dec. 17 Detroit, noon
Dec. 21 Minnesota, 7 p.m.
Dec. 31 at Bears, noon

HOUSTON TEXANS

Sept. 10 Philadelphia, noon
Sept. 17 at Indianapolis, noon
Sept. 24 Washington, noon
Oct. 1 Miami, noon
Oct. 8 BYE
Oct. 15 at Dallas, noon
Oct. 22 Jacksonville, noon
Oct. 29 at Tennessee, noon
Nov. 5 at New York Giants, noon
Nov. 12 at Jacksonville, noon
Nov. 19 Buffalo, noon
Nov. 26 at New York Jets, noon
Dec. 3 at Oakland, 3:05 p.m.
Dec. 10 Tennessee, noon
Dec. 17 at New England, noon
Dec. 24 Indianapolis, noon
Dec. 31 Cleveland, noon

INDIANAPOLIS COLTS

Sept. 10 at N.Y. Giants, 7:15 p.m.
Sept. 17 Houston, noon
Sept. 24 Jacksonville, noon
Oct. 1 at New York Jets, noon
Oct. 8 Tennessee, noon
Oct. 15 BYE
Oct. 22 Washington, 3:15 p.m.
Oct. 29 at Denver, 3:15 p.m.
Nov. 5 at New England, 7:15 p.m.
Nov. 12 Buffalo, noon
Nov. 19 at Dallas, noon
Nov. 26 Philadelphia, noon
Dec. 3 at Tennessee, noon
Dec. 10 at Jacksonville, noon
Dec. 18 Cincinnati, 7:30 p.m.
Dec. 24 at Houston, noon
Dec. 31 Miami, noon

JACKSONVILLE JAGUARS

Sept. 10 Dallas, 3:15 p.m.
Sept. 18 Pittsburgh, 7:30 p.m.
Sept. 24 at Indianapolis, noon
Oct. 1 at Washington, 3:15 p.m.
Oct. 8 New York Jets, 3:05 p.m.
Oct. 15 BYE
Oct. 22 at Houston, noon
Oct. 29 at Philadelphia, noon
Nov. 5 Tennessee, noon
Nov. 12 Houston, noon
Nov. 20 N.Y. Giants, 7:30 p.m.
Nov. 26 at Buffalo, noon
Dec. 3 at Miami, noon
Dec. 10 Indianapolis, noon
Dec. 17 at Tennessee, noon
Dec. 24 New England, noon
Dec. 31 at Kansas City, noon

KANSAS CITY CHIEFS

Sept. 10 Cincinnati, noon
Sept. 17 at Denver, 3:15 p.m.
Sept. 24 BYE
Oct. 1 San Francisco, noon
Oct. 8 at Arizona, 3:05 p.m.
Oct. 15 at Pittsburgh, 3:15 p.m.
Oct. 22 San Diego, noon
Oct. 29 Seattle, noon
Nov. 5 at St. Louis, noon
Nov. 12 at Miami, noon
Nov. 19 Oakland, noon
Nov. 23 Denver, 7 p.m.
Dec. 3 at Cleveland, noon
Dec. 10 Baltimore, noon
Dec. 17 at San Diego, 3:05 p.m.
Dec. 23 at Oakland, 7 p.m.
Dec. 31 Jacksonville, noon

MIAMI DOLPHINS

Sept. 7 at Pittsburgh, 7:30 p.m.
Sept. 17 Buffalo, noon
Sept. 24 Tennessee, noon
Oct. 1 at Houston, noon
Oct. 8 at New England, noon
Oct. 15 at N.Y. Jets, 3:15 p.m.
Oct. 22 Green Bay, noon
Oct. 29 BYE
Nov. 5 at Bears, noon
Nov. 12 Kansas City, noon
Nov. 19 Minnesota, noon
Nov. 23 at Detroit, 11:30 a.m.
Dec. 3 Jacksonville, noon
Dec. 10 New England, noon
Dec. 17 at Buffalo, noon
Dec. 25 N.Y. Jets, 7:30 p.m.
Dec. 31 at Indianapolis, noon

MINNESOTA VIKINGS

Sept. 11 at Washington, 6 p.m.
Sept. 17 Carolina, noon
Sept. 24 Bears, noon
Oct. 1 at Buffalo, noon
Oct. 8 Detroit, noon
Oct. 15 BYE
Oct. 22 at Seattle, 3:15 p.m.
Oct. 29 New England, 7:30 p.m.
Nov. 5 at San Francisco, 3:05 p.m.
Nov. 12 Green Bay, noon
Nov. 19 at Miami, noon
Nov. 26 Arizona, noon
Dec. 3 at Bears, noon
Dec. 10 at Detroit, noon
Dec. 17 New York Jets, noon
Dec. 21 at Green Bay, 7 p.m.
Dec. 31 St. Louis, noon

NEW ENGLAND PATRIOTS

Sept. 10 Buffalo, noon
Sept. 17 at N.Y. Jets, 3:15 p.m.
Sept. 24 Denver, 7:15 p.m.
Oct. 1 at Cincinnati, 3:15 p.m.
Oct. 8 Miami, noon
Oct. 15 BYE
Oct. 22 at Buffalo, noon
Oct. 29 at Minnesota, 7:30 p.m.
Nov. 5 Indianapolis, 7:15 p.m.
Nov. 12 New York Jets, noon
Nov. 19 at Green Bay, noon
Nov. 26 Bears, noon
Dec. 3 Detroit, noon
Dec. 10 at Miami, noon
Dec. 17 Houston, noon
Dec. 24 at Jacksonville, noon
Dec. 31 at Tennessee, noon

NEW ORLEANS SAINTS

Sept. 10 at Cleveland, noon
Sept. 17 at Green Bay, noon
Sept. 25 Atlanta, 7:30 p.m.
Oct. 1 at Carolina, noon
Oct. 8 Tampa Bay, noon
Oct. 15 Philadelphia, noon
Oct. 22 BYE
Oct. 29 Baltimore, noon
Nov. 5 at Tampa Bay, noon
Nov. 12 at Pittsburgh, noon
Nov. 19 Cincinnati, noon
Nov. 26 at Atlanta, noon
Dec. 3 San Francisco, noon
Dec. 10 at Dallas, noon
Dec. 17 Washington, noon
Dec. 24 at N.Y. Giants, noon
Dec. 31 Carolina, noon

NEW YORK GIANTS

Sept. 10 Indianapolis, 7:15 p.m.
Sept. 17 at Philadelphia, noon
Sept. 24 at Seattle, 3:15 p.m.
Oct. 1 BYE
Oct. 8 Washington, noon
Oct. 15 at Atlanta, noon
Oct. 23 at Dallas, 7:30 p.m.
Oct. 29 Tampa Bay, noon
Nov. 5 Houston, noon
Nov. 12 Bears, noon
Nov. 20 at Jacksonville, 7:30 p.m.
Nov. 26 at Tennessee, noon
Dec. 3 Dallas, noon
Dec. 10 at Carolina, noon
Dec. 17 Philadelphia, noon
Dec. 24 New Orleans, noon
Dec. 30 at Washington, 7 p.m.

NEW YORK JETS

Sept. 10 at Tennessee, noon
Sept. 17 New England, 3:15 p.m.
Sept. 24 at Buffalo, noon
Oct. 1 Indianapolis, noon
Oct. 8 at Jacksonville, 3:05 p.m.
Oct. 15 Miami, 3:15 p.m.
Oct. 22 Detroit, noon
Oct. 29 at Cleveland, 3:15 p.m.
Nov. 5 BYE
Nov. 12 at New England, noon
Nov. 19 Bears, noon
Nov. 26 Houston, noon
Dec. 3 at Green Bay, noon
Dec. 10 Buffalo, noon
Dec. 17 at Minnesota, noon
Dec. 25 at Miami, 7:30 p.m.
Dec. 31 Oakland, noon

OAKLAND RAIDERS

Sept. 11 San Diego, 9:15 p.m.
Sept. 17 at Baltimore, noon
Sept. 24 BYE
Oct. 1 Cleveland, 3:15 p.m.
Oct. 8 at San Francisco, 3:05 p.m.
Oct. 15 at Denver, 7:15 p.m.
Oct. 22 Arizona, 3:15 p.m.
Oct. 29 Pittsburgh, 3:15 p.m.
Nov. 6 at Seattle, 7:30 p.m.
Nov. 12 Denver, 3:05 p.m.
Nov. 19 at Kansas City, noon
Nov. 26 at San Diego, 3:05 p.m.
Dec. 3 Houston, 3:05 p.m.
Dec. 10 at Cincinnati, noon
Dec. 17 St. Louis, 3:15 p.m.
Dec. 23 Kansas City, 7 p.m.
Dec. 31 at New York Jets, noon

PHILADELPHIA EAGLES

Sept. 10 at Houston, noon
Sept. 17 New York Giants, noon
Sept. 24 at San Francisco, 3:15 p.m.
Oct. 2 Green Bay, 7:30 p.m.
Oct. 8 Dallas, 3:15 p.m.
Oct. 15 at New Orleans, noon
Oct. 22 at Tampa Bay, noon
Oct. 29 Jacksonville, noon
Nov. 5 BYE
Nov. 12 Washington, noon
Nov. 19 Tennessee, noon
Nov. 26 at Indianapolis, noon
Dec. 4 Carolina, 7:30 p.m.
Dec. 10 at Washington, noon
Dec. 17 at N.Y. Giants, noon
Dec. 25 at Dallas, 4 p.m.
Dec. 31 Atlanta, noon

PITTSBURGH STEELERS

Sept. 7 Miami, 7:30 p.m.
Sept. 18 at Jacksonville, 7:30 p.m.
Sept. 24 Cincinnati, noon
Oct. 1 BYE
Oct. 8 at San Diego, 7:15 p.m.
Oct. 15 Kansas City, 3:15 p.m.
Oct. 22 at Atlanta, noon
Oct. 29 at Oakland, 3:15 p.m.
Nov. 5 Denver, 3:15 p.m.
Nov. 12 New Orleans, noon
Nov. 19 at Cleveland, noon
Nov. 26 at Baltimore, noon
Dec. 3 Tampa Bay, noon
Dec. 7 Cleveland, 7 p.m.
Dec. 17 at Carolina, noon
Dec. 24 Baltimore, noon
Dec. 31 at Cincinnati, noon

ST. LOUIS RAMS

Sept. 10 Denver, noon
Sept. 17 at San Francisco, 3:05 p.m.
Sept. 24 at Arizona, 3:15 p.m.
Oct. 1 Detroit, 3:05 p.m.
Oct. 8 at Green Bay, noon
Oct. 15 Seattle, noon
Oct. 22 BYE
Oct. 29 at San Diego, 3:05 p.m.
Nov. 5 Kansas City, noon
Nov. 12 at Seattle, 3:15 p.m.
Nov. 19 at Carolina, noon
Nov. 26 San Francisco, noon
Dec. 3 Arizona, noon
Dec. 11 Bears, 7:30 p.m.
Dec. 17 at Oakland, 3:15 p.m.
Dec. 24 Washington, noon
Dec. 31 at Minnesota, noon

SAN DIEGO CHARGERS

Sept. 11 at Oakland, 9:15 p.m.
Sept. 17 Tennessee, 3:15 p.m.
Sept. 24 BYE
Oct. 1 at Baltimore, noon
Oct. 8 Pittsburgh, 7:15 p.m.
Oct. 15 at San Francisco, 3:15 p.m.
Oct. 22 at Kansas City, noon
Oct. 29 St. Louis, 3:05 p.m.
Nov. 5 Cleveland, 3:15 p.m.
Nov. 12 at Cincinnati, noon
Nov. 19 at Denver, 3:15 p.m.
Nov. 26 Oakland, 3:05 p.m.
Dec. 3 at Buffalo, noon
Dec. 10 Denver, 3:15 p.m.
Dec. 17 Kansas City, 3:05 p.m.
Dec. 24 at Seattle, 3:15 p.m.
Dec. 31 Arizona, 3:15 p.m.

SAN FRANCISCO 49ERS

Sept. 10 at Arizona, 3:15 p.m.
Sept. 17 St. Louis, 3:05 p.m.
Sept. 24 Philadelphia, 3:15 p.m.
Oct. 1 at Kansas City, noon
Oct. 8 Oakland, 3:05 p.m.
Oct. 15 San Diego, 3:15 p.m.
Oct. 22 BYE
Oct. 29 at Bears, noon
Nov. 5 Minnesota, 3:05 p.m.
Nov. 12 at Detroit, noon
Nov. 19 Seattle, 3:05 p.m.
Nov. 26 at St. Louis, noon
Dec. 3 at New Orleans, noon
Dec. 10 Green Bay, 3:05 p.m.
Dec. 14 at Seattle, 7 p.m.
Dec. 24 Arizona, 3:05 p.m.
Dec. 31 at Denver, 3:15 p.m.

SEATTLE SEAHAWKS

Sept. 10 at Detroit, noon
Sept. 17 Arizona, 3:05 p.m.
Sept. 24 N.Y. Giants, 3:15 p.m.
Oct. 1 at Bears, 7:15 p.m.
Oct. 8 BYE
Oct. 15 at St. Louis, noon
Oct. 22 Minnesota, 3:15 p.m.
Oct. 29 at Kansas City, noon
Nov. 6 Oakland, 7:30 p.m.
Nov. 12 St. Louis, 3:15 p.m.
Nov. 19 at San Francisco, 3:05 p.m.
Nov. 27 Green Bay, 7:30 p.m.
Dec. 3 at Denver, 3:15 p.m.
Dec. 10 at Arizona, 3:05 p.m.
Dec. 14 San Francisco, 7 p.m.
Dec. 24 San Diego, 3:15 p.m.
Dec. 31 at Tampa Bay, noon

TAMPA BAY BUCCANEERS

Sept. 10 Baltimore, noon
Sept. 17 at Atlanta, noon
Sept. 24 Carolina, noon
Oct. 1 BYE
Oct. 8 at New Orleans, noon
Oct. 15 Cincinnati, noon
Oct. 22 Philadelphia, noon
Oct. 29 at N.Y. Giants, noon
Nov. 5 New Orleans, noon
Nov. 13 at Carolina, 7:30 p.m.
Nov. 19 Washington, noon
Nov. 23 at Dallas, 3:15 p.m.
Dec. 3 at Pittsburgh, noon
Dec. 10 Atlanta, noon
Dec. 17 at Bears, noon
Dec. 24 at Cleveland, noon
Dec. 31 Seattle, noon

TENNESSEE TITANS

Sept. 10 New York Jets, noon
Sept. 17 at San Diego, 3:15 p.m.
Sept. 24 at Miami, noon
Oct. 1 Dallas, noon
Oct. 8 at Indianapolis, noon
Oct. 15 at Washington, noon
Oct. 22 BYE
Oct. 29 Houston, noon
Nov. 5 at Jacksonville, noon
Nov. 12 Baltimore, noon
Nov. 19 at Philadelphia, noon
Nov. 26 New York Giants, noon
Dec. 3 Indianapolis, noon
Dec. 10 at Houston, noon
Dec. 17 Jacksonville, noon
Dec. 24 at Buffalo, noon
Dec. 31 New England, noon

WASHINGTON REDSKINS

Sept. 11 Minnesota, 6 p.m.
Sept. 17 at Dallas, 7:15 p.m.
Sept. 24 at Houston, noon
Oct. 1 Jacksonville, 3:15 p.m.
Oct. 8 at New York Giants, noon
Oct. 15 Tennessee, noon
Oct. 22 at Indianapolis, 3:15 p.m.
Oct. 29 BYE
Nov. 5 Dallas, noon
Nov. 12 at Philadelphia, noon
Nov. 19 at Tampa Bay, noon
Nov. 26 Carolina, noon
Dec. 3 Atlanta, noon
Dec. 10 Philadelphia, noon
Dec. 17 at New Orleans, noon
Dec. 24 at St. Louis, noon
Dec. 30 New York Giants, 7 p.m.

WEEKLY NFL SCHEDULE

WEEK 1

Thursday, Sept. 7

Miami at Pittsburgh, 7:30 p.m.

Sunday, Sept. 10

Bears at Green Bay, 3:15 p.m.

Atlanta at Carolina, noon

New Orleans at Cleveland, noon

Seattle at Detroit, noon

Philadelphia at Houston, noon

Cincinnati at Kansas City, noon

Buffalo at New England, noon

Denver at St. Louis, noon

Baltimore at Tampa Bay, noon

N.Y. Jets at Tennessee, noon

San Francisco at Arizona, 3:15 p.m.

Dallas at Jacksonville, 3:15 p.m.

Indianapolis at N.Y. Giants, 7:15 p.m.

Monday, Sept. 11

Minnesota at Washington, 6 p.m.

San Diego at Oakland, 9:15 p.m.

WEEK 2

Sunday, Sept. 17

Detroit at Bears, noon

Tampa Bay at Atlanta, noon

Oakland at Baltimore, noon

Cleveland at Cincinnati, noon

New Orleans at Green Bay, noon

Houston at Indianapolis, noon

Buffalo at Miami, noon

Carolina at Minnesota, noon

N.Y. Giants at Philadelphia, noon

St. Louis at San Francisco, 3:05 p.m.

Arizona at Seattle, 3:05 p.m.

Kansas City at Denver, 3:15 p.m.

New England at N.Y. Jets, 3:15 p.m.

Tennessee at San Diego, 3:15 p.m.

Washington at Dallas, 7:15 p.m.

Monday, Sept. 18

Pittsburgh at Jacksonville, 7:30 p.m.

WEEK 3

Sunday, Sept. 24

(Byes: Dallas, Kansas City, Oakland, San Diego)

Bears at Minnesota, noon

N.Y. Jets at Buffalo, noon

Green Bay at Detroit, noon

Washington at Houston, noon

Jacksonville at Indianapolis, noon

Tennessee at Miami, noon

Cincinnati at Pittsburgh, noon

Carolina at Tampa Bay, noon

Baltimore at Cleveland, 3:05 p.m.

St. Louis at Arizona, 3:15 p.m.

Philadelphia at San Francisco, 3:15 p.m.

N.Y. Giants at Seattle, 3:15 p.m.

Denver at New England, 7:15 p.m.

Monday, Sept. 25

Atlanta at New Orleans, 7:30 p.m.

WEEK 4

Sunday, Oct. 1

(Byes: Denver, N.Y. Giants, Pittsburgh, Tampa Bay)

Seattle at Bears, 7:15 p.m.

Arizona at Atlanta, noon

San Diego at Baltimore, noon

Minnesota at Buffalo, noon

New Orleans at Carolina, noon

Miami at Houston, noon

San Francisco at Kansas City, noon

Indianapolis at N.Y. Jets, noon

Dallas at Tennessee, noon

Detroit at St. Louis, 3:05 p.m.

New England at Cincinnati, 3:15 p.m.

Cleveland at Oakland, 3:15 p.m.

Jacksonville at Washington, 3:15 p.m.

Monday, Oct. 2

Green Bay at Philadelphia, 7:30 p.m.

WEEK 5

Sunday, Oct. 8

(Byes: Atlanta, Cincinnati, Houston, Seattle)

Buffalo at Bears, noon

Cleveland at Carolina, noon

St. Louis at Green Bay, noon

Tennessee at Indianapolis, noon

Detroit at Minnesota, noon

Miami at New England, noon

Tampa Bay at New Orleans, noon

Washington at N.Y. Giants, noon

Kansas City at Arizona, 3:05 p.m.

N.Y. Jets at Jacksonville, 3:05 p.m.

Oakland at San Francisco, 3:05 p.m.

Dallas at Philadelphia, 3:15 p.m.

Pittsburgh at San Diego, 7:15 p.m.

Monday, Oct. 9

Baltimore at Denver, 7:30 p.m.

WEEK 6

Sunday, Oct. 15

(Byes: Cleveland, Green Bay, Indianapolis, Jacksonville, Minnesota, New England)

N.Y. Giants at Atlanta, noon

Carolina at Baltimore, noon

Houston at Dallas, noon

Buffalo at Detroit, noon

Philadelphia at New Orleans, noon

Seattle at St. Louis, noon

Cincinnati at Tampa Bay, noon

Tennessee at Washington, noon

Miami at N.Y. Jets, 3:15 p.m.

Kansas City at Pittsburgh, 3:15 p.m.

San Diego at San Francisco, 3:15 p.m.

Oakland at Denver, 7:15 p.m.

Monday, Oct. 16

Bears at Arizona, 7:30 p.m.

WEEK 7

Sunday, Oct. 22

(Byes: Baltimore, Bears, New Orleans, St. Louis, San Francisco, Tennessee)

Pittsburgh at Atlanta, noon

New England at Buffalo, noon

Carolina at Cincinnati, noon

Jacksonville at Houston, noon

San Diego at Kansas City, noon

Green Bay at Miami, noon

Detroit at N.Y. Jets, noon

Philadelphia at Tampa Bay, noon

Denver at Cleveland, 3:05 p.m.

Washington at Indianapolis, 3:15 p.m.

Arizona at Oakland, 3:15 p.m.

Minnesota at Seattle, 3:15 p.m.

Monday, Oct. 23

N.Y. Giants at Dallas, 7:30 p.m.

WEEK 8

Sunday, Oct. 29

(Byes: Buffalo, Detroit, Miami, Washington)

San Francisco at Bears, noon

Atlanta at Cincinnati, noon

Arizona at Green Bay, noon

Seattle at Kansas City, noon

Baltimore at New Orleans, noon

Tampa Bay at N.Y. Giants, noon

Jacksonville at Philadelphia, noon

Houston at Tennessee, noon

St. Louis at San Diego, 3:05 p.m.

N.Y. Jets at Cleveland, 3:15 p.m.

Indianapolis at Denver, 3:15 p.m.

Pittsburgh at Oakland, 3:15 p.m.

Dallas at Carolina, 7:15 p.m.

Monday, Oct. 30

New England at Minnesota, 7:30 p.m.

WEEK 9

Sunday, Nov. 5

(Byes: Arizona, Carolina, N.Y. Jets, Philadelphia)

Miami at Bears, noon

Cincinnati at Baltimore, noon

Green Bay at Buffalo, noon

Atlanta at Detroit, noon

Tennessee at Jacksonville, noon

Houston at N.Y. Giants, noon

Kansas City at St. Louis, noon

New Orleans at Tampa Bay, noon

Dallas at Washington, noon

Minnesota at San Francisco, 3:05 p.m.

Denver at Pittsburgh, 3:15 p.m.

Cleveland at San Diego, 3:15 p.m.

Indianapolis at New England, 7:15 p.m.

Monday, Nov. 6

Oakland at Seattle, 7:30 p.m.

WEEK 10

Sunday, Nov. 12

Bears at N.Y. Giants, noon

Cleveland at Atlanta, noon

San Diego at Cincinnati, noon

San Francisco at Detroit, noon

Buffalo at Indianapolis, noon

Houston at Jacksonville, noon

Kansas City at Miami, noon

Green Bay at Minnesota, noon

N.Y. Jets at New England, noon

Washington at Philadelphia, noon

New Orleans at Pittsburgh, noon

Baltimore at Tennessee, noon

Denver at Oakland, 3:05 p.m.

Dallas at Arizona, 3:15 p.m.

St. Louis at Seattle, 3:15 p.m.

NBC Game, TBD, 7:15 p.m.

Monday, Nov. 13

Tampa Bay at Carolina, 7:30 p.m.

WEEK 11

Sunday, Nov. 19

Bears at N.Y. Jets, noon

Atlanta at Baltimore, noon

St. Louis at Carolina, noon

Pittsburgh at Cleveland, noon

Indianapolis at Dallas, noon

New England at Green Bay, noon

Buffalo at Houston, noon

Oakland at Kansas City, noon

Minnesota at Miami, noon

Cincinnati at New Orleans, noon

Tennessee at Philadelphia, noon

Washington at Tampa Bay, noon

Detroit at Arizona, 3:05 p.m.

Seattle at San Francisco, 3:05 p.m.

San Diego at Denver, 3:15 p.m.

NBC Game, TBD, 7:15 p.m.

Monday, Nov. 20

N.Y. Giants at Jacksonville, 7:30 p.m.

WEEK 12

Thursday, Nov. 23

Miami at Detroit, 11:30 a.m.

Tampa Bay at Dallas, 3:15 p.m.

Denver at Kansas City, 7 p.m.

Sunday, Nov. 26

Bears at New England, noon

New Orleans at Atlanta, noon

Pittsburgh at Baltimore, noon

Jacksonville at Buffalo, noon

Cincinnati at Cleveland, noon

Philadelphia at Indianapolis, noon

Arizona at Minnesota, noon

Houston at N.Y. Jets, noon

San Francisco at St. Louis, noon

N.Y. Giants at Tennessee, noon

Carolina at Washington, noon

Oakland at San Diego, 3:05 p.m.

NBC Game, TBD, 7:15 p.m.

Monday, Nov. 27

Green Bay at Seattle, 7:30 p.m.

WEEK 13

Thursday, Nov. 30

Baltimore at Cincinnati, 7 p.m.

Sunday, Dec. 3

Minnesota at Bears, noon

San Diego at Buffalo, noon

Kansas City at Cleveland, noon

N.Y. Jets at Green Bay, noon

Jacksonville at Miami, noon

Detroit at New England, noon

San Francisco at New Orleans, noon

Dallas at N.Y. Giants, noon

Tampa Bay at Pittsburgh, noon

Arizona at St. Louis, noon

Indianapolis at Tennessee, noon

Atlanta at Washington, noon

Houston at Oakland, 3:05 p.m.

Seattle at Denver, 3:15 p.m.

NBC Game, TBD, 7:15 p.m.

Monday, Dec. 4

Carolina at Philadelphia, 7:30 p.m.

WEEK 14

Thursday, Dec. 7

Cleveland at Pittsburgh, 7 p.m.

Sunday, Dec. 10

N.Y. Giants at Carolina, noon

Oakland at Cincinnati, noon

New Orleans at Dallas, noon

Minnesota at Detroit, noon

Tennessee at Houston, noon

Indianapolis at Jacksonville, noon

Baltimore at Kansas City, noon

New England at Miami, noon

Buffalo at N.Y. Jets, noon

Atlanta at Tampa Bay, noon

Philadelphia at Washington, noon

Seattle at Arizona, 3:05 p.m.

Green Bay at San Francisco, 3:05 p.m.

Denver at San Diego, 3:15 p.m.

NBC Game, TBD, 7:15 p.m.

Monday, Dec. 11

Bears at St. Louis, 7:30 p.m.

WEEK 15

Thursday, Dec. 14

San Francisco at Seattle, 7 p.m.

Saturday, Dec. 16

Dallas at Atlanta, 7 p.m.

Sunday, Dec. 17

Tampa Bay at Bears, noon

Cleveland at Baltimore, noon

Miami at Buffalo, noon

FOOTBALL, BY THE RULES

To whom it may concern:

It has recently come to my attention that we as a society are being bound by a set of "Man Laws" proposed in a series of popular beer commercials.

With football season upon us, I felt it was necessary to lay down ground rules for the five-month bacchanal of pigskin that awaits.

Last week, I sent out an e-mail to my most football-obsessed friends soliciting their opinions on football fan behavior.

After receiving a few replies, it became apparent that two things had happened:

- The group split along the lines of Bears and Packers, and the interstate insults – most of which are not printable here – quickly began to fly.
- At times, our views differed on topics such as fantasy football and wearing camouflage to games. We allowed each side to have its say.

In any case, we have listed our proposed legislation by topic below.

Feel free to adopt or add as you see fit. (And remember the only rule that really matters this season is to always have a designated driver if you've had too much to drink.)

FOOD AND DRINK

"Salads are never permitted at a tailgate party unless they consist of tortilla chips, ground beef, guacamole and nacho cheese."

"There is no such thing as 'mild' when it comes to chili or chicken wings."

"Overconsumption of alcohol is not allowed unless your team is in one of the following situations: Winning, losing or tied."

"If you are a college student, the



KEVIN KADUK

skirt of your gameday date should be short enough to draw attention, but long enough to hide a pint of whiskey."

"Big winter coats = Hidden half-gallons of bourbon."

"You must wait until after Oct. 15 (or the first frost, whichever comes first) to make Sunday morning chili. After that, you are required to make it every week."

WATCHING FROM HOME

"Your enjoyment of the game will be determined by a number of variables, the most important of which will be the size of your television."

"Whenever Matt Leinart, Michael Vick or the Minnesota Vikings are shown on television, it is required to make a joke of some sort. Ensuing high fives will depend on comedy value and originality of said joke."

"If you are watching the game in a group, it's required that you each analyze, in detail, the respective defensive alignment, the merits of instant replay, the day's broadcasting crew and the home team's cheerleaders."

"Unless they bring back the Honey

Bears, there is no better name for a cheerleading squad than the Buffalo Jills."

"On your next trip to the kitchen, don't forget you just put three beers in the freezer."

ATTENDING THE GAME

"If the temperature is below freezing, anyone shirtless at said football game will be allowed to cut to the front of any line."

"If you are a woman, your purchase will also be paid for."

"Only two types of signs are allowed at football games: 'D-Fence' and 'John 3:16' though you are only allowed to hold the 'John 3:16' sign if you are wearing a rainbow wig. All other signs should be saved for sports like baseball or professional wrestling."

"If you are going to a football game in a cold weather climate, you must wear an orange hunting suit, even if the game is in a dome."

"If you go to a football game wearing an orange hunting suit, it's likely you have two daughters named Brett and Vince."

GAMBLING, FANTASY AND VIDEO GAMES

"If you and your buddies are watching the Bears/Packers game, and Ahman Green scores a touchdown, you are not allowed to cheer, even if you have him on your fantasy team."

"Root for A team, not YOUR team. Fantasy football is for people with nothing better to do at work."

"If you don't own at least one fantasy

football team, don't talk during the game. Just don't."

"Under penalty of expulsion from your fantasy league, you may not offer a player in trade, then immediately jettison that player to the waiver wire once the trade is rejected."

"If you find a buddy breaking things and screaming feverishly in the final minutes of a 30-3 rout, you must wait at least one business day to begin the gambling intervention."

"When playing Madden against a friend, it is unbecoming to watch a replay of your own touchdown. You must exit the replay immediately."

TEAM SPECIFIC

"Only those with two or more felonies may be considered official fans of the Oakland Raiders."

"Thou shalt not keep any other coaches than Ditka."

"If you are a Bears fan, make sure to bring up a team that won a Super Bowl over 20 years ago at least 8,234 times a game. Also introduce ridiculous statistics like the Bears having the best winning percentage in Super Bowl games to prove their superiority over the Packers."

"If you invite a Packers fan over to watch the game, be sure to put a sign on the bathroom that uses pictures and not words. Otherwise, you'll have a mess to clean."

• Have a football fan rule of your own?

Send all suggestions to North West News Group sports columnist Kevin Kaduk at kkaduk@nwnewsgroup.com.

COMICS

Simply classic.



EVERY
Sunday

SIDETRACKS

News that's fit for the red carpet.



EVERY
Friday

▶ NORTHWEST NEWS GROUP STAFF PREDICTIONS



TOM CLEGG

DEPUTY SPORTS EDITOR

AFC East	AFC South
1. Miami	1. Indianapolis
2. New England	2. Jacksonville
3. N.Y. Jets	3. Houston
4. Buffalo	4. Tennessee
AFC North	AFC West
1. Pittsburgh	1. Denver
2. Cincinnati*	2. Kansas City*
3. Baltimore	3. San Diego
4. Cleveland	4. Oakland

* - denotes wild card team

AFC wild card round
Cincinnati d. Miami
Denver d. Kansas City
AFC divisional round
Indianapolis d. Cincinnati
Pittsburgh d. Denver
AFC Championship
Indianapolis d. Pittsburgh

NFC East	NFC South
1. Philadelphia	1. Carolina
2. Dallas	2. Tampa Bay*
3. N.Y. Giants	3. New Orleans
4. Washington	4. Atlanta
NFC North	NFC West
1. Bears	1. Seattle
2. Detroit	2. Arizona*
3. Minnesota	3. St. Louis
4. Green Bay	4. San Francisco

* - denotes wild card team

NFC wild card round
Tampa Bay d. Bears
Philadelphia d. Arizona
NFC divisional round
Carolina d. Tampa Bay
Philadelphia d. Seattle
NFC Championship
Carolina d. Philadelphia
SUPER BOWL XLI
Indianapolis d. Carolina

MVP
Peyton Manning, Indianapolis
Coach of the Year
Dennis Green, Arizona
Offensive Rookie of the Year
Reggie Bush, New Orleans
Defensive Rookie of the Year
Mario Williams, Houston



NICK HUT

BEARS BEAT WRITER

AFC East	AFC South
1. Miami	1. Indianapolis
2. New England*	2. Tennessee
3. Buffalo	3. Jacksonville
4. N.Y. Jets	4. Houston*
AFC North	AFC West
1. Pittsburgh	1. Denver
2. Cincinnati*	2. San Diego
3. Baltimore	3. Kansas City
4. Cleveland	4. Oakland

* - denotes wild card team

AFC wild card round
New England d. Pittsburgh
Miami d. Cincinnati
AFC divisional round
Denver d. New England
Indianapolis d. Miami
AFC Championship
Indianapolis d. Denver

NFC East	NFC South
1. N.Y. Giants	1. Carolina
2. Washington*	2. Tampa Bay
3. Philadelphia	3. Atlanta
4. Dallas	4. New Orleans
NFC North	NFC West
1. Bears	1. Seattle
2. Detroit	2. Arizona*
3. Minnesota	3. St. Louis
4. Green Bay	4. San Francisco

* - denotes wild card team

NFC wild card round
Washington d. New York Giants
Bears d. Arizona
NFC divisional round
Carolina (1) d. Washington (5)
Bears (3) d. Seattle (2)
NFC Championship
Carolina (1) d. Bears (3)
SUPER BOWL XLI
Carolina d. Indianapolis

MVP
Tom Brady, New England
Coach of the Year
Nick Saban, Miami
Offensive Rookie of the Year
Reggie Bush, New Orleans
Defensive Rookie of the Year
Kameron Wimbley, Cleveland



JAY SCHWAB

DEPUTY SPORTS EDITOR

AFC East	AFC South
1. New England	1. Indianapolis
2. Miami	2. Jacksonville
3. N.Y. Jets	3. Houston
4. Buffalo	4. Tennessee
AFC North	AFC West
1. Baltimore	1. Denver
2. Pittsburgh*	2. San Diego*
3. Cincinnati	3. Kansas City
4. Cleveland	4. Oakland

* - denotes wild card team

AFC wild card round
San Diego d. Baltimore
Pittsburgh d. Denver
AFC divisional round
San Diego d. Indianapolis
New England d. Pittsburgh
AFC Championship
San Diego d. New England

NFC East	NFC South
1. Philadelphia	1. Carolina
2. Dallas	2. Tampa Bay*
3. N.Y. Giants	3. Atlanta
4. Washington	4. New Orleans
NFC North	NFC West
1. Minnesota	1. Seattle
2. Bears*	2. St. Louis
3. Green Bay	3. Arizona
4. Detroit	4. San Francisco

* - denotes wild card team

NFC wild card round
Bears d. Philadelphia
Minnesota d. Tampa Bay
NFC divisional round
Carolina d. Minnesota
Seattle d. Bears
NFC Championship
Carolina d. Seattle
SUPER BOWL XLI
San Diego d. Carolina

MVP
LaDainian Tomlinson, San Diego
Coach of the Year
Brian Billick, Baltimore
Offensive Rookie of the Year
Greg Jennings, Green Bay
Defensive Rookie of the Year
Tye Hill, St. Louis



DAVID SCHWARTZ

SPORTS EDITOR

AFC East	AFC South
1. Miami	1. Indianapolis
2. New England*	2. Jacksonville
3. Buffalo	3. Houston
4. N.Y. Jets	4. Tennessee
AFC North	AFC West
1. Cincinnati	1. San Diego
2. Pittsburgh	2. Denver*
3. Baltimore	3. Kansas City
4. Cleveland	4. Oakland

* - denotes wild card team

AFC wild card round
Miami d. Denver
Cincinnati d. New England
AFC divisional round
Indianapolis d. Miami
Cincinnati d. San Diego
AFC Championship
Cincinnati d. Indianapolis

NFC East	NFC South
1. N.Y. Giants	1. Carolina
2. Washington*	2. Atlanta*
3. Philadelphia	3. Tampa Bay
4. Dallas	4. New Orleans
NFC North	NFC West
1. Bears	1. Seattle
2. Minnesota	2. Arizona
3. Detroit	3. St. Louis
4. Green Bay	4. San Francisco

* - denotes wild card team

NFC wild card round
Washington d. Seattle
N.Y. Giants d. Atlanta
NFC divisional round
Bears d. Washington
Carolina d. N.Y. Giants
NFC Championship
Carolina d. Bears
SUPER BOWL XLI
Carolina d. Cincinnati

MVP
Tiki Barber, N.Y. Giants
Coach of the Year
Nick Saban, Miami
Offensive Rookie of the Year
Reggie Bush, New Orleans
Defensive Rookie of the Year
Ernie Sims, Detroit



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art of diplomacy

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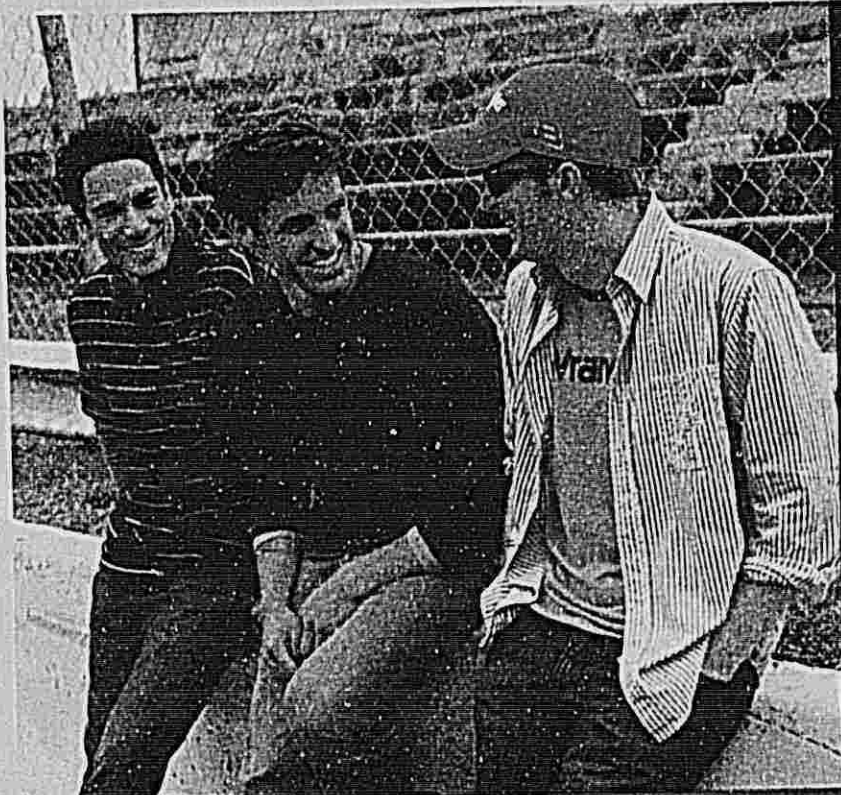
INSIDE:

- Welcome to Robin Rosaaen's house of Elvis
- Fairmount, Ind., James Dean's hometown
- Enlarging small rooms
- Fresh apple cake

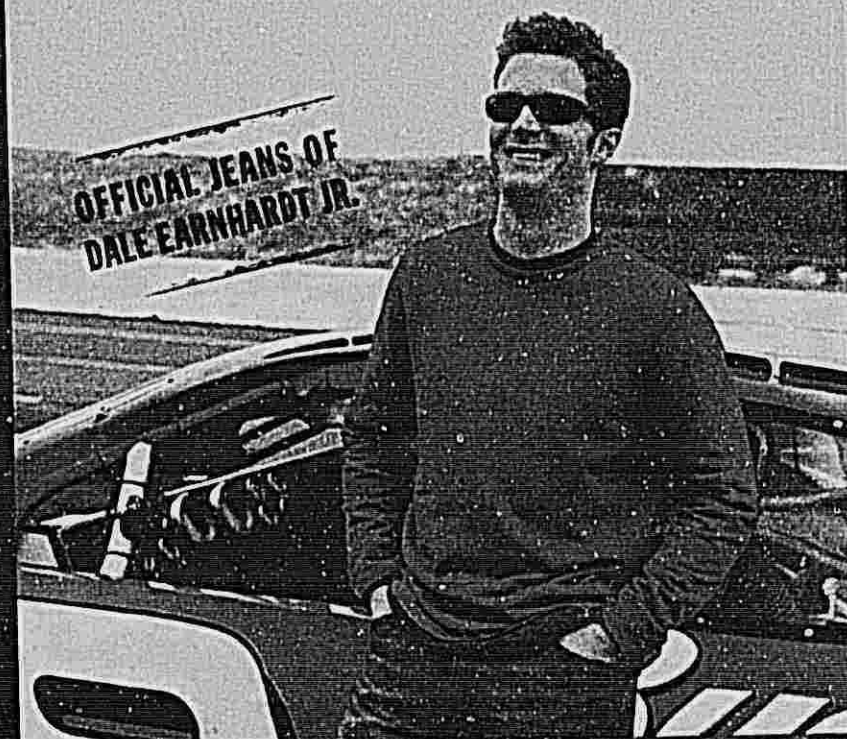
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Ask American Profile

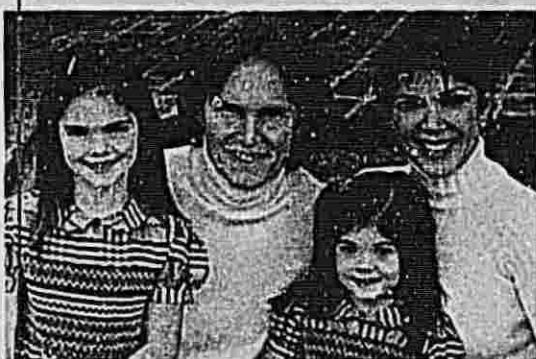
Q Bruce Jenner, the Olympic gold medalist, always seemed like such a decent, all-American guy. What's he doing nowadays?

—N. Sears, *Magnolia, Ark.*



Bruce Jenner won big in 1976.

Jenner, 56, recently appeared on TV's *Skating with Celebrities* with TV ice-partner Tai Babalonia. "I'm proud of what I did considering I had no experience and have an arthritic knee," says the 1976 Olympic decathlon winner. These days the father of 10 children travels with his motivational-speaking presentation called "Finding the Champion Within," heads Bruce Jenner Aviation, an aircraft sales company, and is a spokesman for Euflexxa, a lubricant for arthritic knees.



Jenner today with wife Kris and daughters Kendall, left, and Kylie

Q Whatever happened to Fess Parker, the guy who played Davy Crockett?

—Liz McCormick, *Las Vegas, Nev.*

Parker portrayed the famous frontiersman only a handful of times, in several episodes of the Walt Disney-produced 1950s *Davy Crockett* TV mini-series, and later in a couple of movies. But it was enough to ignite a nationwide Crockett craze of coonskin caps, toy muskets and other spinoff merchandise. Parker also portrayed that other famous frontiersman, Daniel Boone, on the TV series of the same name from 1964 to 1970. Now 83 and retired from show business for nearly 30 years, he owns and operates the Fess Parker Winery and the Wine Country Inn and Spa in Los Olivos, Calif.

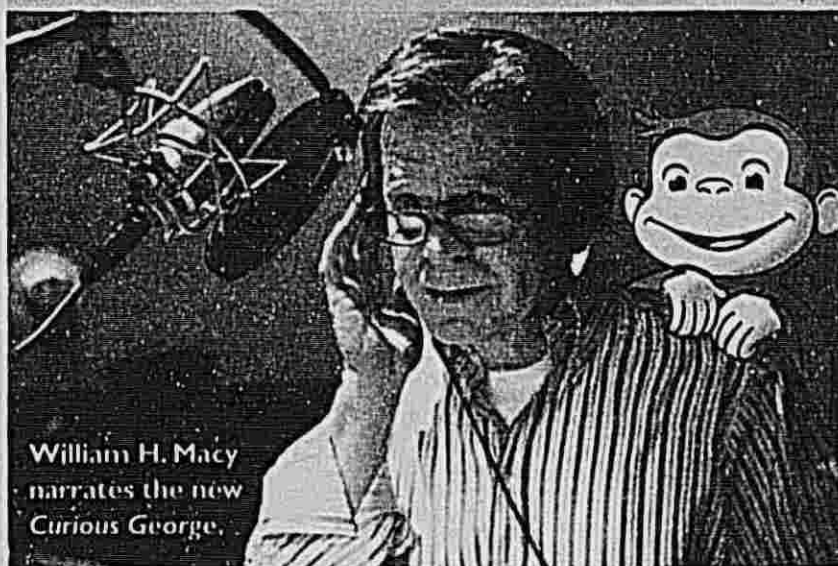


Retired actor Fess Parker

Q I've been watching the new *Curious George* series with my children and noticed the narrator is William H. Macy. His voice sounds familiar—has he been in any movies or TV shows?

—Paige H., *Corvallis, Ore.*

Indeed, the talented Macy—who narrates the new daily PBS adventures of the "curious little monkey" who's thrilled kids since the first *Curious George* book was published in 1941—has appeared in more than 100 movies and TV series, including the films *Fargo*, *Seabiscuit*, *The Cooler* and *Magnolia*. The native Floridian is married to actress Felicity Huffman, who stars on TV's *Desperate Housewives*.



William H. Macy narrates the new *Curious George*.

Q What can you tell me about TV Judge Maria Lopez? I don't know anything about her, but she sure seems like she knows her stuff—and isn't afraid to say it!

—Sandy L., *New Ulm, Minn.*

Lopez, the outspoken real-life star of the new syndicated *Judge Maria Lopez* TV series, is a former Massachusetts Superior Court judge whose 14 years on the bench were sometimes controversial. (She resigned in 2003 after an outcry over her handling of a case in which she gave probation—instead of a harsher sentence—to a confessed child molester.) Her husband, Stephen Mindich, also is in the media spotlight as publisher of the Boston *Phoenix*, an alternative newspaper.

* Cover photo by Jake Schoellkopf



Judge Maria Lopez

Will You Marry Me?

People find all sorts of ways to propose marriage. How did you or your spouse pop the question? *American Profile* is seeking stories about unique, romantic and memorable marriage proposals for an upcoming story. If you've got an unforgettable story worthy of publication, mail a brief description of the event and a photograph of you and your spouse to: Marriage Proposals, *American Profile*, 341 Cool Springs Blvd. 4th Floor, Franklin, TN, 37067, by Oct. 15. Photographs will not be returned.

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Hometown Recipes

from DIANE NEMITZ

Fresh Apple Cake with Caramel Glaze

"I wanted the taste of caramel apples so I added a glaze to a recipe I had used before. It was a brilliant idea and I would never serve it 'plain' again." ☆

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RECIPE: Fresh Apple Cake with Caramel Glaze



Photo: High Cotton Food Styling and Photography

Fresh Apple Cake with Caramel Glaze

Cake:

- 1/4 cup cinnamon-sugar mixture
- 4 apples, chopped small
- 3 eggs
- 1 cup vegetable oil
- 2 cups all-purpose flour
- 2 cups sugar
- 1/2 teaspoon baking soda
- 1 teaspoon cinnamon

Glaze:

- 2 tablespoons butter
- 1/2 cup firmly packed light brown sugar
- 2 tablespoons milk

Preheat oven to 350F. Grease a Bundt or tube pan and coat with cinnamon-sugar mixture. Mix apples, eggs and oil with an electric mixer. Add flour, sugar, baking soda and cinnamon; mix well. Pour into pan and bake about 1 hour or until a toothpick inserted in center comes out clean. Allow cake to rest in pan for at least 10 minutes; invert onto a cake plate. To prepare glaze, combine butter, brown sugar and milk in a medium saucepan. Bring to a boil and cook for 1 minute. Spoon over cake. Allow to cool before serving.

Tips From Our Test Kitchen:

Serve with a dollop of whipped cream or scoop of vanilla ice cream. Nut lovers can add 1 cup of chopped walnuts or pecans to the cake batter.

American Profile



Diane Nemitz
Lundington, Mich.

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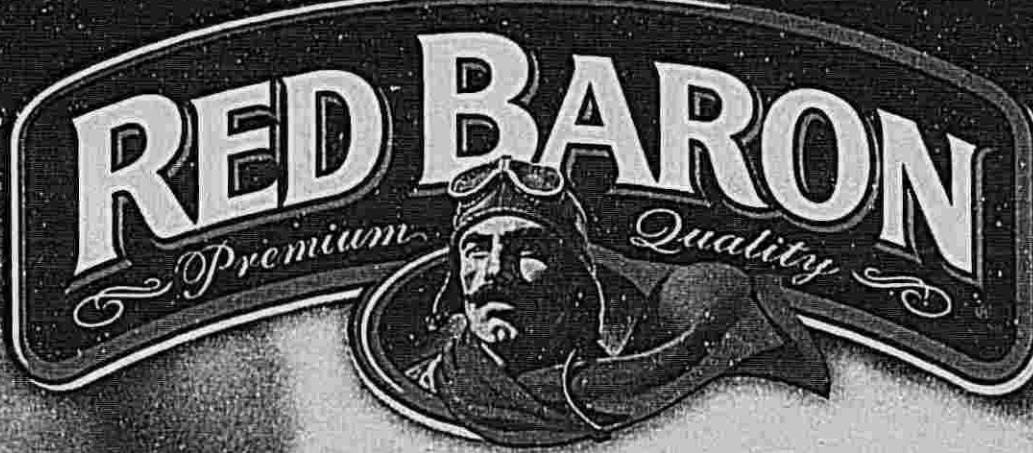


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"Enlarging" Small Rooms

by CAROL
BOUSQUET
CHOP

If you're tired of your home's small, crowded rooms, here are several decorating techniques to make them appear more spacious.

Color and arrangement

You may have heard or read that light, cool colors always make spaces appear larger. That's a myth. The key to designing larger looking areas is to effectively employ two design concepts: color contrast and clever furniture arrangement. Here's how these techniques work.

Little or no contrast

Matching window coverings, doors and trims to the wall color results in an immediate, spacious look. Blending large furniture pieces to the wall and/or floor colors also multiplies into a larger look. For example, a large recliner chair appears to take less space if its fabric blends into the backdrop. A backdrop includes the walls, windows and flooring treatments. If treated in solids or patterns that blend with each other, a more expansive look is created.

One dominating color

A sense of order and a larger appearance is achieved when 80 to 90 percent of the colors and patterns in a room are closely related. Although this sounds a little boring, if accent colors are used for accessories, the results will give an eye-catching but visually larger impression. For example, if a king-size bedspread matches the flooring color, the bed "disappears," becoming part of the floor. This makes the area appear bigger.

More solids, fewer patterns

Solid colors give a room a less busy, calm and more roomy appearance. Once the room is designed with mostly solid colors, add a few interesting patterns with art, photos and throw pillows.

Arrange to lengthen or widen

Without sacrificing function, arrange long pieces of furniture to widen or lengthen a room. The ultimate room-size illusion technique is to install a floor-to-ceiling mirror on one wall. If that's too much, use a framed

mirror or other shiny finishes, such as trading a glass and brass coffee table for one made of wood.

Get rid of junk

Rooms look larger if they're not crowded. Be sure the center of interest doesn't have highly noticeable or outstanding elements within the peripheral vision and allow plenty of eye-rests. Resist scattering bits and pieces around the room, such as too many florals or single wall hangings having no relationship with furnishings. The idea is to eliminate clutter and to strive for simplicity.

To lengthen the appearance of a room, place long pieces of furniture parallel to the length of the room and hang mirrors on the end wall. To make a room look shorter and wider, place the long pieces of furniture across the room's width. Enhance a fireplace as the center of interest with colorful accessories on the mantel.

Be in charge

If you have to place furniture where it doesn't produce the desired effect, choose pertinent blending or contrasting. For example, if the sofa has to be placed on a long wall but you want the room to appear shorter, contrast the color to the wall or floor so it acts like a "stopping agent." Conversely, if a room has to have a sofa going across it but you don't want the space to appear wider, blend the sofa with the flooring color to minimize widening illusions.

Plan ahead

Before buying new furniture, experiment with arrangements and looks by using furniture on hand to stimulate ideas and to get a better sense of available space. Move it around and look it over. Remember, experimenting with design concepts before buying gives confidence—while saving time, money and worry. ☆

Carol Bousquet Chop applies design techniques to her home in Florida.

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Jericho's Hometown Heroes

When chaos ensues, who will save the residents?



Jericho

When a nuclear mushroom cloud suddenly appears on the horizon, fear of the unknown sends the residents of this small Kansas town into a chaotic state. Could they be the only Americans left alive?

When all communication and power is shut down, terror, anger and confusion reigns. Mayor Johnston is called to action, giving him no time to deal with the surprise return of his estranged son, Jake, who becomes an unlikely hero in the face of all of this destruction.

Many of Jericho's residents, including elementary school teacher Heather Lipinski; Robert Hawkins, a mysterious newcomer; and Dale Turner, a 16-year-old trailer park kid – will be forced to find an inner strength they never knew they had.

Jericho Premieres Wednesday, September 20, 2006

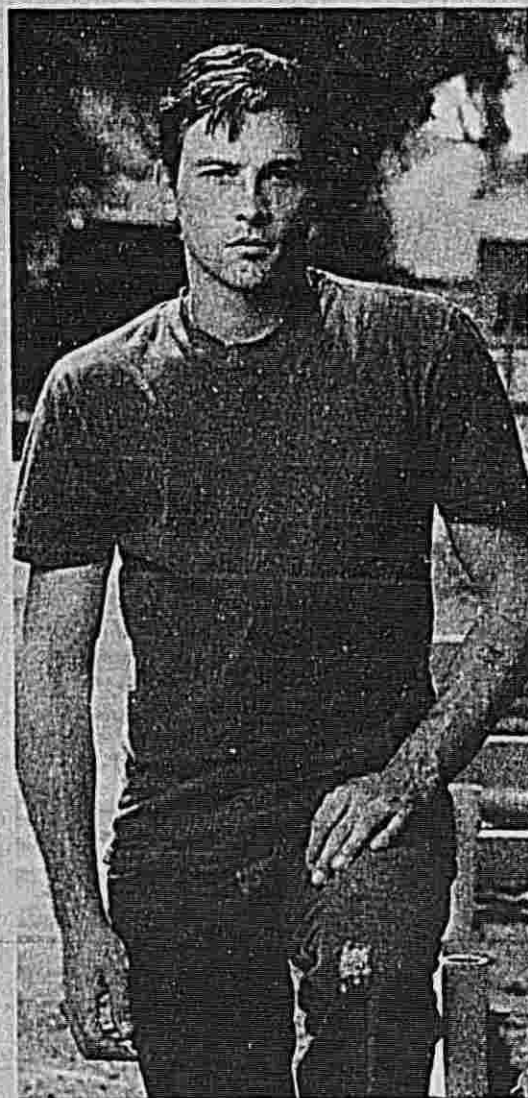
Jericho Mayor, Johnston Green

Mayor Green's strong sense of community remains focused even under the most adverse conditions. When Jericho is hit with the unimaginable, Green's mettle remains solid as he works to calm and protect his scared and confused constituents. With an uncertain future, Jericho will lean heavily on their elected leader.




Jake Green

Mayor Green's son, Jake, has collected life experiences that belie his young age. While his relationship with his father has been far from perfect, his recent return to Jericho – at a time when the town is being turned upside down – casts him into the unlikely role of hero. His bravery and quick call to action will have lasting effects on the residents of his hometown.



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Family

Planning a Multi- Generational Trip

by MARY
DIXON
LEBEAU

Taking a trip with three generations of family is the latest travel trend, according to the Travel Industry Association. Just ask Dearborn, Mich., resident Donna R. Braden, who planned a long weekend away with her family—husband Curt, their 15-year-old daughter, Caroline, and Donna's 70-year-old mother, Elaine Rosenstein—to a retreat at Lake Michigan.

"We had made a long list of possible things to do, but only ended up doing a few of them," Donna Braden says. "Mom didn't like sun or bugs and had a whole different concept of schedule."

So to make their multi-generational vacation a success, the Bradens had to rethink their priorities and adjust their plans.

"The most important lesson I learned that weekend is that the best times were just when we were sitting around talking or taking informal walks," Braden says. "The being together was much more important than the doing something."



The "being together" is why an increasing number of families are choosing to make their vacations multi-generational, with kids, parents, grandparents and even great-grandparents. "It's an opportunity for tremendous bonding," says Marlene Coleman, author of *Safe and Sound: Healthy Travel With Children*. "Traveling together gives you a chance to get to know the various members of your family on a deeper level."

Planning is crucial to the success of a multi-generational vacation and, as the Bradens learned, it's important to get input from all members of your party before you hit the road. "Involve everybody in the planning stage," Coleman says. "That way you'll know what everyone's expectations and abilities are."

"First, consider the age and the health of the people who will be going on the trip," Coleman says. "That way, you can choose a destination and activities that will be appropriate for everyone."

Also consider any special needs your family requires. "Older grandparents may require the assistance of electric vehicles or wheelchairs, or even medical assistance. Listening devices and other similar services may be needed," says Laura Miller, the director of Travel Insights Group and

author of *Frommer's Walt Disney World and Orlando with Kids 2006-2007*.

On the other end of the spectrum, young children may require strollers, car seats or time for a nap. "All special needs should be carefully considered," Miller says. "Some hotels and resorts will cater more to those needs than others."

Also consider everyone's financial means when choosing a location. You don't want to cause resentment or even embarrassment if one of the activities planned is beyond someone's budget, so agree on expenditures before you leave home.

Your itinerary should include activities for everyone, but remember not all family members have to participate in everything. Get "must do" choices from every traveler in your party, then create an itinerary together around these selections.

With some planning, you'll develop an itinerary everyone is happy with—but remember it isn't written in stone. Scheduling glitches happen a lot, so be open to alternative options during your stay. If grandmother decides to spend more time sightseeing or if the baby takes a longer nap than scheduled, it will be OK. Remember the important thing about this trip is enjoying each



other, not sticking to a laid-out plan.

Just as important as your time together, is getting some time apart. "Separate time is crucial," Miller says. "No matter how well everyone is getting along, it is impossible to agree on absolutely everything. Take a break from each other and you'll be far happier for it."

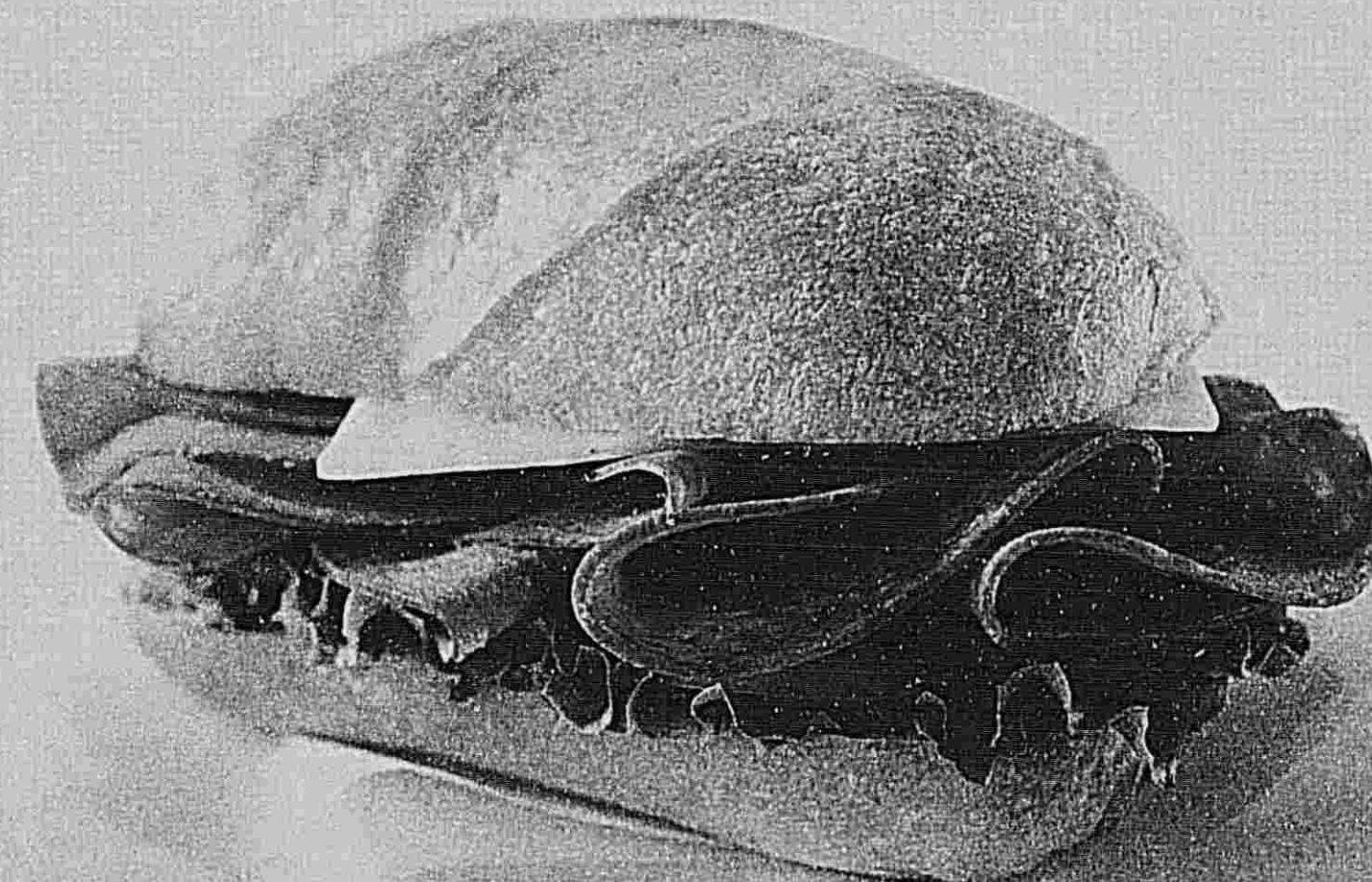
But always remember that the focus of the trip is spending time with each other—even if it's just in the hotel room or around a table at mealtime. The magic of a multi-generational vacation isn't the places you go or the activities you participate in. It's found in the people you share that time with—and the irreplaceable memories you'll make together.★

Mary Dixon Lebeau is a frequent contributor to American Profile.

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Cover Story

by BEVERLY KEEL
Contributing Editor

New Mexico Gov. Bill Richardson
lives the art of diplomacy

Talking It Through

Photo: Jake Schaeffer

New Mexico Gov. Bill Richardson

bridges two cultures at a time when the nation is buzzing about illegal immigration. "You have to recognize that it's a very divisive issue in America and you have to approach it only in a bipartisan manner," explains Richardson, 59, the son of an American businessman and his Mexican wife.

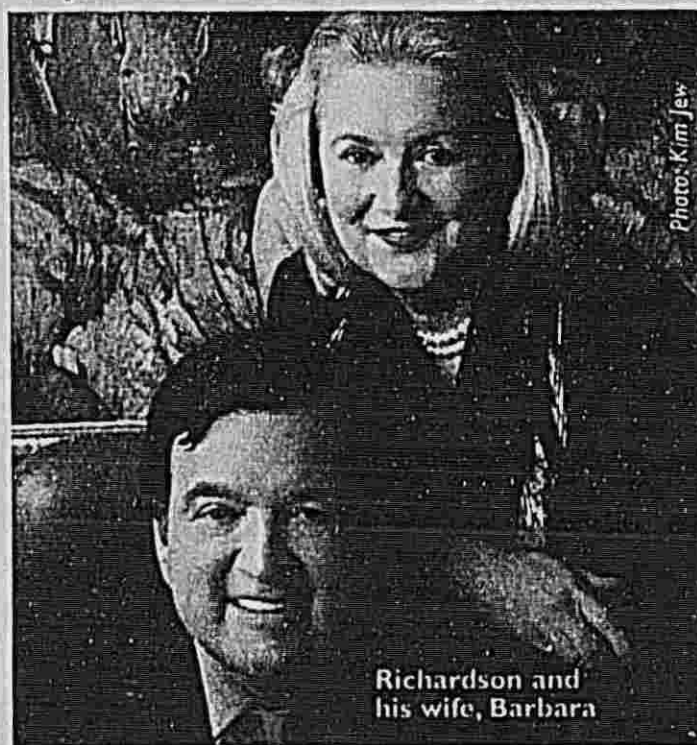
"These people wanting to come in just want a better life for their families," he says. "They are not bandits or terrorists; they want a better life." But, he says, their desire must be balanced with the priority of protecting the jobs and safety of Americans.

Richardson's level-headed position on immigration is indicative of his long-held philosophy of leadership in general: Listen to all sides of an issue, negotiate and, when possible, forge a compromise that is a win for both sides.

"He is on a very short list of about five officials nationally known in a position to have an impact on this issue," says Ruben Navarrette Jr., a nationally syndicated newspaper columnist. "When Bill Richardson speaks on the immigration issue, people ought to listen. He is important to the debate."

A political maverick with an admitted temper, Richardson, 59, has made waves sometimes with his independent streak and unorthodox approach. "He is a Democrat who is not afraid to praise a Republican," Navarrette says. Richardson—who last year made *TIME* magazine's list of 25 most

"I try to be a mainstream American politician enormously proud of my Hispanic heritage," says Gov. Richardson.



Richardson and his wife, Barbara

"He's bicultural, and that gives him an insight into dealing with people, especially in tough situations."

—Barbara Richardson

influential Hispanics in America—also is known to be gregarious, charismatic, informal and quick to make a joke to diffuse a tense situation, a skill that he often has used in conducting sensitive negotiations around the world on behalf of the United States.

America's 'go-to' guy

With a resume that includes seven terms in Congress and stints as U.S. ambassador to the United Nations and the U.S. Secretary of Energy, the four-time Nobel Peace Prize nominee often was the nation's go-to guy when delicate negotiations with Iraq, Cuba, Sudan and North Korea required face-to-face encounters. Although Richardson insists that he is focusing on his November re-election as governor, he has been touted as a possible presidential candidate in 2008.

"Should I be re-elected (as governor, on Nov. 7), I want my constituents in New Mexico to be comfortable with whether I run for president," he says. "I've got to make an assessment: Is it worth the intensity and scrutiny and hard work that it's going to take? I'm ready for the hard work and scrutiny, but it's not a final decision. I'm a big believer in luck and faith, and I don't know what God has in store."



In 1962, Richardson (seated, second from left) played high school baseball in Concord, Mass.



Richardson, meeting with Kim Sanchez-Rael from his board of finance, has been touted as a possible presidential candidate.

TIME magazine senior writer Joe Klein says it is too early to determine what sort of presidential candidate Richardson would be. "He is a very personable guy; he has a lot of foreign experience," Klein says. "We'll see whether he can summon the kind of seriousness and gravitas necessary for president."

Born in Pasadena, Calif., raised in Mexico City and educated at a Massachusetts prep school, Richardson has spent his entire life existing between two cultures. His father spoke to him in English, while his mother addressed him in Spanish. He spent his afternoons on Mexico City baseball fields in good-natured competition alongside some of the poorest children in the city before moving to Concord, Mass., at age 12 and joining his wealthy classmates on the Middlesex School baseball team. He earned a master's degree in international affairs at Boston's Tufts University in the early 1970s.

"He's bicultural, and that gives him an insight into dealing with people, especially in tough situations," says his wife, Barbara. "If you can't do it one way, let's look at another way to achieve a goal. He points out that you have to walk in that person's shoes and know what it is that person needs when you are in negotiations."

Between worlds

Richardson's cultural duality had a downside as well. "Neither side accepted me," says Richardson, who describes his experiences in the 2005 book, *Between Worlds: The Making of an American Life*. "Man, I had a comfortable life, and I'm not complaining. But at the same time, Mexicans didn't accept me because I had this Anglo name, and when I went to school in the United States, the Americans called me Pancho and I didn't quite fit in and I didn't relate to anything."

His mixed ethnicity helped Richardson develop a strong sense of self, a passion for fairness and a drive to help those who don't have a voice in any language. It taught him that almost every dispute can be talked through—it's always worse not to talk, he says—and that

he can find something in common with almost everyone. He used a common love of baseball as an icebreaker with Cuban leader Fidel Castro in 1996.

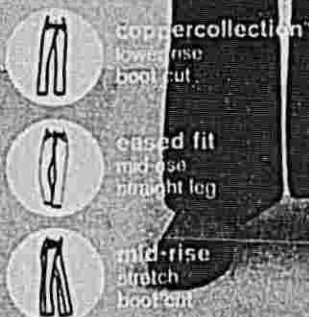
In other high-level diplomatic negotiations around the globe, Richardson says he often sensed that, across the table, "they liked the fact that I was a minority and that I could relate to another culture," he says. "It gave me an advantage because they thought, 'He's an American, but he's got other cultures and we think he's able to relate better to us.'"

But he stresses that he is an American first, albeit one who cherishes his Hispanic heritage. "I don't want to be known as a professional Hispanic, that everything I do is because I'm Hispanic or I only serve Hispanics," says Richardson, who says he dreams in English but reverts to speaking Spanish after periodic vacations in Mexico. "I serve a broad constituency: Native Americans, Anglos, Hispanics, progressives, Republicans. I don't compromise my values, but I never liked to highlight my Hispanic-ness."

His political advisers once suggested that he use the name Bill Richardson-Lopez because his mother's maiden name is Lopez. "I said, 'That's not me,'"

(Continued on page 17)

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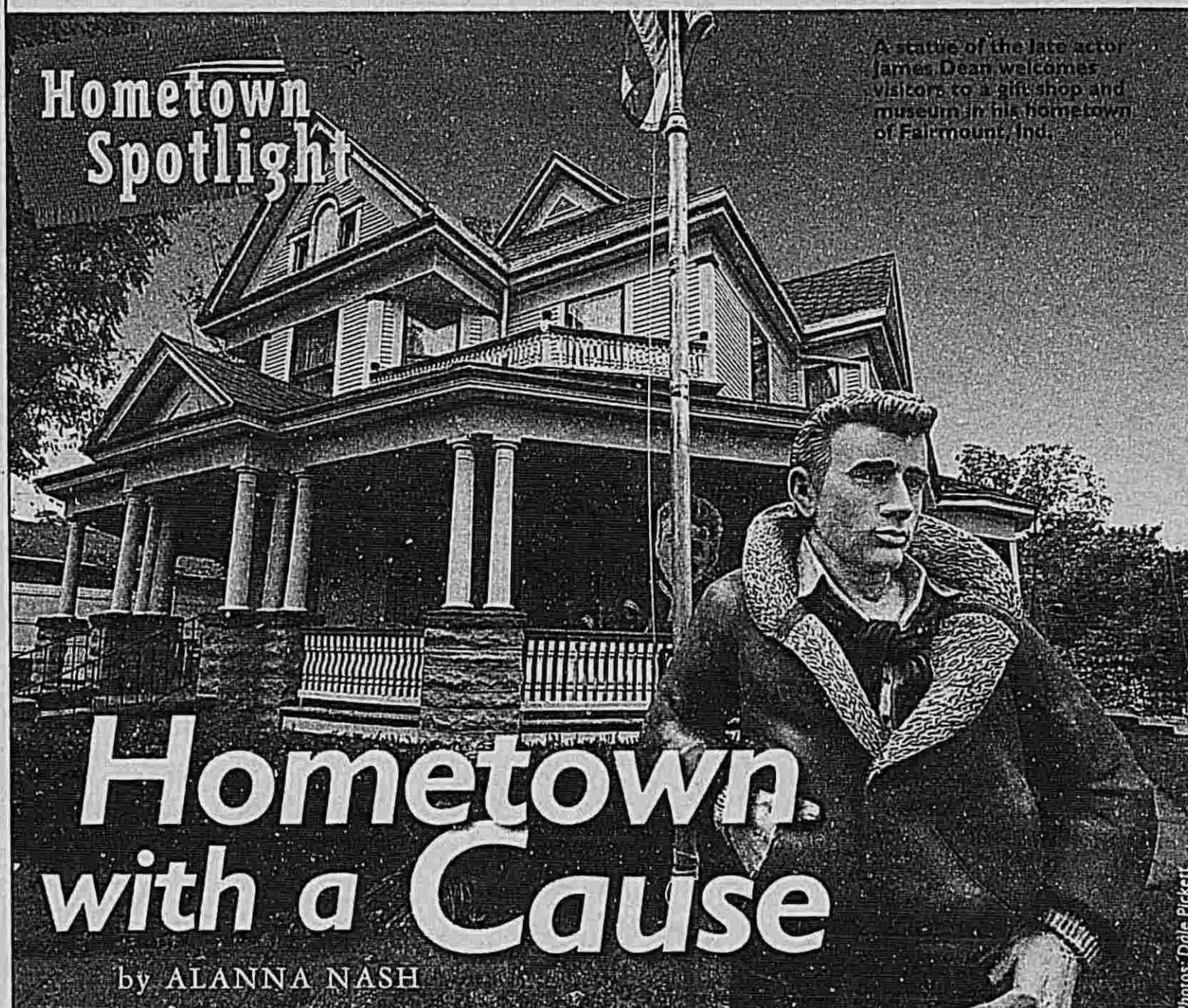
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Hometown Spotlight



A statue of the late actor James Dean welcomes visitors to a gift shop and museum in his hometown of Fairmount, Ind.

Hometown with a Cause

by ALANNA NASH

Fairmount, Ind. (pop. 2,992), boasts more than its fair share of famous former residents, including *Garfield* creator Jim Davis, CBS national news commentator Phil Jones and Robert C. Sheets, director of the National Hurricane Service.

But none of them influenced popular culture like actor James Dean, who starred in film classics such as *East of Eden*, *Rebel Without a Cause* and *Giant*, then died at age 24 in a California car crash nearly 51 years ago, on Sept. 30, 1955. At the time of his death, he'd been pegged as a Hollywood leading man in-the-making; afterward, he ascended to the status of a live-fast, die-young American icon—a "rebel" on a motorcycle, or in a hot rod convertible, headed toward the horizon and setting his own course.

Each year, Dean's hometown honors his legacy with the Fairmount Museum Days/Remembering James Dean festival, sponsored by the Fairmount Historical Museum. On Sept. 21-24, nearly 50,000 fans are expected to swell the streets of the Hoosier town where Dean spent his formative years, though he actually was born in Marion, Ind.

Fairmount has

A license plate for
life in the fast lane!



JAMES DEAN GALLERY



Festival-goers often bring their own classic restored cars—such as the Porsche Spyder convertible like Dean drove.

grown—slightly—in the years since Dean walked its streets. It now boasts a "Giant" bar (festooned with a mural of Dean), as well as a supermarket, two gas stations, two banks and a laundromat. But the town is mostly unchanged from the days when photographer Dennis Stock took his now-famous pictures of a brooding Dean at home in Indiana. And fans wouldn't have it any other way.

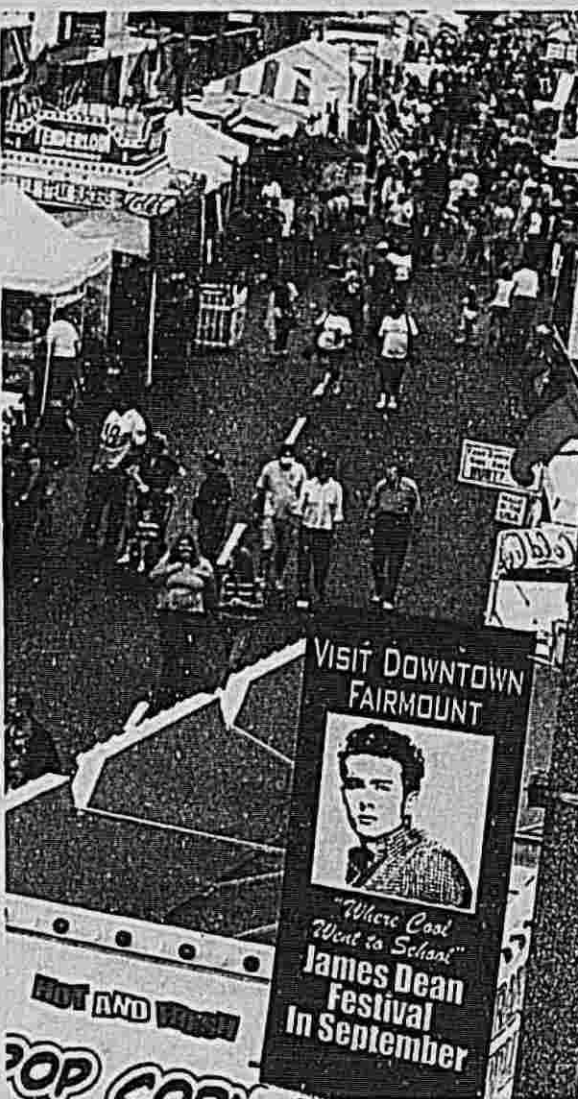
"I think it amazes most of us that (fans) do come each year, that this has lasted," says Melba Root, president of the Fairmount Town Council. "And a lot of them come back because they just like this regular, little, early American town."

They also like to pore over the Dean exhibit at the museum, which is the world's largest reposi-

tory of the actor's personal belongings, including his motorcycles, boots, bongo drum, letters to his family, and several pieces of Dean's artwork as both a student at Fairmount High School (class of 1949) and shortly before his death.

Museum president Gale Hikade says the actor probably wouldn't know what to make of the festivities in his name. "I think he'd have a big grin on, just put his head down and shake it the way he did in the movies when he didn't have anything to say but still wanted to say something," Hikade says. "I think he'd get a big bang out of it."

Chances are, the actor also would get a kick out of fans who enter the James Dean look-alike contests (one for kids, another for adults), watch the James Dean Rod Run of vintage cars, attend a memorial service at the Back Creek Friends Meeting Quaker church that Dean attended as a boy, and



Fans flock to Fairmount each September.

visit his grave at Park Cemetery outside of town, where hyper-zealous pilgrims—known as "Deanners" by local police—have stolen his pink granite tombstone three times. Often, luminaries such as actor Martin Sheen or singer-songwriter Rufus Wainwright attend.

Phil Zeigler first came to Fairmount to pay homage to his hero in 1977. He is now 75, the same age Dean would be had he lived. A city dweller all his life, Zeigler was so struck by

(Continued on page 14)

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CRESTOR—for *both* your "bad" and "good" cholesterol.

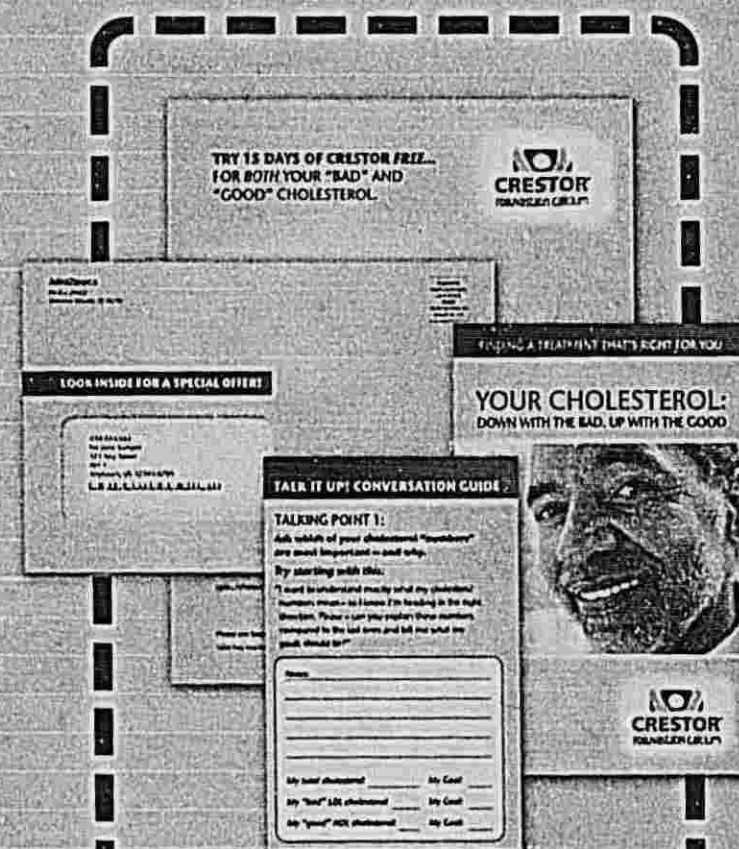
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*Adapted from the American Heart Association's "Cholesterol Treatment Guidelines." Please see patient information for details.



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Please read this summary carefully and then ask your doctor about CRESTOR. No advertisement can provide all the information needed to determine if a drug is right for you. This advertisement does not take the place of careful discussions with your doctor. Only your doctor has the training to weigh the risks and benefits of a prescription drug.

BRIEF SUMMARY: For full Prescribing Information, see package insert. **INDICATIONS AND USAGE:** CRESTOR is indicated: 1. as an adjunct to diet to reduce elevated total-C, LDL-C, ApoB, nonHDL-C, and TG levels and to increase HDL-C in patients with primary hypercholesterolemia (heterozygous familial and nonfamilial) and mixed dyslipidemia (Fredrickson Type IIa and IIb); 2. as an adjunct to diet for the treatment of patients with elevated serum TG levels (Fredrickson Type IV); 3. to reduce LDL-C, total-C, and ApoB in patients with homozygous familial hypercholesterolemia as an adjunct to other lipid-lowering treatments (e.g., LDL apheresis) or if such treatments are unavailable. **CONTRAINDICATIONS:** CRESTOR is contraindicated in patients with a known hypersensitivity to any component of this product. Rosuvastatin is contraindicated in patients with active liver disease or with unexplained persistent elevations of serum transaminases (see **WARNINGS: Liver Enzymes**). **Pregnancy and Lactation:** Atherosclerosis is a chronic process and discontinuation of lipid-lowering drugs during pregnancy should have little impact on the outcome of long-term therapy of primary hypercholesterolemia. Cholesterol and other products of cholesterol biosynthesis are essential components for fetal development (including synthesis of steroids and cell membranes). Since HMG-CoA reductase inhibitors decrease cholesterol synthesis and possibly the synthesis of other biologically active substances derived from cholesterol, they may cause fetal harm when administered to pregnant women. Therefore, HMG-CoA reductase inhibitors are contraindicated during pregnancy and in nursing mothers. ROSUVASTATIN SHOULD BE ADMINISTERED TO WOMEN OF CHILDBEARING AGE ONLY WHEN SUCH PATIENTS ARE HIGHLY UNLIKELY TO CONCEIVE AND HAVE BEEN INFORMED OF THE POTENTIAL HAZARDS. If the patient becomes pregnant while taking this drug, therapy should be discontinued immediately and the patient apprised of the potential hazard to the fetus. **WARNINGS: Liver Enzymes:** HMG-CoA reductase inhibitors, like some other lipid-lowering therapies, have been associated with biochemical abnormalities of liver function. The incidence of persistent elevations (>3 times the upper limit of normal [ULN]) occurring on 2 or more consecutive occasions in serum transaminases in fixed dose studies was 0.4, 0.0, and 0.1% in patients who received rosuvastatin 5, 10, 20, and 40 mg, respectively. In most cases, the elevations were transient and resolved or improved on continued therapy or after a brief interruption in therapy. There were two cases of jaundice, for which a relationship to rosuvastatin therapy could not be determined, which resolved after discontinuation of therapy. There were no cases of liver failure or irreversible liver disease in these trials. It is recommended that liver function tests be performed before and at 12 weeks following both the initiation of therapy and any elevation of dose, and periodically (e.g., semiannually) thereafter. Liver enzyme changes generally occur in the first 3 months of treatment with rosuvastatin. Patients who develop increased transaminase levels should be monitored until the abnormalities have resolved. Should an increase in ALT or AST of >3 times ULN persist, reduction of dose or withdrawal of rosuvastatin is recommended. Rosuvastatin should be used with caution in patients who consume substantial quantities of alcohol and/or have a history of liver disease (see **CLINICAL PHARMACOLOGY: Special Populations: Hepatic Insufficiency**). Active liver disease or unexplained persistent transaminase elevations are contraindications to the use of rosuvastatin (see **CONTRAINDICATIONS**). **Myopathy/Rhabdomyolysis:** Rare cases of rhabdomyolysis with acute renal failure secondary to myoglobinuria have been reported with rosuvastatin and with other drugs in this class. Uncomplicated myalgia has been reported in rosuvastatin-treated patients (see **ADVERSE REACTIONS**). Creatine kinase (CK) elevations (>10 times upper limit of normal) occurred in 0.2% to 0.4% of patients taking rosuvastatin at doses up to 40 mg in clinical studies. Treatment-related myopathy, defined as muscle aches or muscle weakness in conjunction with increases in CK values >10 times upper limit of normal, was reported in up to 0.1% of patients taking rosuvastatin doses of up to 40 mg in clinical studies. In clinical trials, the incidence of myopathy and rhabdomyolysis increased at doses of rosuvastatin above the recommended dosage range (5 to 40 mg). In postmarketing experience, effects on skeletal muscle, e.g., uncomplicated myalgia, myopathy and, rarely, rhabdomyolysis have been reported in patients treated with HMG-CoA reductase inhibitors including rosuvastatin. As with other HMG-CoA reductase inhibitors, reports of rhabdomyolysis with rosuvastatin are rare, but higher at the highest marketed dose (40 mg). Factors that may predispose patients to myopathy with HMG-CoA reductase inhibitors include advanced age (>65 years), hypothyroidism, and renal insufficiency. Consequently, 1. Rosuvastatin should be prescribed with caution in patients with predisposing factors for myopathy, such as, renal impairment (see **DOSE AND ADMINISTRATION**), advanced age, and inadequately treated hypothyroidism. 2. Patients should be advised to promptly report unexplained muscle pain, tenderness, or weakness, particularly if accompanied by malaise or fever. Rosuvastatin therapy should be discontinued if markedly elevated CK levels occur or myopathy is diagnosed or suspected. 3. The 40 mg dose of rosuvastatin is reserved only for those patients who have not achieved their LDL-C goal utilizing the 20 mg dose of rosuvastatin once daily (see **DOSE AND ADMINISTRATION**). 4. The risk of myopathy during treatment with rosuvastatin may be increased with concurrent administration of other lipid-lowering therapies or cyclosporine. (see **CLINICAL PHARMACOLOGY: Drug Interactions, PRECAUTIONS: Drug Interactions, and DOSE AND ADMINISTRATION**). The benefit of further alterations in lipid levels by the combined use of rosuvastatin with fibrates or niacin should be carefully weighed against the potential risks of this combination. Combination therapy with rosuvastatin and gemfibrozil should generally be avoided. (See **DOSE AND ADMINISTRATION and PRECAUTIONS: Drug Interactions**). 5. The risk of myopathy during treatment with rosuvastatin may be increased in circumstances which increase rosuvastatin drug levels (see **CLINICAL PHARMACOLOGY: Special Populations, Race and Renal Insufficiency**, and **PRECAUTIONS: General**). 6. Rosuvastatin therapy should also be temporarily withheld in any patient with an acute, serious condition suggestive of myopathy or predisposing to the development of renal failure secondary to rhabdomyolysis (e.g., sepsis, hypotension, dehydration, major surgery, trauma, severe metabolic, endocrine, and electrolyte disorders, or uncontrolled seizures). **PRECAUTIONS: General:** Before instituting therapy with rosuvastatin, an attempt should be made to control hypercholesterolemia with appropriate diet and exercise, weight reduction in obese patients, and treatment of underlying medical problems (see **INDICATIONS AND USAGE**). Administration of rosuvastatin 20 mg to patients with severe renal impairment ($CL_{CR} < 30$ mL/min/1.73 m²) resulted in a 3-fold increase in plasma concentrations of rosuvastatin compared with healthy volunteers (see **WARNINGS: Myopathy/Rhabdomyolysis and DOSE AND ADMINISTRATION**). The result of a large pharmacokinetic study conducted in the US demonstrated an approximate 2-fold elevation in median exposure in Asian subjects (having either Filipino, Chinese, Japanese, Korean, Vietnamese or Asian-Indian origin) compared with a Caucasian control group. This increase should be considered when making rosuvastatin dosing decisions for Asian patients. (See **WARNINGS: Myopathy/Rhabdomyolysis, CLINICAL PHARMACOLOGY: Special Populations, Race, and DOSE AND ADMINISTRATION**). **Information for Patients:** Patients should be advised to report promptly unexplained muscle pain, tenderness, or weakness, particularly if accompanied by malaise or fever. When taking rosuvastatin with an aluminum and magnesium hydroxide combination antacid, the antacid should be taken at least 2 hours after rosuvastatin administration (see **CLINICAL PHARMACOLOGY: Drug Interactions**). **Laboratory Tests:** In the rosuvastatin clinical trial program, dipstick-positive proteinuria and microscopic hematuria were observed among rosuvastatin-treated patients, predominantly in patients dosed above the recommended dose range (i.e., 80 mg). However, this finding was more frequent in patients taking rosuvastatin 40 mg when compared to lower doses of rosuvastatin or comparator status, though it was generally transient and was not associated with worsening renal function. Although the clinical significance of this finding is unknown, a dose reduction should be considered for patients on rosuvastatin 40 mg therapy with unexplained persistent proteinuria during routine urinalysis testing. **Drug Interactions: Cyclosporine:** When rosuvastatin 10 mg was coadministered with cyclosporine in cardiac transplant patients, rosuvastatin mean C_{max} and mean AUC were increased 11-fold and 7-fold, respectively, compared with healthy volunteers. These increases are considered to be clinically significant and require special consideration in the dosing of rosuvastatin to patients taking concomitant cyclosporine (see **WARNINGS: Myopathy/Rhabdomyolysis**

and **DOSE AND ADMINISTRATION**). **Warfarin:** Coadministration of rosuvastatin to patients on stable warfarin therapy resulted in clinically significant rises in INR (>4, baseline 2-3). In patients taking coumatin anticoagulants and rosuvastatin concomitantly, INR should be determined before starting rosuvastatin and frequently enough during early therapy to ensure that no significant alteration of INR occurs. Once a stable INR time has been documented, INR can be monitored at the intervals usually recommended for patients on coumatin anticoagulants. If the dose of rosuvastatin is changed, the same procedure should be repeated. Rosuvastatin therapy has not been associated with bleeding or with changes in INR in patients not taking anticoagulants. Gemfibrozil: Coadministration of a single rosuvastatin dose to healthy volunteers on gemfibrozil (600 mg twice daily) resulted in a 2.2- and 1.9-fold respectively increase in mean C_{max} and mean AUC of rosuvastatin (see **DOSE AND ADMINISTRATION**). **Endocrine Function:** Although clinical studies have shown that rosuvastatin alone does not reduce basal plasma cortisol concentration or impair adrenal reserve, caution should be exercised if any HMG-CoA reductase inhibitor or other agent used to lower cholesterol levels is administered concomitantly with drugs that may decrease the levels or activity of endogenous steroid hormones such as ketoconazole, spiroglactone, and medroxyprogesterone. **CNS Toxicity:** CNS vascular lesions, characterized by perivascular hemorrhages, edema, and mononuclear cell infiltration of perivascular spaces, have been observed in dogs treated with several other members of this drug class. A chemically similar drug in this class produced dose-dependent optic nerve degeneration (Wallerian degeneration of retinogeniculate fibers) in dogs, at a dose that produced plasma drug levels about 30 times higher than the mean drug level in humans taking the highest recommended dose. Edema, hemorrhage, and partial necrosis in the interstitium of the choroid plexus was observed in a female dog sacrificed moribund at day 24 at 60 mg/kg/day by oral gavage (systemic exposures 100 times the human exposure at 40 mg/day based on AUC comparisons). Corneal opacity was seen in dogs treated for 52 weeks at 6 mg/kg/day by oral gavage (systemic exposures 20 times the human exposure at 40 mg/day based on AUC comparisons). Cataracts were seen in dogs treated for 12 weeks by oral gavage at 30 mg/kg/day (systemic exposures 60 times the human exposure at 40 mg/day based on AUC comparisons). Retinal dysplasia and retinal loss were seen in dogs treated for 4 weeks by oral gavage at 90 mg/kg/day (systemic exposures 100 times the human exposure at 40 mg/day based on AUC). Doses ≤ 30 mg/kg/day (systemic exposures ≤ 60 times the human exposure at 40 mg/day based on AUC comparisons) following treatment up to one year, did not reveal retinal findings. **Coronogenesis, Mutogenesis, Impairment of Fertility:** In a 104-week carcinogenicity study in rats at dose levels of 2, 20, 60, or 80 mg/kg/day by oral gavage, the incidence of uterine stromal polyps was significantly increased in females at



80 mg/kg/day at systemic exposure 20 times the human exposure at 40 mg/day based on AUC. Increased incidence of polyps was not seen at lower doses. In a 107-week carcinogenicity study in mice given 10, 60, 250 mg/kg/day by oral gavage, an increased incidence of hepatocellular adenoma/carcinoma was observed at 200 mg/kg/day at systemic exposures 20 times human exposure at 40 mg/day based on AUC. An increased incidence of hepatocellular tumors was not seen at lower doses. Rosuvastatin was not mutagenic or clastogenic with or without metabolic activation in the Ames test with Salmonella typhimurium and Escherichia coli, the mouse lymphoma assay, and the chromosomal aberration assay in Chinese hamster lung cells. Rosuvastatin was negative in the in vivo mouse micronucleus test. In rat fertility studies with oral gavage doses of 5, 15, 50 mg/kg/day, males were treated for 9 weeks prior to and throughout mating and females were treated 2 weeks prior to mating and throughout mating until gestation day 7. No adverse effect on fertility was observed at 50 mg/kg/day (systemic exposures up to 10 times human exposure at 40 mg/day based on AUC comparisons). In testicles of dogs treated with rosuvastatin at 30 mg/kg/day for one month, spermatid giant cells were seen. Spermatid giant cells were observed in monkeys after 6-month treatment at 30 mg/kg/day in addition to vacuolation of seminiferous tubular epithelium. Exposures in the dog were 20 times and in the monkey 10 times human exposure at 40 mg/day based on body surface area comparisons. Similar findings have been seen with other drugs in this class. **Pregnancy: Pregnancy Category X** (See **CONTRAINDICATIONS**). Rosuvastatin may cause fetal harm when administered to a pregnant woman. Rosuvastatin is contraindicated in women who are or may become pregnant. Safety in pregnant women has not been established. There are no adequate and well-controlled studies of rosuvastatin in pregnant women. Rosuvastatin crosses the placenta and is found in fetal tissue and amniotic fluid at 3% and 20%, respectively, of the maternal plasma concentration following a single 25 mg/kg oral gavage dose on gestation day 16 in rats. A higher fetal tissue distribution (25% maternal plasma concentration) was observed in rabbits after a single oral gavage dose of 1 mg/kg on gestation day 18. If this drug is administered to a woman with reproductive potential, the patient should be apprised of the potential hazard to a fetus. In female rats given oral gavage doses of 5, 15, 50 mg/kg/day rosuvastatin before mating and continuing through day 7 postcoitus results in decreased fetal body weight (female pups) and delayed ossification at the high dose (systemic exposures 10 times human exposure at 40 mg/day based on AUC comparisons). In pregnant rats given oral gavage doses of 2, 20, 50 mg/kg/day from gestation day 7 through lactation day 21 (weaning), decreased pup survival occurred in groups given 50 mg/kg/day, systemic exposures ≥ 12 times human exposure at 40 mg/day based on body surface area comparisons. In pregnant rabbits given oral gavage doses of 0.3, 1, 3 mg/kg/day from gestation day 6 to lactation day 18 (weaning), exposures equivalent to human exposure at 40 mg/day based on body surface area comparisons, decreased fetal viability and maternal mortality was observed. Rosuvastatin was not teratogenic in rats at ≤ 25 mg/kg/day or in rabbits ≤ 3 mg/kg/day (systemic exposures equivalent to human exposure at 40 mg/day based on AUC or body surface comparison, respectively). **Nursing Mothers:** It is not known whether rosuvastatin is excreted in human milk. Studies in lactating rats have demonstrated that rosuvastatin is secreted into breast milk at levels 3 times higher than that obtained in the plasma following oral gavage dosing. Because many drugs are excreted in human milk and because of the potential for serious adverse reactions in nursing infants from rosuvastatin, a decision should be made whether to discontinue nursing or discontinue rosuvastatin taking into account the importance of the drug to the lactating woman. **Pediatric Use:** The safety and effectiveness in pediatric patients have not been established. Treatment experience with rosuvastatin in a pediatric population is limited to 8 patients with homozygous FH. None of these patients was below 8 years of age. **Geriatric Use:** Of the 10,275 patients in clinical studies with rosuvastatin, 3,159 (31%) were 65 years and older, and 698 (6.8%) were 75 years and older. The overall frequency of adverse events and types of adverse events were similar in patients above and below 65 years of age. (See **WARNINGS: Myopathy/Rhabdomyolysis**). The efficacy of rosuvastatin in the geriatric population (≥ 65 years of age) was comparable to the efficacy observed in the non-elderly. **ADVERSE REACTIONS:** Rosuvastatin is generally well tolerated. Adverse reactions have usually been mild and transient. In clinical studies of 10,275 patients, 3.7% were discontinued due to adverse experiences attributable to rosuvastatin. The most frequent adverse events thought to be related to rosuvastatin were myalgia, constipation, asthenia, abdominal pain, and nausea. **Clinical Adverse Experiences:** Adverse experiences, regardless of causality assessment, reported in $\geq 2\%$ of

patients in placebo-controlled clinical studies of rosuvastatin are shown in Table 1; discontinuations due to adverse events in these studies of up to 12 weeks duration occurred in 3% of patients on rosuvastatin and 5% on placebo.

Table 1. Adverse Events in Placebo-Controlled Studies

Adverse event	Rosuvastatin N=744	Placebo N=382
Pharyngitis	9.0	7.6
Headache	5.5	5.0
Diarrhea	3.4	2.9
Dyspepsia	3.4	3.1
Nausea	3.4	3.1
Myalgia	2.8	1.3
Asthenia	2.7	2.6
Back pain	2.6	2.4
Flu syndrome	2.3	1.8
Urinary tract infection	2.3	1.5
Rhinitis	2.2	2.1
Sinusitis	2.0	1.8

In addition, the following adverse events were reported, regardless of causality assessment, in $\geq 1\%$ of 10,275 patients treated with rosuvastatin in clinical studies. The events in italics occurred in $\geq 2\%$ of these patients. **Body as a Whole:** Abdominal pain, accidental injury, chest pain, infection, pain, pelvic pain, and neck pain. **Cardiovascular System:** Hypertension, angina pectoris, vasodilation, and palpitation. **Digestive System:** Constipation, gastroenteritis, vomiting, flatulence, periodontal abscess, and gastritis. **Endocrine:** Diabetes mellitus. **Hemic and Lymphatic System:** Anemia and ecchymosis. **Metabolic and Nutritional Disorders:** Peripheral edema. **Musculoskeletal System:** Arthritis, arthralgia, and pathological fracture. **Nervous System:** Dizziness, insomnia, hyperkinesia, paresthesia, depression, anxiety, vertigo, and neuralgia. **Respiratory System:** Bronchitis, cough increased, dyspnea, pneumonia, and asthma. **Skin and Appendages:** Rash and pruritus. **Laboratory Abnormalities:** In the rosuvastatin clinical trial program, dipstick-positive proteinuria and microscopic hematuria were observed among rosuvastatin-treated patients, predominantly in patients dosed above the recommended dose range (i.e., 80 mg). However, this finding was more frequent in patients taking rosuvastatin 40 mg when compared to lower doses of rosuvastatin or comparator status, though it was generally transient and was not associated with worsening renal function. (See **PRECAUTIONS: Laboratory Tests**). Other abnormal laboratory values reported were elevated creatine phosphokinase, transaminases, hyperglycemia, glutamyl transaminase, alkaline phosphatase, bilirubin, and thyroid function abnormalities. Other adverse events reported less frequently than 1% in the rosuvastatin clinical study program, regardless of causality assessment, included arrhythmia, hepatitis, hypersensitivity reactions (i.e., face edema, thrombocytopenia, leukopenia, vesiculobullous rash, urticaria, and angioedema), kidney failure, syncope, myasthenia, myositis, pancreatitis, photosensitivity reaction, myopathy, and rhabdomyolysis. **Postmarketing Experience:** In addition to the events reported above, as with other drugs in this class, the following event has been reported during post-marketing experience with CRESTOR, regardless of causality assessment: very rare cases of jaundice. **OVERDOSE:** There is no specific treatment in the event of overdose. In the event of overdose, the patient should be treated symptomatically and supportive measures instituted as required. Hemodialysis does not significantly enhance clearance of rosuvastatin. **DOSE AND ADMINISTRATION:** The patient should be placed on a standard cholesterol-lowering diet before receiving CRESTOR and should continue on this diet during treatment. CRESTOR can be administered as a single dose at any time of day, with or without food. **Hypercholesterolemia (Heterozygous Familial and Nonfamilial) and Mixed Dyslipidemia (Fredrickson Type IIa and IIb):** The dose range for CRESTOR is 5 to 40 mg once daily. Therapy with CRESTOR should be individualized according to goal of therapy and response. The usual recommended starting dose of CRESTOR is 10 mg once daily. However, initiation of therapy with 5 mg once daily should be considered for patients requiring less aggressive LDL-C reductions, who have predisposing factors for myopathy, and as noted below for special populations such as patients taking cyclosporine, Asian patients, and patients with severe renal insufficiency (see **CLINICAL PHARMACOLOGY: Race, and Renal Insufficiency**, and **Drug Interactions**). For patients with marked hypercholesterolemia (LDL-C > 190 mg/dL) and aggressive lipid targets, a 20-mg starting dose may be considered. After initiation and/or upon titration of CRESTOR, lipid levels should be analyzed within 2 to 4 weeks and dosage adjusted accordingly. The 40-mg dose of CRESTOR is reserved only for those patients who have not achieved their LDL-C goal utilizing the 20 mg dose of CRESTOR once daily (see **WARNINGS: Myopathy/Rhabdomyolysis**). When initiating stable therapy or switching from another statin therapy, the appropriate CRESTOR starting dose should first be utilized, and only then titrated according to the patient's individualized goal of therapy. **Homozygous Familial Hypercholesterolemia:** The recommended starting dose of CRESTOR is 20 mg once daily in patients with homozygous FH. The maximum recommended daily dose is 40 mg. CRESTOR should be used in these patients as an adjunct to other lipid-lowering treatments (e.g., LDL apheresis) or if such treatments are unavailable. Response to therapy should be estimated from pre-apheresis LDL-C levels. **Dosage in Asian Patients:** Initiation of CRESTOR therapy with 5 mg once daily should be considered for Asian patients. The potential for increased systemic exposures relative to Caucasians is relevant when considering escalation of dose in cases where hypercholesterolemia is not adequately controlled at doses of 5, 10, or 20 mg once daily. (See **WARNINGS: Myopathy/Rhabdomyolysis, CLINICAL PHARMACOLOGY: Special Populations, Race, and PRECAUTIONS: General**). **Dosage in Patients Taking Cyclosporine:** In patients taking cyclosporine, therapy should be limited to CRESTOR 5 mg once daily (see **WARNINGS: Myopathy/Rhabdomyolysis**, and **PRECAUTIONS: Drug Interactions**). **Concomitant Lipid-Lowering Therapy:** The effect of CRESTOR on LDL-C and total-C may be enhanced when used in combination with a bile acid binding resin. If CRESTOR is used in combination with gemfibrozil, the dose of CRESTOR should be limited to 10 mg once daily (see **WARNINGS: Myopathy/Rhabdomyolysis**, and **PRECAUTIONS: Drug Interactions**). **Dosage in Patients With Renal Insufficiency:** No modification of dosage is necessary for patients with mild to moderate renal insufficiency. For patients with severe renal impairment ($CL_{CR} < 30$ mL/min/1.73 m²) not on hemodialysis, dosing of CRESTOR should be started at 5 mg once daily and not to exceed 10 mg once daily (see **PRECAUTIONS: General**, and **CLINICAL PHARMACOLOGY: Special Populations: Renal Insufficiency**).

NOTE: This summary provides important information about CRESTOR. For more information, please ask your doctor or health care professional about the full Prescribing Information and discuss it with them.

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A bronze bust of James Dean is part of a display of his movie-career memorabilia.

(Continued from page 13)

Fairmount's quiet, laid-back atmosphere and friendly people that he began visiting each year beginning in 1983. In 1996, he moved to Fairmount after retiring as an optometrist in York, Pa. Today, Zeigler lives in the house once occupied by Dean's father next to the family farm north of town in Jonesboro (pop. 1,887). He earned that privilege by striking up a friendship with Dean's first cousin, Marcus Winslow Jr., who grew up with the film star-to-be.

"I told him when I retired I wanted to move out here, and he said, 'Well, we'll see if we can't find a place for you,'" Zeigler recalls. Now he helps Winslow and members of the museum staff organize the town's annual events in memory of its most famous citizen.

"I think it will go on forever," Root says. As long as there are movies and people who love them, she says, "they'll come. And we'll be glad to see 'em." ☆

Alanna Nash, a contributor to American Profile, lives in Louisville, Ky.

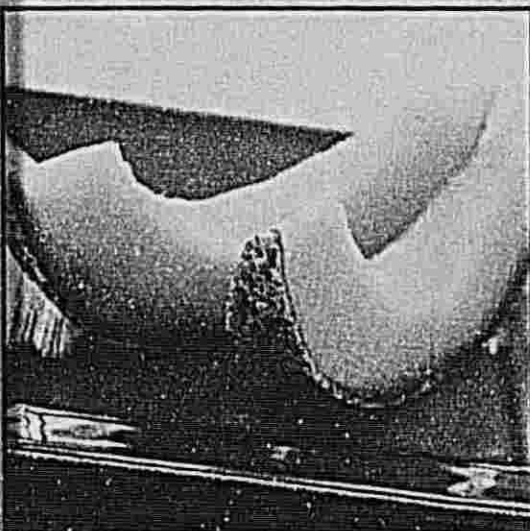
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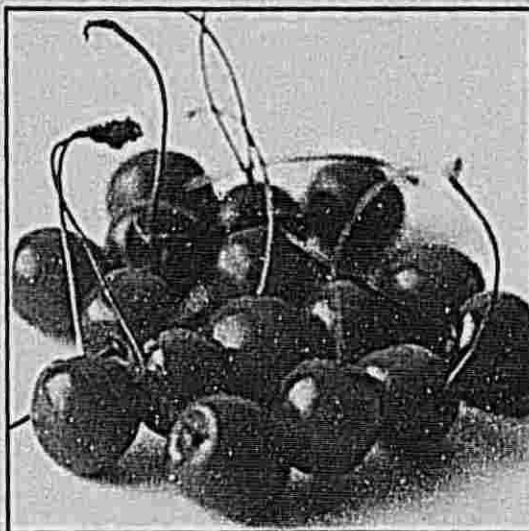
Alex Beachy, 12, from Nappanee, Ind., soaks up the sights in the James Dean museum.

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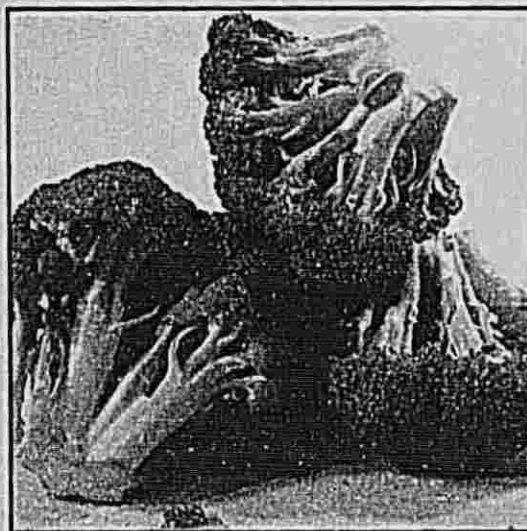
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"Cinnamon Can Heal What?"

(By Frank K. Wood)

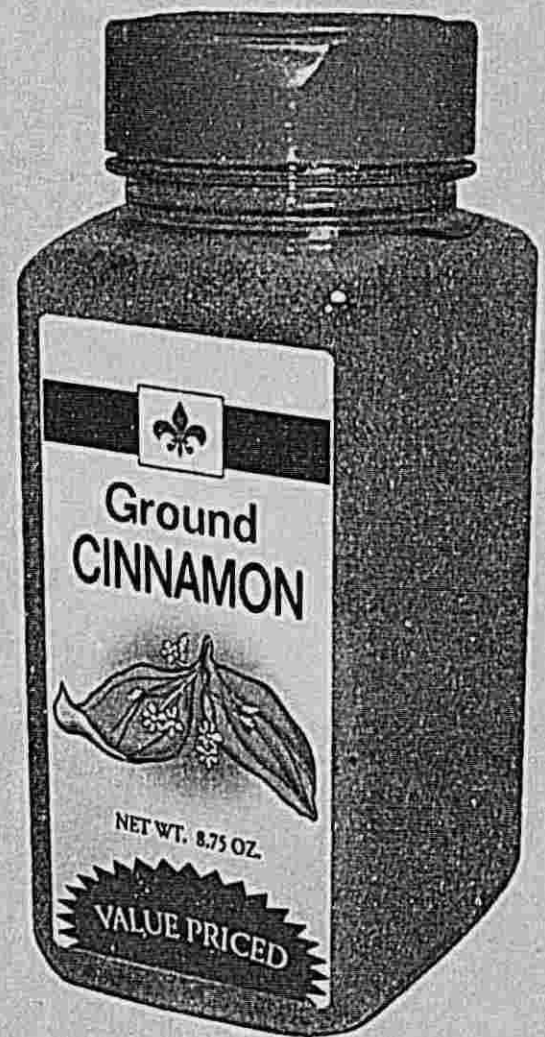
If you'd like to keep your memory sharp, control your cholesterol, and have more energy without dangerous drugs or risky surgery, you need *The Cure Conspiracy: Medical Myths, Alternative Therapies, and Natural Remedies Even Your Doctor May Not Know*, an informative new book just released to the public by FC&A Medical Publishing® in Peachtree City, Georgia.

A must-have for anyone who sees a doctor, takes prescriptions, or uses over-the-counter remedies, this book cuts through the hype and conflicting claims to bring you a virtual encyclopedia of current remedies and therapies. Get the straight story on treatments from acupuncture to x-rays and everything in between. Find out how it works (if it works), how to use it, special cautions, and what the research really says. Covers conventional and alternative medicine, including herbs and supplements, plus a section on today's top medical myths. Thorough and unique, easy to read and use.

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- ▶ Keep your memory sharp as a tack! The secret to staying mentally alert as you age.
- ▶ Controlling cholesterol a major concern? Good news: This natural substance has been shown to lower cholesterol levels by up to 13% — and it lowered blood sugar levels by almost 20%!
- ▶ At last — a way to lower your cholesterol levels and keep them down for good.
- ▶ Tired and sluggish? Find out what kind of foods will give you more energy.
- ▶ How to get your prescriptions filled without spending a fortune at the pharmacy.
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- ▶ Ten natural arthritis pain relievers!
- ▶ Turn off a craving for sweets and melt off the pounds with this easy pantry weight-loss secret.

- ▶ What you drink for breakfast may determine your future health. Start your mornings off right to avoid type 2 diabetes!
- ▶ Add an extra 10 active years to your life! The most powerful treatment I found for reducing your risk of heart attack or stroke. Improves the quality of your life.
- ▶ Flatten your stomach without gut-wrenching exercises. These tips turn ugly flab into rock-hard abs!
- ▶ Flatten a bulging belly and strengthen stomach muscles — while strengthening your back — with this exercise. (And it's much easier than sit-ups.)
- ▶ Prevent clogged arteries, avoid poor circulation, even stop cataracts. Simple combination of vitamins and minerals does the trick.
- ▶ Feel better and have more energy ... in a matter of weeks!
- ▶ High Cholesterol? The newest "statin" drug lowers cholesterol levels better and with fewer side effects than other drugs.
- ▶ Having trouble sleeping through the night? Try cutting down on this in the evening — no, it's not caffeine!
- ▶ Prescription drugs that kill your memories. Before you blame senility or Alzheimer's, make sure you're not taking any of these drugs.
- ▶ Help stay healthy and cancer free, improve your chances, without drugs.
- ▶ How to rejuvenate your metabolism ... your body burns more fat automatically.
- ▶ If your doctor has told you your arteries are clogged, this 10,000-year-old remedy will help clean them out like a natural Roto-Rooter®.
- ▶ Eating the right combination of foods may even be as important to losing weight as how much you eat.
- ▶ Beware! The 8 warning signs of stroke. Don't ignore any of them.
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- ▶ Cleanse your arteries! Can it really be done? Expert opinions.
- ▶ Flush your arteries clean of plaque and fatty buildup with this highly effective, all-natural, and completely safe program!
- ▶ Lose weight without even trying! That's what these men did — even while consuming the same total calories — when they ate this

- 50¢ meal each day. And they lowered their cholesterol, too!
- ▶ Worried about high cholesterol? Worry no more with this powerful little root. Also increases your strength and stamina and regulates your blood sugar.
- ▶ Millions of dollars are spent to keep these health facts hidden from us!
- ▶ How eating this "miracle meal" can lead to a long life — free from cancer, disease, and arthritis pain.
- ▶ 10 diet tips to control high blood pressure — no drugs involved!
- ▶ What to drink at 9 in the morning and 2 in the afternoon to keep your mind razor sharp.
- ▶ Improve your memory and attention span with this product.
- ▶ Taking this substance helped increase mobility and ease joint pain in one volunteer group ... and you don't need a prescription for it!
- ▶ Seven sure-to-work ways to lower your blood pressure and fight the accompanying fatigue.
- ▶ A glassful of this with your meals can fight heart-damaging free radicals.
- ▶ Want to lose some weight? These 6 sure-fire tips are proven to work even when nothing else has.
- ▶ Never underestimate the power of prayer! Medical research confirms its healing power.
- ▶ Back Pain: Save money with the amazing water cure.
- ▶ This popular Oriental herb is used throughout America for lowering cholesterol with the added benefits of a stronger immune system and more energy.
- ▶ Warning: This sugar substitute may cause headaches, dizziness ... even memory loss! Try this side effect-free sweetener instead.
- ▶ Your chances of suffering heart disease or a stroke drop by 33% to 50%! All because you did this.
- ▶ Many people who ignore these seemingly trivial symptoms drop dead of a stroke within three months!
- ▶ Loss of balance, muscle weakness, incontinence, moodiness, and dementia ... all caused by a simple vitamin deficiency that your doctor probably can't detect with a routine blood test!
- ▶ Why worry about ending up in the hospital when a 10-minute technique can keep you out of hospitals and save you tons of time



- and money!
- ▶ Joint problems? Thanks to this nutritional supplement, your bones and conjunctival tissue can produce more collagen and rebuild damaged cartilage.
- ▶ The "eyes" have it! Check out the many benefits you can give your eyes, when you know the secrets contained in this ancient Egyptian prescription!
- ▶ Want to lose weight fast? Don't forget to eat this!
- ▶ 3 teaspoons of this a day can help reduce blood cholesterol levels and control blood sugar levels in diabetics.
- ▶ They were amazed by the results. And in only 24 days! If you or someone you know has high blood pressure, please check out the good news about this drug-free remedy.
- ▶ 11 natural remedies for improving memory.
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Tidbits

Did You Know...

ILLINOIS—Bonny Jain, 12, of Moline (pop. 43,768), won the 2006 National Geographic Bee and a \$25,000 scholarship in May by naming the mountains that extend across much of Wales from the Irish Sea to the Bristol Channel. (Answer: Cambrian)

INDIANA—The jerky driving habits of his lawyer inspired automotive pioneer Ralph Teetor of Hagerstown (pop. 1,768) to invent cruise control, a device he patented in 1945. Teetor was blind and especially sensitive to the stop-and-go motion of cars.

IOWA—A 3,100-pound, 7-foot-tall popcorn ball, billed as the world's largest, was produced in Sac City (pop. 2,368) in 2004. The recipe: 910 pounds popcorn, 1,500 pounds sugar, 690 pounds syrup and more than 40 energetic volunteers.

KANSAS—Settlers named Great Bend (pop. 15,345) for its location on a big bend in the Arkansas River. The Barton County (pop. 28,205) seat also was a popular stopping point and trading center on the Santa Fe Trail.

MICHIGAN—The Michigan Walk of Fame in Lansing pays tribute to 12 famous Michiganders

with bronze sidewalk plaques listing their names and achievements. Among those honored are automotive pioneer Henry Ford, musician Stevie Wonder and President Gerald R. Ford.

MINNESOTA—The Hubbell House Restaurant has welcomed guests to Mantorville (pop. 1,610) since 1854 when John Hubbell, one of the town's founders, built a log hotel there. Through the years, guests have included Gen. Ulysses S. Grant and publisher Horace Greeley.

MISSOURI—In 1904, St. Louis became the first city in the Western hemisphere to host the Olympic games, with most events held at Francis Field and Gymnasium at Washington University. Francis Field was rededicated 100 years later.

NEBRASKA—With help from a Hollywood friend, theater lovers saved the Midwest Theater in Scottsbluff (pop. 14,732) from the wrecking ball in 2002. One fund-raiser involved award-winning director and screenwriter Alexander Payne, an Omaha native whose volunteer efforts helped raise \$20,000 at the Midwest Film Festival. Payne directed the 2004 movie *Sideways*. The 1946 mod-

ernistic theater now hosts movies, concerts, plays and community events.

NORTH DAKOTA—The state's first commercial television station was KCJB, now KXMC, in Minnor (pop. 36,567), which began broadcasting in 1953.

OHIO—Scientist Paul C. Lauterbur shared the 2003 Nobel Prize in Physiology or Medicine for his pioneering work in magnetic resonance imaging (MRI), a painless scan of the human anatomy used to diagnose or rule out certain diseases. Lauterbur was born in 1929 in Sidney (pop. 20,211).

SOUTH DAKOTA—Rick Johns, craftsman and owner of the Landlocked Boat Shop in Vermillion (pop. 9,765), builds kayaks the traditional way: without glue or metal fasteners, but with wooden pegs and artificial sinew for lashings.

WISCONSIN—During World War II, when many minor league baseball teams disbanded, the All-American Girls Baseball League was formed by Chicago Cubs owner Philip Wrigley in 1943. The league was a hit, especially the Racine Belles, who won the first championship. ☆

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Robin Rosaaen stands in front of her apartment in suburban San Jose, Calif. "Prepare to enter the house of Elvis," she says as she ushers her visitors through the front door.

Collecting Treasures of "The King"

by j. poet

The hallway, like every other room in her home, is stacked from floor to ceiling with Elvis collectibles of every kind—an estimated 40,000 records, books, playing cards, posters, figurines, license plates, key chains, magazines and other items, plus some 80,000 rare photos.

"I know it's out of hand," says Rosaaen with a smile, moving sideways through a narrow corridor between neatly arranged piles into the living room. "But when I see something I need to fill in the collection, I go for it."

Rosaaen's collection of Presley memorabilia boasts unique treasures from every era of The King's life from 1956 until his death in 1977.

Elvis authority Cory Cooper, a frequent source for books and radio shows about Presley and his music, says Rosaaen has "probably one of the top five private Elvis collections" in the world.

Rosaaen, 59, is happy to show off unlikely treasures like her 4-foot-high fiberglass Elvis Mardi Gras head; Presley's complete dental records; the neatly framed

Every room in Robin Rosaaen's California apartment reflects her passion for things associated with Elvis Presley.

divorce decree ending his marriage to Priscilla; the sweatshirt his co-star Joan Blackman wore in the movie *Kid Galahad*; and dozens of objects from 1956, the pivotal year Presley broke through from obscurity to fan-frenzy, no-going-back stardom.



Rosaaen's vast collection includes memorabilia from Presley's movies, singing career and personal life.

"1956 wasn't just a banner year for Elvis, it was the year," says *San Francisco Chronicle* pop music critic Joel Selvin. "Eight network TV appearances, his first No.1 record, something like 3 million records sold. In January, he was a complete unknown; by December, he was the best-known name in show business."

Many of Rosaaen's Elvis treasures were acquired when she worked at the online auction site eBay.com in the 1990s and directed her Elvis passion into managing the website's special section of Presley collectibles.

"I'd already written a book called *All The King's Things: The Ultimate Elvis Memorabilia Book*," she says. "It's a guide for collectors arranged according to theme—movies, the '50s, the '60s. I went on talk shows like *Geraldo*, *Oprah* and Joan Rivers' *Can We Shop?* to promote it, so I had the expertise to deal with all things Elvis."

Rosaaen grew eBay's "King's Things" site to a staggering 5,000 online pages, but got laid off in 2001 when

(Continued on page 20)

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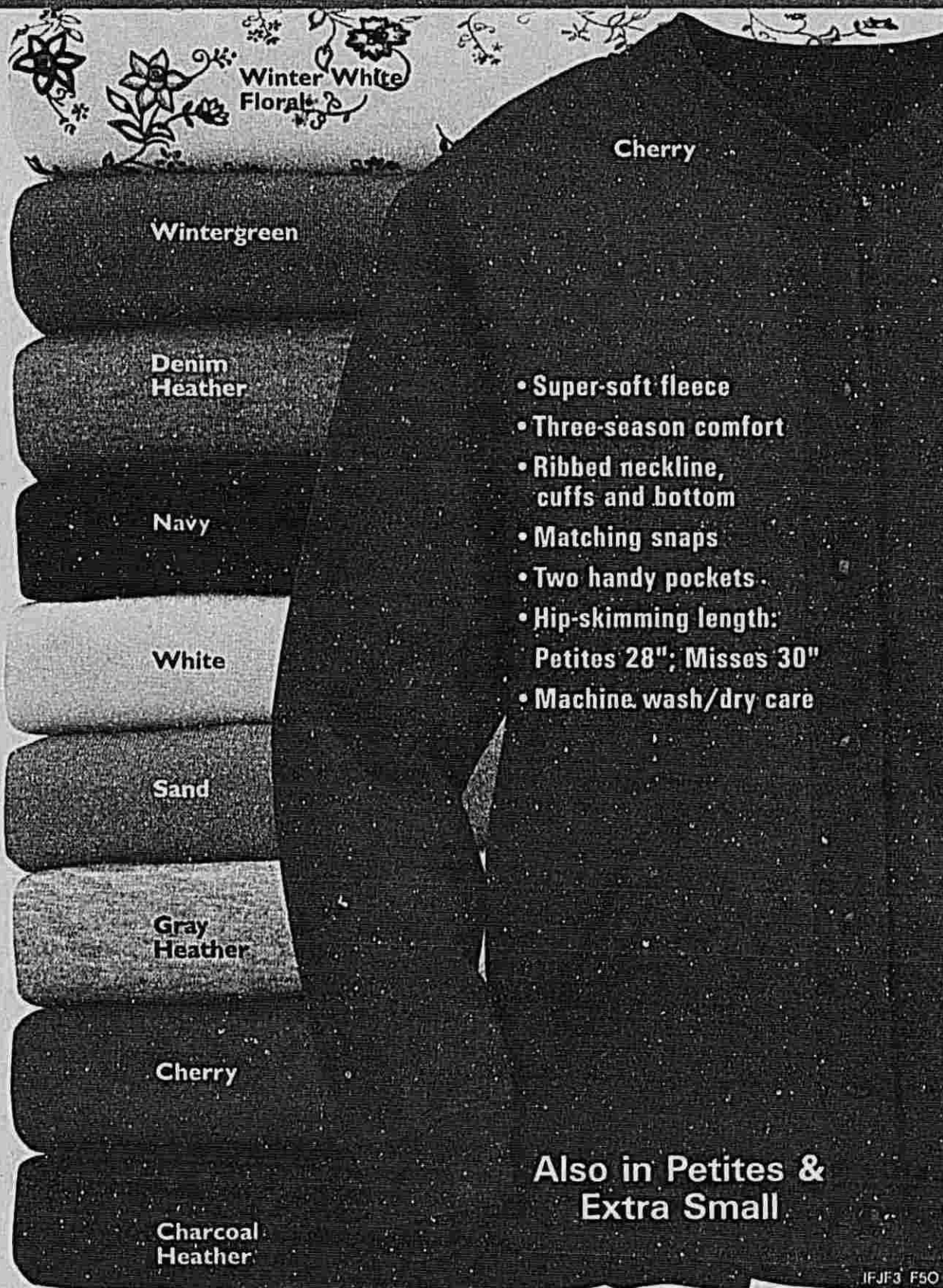
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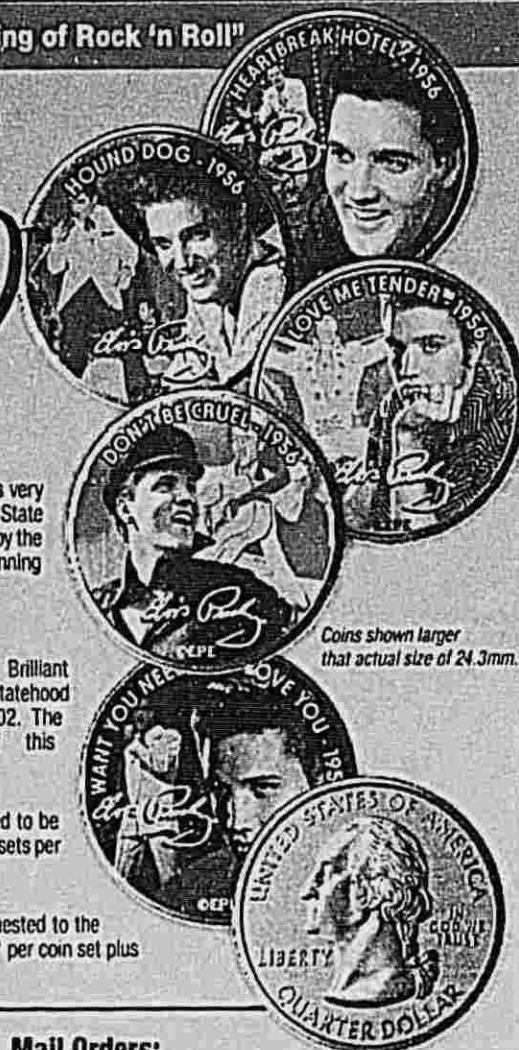
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Rosaaen with the sweatshirt worn by Presley's co-star, Joan Blackman, in *Kid Galahad*

(Continued from page 18)

the company restructured. She's since made her living buying and selling Elvis memorabilia among the worldwide network of collectors she developed during her years at eBay.

Her journey to Elvis collector extraordinaire began as a young woman when she saw Presley on his famous 1968 televised "comeback" special. Electrified, she drove to Las Vegas to see him in person. "I saw him 72 more times before he died," she says, "usually in Las Vegas from seats down in front."

Presley became accustomed to seeing Rosaaen just beyond the stage footlights. In 1974, during a performance, he leaned over and put one of his scarves around Rosaaen's neck. "He kissed me and called me Rockin' Robin," she says. "It's been my nickname ever since."

She had reservations to see Elvis in 1977 in Las Vegas, but the concert never happened due to Presley's death on Aug. 16 of that year.

Some day Rosaaen would like to open a gallery to display her items. Meanwhile, she's busy adding to her collection, brokering sales of Elvis memorabilia for other collectors, and licensing photos to publishers, documentary filmmakers and programs such as the E! Channel's *Last Days Of Elvis*.

"I've been making a living off of my collection for years now," she says. "I feel like Elvis is looking after me." ☆

j. poet is a writer in San Francisco.

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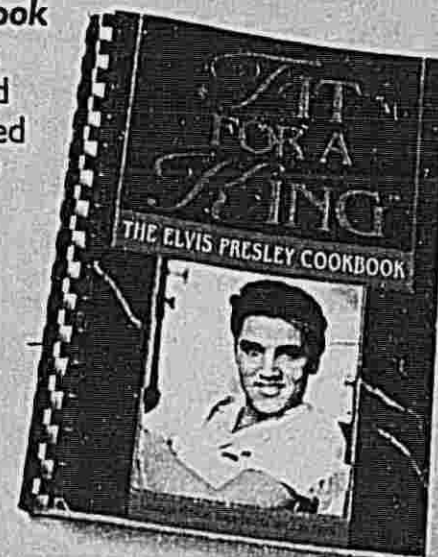
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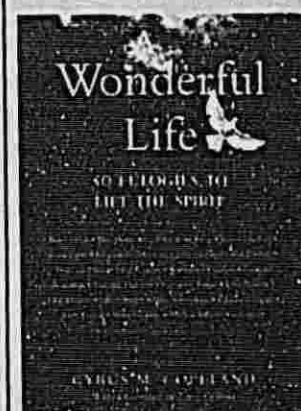
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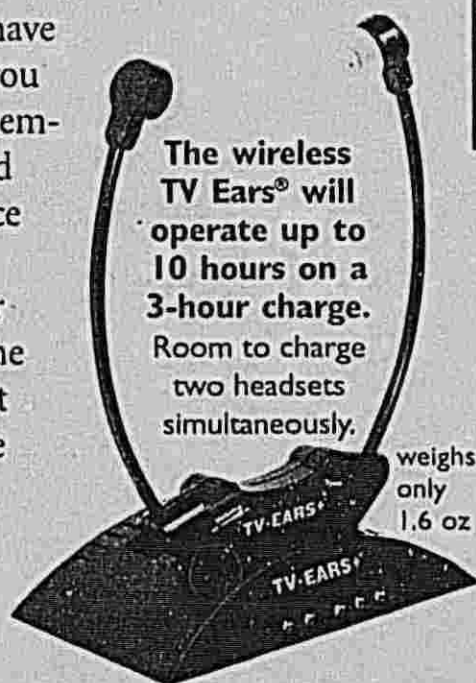
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- **Infrared technology.** TV Ears' infrared technology provides safe, superior sound quality without interference and frequency drifting. Transmits up to 900 square feet.
- **Left-Right balance control.** Allows you to adjust the volume for rich, high-quality sound in both ears.
- **Individual controls.** Multiple headsets can be adjusted to the user's personal needs.
- **Long-lasting charge.** You can quickly charge two headsets at the same time, and TV-Ears will function up to 10 hours on a 3-hour charge. Charger included.

TV Ears® is powerful (120 dB), and features voice enhancement technology to make hard to hear words easier to understand and keep background sounds in the background. The cheaper, commercial headsets are limited in output and amplify all sound at the same level.

"Now my husband can have the volume as loud as he needs...and I can have the TV at my hearing level. 'TV Ears' are so uncumbersome that Jack forgets he has them on! He can once again hear and understand the dialogue. We have given 'TV Ears' as a gift to dear friends. They are absolutely the finest product." Sincerely

—Darlene and Jack B., CA

Try them yourself! If you aren't totally amazed...send them back! We're so sure you'll be absolutely astonished with the increase in sound and clarity when using the TV Ears® that we're backing them with firstSTREET's exclusive in-home 90-day trial. If you aren't completely satisfied, simply return them for the product purchase price.

TV Ears® Item# TE-3874

Now \$99.95 each

Special FREE shipping - a \$17.95 Value

Ask about our special price on additional headsets

Please mention promotional code 31854.

For fastest service, call toll-free 24 hours a day

1-800-805-0562

To order by mail, please call for details.

Special offer on phone orders only!

Market research test limited time only.

firstSTREET®
SEE IT HERE FIRST

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Colonial Heights, VA 23834



Purely You

Relive your trip with the push of a button.

With Dell™ MediaDirect™ you can access your photos and videos in seconds without having to boot up your operating system.

Inspiron™ E1505 Notebook

- Intel® Centrino® Duo Mobile Technology
- Intel® Core™ Duo Processor T2050 (1.60GHz)
- Intel® PRO/Wireless 3945 Internal Wireless (802.11a/b/g)
- Genuine Windows® XP Media Center Edition 2005
- 15.4" Widescreen XGA Display with TrueLife
- 1GB Shared* Dual Channel* DDR2; 120GB* Hard Drive
- CD/DVD Burner*
- Integrated Sound Blaster® Audigy® HD Software Edition
- 1-Year Limited Warranty*, Mail-In Service, Hardware Warranty Support
- No Charge for 3-5 Day Shipping & Handling – Online Only

Regularly priced \$999

\$799 after \$194 off
or as low as \$24/mo. ^Δ
E-Value™ Code: 08281-D80909G

Power up.

- Internal Dell™ Wireless 355 Bluetooth™** Module
- 15.4" UltraSharp™ Widescreen SXGA+ Display with TrueLife™
- 128MB ATI Mobility™ Radeon® X1300 HyperMemory™

Add for \$200. E-Value Code: 08281-D80911A

Feel secure. Upgrade to 3-Year Limited Warranty*, At-Home Service* and Hardware Warranty Support for \$210.

Other Dell™ Notebooks

start at \$499 after instant savings.

E-Value Code: 08281-D80905F

Call or go online for more details.

Dell recommends Windows® XP Media Center Edition.

Feel secure. Add a 15-Month Subscription to Trend Micro™ PC-cillin™ Internet Security* with Antivirus, Firewall and Spyware Removal for \$79. Upgrade to 3-Year Limited Warranty*, At-Home Service* and Hardware Warranty Support for \$110.



Shown with 15" Flat Panel Display – add for \$130.

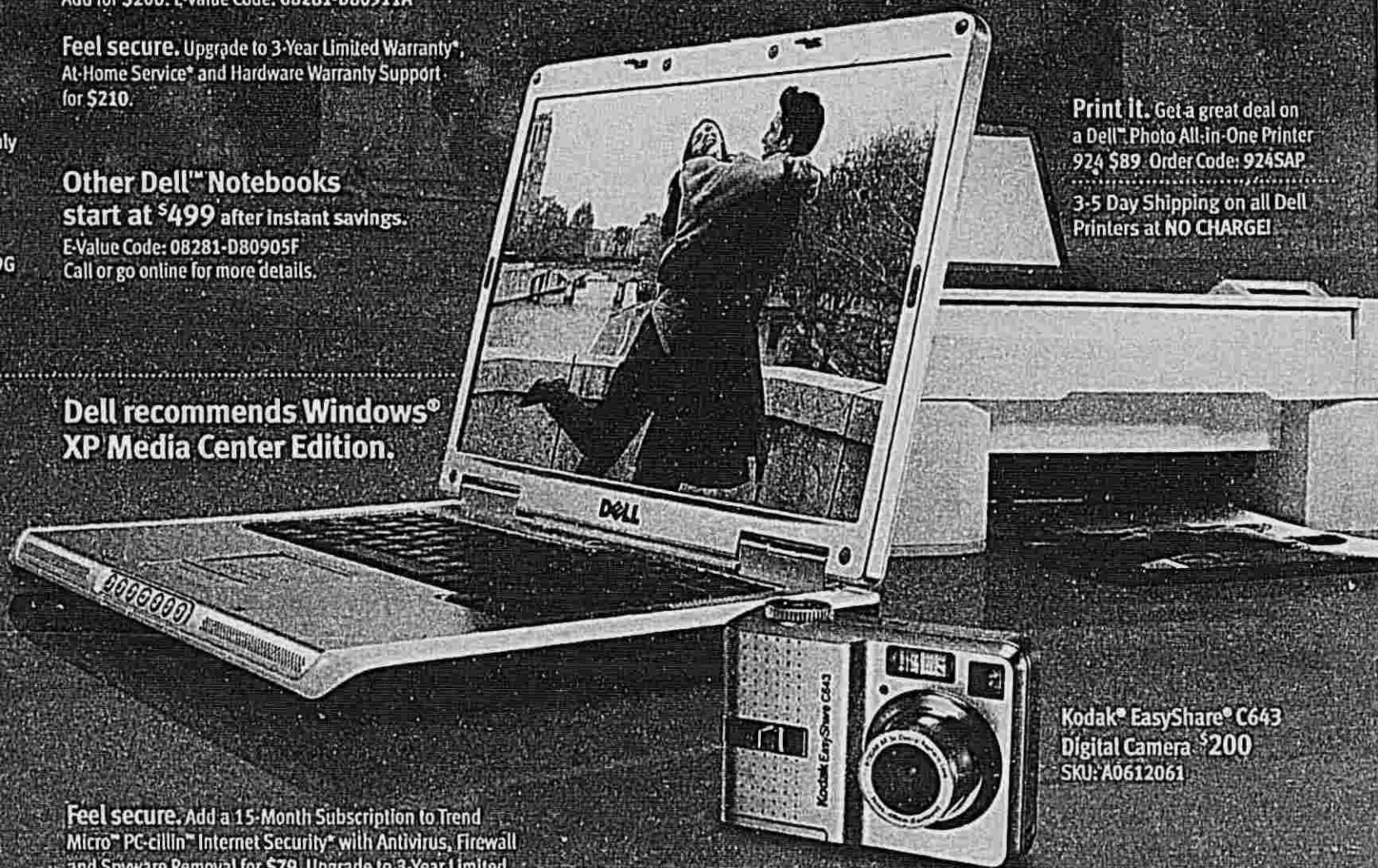
Dimension™ B110 Desktop

Entry Level Desktop

- Intel® Celeron® D Processor 325 (2.53GHz)
- Genuine Windows® XP Home Edition
- 256MB Shared* DDR SDRAM; 80GB* Hard Drive
- CD Burner/DVD Combo Drive
- 17" (16.0" v.l.s., .27dp) CRT Monitor (15" Flat Panel Display Shown – Add for \$130)
- 1-Year Limited Warranty*, At-Home Service*, Hardware Warranty Support

Regularly priced \$349

\$299 after \$50 off
or as low as \$9/mo. ^Δ
E-Value Code: 08281-D50902G



Print it. Get a great deal on a Dell™ Photo All-in-One Printer 924 \$89. Order Code: 924SAP. 3-5 Day Shipping on all Dell Printers at NO CHARGE!

Kodak® EasyShare® C643 Digital Camera \$200
SKU: A0612061

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For hearing/speech impaired: 1-877-DELL-TTY (toll-free)

www.dell.com/profile

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For locations,
go to www.dell.com/mall

^Δ**DELL PREFERRED ACCOUNT (DPA):** Offered by CIT Bank to qualified U.S. residents with approved credit. Creditworthiness determined by lender. Taxes, fees, shipping, handling, and any other applicable charges are extra, and vary. Monthly payments based upon pre-rebate price. Minimum monthly payments of \$15 or 3% of account balance, whichever is greater.

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KOHL'S®

expect great things®

TWO-DAY SALE

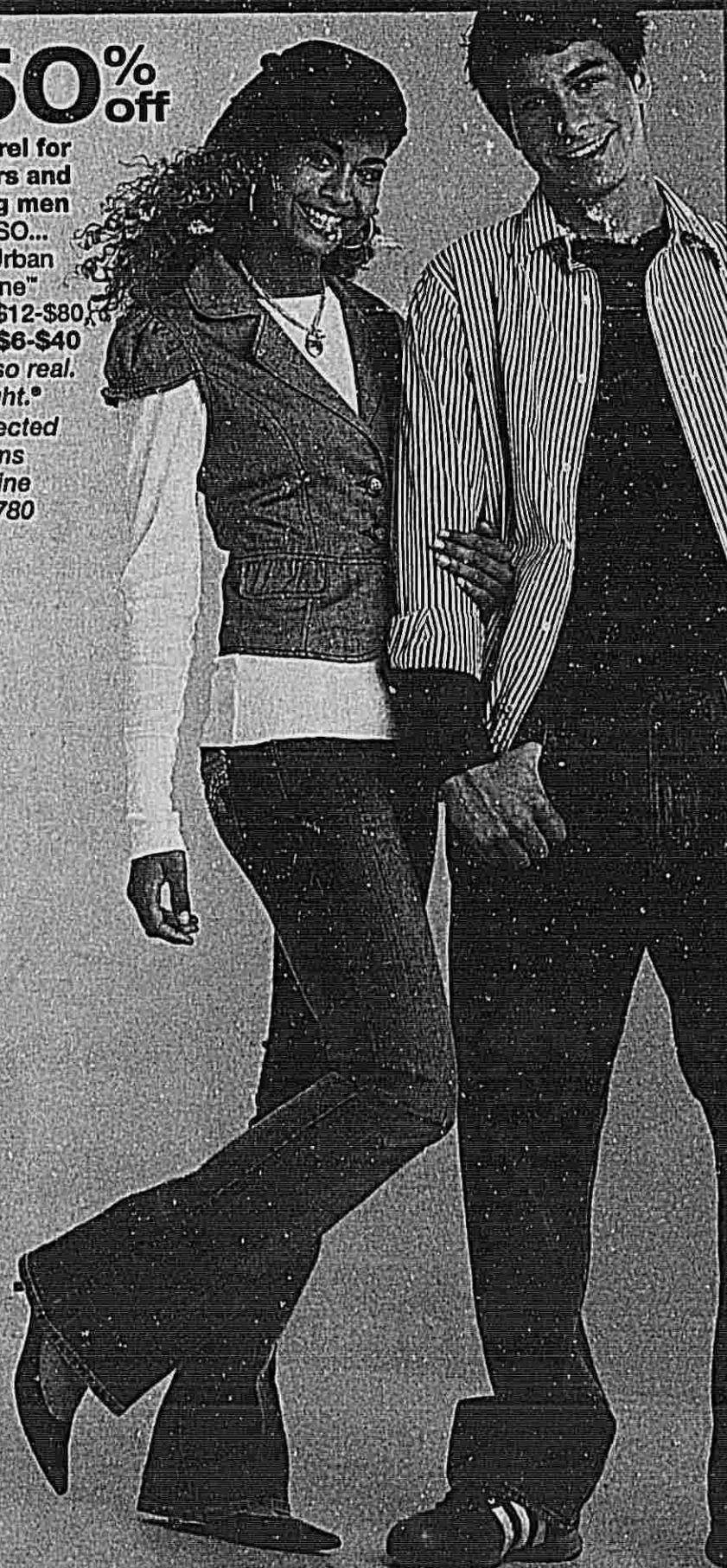
Friday & Saturday,
September 8 & 9 8am-10pm

entire stock

50% off

Apparel for
juniors and
young men
from SO...
and Urban
Pipeline®
orig. \$12-\$80
sale \$6-\$40
SO...so real,
so right.*

selected
items
online
P9780

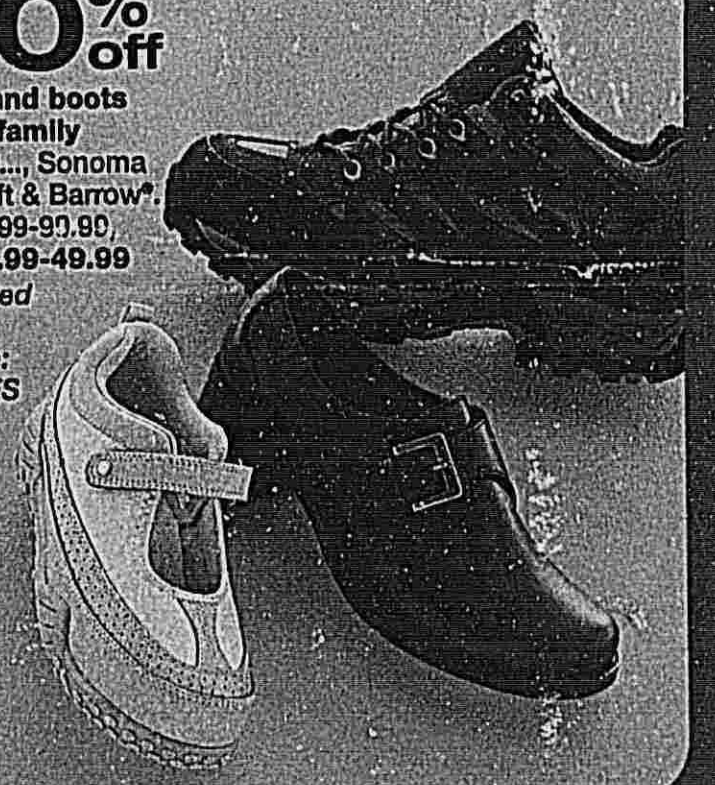


entire stock

50% off

Shoes and boots
for the family
from SO..., Sonoma
and Croft & Barrow®.
orig. 29.99-99.99,
sale 14.99-49.99

selected
items
online:
SHOES



40% off

Bras
from Warner's®, Ball®,
Maidenform® &
Barelythere®.
reg. \$23-\$30,
sale 13.80-18.00
Selected styles.

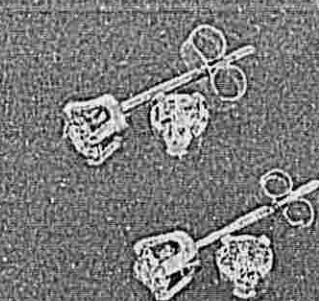


entire stock

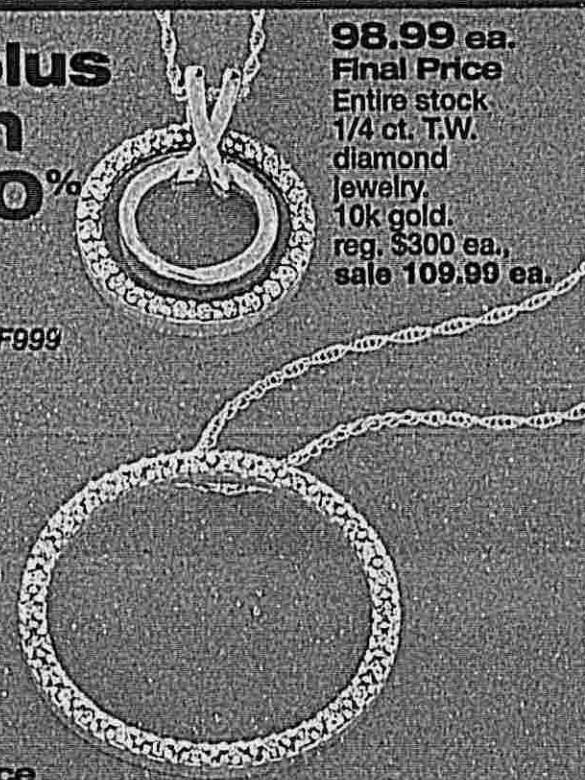
**60% off plus
save an
extra 10%**
on entire stock
of fine jewelry

selected items online F999

98.99 ea.
Final Price
Entire stock
1/4 ct. T.W.
diamond
jewelry
10k gold,
reg. \$300 ea.,
sale 109.99 ea.



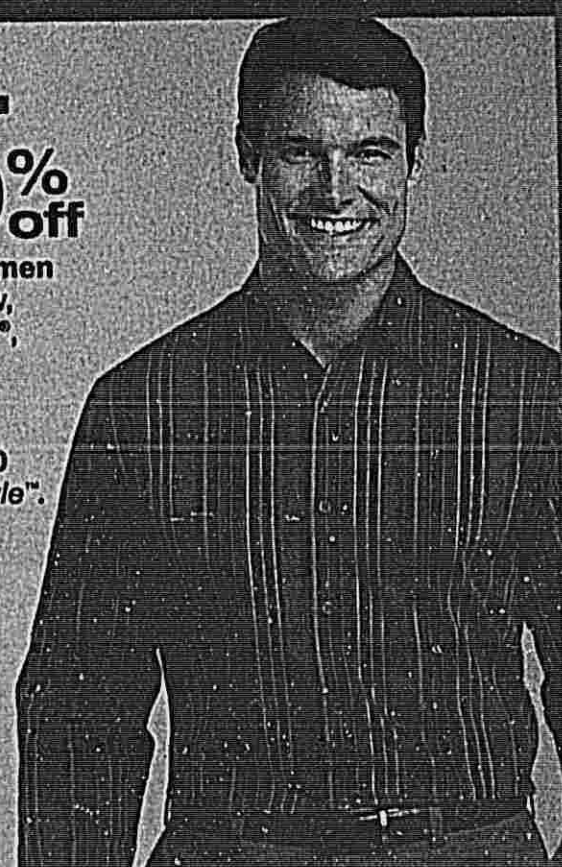
69.99 pr. Final Price
1/3 ct. T.W. diamond solitaire earrings.
14k gold, reg. \$300 pr., sale 77.77 pr.



entire stock

**40-
60% off**

Sport shirts for men
from Axi®*, Arrow,
Dockers®, Haggard®,
Sonoma and
Croft & Barrow®.
orig. \$24-\$45,
sale 12.00-26.40
SONOMA life+style™.



**40-
50% off**

Collections from
AB Studio, axcess,
Nine & Co.® and
daisy fuentes®

for misses, petites and women.
orig. \$26-\$49, sale 15.60-29.40
Selected styles.
selected items online W2300

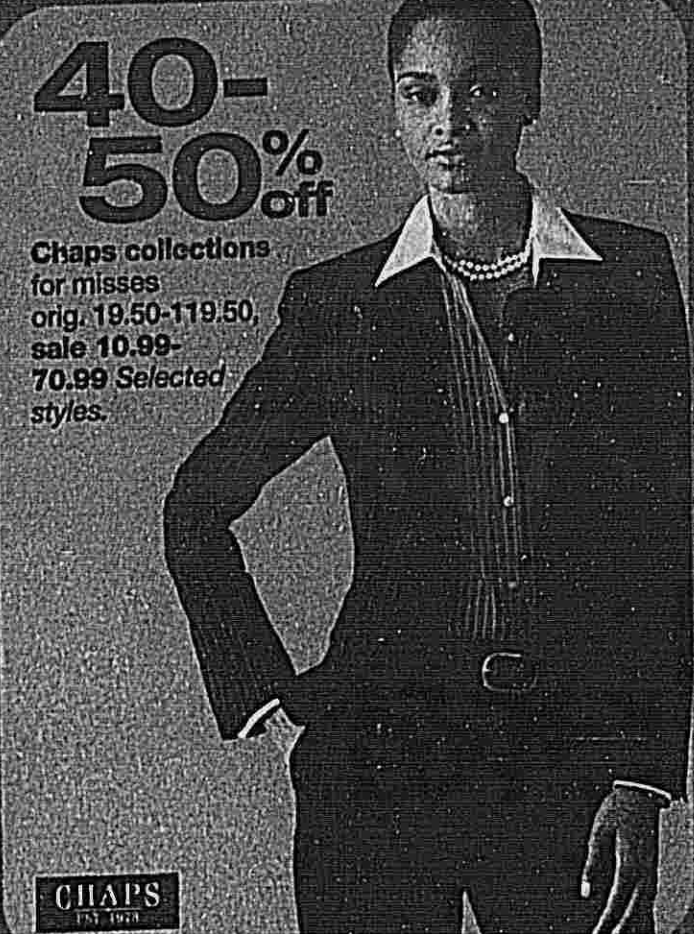
Jewelry photo enlarged to show detail. Diamond Total Weights are approximate. T.W. may vary up to .05 ct.
Actual savings may exceed the percent savings shown.



Entire Stock
40-50% off
Activewear from Fu Da*, N.Y.L.,
Gloria Vanderbilt® Sport
and daisy Fuentes® sport for misses.
orig. \$20-\$38, sale 10.00-22.80
Q selected items online P978



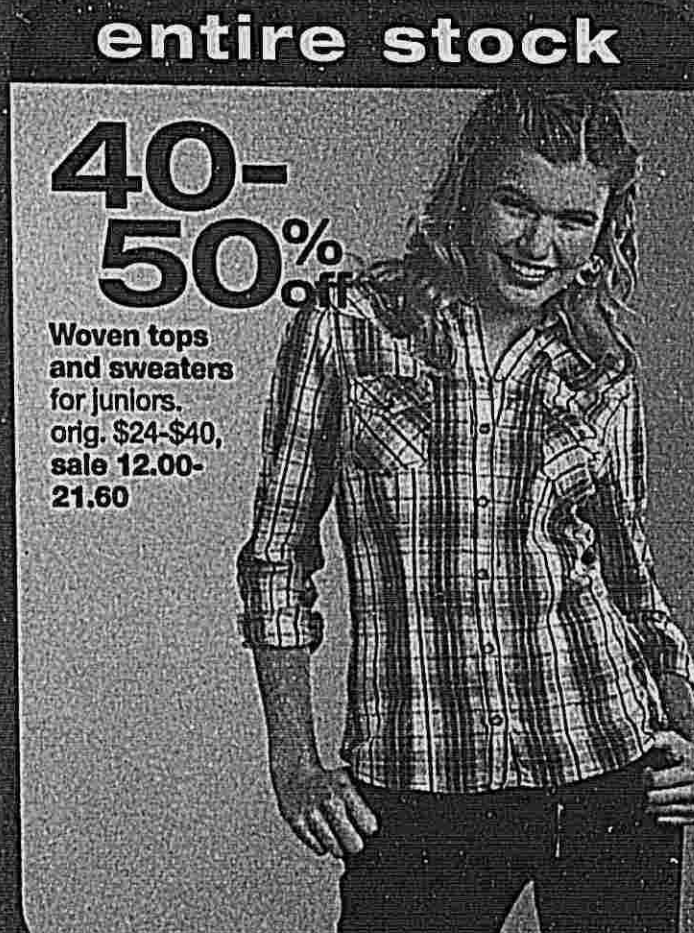
40-50% off
Sonoma sportswear
for misses, petites & women.
orig. \$12-\$46, sale 7.20-27.60
Selected styles.



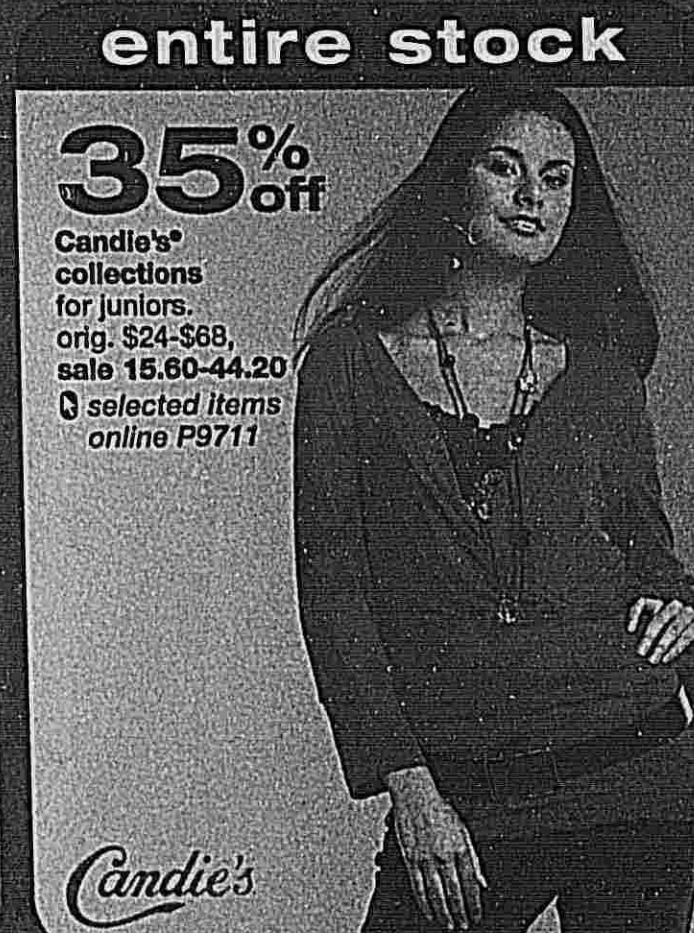
40-50% off
Chaps collections
for misses.
orig. 19.50-119.50,
sale 10.99-
70.99 Selected
styles.



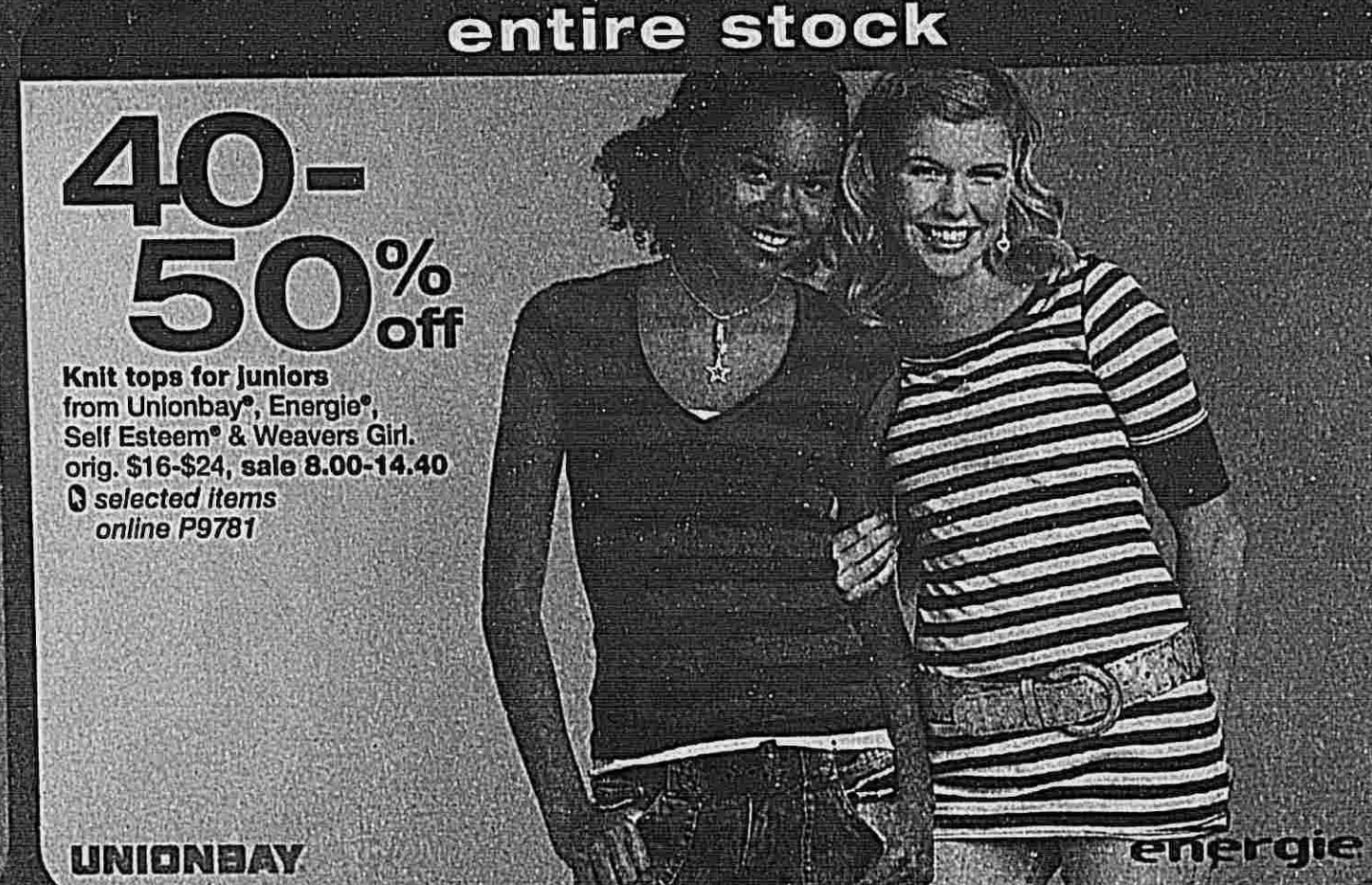
40-50% off
Collections from West
End, Villager, Sag
Harbor®, Cathy Daniels,
Requirements® &
Norton McNaughton®
for misses.
orig. \$20-\$99,
sale 12.00-59.40



40-50% off
Woven tops and
sweaters
for juniors.
orig. \$24-\$40,
sale 12.00-
21.60



35% off
Candie's®
collections
for juniors.
orig. \$24-\$89,
sale 15.60-44.20
Q selected items
online P9711



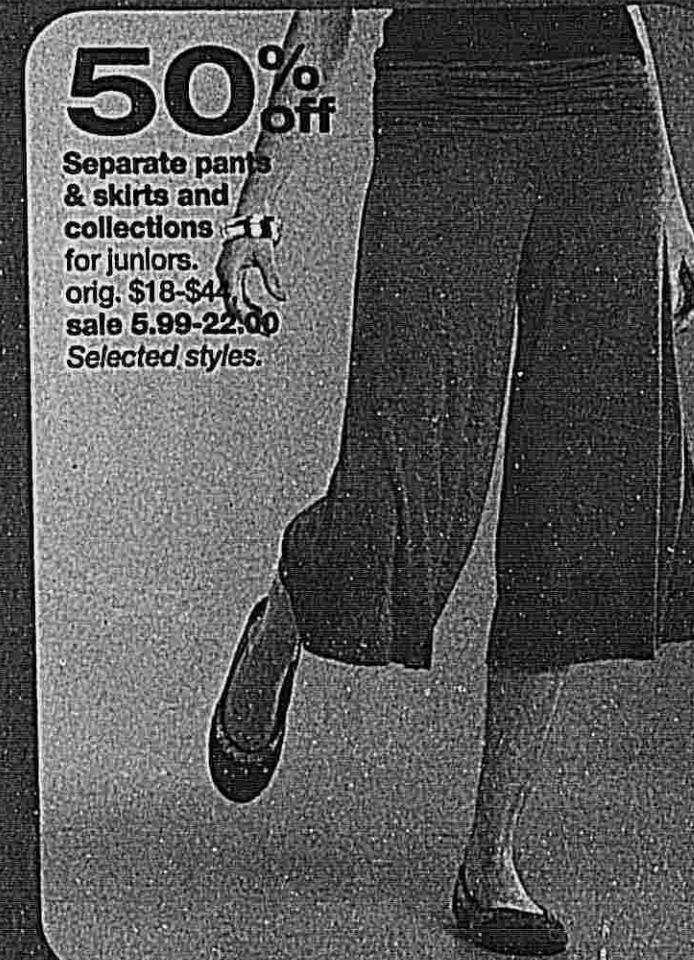
40-50% off
Knit tops for juniors
from Unionbay®, Energie®,
Self Esteem® & Weavers Girl®.
orig. \$16-\$24, sale 8.00-14.40
Q selected items
online P9761



40-50% off
Separates from
Croft & Barrow®,
Briggs®, Notations
and Carolyn Taylor®
for misses.
orig. \$14-\$58,
sale 7.99-32.99
Q selected items
online P977



40-50% off
Women's sportswear
from Sag Harbor®,
daisy Fuentes®,
Villager, apt. 9®
and more.
Sizes 1X-3X
& 16W-24W.
orig. \$14-\$68,
sale 8.40-40.80
Selected styles.



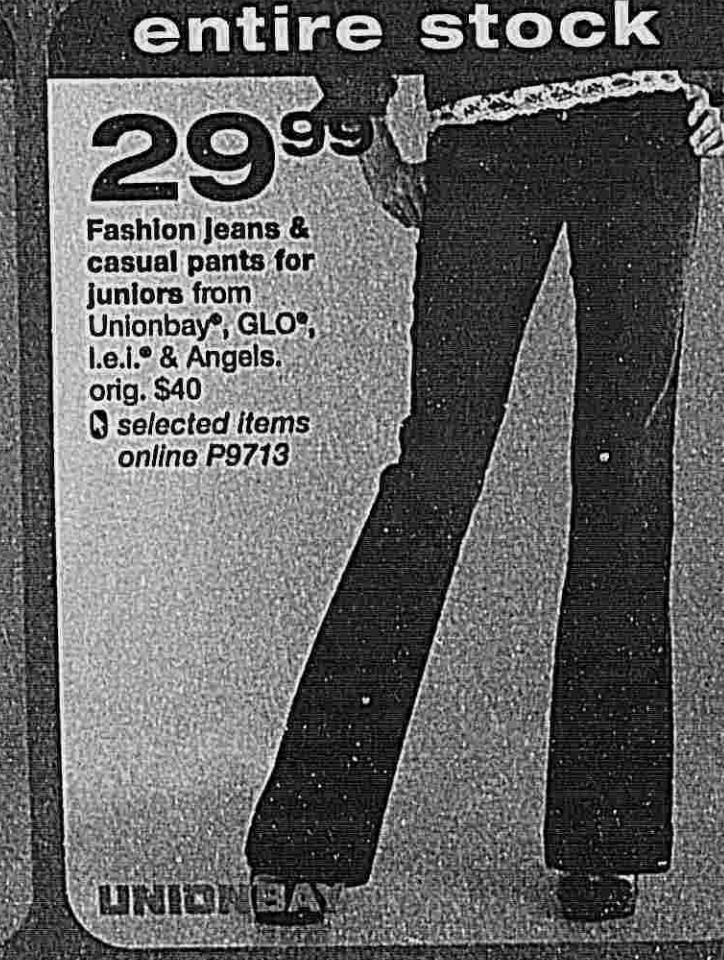
50% off
Separate pants
& skirts and
collections 11
for juniors.
orig. \$18-\$44,
sale 5.99-22.50
Selected styles.



12.99
Active pants
for juniors.
orig. \$26
Excludes
MJ Softee®.



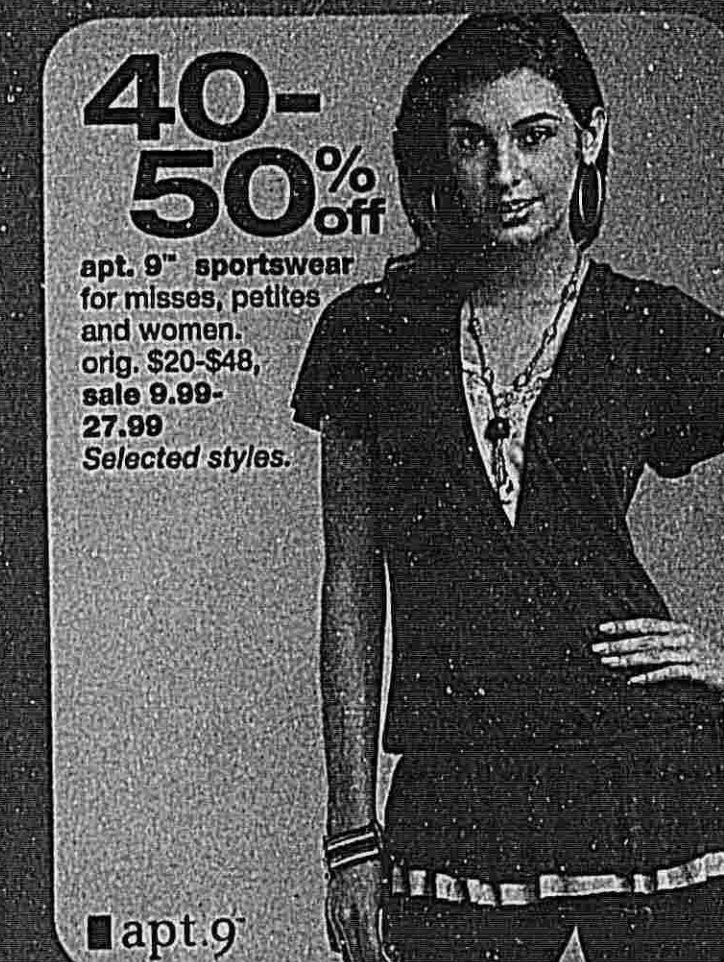
24.99
5-pkt. jeans
for juniors
from i.e.l.®, GLO®,
Paris Blues® & Angels®.
reg. 29.99
Q selected items
online P9712



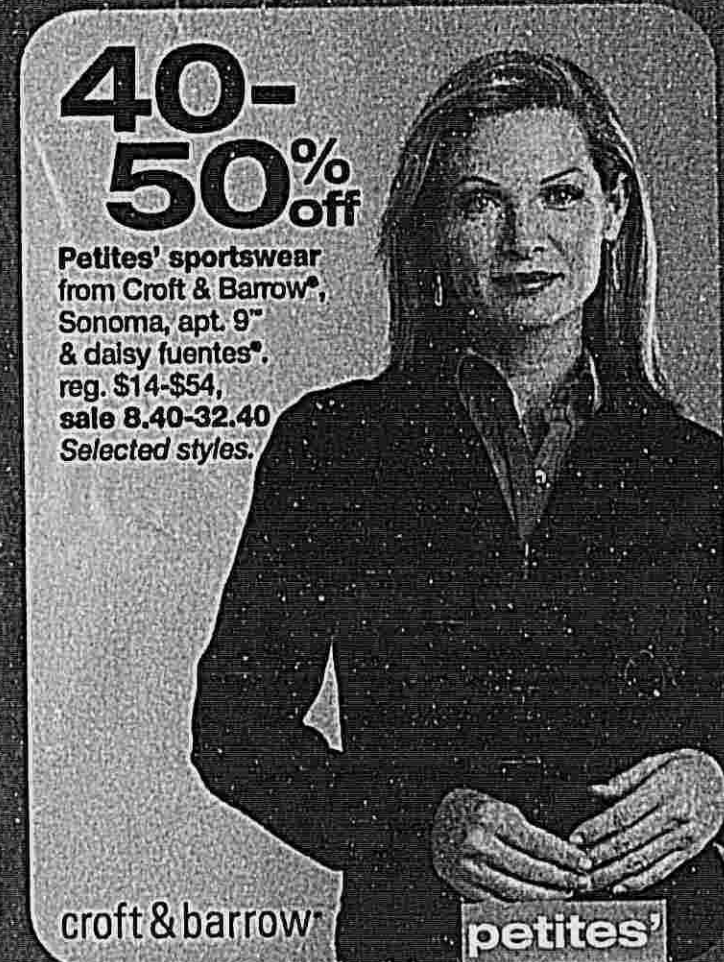
29.99
Fashion jeans &
casual pants for
juniors from
Unionbay®, GLO®,
i.e.l.® & Angels®.
orig. \$40
Q selected items
online P9713

TWO-DAY SALE

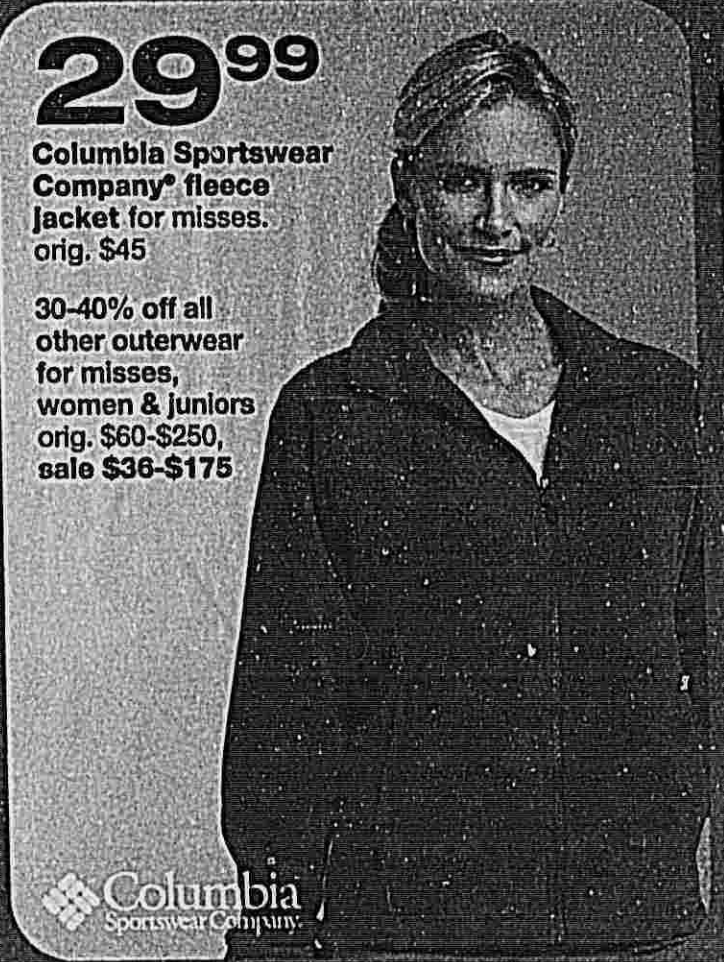
Friday & Saturday, September 8 & 9 8am-10pm



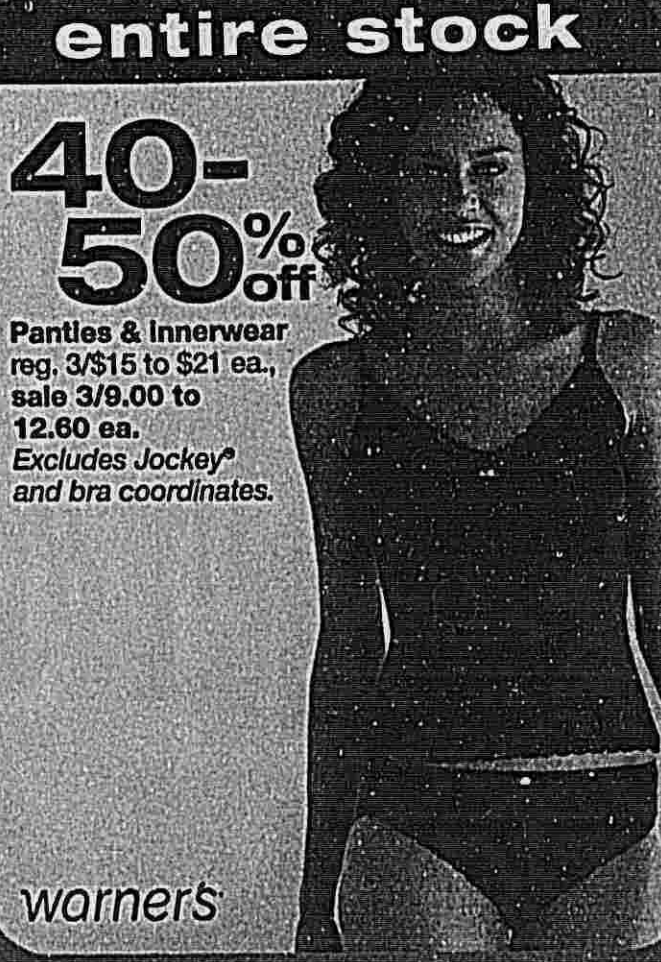
40-50% off
apt. 9® sportswear
for misses, petites
and women.
orig. \$20-\$48,
sale 9.99-
27.99
Selected styles.



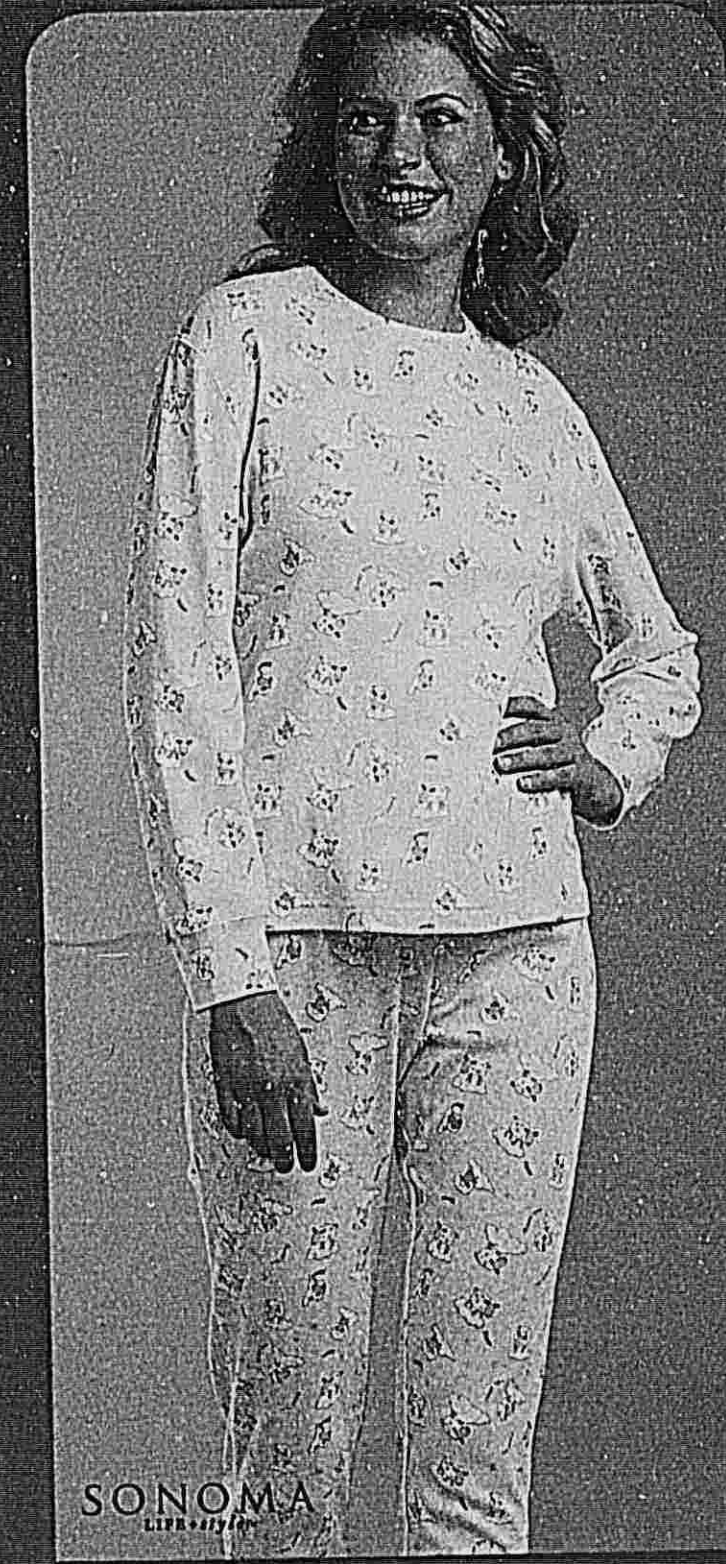
40-50% off
Petites' sportswear
from Croft & Barrow®,
Sonoma, apt. 9®
& daisy Fuentes®.
reg. \$14-\$54,
sale 8.40-32.40
Selected styles.



29.99
Columbia Sportswear
Company® fleece
jacket for misses.
orig. \$45
30-40% off all
other outerwear
for misses,
women & juniors
orig. \$60-\$250,
sale \$36-\$175



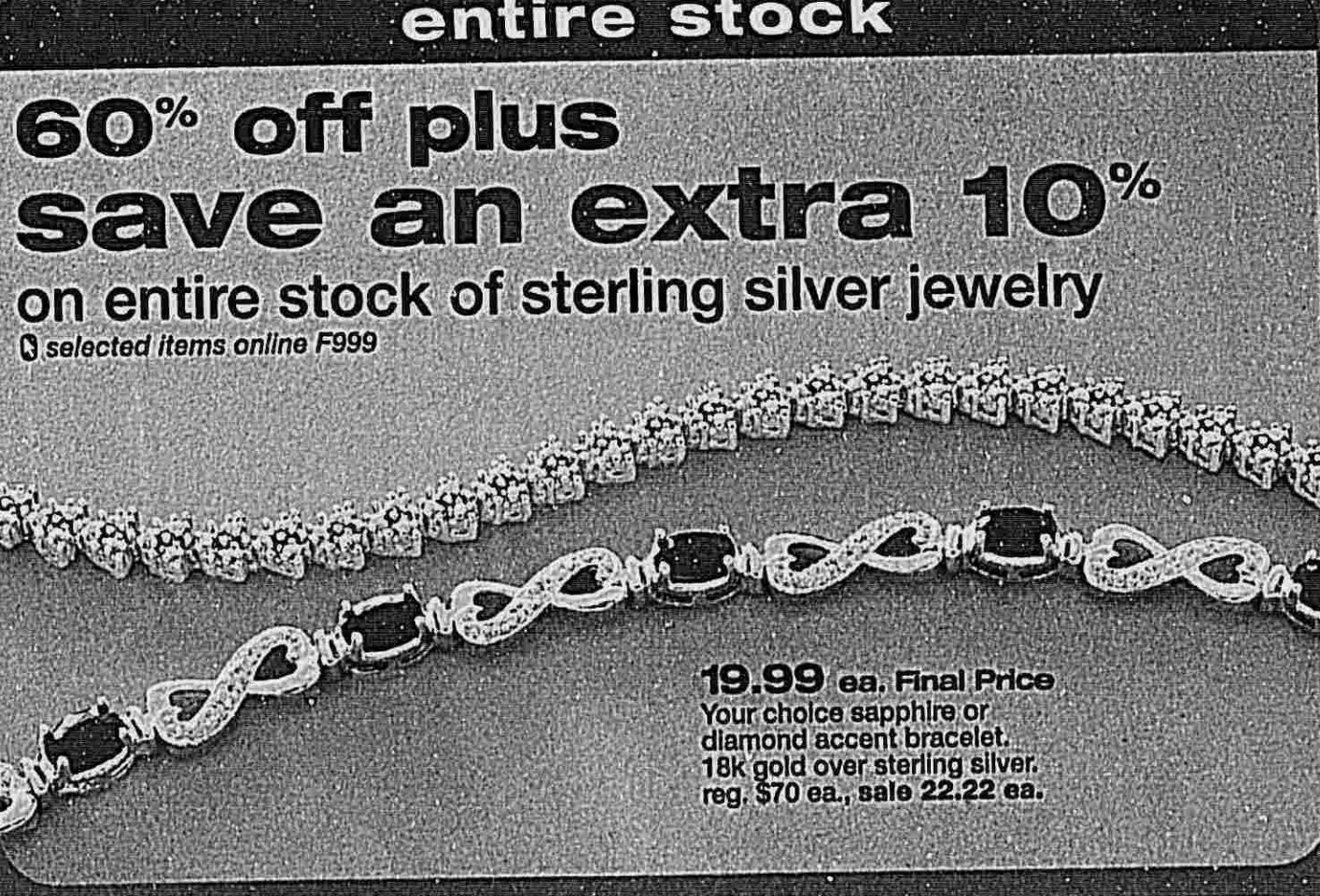
40-50% off
Panties & innerwear
reg. 3/8 to \$21 ea.
sale 3/9.00 to
12.60 ea.
Excludes Jockey®
and bra coordinates.



Entire Stock
40-50% off
Sleepwear, loungewear and robes
for her. orig. \$12-\$52,
sale 7.20-\$1.20
Q selected items online P9715



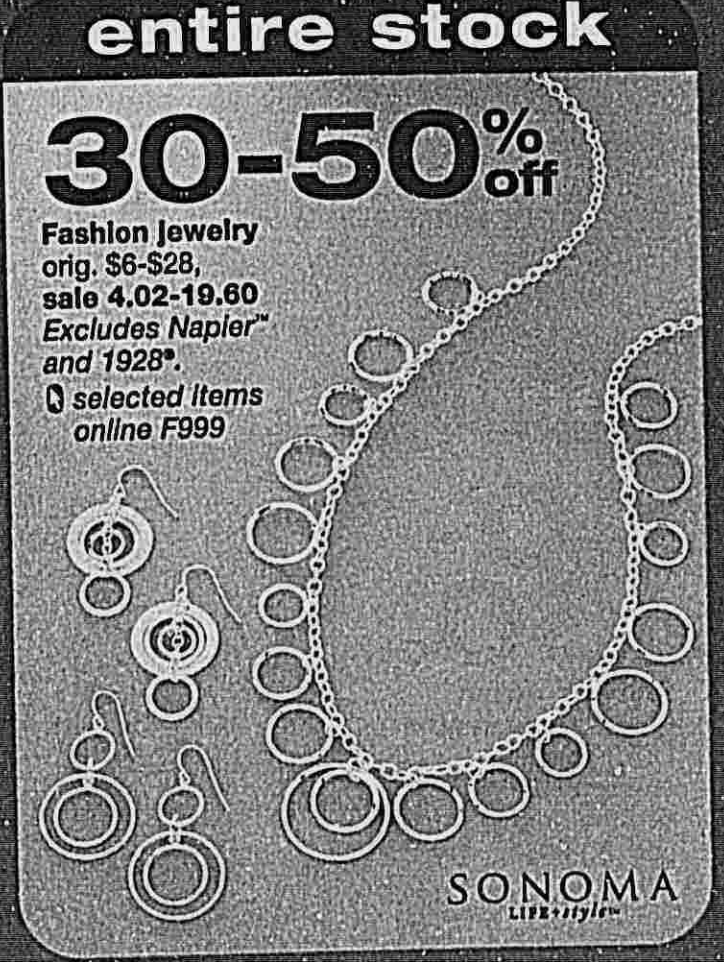
30-40% off
Handbags, minibags &
handbag accessories
orig. 10.00-88.50,
sale 7.00-68.95
Q selected items
online P9714
35% off all fashion
accessories and
sunglasses
orig. \$8-\$40,
sale 5.20-26.00
Accessories
dept.



**60% off plus
save an extra 10%**
on entire stock of sterling silver jewelry
Q selected items online F999
19.99 ea. Final Price
Your choice sapphire or
diamond accent bracelet.
18k gold over sterling silver.
reg. \$70 ea., sale 22.22 ea.



40-50% off
Bath & body
reg. 1.50-30.00,
sale .90-15.00
Excludes grassroots®.
B
bodysource®



30-50% off
Fashion jewelry
orig. \$8-\$28,
sale 4.02-19.60
Excludes Napier®
and 1929®.
Q selected items
online F999



25-50% off
Watches
reg. 19.95-650.00,
sale 14.96-487.50
122.99 ea.
Your choice
Seiko® ladies
dress watch.
reg. \$165 ea.
Q selected
items online
F999

the new gold star
clearance
save

60-85% and more
We've made it easy.
Final price is marked on the ticket.
We do the math. You enjoy the savings.
Clearance prices represent savings off original prices. Selection varies by store. Interim markdowns may have been taken. Sorry, no price adjustments given on prior purchases.

apt. 9

40-50% off

Sportswear collections for men from apt. 9 & access. orig. \$24-\$120, sale 9.99-\$9.99. Selected styles.

entire stock

40-50% off

Dress shirts & neckwear for men from Croft & Barrow, Arrow, Axiom & apt. 9. orig. \$25-\$46, sale 15.00-\$27.80. shop online P9716

croft & barrow

entire stock

40-50% off

Casual pants for men from Axiom, Sonoma and Croft & Barrow. orig. \$40-\$50, sale \$20-\$30. Selected styles.

AXIOM

entire stock

19.99

Lee® Regular Relaxed Fit and Relaxed Straight Fit jeans for men. orig. \$40-\$50, sale \$20-\$30. Selected items online P9717

Lee

26.99

Shoes for juniors. orig. 44.99. Selected styles.

Bongo® Full Blast

Mudd® Agent

Mudd® Kaptan

bongo

32.99

Shoes for women. orig. 49.99-54.99. Selected styles.

Dockers® Daffodil

Villager Lamour

A2 by Aerosoles 2 Tokyo

villager

DOCKERS

38.99

Athletic shoes for men & women. reg. 50.00-\$9.99. Selected styles.

New Balance® 451 cross-training shoes for men

Vans® Varial skate shoes for men

Asics® Gel-Kanbarra running shoes for men

Nike® Dart IV Plus running shoes for women

Reebok® Hampton Pass walking shoes for women

VANS

new balance

asics

Reebok

entire stock

40-50% off

Knit and golf tops for men from Sonoma, Croft & Barrow, Arrow, Haggan, Wedge & Grand Slam. orig. \$20-\$50, sale \$11.99-\$29.99. Selected items online P9718

SONOMA

entire stock

50% off

Loungewear and boxers for men from Sonoma and Croft & Barrow. orig. \$12-\$20, sale \$6-\$10. shop online P9719

SONOMA

entire stock

40-50% off

Tek Gear® athletic apparel for men. orig. \$20-\$35, sale \$10-\$21

TEK GEAR

28.99

Athletic shoes for men & women. reg. 49.99-\$9.99. Selected styles.

Reebok

14.99

Shoes for toddlers. orig. 24.99. Selected styles.

Carters® Galaxy for girls

OSHKOSH® Marc for boys

Carters® Heart Out for girls

Carters® Tracker for boys

OSHKOSH

carter's

TWO-DAY SALE

Friday & Saturday, September 8 & 9 8am-10pm

UNIONBAY

Entire Stock 23.99

Jeans for young men from Unionbay®, U.S. Polo Assn., Avirex®, PACO® & U.S. Expedition®. orig. \$42-\$68. Selected items online P9720

entire stock

9.99

Graphic tees for young men. orig. \$18. Excludes collections. Selected items online P9721

MUNCHIES

entire stock

50% off

Urban Pipeline® apparel for boys 8-20. orig. \$12-\$34, sale \$6-\$17. Selected items online P9722

urban pipeline

entire stock

40% off

Sleepwear for boys 4-20, girls 4-16, infants & toddlers. Selected items online K4100

entire stock

40-50% off

Knit and woven tops for young men from Dickies®, Machine® & Xtreme Gear®. orig. \$28-\$50, sale 16.80-\$30.00

Dickies

entire stock

19.99

Fashion denim jeans for boys 8-20 from Lee® Dungeness boot cut, Levi's® 569® & U.S. Polo Assn. orig. \$34-\$38

Lee DUNGENESS

entire stock

40-50% off

Athletic apparel for boys 8-20 from Reebok®, Russell® Athletic & Tek Gear®. orig. \$16-\$36, sale 9.60-\$21.60. shop online P9723

Reebok

entire stock

40% off

Collections for girls 4-16. Excludes Candles®.

iz

entire stock

40-50% off

Fashion tops for girls 4-16. Excludes Candles®. Selected items online P9724

energie

entire stock

40% off

Dresses & jumpers for girls 4-16, toddlers, infants & newborns.

entire stock

40-50% off

Sonoma separates for girls 4-6x, toddlers, infants & newborns.

SONOMA

entire stock

40-50% off

Sonoma separates for boys 4-7, toddler boys, infants & newborns.

entire stock

40% off

Playwear for toddlers, boys 4-7 & girls 4-6x. Playwear not intended as sleepwear.

Healthtex

entire stock

9.99

Carters® coveralls & pantsuits for newborns. orig. \$16

entire stock

30% off

Barbie® dolls & accessories and Hot Wheels® cars. 10-40% off all other toys. Selected items online P9726

Barbie

Hot Wheels

50-60% off

Solid bath towels and rugs
reg. 3.99-64.99,
sale 1.99-27.49

selected items
online P971

40-50% off

Frames, decorative art, albums and scrapbooks



15-50% off

Floor care
selected items
online H1400

99.99
Bissell® PowerSteamer®
deep cleaner, orig. 199.99

159.99
Hoover® WindTunnel™ Twin
Turbo vacuum,
reg. 229.99



entire stock

**30-50% off plus
save an extra 10%**

on entire stock of comforter
sets and coordinating
accessories



Random

TWO-DAY SALE

Friday & Saturday,
September 8 & 9 8am-10pm

entire stock

**30-40% off plus
save an extra 10%**
on entire stock
of bath
coordinates

reg. 9.99-64.99,
sale 6.99-45.49,
final price
6.29-40.94

selected items
online H1130



entire stock

**40-50% off plus
save an extra 10%**
on entire stock
of decorative
pillows & throw

orig. 19.99-49.99,
sale 10.99-27.49,
final price
9.89-24.74



entire stock

40% off

Candles and
decorative
lighting
Excludes
Yankee
Candle®



entire stock

40-50% off

Tabletop

69.99

Your choice 16-pc.
dinnerware sets
by Dansk.
Service for 4.
Pajaro, Alibi
or Surau,
orig. \$139 ea.



entire stock

**40-50% off plus
save an extra 10%**
on entire stock
of accent &
kitchen rugs
and doormats

Excludes area
rug collections.
selected items
online P972



entire stock

**40-50% off plus
save an extra 10%**
on entire stock
of table linens,
kitchen textiles
and chair pads

orig. 1.99-44.99,
sale 1.09-24.50,
final price 0.98-22.05

selected items
online P974



entire stock

40% off

Farberware®
classic cookware

119.99

Classic 15-pc.
stainless steel
cookware set,
reg. 199.99

plus, save on all
other cookware



entire stock

20-50% off

Cutlery and kitchen gadgets
shop online
P975

84.99

Your choice
Chicago Cutlery®
Insignia® or
stainless steel
12-pc. cutlery
sets, reg. 169.99 ea.



entire stock

50% off

Bed pillows and
mattress pads
reg. 9.99-359.99,
sale 4.99-179.99



entire stock

**50% off plus
save an extra 10%**
on entire stock
of luggage

reg. 24.99-379.99,
sale 12.49-189.99,
final price
11.24-170.99

selected items
online H1740



entire stock

15-50% off

Personal care

24.99

Your choice
Remington®
MicroFlex®
200 or
MicroScreen®
100 razor,
orig. 39.99 ea.



entire stock

15-50% off

Kitchen electrics
selected items online H1600

39.99

Your choice
Cuisinart®
10-cup Grind
& Brew
coffeemaker or
Oster® 4-slice
toaster oven,
reg. 59.99-99.99 ea.



KOHL'S
expect great things®

Prices good Friday, September 8 & Saturday, September 9, 2006.

Selection may vary by store. Some merchandise may not be available at every store. *Sale prices and percentage savings offered in this advertisement are discounts from Kohl's "Regular" or "Original" prices. The "Regular" or "Original" price of an item is the former or future offered price for the item or a comparable item by Kohl's or another retailer. Actual sales may not have been made at the "Regular" or "Original" prices, and intermediate markdowns may have been taken. Clearance merchandise is excluded from "Entire Stock" promotions in this advertisement. In some events, actual savings may exceed the percent savings shown. KOHL'S® and KOHL'S brand names are trademarks of Kohl's Illinois, Inc. ©2006 Kohl's Department Stores, Inc.

more
savings



Open a Kohl's Charge and receive additional discounts 12 times a year. Subject to credit approval. See store for details.

For the Kohl's Store nearest you call
1-800-837-1500 or visit us on the Web at Kohls.com